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## Editorial

This edition of *NIU Journal of Management Sciences* touches on as Marketing Orientation, Consumer Behaviour, Digital Entrepreneurship Orientation, Public Debt Management, Tax Audit Effectiveness and Tax Compliance Behaviour.

One of the papers, in this issue, examines how social media exposure and digital entrepreneurship orientation influence youths' intentions to engage in irregular migration in Plateau State, Nigeria. It therefore, recommends enhanced digital entrepreneurship education and youth-targeted programs to curb irregular migration by creating viable local opportunities.

Another paper also reveals that that institutional quality, as measured by the corruption ranking index, has a significant inverse effect on health outcomes in both the long and short run. In contrast, the fiscal freedom index shows a direct, though insignificant, impact on health outcomes in the long run, becoming significant in the short run. The paper therefore, recommends that thorough assessment of debt-financed health projects for sustainability, prioritization of low-interest public loans for health financing, reduction in reliance on external debt for health expenditures, enhancement of transparency and accountability in health spending, and institutional reforms to combat corruption and improve the efficiency of public health investments and its outcome.

On the whole, this edition of *NIU Management Sciences* features many empirical and theoretical based articles which can be of great benefit to every reader.

**Professor Oyetola O. Oniwide**

Nexus International University,  
P.O. Box 70773,  
Kampala, Uganda.  
editor@niuournals.ac.ug

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## Beyond Endorsement: How Customer Equity Shapes the Celebrity Endorsement–Loyalty Link in Nigeria’s Telecom Sector

ABIODUN B. ONAMUSI, OLANREWAJU I. ANAFI,  
Lead City University, Ibadan, Oyo State, Nigeria.

M. TRIHUDIYATMANTO  
Universitas Sains Al-Qur'an (UNSIQ) Jawa Tengah di Wonosobo, Indonesia

**Abstract.** Customer loyalty remains a persistent strategic challenge in Nigeria’s telecommunications industry, where intense competition and low switching costs undermine long-term profitability and sustainability. This raises critical questions regarding whether celebrity endorsement alone is sufficient to cultivate durable loyalty and whether customer equity strengthens this relationship. Anchored on Source Credibility Theory and the Customer Equity Framework, this study examines the moderating effect of customer equity on the relationship between celebrity endorsement and customer loyalty among telecom subscribers in Lagos State, Nigeria. Adopting a positivist research paradigm, primary data were collected from 432 mobile subscribers using a validated structured survey instrument. The data were analyzed using moderation regression analysis. The results indicate that customer equity significantly enhances the effect of celebrity endorsement on customer loyalty, with a statistically significant change in explained variance ( $\Delta R^2 = 0.015$ ;  $F = 15.547$ ;  $p < 0.001$ ). The findings suggest that customer perceptions of brand value, trust, and relational strength amplify the effectiveness of celebrity endorsement strategies. The study implies that telecommunications firms seeking to strengthen customer loyalty should complement celebrity endorsement campaigns with deliberate investments in customer equity-building mechanisms such as trust enhancement, value delivery, and long-term relational engagement.

**Keywords:** Customer equity, brand equity, relationship equity, celebrity endorsement, telecom sector, Lagos.

### 1. Introduction

In highly competitive markets, particularly within the telecommunications industry, customer loyalty is increasingly volatile and sensitive to both firm-specific and external environmental factors. In such contexts, customer equity has emerged as a critical determinant of long-term profitability and business sustainability. In Nigeria’s telecommunications sector, a firm’s ability to enhance customer equity translates into sustained customer engagement, improved retention, and stable revenue streams. Rather than relying solely on transactional exchanges, customer equity reflects the cumulative value embedded in customer perceptions, trust, and relational attachment, which collectively underpin durable brand loyalty.

Within this framework, celebrity endorsement is widely adopted as a promotional strategy to enhance brand visibility and influence consumer behaviour. However, its effectiveness is better understood when situated within a broader customer equity logic. Prior evidence suggests that value creation, brand perception, and relational dynamics are central to securing customer trust, satisfaction, and loyalty (Onamusi & Ayo, 2021). In contrast, Anafi (2025) cautions that celebrity endorsement, when implemented in isolation, is likely to generate only short-term behavioural responses rather than sustainable loyalty outcomes. This is particularly relevant in Nigeria’s telecommunications industry, where intense competition necessitates strategic differentiation that extends beyond promotional appeal to deeper relational value creation.

Customer equity is typically conceptualized through three interrelated dimensions: value equity, brand equity, and relationship equity. Value equity reflects the customer's assessment of service utility relative to cost, and it is particularly salient in the Nigerian telecom environment, where network instability, service interruptions, and pricing concerns strongly shape consumer evaluations. In such settings, even highly persuasive celebrity endorsements may fail to generate sustained loyalty if core service performance is inadequate. Consistent with Lily et al. (2020), value equity forms the foundation of customer equity because customers are unlikely to develop trust or emotional attachment without perceived functional value.

Beyond functional considerations, brand equity and relationship equity contribute significantly to loyalty formation. Brand equity is rooted in customer perceptions, trust, and emotional associations with the brand, while relationship equity reflects the strength of ongoing customer engagement through loyalty programs, personalized communication, and retention initiatives. Celebrity endorsement can enhance brand equity by transferring credibility and attractiveness from the endorser to the brand, thereby strengthening consumer preference. Empirical studies by Shiyun et al. (2022) and Sdirman and Patwayati (2021) emphasize that consumers are more likely to develop favourable attitudes toward brands endorsed by credible and admired celebrities.

However, the sustainability of such effects depends on the extent to which these endorsements are reinforced through relationship-building mechanisms. Lingyum et al. (2021) argue that integrating celebrity endorsement with customer equity strategies such as loyalty rewards, experiential engagement, and personalized marketing can significantly enhance enduring customer loyalty. Accordingly, celebrity endorsement should not be viewed as an isolated marketing instrument but rather as a complementary component within a broader customer equity strategy that fosters continuous engagement and relational depth. Against this backdrop, this study examines the relevance of celebrity endorsement and customer equity in shaping customer loyalty among telecommunication companies in Lagos State, Nigeria. Specifically, it investigates how customer equity conditions the effectiveness of celebrity endorsement in driving loyalty outcomes within a highly competitive and service-sensitive market environment.

## 2. Literature Review: Theoretical Underpinning and Hypothesis Development

Source Credibility Theory, originally advanced by Hovland, Janis, and Kelley in the 1950s, remains a foundational framework in understanding persuasive communication within marketing and advertising contexts. The theory posits that the effectiveness of a message is largely determined by the perceived credibility of its source. Credibility is typically conceptualized through three core dimensions: expertise, trustworthiness, and attractiveness. Over time, these dimensions have been empirically validated and extended, with contemporary studies such as Hari et al. (2021) reaffirming their influence on consumer attitudes and behavioural intentions.

Despite its enduring relevance, the theory has been critiqued for its relatively linear and source-centric assumptions. Heetae and Weisheng (2021) argue that it underrepresents contextual, message-related, and audience-specific variables that may moderate persuasion outcomes. Similarly, Helen et al. (2022) emphasize that credibility perceptions are culturally contingent, particularly in multicultural and heterogeneous markets where meaning attribution varies significantly across consumer segments. Consequently, while the theory provides a useful explanatory lens, its predictive capacity is strengthened when integrated with complementary frameworks that account for relational and contextual dynamics.

At its core, Source Credibility Theory assumes that individuals are more likely to accept and act upon messages delivered by credible sources, and that such credibility directly shapes attitudes and behavioural outcomes. However, this assumption oversimplifies the complexity of modern consumer decision-making, where persuasion is often mediated by brand experience, perceived value, and ongoing relational interactions. Nevertheless, the theory remains highly applicable in explaining initial attitudinal responses to celebrity endorsement, particularly in contexts where endorser familiarity and attractiveness can shape brand evaluations.

Empirical extensions of the theory have enhanced its relevance in contemporary marketing. For instance, Heskiano et al. (2020) developed a widely applied credibility measurement scale that has improved the operationalization of source credibility in advertising research. Similarly, Hollebeek, Sprott, and Brady (2021) demonstrate its applicability within influencer marketing, where perceived authenticity and

credibility significantly affect engagement outcomes. These developments reinforce the theory’s utility in explaining how celebrity endorsers influence consumer perceptions, especially in digitally mediated environments.

Within the Nigerian telecommunications industry, firms such as MTN Nigeria and Globacom frequently deploy celebrity endorsement as a differentiation strategy in a highly competitive and saturated market. However, the effectiveness of such endorsements is not solely dependent on the attractiveness or popularity of the celebrity, but also on the degree to which consumers perceive the brand as credible, valuable, and relationally engaging. This underscores the need to extend Source Credibility Theory by integrating it with the Customer Equity Framework to better explain loyalty formation in this context.

**2.1 Theoretical Integration**

The Customer Equity Framework provides a complementary lens for understanding how long-term customer value is generated through the interplay of value equity, brand equity, and relationship equity. While Source Credibility Theory explains initial persuasion effects through endorser characteristics, Customer Equity explains the sustainability of those effects through cumulative customer-brand interactions.

Accordingly, the integration of both frameworks suggests that celebrity endorsement may be effective

in shaping initial customer attitudes, but its translation into long-term loyalty depends on the strength of underlying customer equity dimensions. Value equity ensures that functional service expectations are met, brand equity reinforces emotional and symbolic associations, and relationship equity sustains engagement through continuous interaction and loyalty mechanisms. This theoretical integration provides a more comprehensive explanation of customer loyalty formation in the telecommunications sector.

Based on the foregoing theoretical arguments, this study proposes that celebrity endorsement positively influences customer loyalty, but that this relationship is contingent upon the level of customer equity. Specifically, customer equity is expected to strengthen the effectiveness of celebrity endorsement by reinforcing trust, perceived value, and relational attachment.

Therefore, the following hypothesis is developed:

**H1:** Celebrity endorsement has a positive and significant effect on customer loyalty in the Nigerian telecommunications industry.

**H2:** Customer equity positively moderates the relationship between celebrity endorsement and customer loyalty, such that the relationship is stronger at higher levels of customer equity.

The hypotheses formulated inform the conceptual model below:

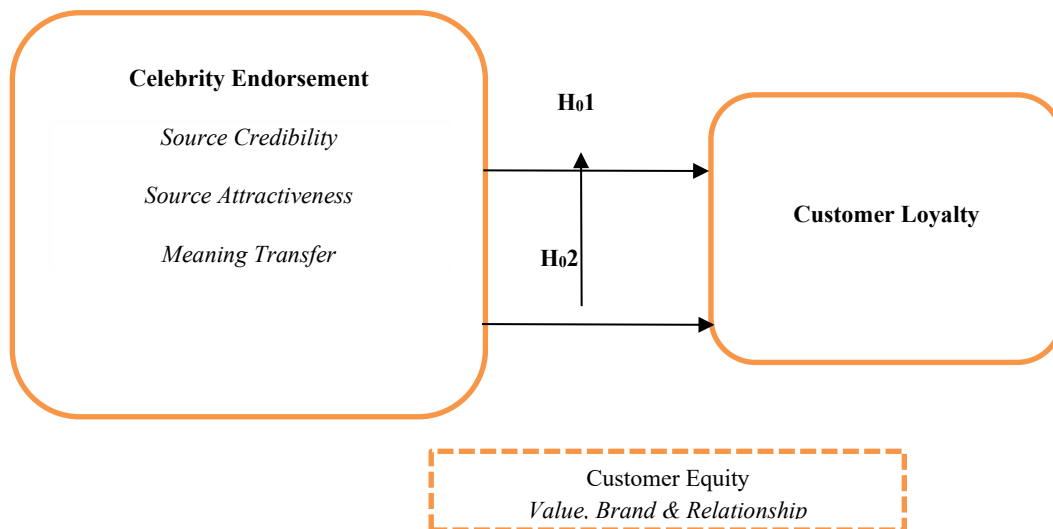


Figure 1: Conceptual Model for the Study

### 3. Methodology

#### 3.1 Research Philosophy, Population of the Study and Sampling Procedure

This study adopted a positivist research philosophy to examine the relationships among celebrity endorsement, customer equity, and customer loyalty in the Nigerian telecommunications industry, with specific reference to Lagos State. The positivist paradigm was considered appropriate because it emphasizes objectivity, empirical measurement, hypothesis testing, and the identification of causal relationships among observable variables. A quantitative research approach was employed to enable the operationalization of abstract constructs such as source credibility, brand perception, customer value, and loyalty into measurable indicators. This approach supports statistical analysis and hypothesis testing using structured data. A cross-sectional survey design was adopted, where data were collected at a single point in time. This design is appropriate for capturing consumer perceptions and behavioural responses in a dynamic and highly competitive industry such as telecommunications. It also allows for the simultaneous examination of multiple variables and relationships using structural modelling techniques.

The population of the study consists of 25,956,074 active voice subscribers of major telecommunication operators in Lagos State as reported by the Nigerian Communications Commission (NCC, 2025). Subscribers of MTN, Globacom, Airtel, and T2 constitute the unit of analysis, as the study focuses on customer-level constructs such as celebrity endorsement perception, customer equity, and customer loyalty. Lagos State was selected due to its strategic economic importance, high population density, advanced telecom penetration, and strong exposure to celebrity-based advertising campaigns. The sample size was determined using the Raosoft sample size calculator at a 95% confidence level and 5% margin of error, yielding 384 respondents. To account for potential non-response, an additional 20% was added, resulting in a final sample size of 460

respondents. A stratified random sampling technique was employed to ensure proportional representation across telecom operators. Each operator constituted a stratum, and respondents were proportionally allocated as follows: MTN (241), Glo (104), Airtel (88), and T2 (27). Within each stratum, simple random sampling was used to select respondents.

#### 3.2 Research Instrument, Data Collection, Validity, Reliability, and Data Analysis Techniques

Data were collected using a structured, close-ended questionnaire designed to measure celebrity endorsement, customer equity, and customer loyalty. The questionnaire was adapted from validated instruments in prior studies to ensure content validity and theoretical alignment.

The instrument was divided into four sections: Section A: Demographic characteristics, Section B: Celebrity endorsement (18 items), Section C: Customer loyalty (24 items), Section D: Customer equity (9 items). A six-point Likert scale ranging from 1 (Strongly Disagree) to 6 (Strongly Agree) was used to enhance response precision and eliminate neutrality bias. Primary data were collected from 460 respondents using trained research assistants. To reduce common method bias, respondents were drawn from diverse locations such as educational institutions, workplaces, and community settings across Lagos State.

A pilot study was conducted in Ibadan using 41 valid responses from 46 distributed questionnaires. Ibadan was selected due to its similarity to Lagos in telecom consumption behaviour while ensuring geographical independence from the main study. Validity was assessed using face and construct validity. Expert reviews from academic specialists and practitioners ensured face validity, while construct validity was established using exploratory and confirmatory techniques. Convergent validity was confirmed using Average Variance Extracted (AVE > 0.50), while discriminant validity was assessed using the Heterotrait–Monotrait (HTMT) ratio (values < 0.90). KMO and Bartlett's Test of Sphericity further confirmed sampling adequacy and factorability.

**Table 3.1:** Summary of Pilot Test Incorporating Construct Validity Test

Variable	Items before Pilot	Items left after Pilot	AVE	Remark
Source credibility	8	6	0.687	Reliable
Source attractiveness	8	6	0.781	Reliable
Source meaning transfer	8	6	0.744	Reliable
Brand advocacy	8	6	0.799	Reliable
Customer retention	8	6	0.668	Reliable
Customer satisfaction	8	6	0.610	Reliable
Repeat Purchase rate	8	6	0.605	Reliable
Customer equity	9	6	0.749	Reliable

*Source: Computed from Pilot Study, 2026*

**Table 3.2:** Disriminant Validity using Heterotrait-Monotrait Ratio (HTMT)

Construct	BIM	BID	BRP	BRR	CUL	CUP	CRP	CUS
Source credibility								
Source attractiveness	0.05							
Meaning transfer	0.58	0.22						
Brand advocacy	0.18	0.28	0.27					
Customer retention	0.12	0.30	0.18	0.11				
Customer satisfaction	0.15	0.19	0.32	0.13	0.24			
Repeat Purchase rate	0.51	0.15	0.32	0.04	0.02	0.18		
Customer equity	0.05	0.03	0.08	0.12	0.16	0.06	0.16	

*Source: Computed from Pilot study via SmartPLS version 4.0, 2026*

**Table 3.3:** Validity Statistics Process

Variable	No. Items	KMO	Bart.	Sig	Remark
Source credibility	6	.626	58.408	(0.000)	Accepted
Source attractiveness	6	.641	28.174	(0.000)	Accepted
Source meaning transfer	6	.689	40.851	(0.000)	Accepted
Brand advocacy	6	.749	58.841	(0.000)	Accepted
Customer retention	6	.843	104.681	(0.000)	Accepted
Customer satisfaction	6	.742	44.575	(0.000)	Accepted
Repeat Purchase rate	6	.803	70.692	(0.000)	Accepted
Customer equity	6	.748	218.140	(0.000)	Accepted

*Source: Computed through SPSS V25, 2026*

Reliability was assessed using Cronbach’s alpha and composite reliability, with all constructs exceeding the acceptable threshold of 0.70, confirming internal consistency.

**Table 3.4:** Reliability Statistic

S/N	Variables	Composite Reliability	Cronbach’s alpha Coefficient
	Source credibility	0.817	0.768
	Source attractiveness	0.721	0.703
	Source meaning transfer	0.692	0.608
	Brand advocacy	0.735	0.605
	Customer retention	0.628	0.608
	Customer satisfaction	0.791	0.786
	Repeat Purchase rate	0.742	0.703
	Customer equity	0.741	0.703

*Source:* Computed from Pilot Study, 2026

Hypotheses in this study were tested using Partial Least Squares Structural Equation Modelling (PLS-SEM) via SmartPLS version 4.0. PLS-SEM was deemed appropriate due to its predictive orientation and its suitability for examining complex multivariate relationships involving latent constructs, particularly when the research model includes both direct and moderating effects. Specifically, the study sought to predict the effect of celebrity endorsement on customer loyalty and to assess the moderating influence of customer equity on this relationship. PLS-SEM is particularly advantageous in such contexts because it simultaneously estimates multiple dependence relationships within a single structural model, while accounting for measurement error in latent constructs. Furthermore, PLS-SEM is appropriate for this study given its ability to handle complex models with reflective indicators and interaction terms, such as moderation effects between celebrity endorsement and customer equity. It is also less restrictive in terms of distributional assumptions, making it suitable for behavioural and marketing data that may not follow multivariate normality.

In addition, PLS-SEM is recommended for exploratory and prediction-oriented research, especially in emerging market contexts such as Nigeria’s telecommunications industry, where theoretical models are still being empirically extended. Its robustness with relatively large but non-normally distributed samples further justifies its application in this study. Accordingly, SmartPLS 4.0 was used to estimate both the structural model (path coefficients, significance levels, and explained variance) and the moderating effect of customer equity, thereby enabling a comprehensive assessment of both direct and interaction effects within the conceptual framework.

#### 4. Result

Hierarchical regression analysis was employed to examine the moderating effect of customer equity on the relationship between celebrity endorsement and customer loyalty among telecommunication subscribers in Lagos State, Nigeria. The analysis was structured in three sequential models to assess incremental explanatory power and interaction effects.

**Table 4.1:** Summary of Hierarchical Regression Analysis for the Moderating Effect of Customer Equity on the Relationship between Celebrity Endorsement and Customer Loyalty in the Nigerian Telecommunications Industry

Model 1,2,3	Beta	t	Sig.	R	R <sup>2</sup>	Adj. R <sup>2</sup>	ΔR <sup>2</sup>	ΔF	Sig. F Change
(Constant) 1	1.605	8.354	.000	.580 <sup>a</sup>	.336	.334	.336	217.502	.000
Celebrity Endorsement	.615	14.748	.000						
F & ANOVA Sig: 217.502 (1,430), p = .000									
(Constant) 2	1.346	8.568	.000	.750 <sup>b</sup>	.562	.560	.226	222.007	.000
Celebrity Endorsement	.273	6.667	.000						
Customer Equity	.430	14.900	.000						

Model 1,2,3	Beta	t	Sig.	R	R <sup>2</sup>	Adj. R <sup>2</sup>	ΔR <sup>2</sup>	ΔF	Sig. F Change
F & ANOVA Sig: 275.649 (2,429), p = .000									
(Constant) 3	2.999	6.711	.000	.760 <sup>c</sup>	.578	.575	.015	15.547	.000
Celebrity Endorsement	-.086	-0.864	.388						
Customer Equity	-.048	-0.385	.700						
Interaction Term	.102	3.943	.000						
F & ANOVA Sig: 195.179 (3,428), p = .000									

**Predictors:** (Constant), Celebrity Endorsement

b. **Predictors:** (Constant), Celebrity Endorsement, Customer Equity

c. **Predictors:** (Constant), Celebrity Endorsement, Customer Equity, Interaction Term

**Dependent Variable:** Customer Loyalty

**Source:** Computed from SPSS, 2026

The first model estimated the direct effect of celebrity endorsement on customer loyalty. The results indicate that celebrity endorsement has a positive and statistically significant effect, explaining 33.6 percent of the variance in customer loyalty ( $R^2 = 0.336$ ). This suggests that celebrity endorsement alone is a meaningful predictor of customer loyalty in the Nigerian telecommunications context.

The second model introduced customer equity as an additional predictor. The inclusion of customer equity substantially improved the explanatory power of the model, increasing the coefficient of determination to 0.562. This represents an additional 22.6 percent of explained variance ( $\Delta R^2 = 0.226$ ), indicating that customer equity contributes significantly and independently to customer loyalty alongside celebrity endorsement. The improvement in model fit is also reflected in the significant F-change value ( $F = 222.007$ ,  $p < 0.001$ ), confirming that the inclusion of customer equity meaningfully enhances the predictive capacity of the model.

The third model incorporated the interaction term between celebrity endorsement and customer equity to test the moderating hypothesis. The results show a further, albeit smaller, increase in explained variance to 0.578, with a statistically significant change in  $R^2$  of 0.015 ( $F = 15.547$ ,  $p < 0.001$ ). This indicates that customer equity has a statistically significant moderating effect on the relationship between celebrity endorsement and customer loyalty, although the magnitude of the interaction effect is relatively modest compared to the main effects.

The ANOVA results across the three models confirm that each successive model provides a significantly better fit than the previous one, with the final model remaining statistically significant overall ( $F = 195.179$ ,  $p < 0.001$ ). This confirms the robustness of the hierarchical regression structure and the explanatory relevance of the variables included.

The coefficient estimates provide further insight into the nature of the relationships. In the first model, celebrity endorsement exhibits a strong positive and significant effect on customer loyalty ( $B = 0.615$ ,  $p < 0.001$ ). In the second model, both celebrity endorsement and customer equity remain positive and significant predictors, although the effect size of celebrity endorsement reduces when customer equity is introduced, suggesting shared explanatory variance between the constructs.

In the final model, the interaction term between celebrity endorsement and customer equity is positive and statistically significant ( $B = 0.102$ ,  $t = 3.943$ ,  $p < 0.001$ ), confirming the presence of a moderating effect. This indicates that the strength of the relationship between celebrity endorsement and customer loyalty depends on the level of customer equity. However, the direct effects of celebrity endorsement and customer equity become statistically non-significant in the presence of the interaction term, which suggests that the effect of these variables is largely conditional rather than purely additive within the interaction model.

Based on these results, the null hypothesis stating that customer equity has no positive and significant moderating effect on the relationship between celebrity endorsement and customer loyalty is rejected. The findings demonstrate that customer equity significantly strengthens the influence of celebrity endorsement on customer loyalty. In practical terms, this implies that celebrity endorsement is most effective in enhancing customer loyalty when telecom firms simultaneously maintain strong customer equity characterized by high perceived value, brand trust, and relational engagement.

## 5. Discussion, Recommendation and Future Study

The findings of this study provide strong empirical support for the interconnected roles of celebrity endorsement and customer equity in shaping customer loyalty within the Nigerian telecommunications industry. The results demonstrate that celebrity endorsement is a significant predictor of customer loyalty, while customer equity not only contributes directly to loyalty but also conditions the strength of the endorsement–loyalty relationship.

The first key finding reveals that celebrity endorsement has a positive and statistically significant effect on customer loyalty, explaining a substantial proportion of variance. This indicates that celebrity endorsement remains an effective marketing strategy in influencing consumer loyalty behaviour in the telecommunications sector. This outcome aligns with the central proposition of Source Credibility Theory, which suggests that characteristics of the message source can shape consumer attitudes and behavioural intentions. In this context, telecom subscribers are likely to develop favourable loyalty tendencies when brands are associated with well-known and appealing celebrities. However, while the explanatory power is meaningful, the result also suggests that celebrity endorsement alone does not fully account for customer loyalty, thereby indicating the presence of other reinforcing factors.

The introduction of customer equity in the second model significantly improves the explanatory power of the model, highlighting its critical role as a determinant of customer loyalty. The substantial increase in explained variance suggests that customer equity—through its components of value equity, brand equity, and relationship equity—serves as a foundational driver of loyalty in the telecommunications industry. This finding is consistent with the Customer Equity Framework, which posits that long-term customer value is sustained through perceived value, trust in the brand, and ongoing relational engagement. The reduction in the effect size of celebrity endorsement upon the inclusion of customer equity further indicates that both constructs share explanatory relevance, with customer equity providing a more structural and enduring basis for loyalty formation.

In addition, the findings confirm that customer equity plays a significant moderating role in the relationship between celebrity endorsement and customer loyalty. The inclusion of the interaction term leads to a statistically significant, though modest, increase in

explained variance, indicating that the effectiveness of celebrity endorsement is contingent upon the level of customer equity. This suggests that celebrity endorsement does not operate in isolation; rather, its influence on customer loyalty is strengthened when customers already perceive high value, trust, and relational attachment to the brand. The positive and significant interaction effect implies that telecom firms with stronger customer equity are better positioned to leverage celebrity endorsement for enhanced loyalty outcomes. In other words, when customers perceive a brand as valuable, trustworthy, and relationally engaging, celebrity endorsements become more persuasive and impactful. Conversely, in contexts where customer equity is weak, the effectiveness of celebrity endorsement is likely to be limited, as promotional appeal alone cannot compensate for deficiencies in service value or relational engagement. The results from the final model indicate that the direct effects of celebrity endorsement and customer equity become statistically non-significant when the interaction term is introduced. This suggests that the relationship between these variables and customer loyalty is largely conditional rather than purely additive. From a theoretical standpoint, this reinforces the argument that customer loyalty is not driven by isolated marketing actions but by the alignment and interaction between promotional strategies and underlying customer value structures.

The findings provide the understanding of customer loyalty formation in the Nigerian telecommunications sector. While celebrity endorsement is an important driver of loyalty, its effectiveness is significantly enhanced when embedded within a strong customer equity framework. This underscores the need to move beyond a simplistic view of endorsement as a standalone marketing tool and instead recognize its role as a complementary mechanism within a broader, relationship-oriented marketing strategy. The study extends existing literature by demonstrating that customer equity not only directly influences customer loyalty but also amplifies the effectiveness of celebrity endorsement. This integrated perspective highlights the importance of combining promotional appeal with sustained value creation and relationship management in order to achieve long-term customer loyalty in competitive service industries.

Telecommunication firms in Nigeria should avoid using celebrity endorsement in isolation and instead integrate it within a broader customer equity-driven strategy. The findings show that celebrity endorsement enhances customer loyalty most effectively when supported by strong value, brand, and relationship

equity. Firms are therefore advised to strengthen core service quality, pricing competitiveness, and network reliability to ensure that endorsement efforts translate into sustained loyalty. In addition, they should invest in long-term relational strategies such as loyalty programmes, personalized engagement, and responsive customer service to convert short-term promotional effects into enduring customer relationships. Marketing managers should also ensure that selected celebrities align closely with the brand's values and customer expectations, emphasizing credibility and relevance rather than popularity alone. Overall, celebrity endorsement should function as a supporting tool within an integrated marketing communications strategy, where strong customer equity forms the foundation for sustainable customer loyalty.

The limitations of this study offer opportunity and suggestions for future study. Future studies may consider multiple industry study that will incorporate other customer behavioral factors to enhance the generalization of this study's findings. In order to provide explanations of causality between the celebrity endorsement sub-variables, customer equity and customer loyalty over time, future studies may consider a longitudinal study. Also, studies can incorporate other market-related factors like ambidextrous market innovation, new product development speed, and market knowledge acquisition capability, to see their first-order and or second-order effect on telecommunication industry short and long-term performance. On methodological basis, future study on celebrity endorsement may focus mainly on top management staff as the unit of analysis to enhance obtaining in-depth understanding of the decision regarding the choice of celebrity to endorse and consider mixed method approach to data gathering.

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## How Flexed-Point Organizations are applied by Companies facing Crises: A comparative Study in East Asia (China and Japan)

MAHER MOHAMMED ABEDA  
Al-Bayan University, Iraq

**Abstract.** The paper will analyze how the Chinese and Japanese companies have been managing (organizational) resilience as depicted by the Chinese and Japanese media coverage of the current crises affecting the world. The study is based on the data of 80 surveyed organizations (the mixed-method research design); it also explores interviews with the executives of the companies, as a result of which contingently approaches towards religious resilience become known. Strategic agility is a field that the Chinese companies are excelling in, where success is crucial in pushing ahead in a marketplace, and the ability to digitalize. Japanese firms have a good operating balance and strong cultural solidity, which is indicated by joint mindfulness and strong closeness of the interrelations between the stakeholders. In every one of these alternative paths to it, however, the two systems end up at the same point of similar stateful resilience - an embodiment of the principle of equip-finality in organizational resilience. In this paper, it was concluded that Chinese firms have flexibility and a competitive edge, within which organizational learning takes place. It is also claimed that this is done by the bodies so as not to disrupt objectives.60 Writers even suggest that such institutions should also strive to consider methods of how collective mindfulness and dynamic capabilities might be incorporated in the backup resilience plans within the cultural, industrial and / or institutional systems in which they are incorporated.

**Keywords:** Chinese firms, Japanese firms, organizational resilience, crisis management.

### 1. Introduction

The contemporary organizations are open systems that exist in the era of VUCA (volatility, uncertainty, complexity and ambiguity) as a complex adaptive system (CAS) within the context of a mega web of global interdependence (Borissov 2024). The issues of pandemic, coupled with uncertainty in geo-political relations and the ongoing disruption of the supply chain, unveiled the vulnerabilities of our globalized economy as a complex system, making it what appears as a major strategic necessity to survive, a curse of survival in its own to be not only assumed but has also acquired a top position on the list of efforts to gain a competitive edge in the future. 8 Introduction In this environment, the idea of organizational resilience has acquired a new turn, not merely as a buzzword of the current management community, but also as being vital as an essential measure of the capacity to predict, prepare, react to and absorb/outcompete the incremental change or shocks is simply the organization's resiliency (Hillmann and Guenther, 2020). There was given theoretical justification, however, on why failure in complex systems is inevitable (Normal Accident Theory (NAT), and the Swiss Cheese Model), and a model of being proactive as a high-reliability organization, of which we can be said to see errors before they become catastrophic in size (Collective Mindfulness by Weick et al.,2008).

Although the theoretical background of resilience can be found in the Western context, it has no information regarding its presence in other socio-cultural and institutional frameworks. Chinese and Japanese companies are companies worth mentioning, as they have specific management philosophies, models of corporate governance and cultural traditions. In the

case where China's high-speed, laser-guided capitalism offered by one party of the Communist Party is theoretically able to write large, and decisive action (potentially), Japan, on the other has long boasted of kaizen (or continuous improvement), not to mention that it was once socially stable, and stakeholder oriented. The article indicates that the fortitude of Spanish and German companies lies not merely in terms of risk management as customary (Morgan 2010:164) but instead is strongly associated with their corresponding organizational capabilities, mixes of portfolio and power alongside collective actions (see Hillmann and Guenther 2020; these drivers form a portion of an integrative model).

### 1.1 Problem Statement

To start with, the conceptual ambiguity in the definition of organizational resiliency is, in fact, present (Hillmann & Guenther, 2020). Alternatively, it has also been conceptualized as a capacity ability process and product that cannot be defined singularly and concisely. This indistinctness has shifted the mould out of the field of factorial analysis and interfered with an empirical measurement and a cross-organizational or cross-national comparison. The measurement scales we currently have, as also explained, in Hillmann and Guenther (2020), are distributed across the communities of disciplines (e.g., ecology, psychology, engineering), any one of which harbours a subset of dimensions or factor loadings between either extreme, but not all, of adaptive capacity and goal-directed solution-seeking.

The second reason is associated with the geographic and cultural bias of resilience studies. Much of the empirical evidence and theoretical descriptions occur within western corporate context. Less emphasis has also been given to the firm-specific organizational capabilities of the East-Asian firms, particularly the Japanese and Chinese, which can be based on institutions, culture or HR systems to accumulate resilience.

Or, to put it another way, how do the Chinese guanxi (relational networks) or the Japanese nemawashi (consensus building) add to the concept of the relational resources and a collective mindfulness in which these resources are so fundamentally required to reflexively resilient responses? To what extent are the ways of learning integrated with universal principles of resiliency in systems thinking models (Borissov, 2024) and to local/cultural specificities and differences?

Thus, the central question of this research is as follows: How do Chinese and Japanese organizations demonstrate organizational resilience concerning

global challenges, and what are the frequent and specific patterns of resilience emergence?

### 1.2 The Conceptual Foundations of Organizational Resilience

The overall meaning of organizational resilience is the capacity of an organization to expect, plan, as well as react to emergent differences in its external or internal setting so that it can thrive, adjust and even evolve (Hillmann & Guenther, 2020). In addition to the recovery or status quo reassertion, modern literature describes the concept of resilience as a dynamic process that helps firms to bounce forward (Borissov, 2024; Lengnick-Hall et al., 2011) and learn due to existing threats to reassemble themselves so that they thrive in harsh times by making threats their opportunities.

Complexity theory also supports this since thinker's view organizations as CAS. That endurance has no bearing whatsoever on the resistance values of gears, shoulder pads or gloves, but the interaction between ingredient species as they combine in a networking.

### 1.3 Dimensions and Enabling Factors

The aspects of organizational resilience are multidimensional with respect to complexity. They are capital: resilience (financial and material resources), strategic resilience (adaptive planning and vision), cultural resilience (shared values, the paradox mindset, and relationship resonance  $\sim$  FA (v, p) constraint of knowledge and change Du chek, 2020; Sutcliffe and Vogus, 2003).

The reasoning used in determining the following sizes is based on the literature. Leadership matters because effective leaders cause organizations to develop an attitude in practice that frames their failures in a more meditative manner, and this is in opposition to reductionism (Weick and Sutcliffe, 2007). More significant is ethical management that causes transparency and stakeholder engagement flows to turn into trust and social capital during times of crisis (Zheng et al., 2021). Moreover, resilience and dynamic capabilities- the ability of the firm to adapt, operate and acquire internal and external knowledge rapidly, are closely linked in the case of the occurrence of changes in the environment (Teece, 2007). These are innovation skills, strategic and digital transformation elasticity capabilities that could help the firms shift their business model or the way they operate as a result of shocks (Wenzel et al., 2020).

### 1.4 Organizational Resilience in the Chinese Context

The international headwinds, the global value chains interruptions and the increase in tech competition are a difficult combination that Chinese firms are grappling with in the case of COVID-19.

The Chinese data of the Chinese people has greatly supported the empirically established results that organizational resilience positively impacts sustainable competition advantage acquisition. The mediation of this relationship was organizational learning that increased the higher-resilience level resulted in increased adaptability and recoverability of the enterprise's membership (Guo et al., 2022).

Some of the strategic buckets of KEs have been proved to be applicable in the case of Chinese KEs. Pre-Crisis CSR that has been established, has a favourable impact on the resilience and stewardship of the firm in the turbulent environments due to accumulated reputation capitals and stakeholder goodwill of a positive nature that provides the company with cover in the event of disruptions (Jia and Li, 2022). In the meantime, digital transformation has turned out to be a fundamental means of resisting. Besides a more efficient management of funds, the digital technology investment will help the firms to become more resilient and more capable of returning time to recover, with the level of digitalization alleviating the adverse impact on firm performance induced by the increased market competition (Li et al.).

The Chinese SMEs have CDV as the predecessor of resilience. (Zhang et al., 2022). Lastly, the business environment in the area is also a factor. With the upper stream institutional and policy environment, the company will be more resilient to external shocks and can employ resources to recuperate wasted in the future, where the 245 government must offer complete support and make sure that the policy does not change (Wang and Liu, 2023).

## 2. Methodology

The proposed study is carried out in response to the research question posed above using a qualitative, multiple case-study research design mainly due to its suitability in relation to a complex and contemporary phenomenon (Yin 2018) and keep would not necessarily remain desired phenomena framed by their actual environment.

Research designs the type of research will be the multiple-case study, where it is recommended to consider 3 to 4 forerunners in China (e.g.,

technology/e-commerce or manufacturing) and Japan (e.g., automotive industry or electronics). An analysis conducted on a national level of the similarity and the differences between and amongst the two cases can lead to the development of insights about what resilience mechanisms can be unique or general.

We are creating a multi-layered representation of those experiences of companies by combining various forms of data to get a better idea of how they were trying to become more resilient. We believe that by treating the same subject matter using a different VASTINGS at 18 April 2021, downloaded at [copyrightclearancecenter.inc](http://copyrightclearancecenter.inc), we will attain a superior and more inquiry knowledge. We will first of all gather secondary data that would assist us in the process of clarifying the truths. That involves the interpretation of what the companies have officially stated during turbulent periods, such as during the five-year trade war, which was terminated two years ago.

We will also analyze their annual reports and other disclosures to the public about their sustainability, press releases and statements by their organizations, to know what they say they do- and why. To add flavour to this timeline, published case study information and business journal articles information will also be relied upon, besides sector analysis. That will help us see the extended curve of all enterprises - and how they have responded to the previous challenges. To deepen this chronicle, we will also look back at historical data through the use of case studies, business periodical articles and analysis of the industry.

It will be a semi-structured interview of middle-level and senior-level managers within specific departments like long-range planning, personnel and operations.

As a constituent of the hybrid analysis, we will begin with a theme analysis. It means to say that we start with the list of familiar concepts based on the literature and theory (e.g., principles of complex adaptive systems; habits of collective mindfulness; core domains model of resilience), which will enable us to structure the data in the first round.

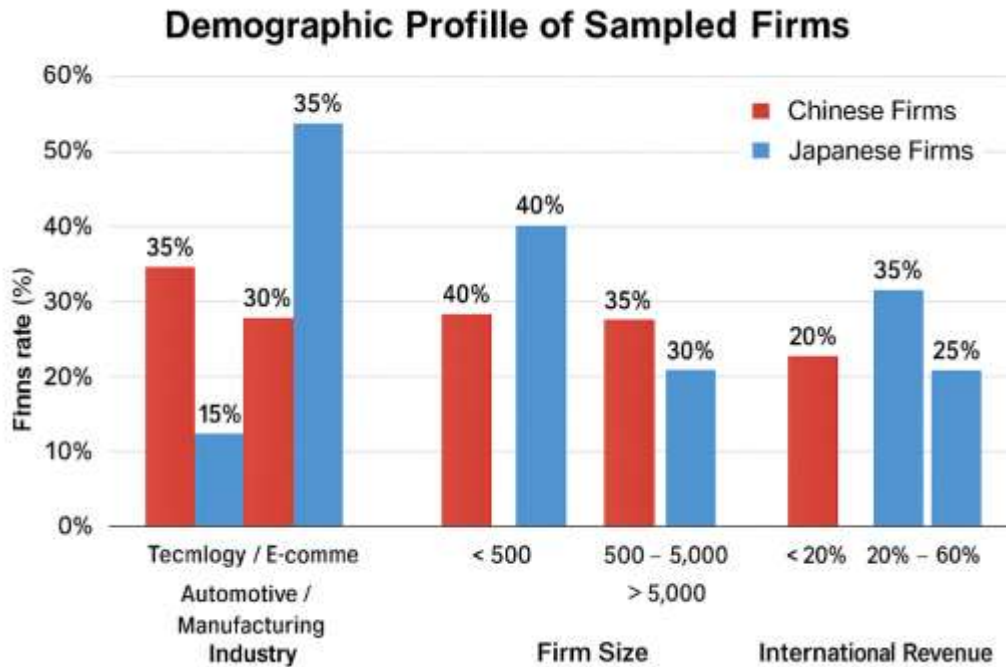
But as it concerns discovery, where exposed. Herein lies where we use a grounded theory focal point and desire to retain our desire towards novelty and unpredictability of themes (not necessarily by relying on what we believe is inherent to our own cultures that would predispose us to espouse) in the Chinese/Japanese business environments. Lastly, this will also cross-case compare to companies and seek patterns that would be found across cases and give a rich context-sensitive perspective of the resilience

being achieved on the ground within the organization in various ways.

### 3. Data Finding

**Table 3.1:** Demographic Profile of Sampled Firms

Characteristic	Category	Chinese Firms (n=40)	Japanese Firms (n=40)
Industry	Technology / E-commerce	35%	15%
	Automotive / Manufacturing	30%	55%
	Electronics	20%	25%
	Other	15%	5%
Firm Size (Employees)	< 500	25%	40%
	500 - 5,000	45%	35%
	> 5,000	30%	25%
International Revenue	< 20%	20%	35%
	20% - 60%	45%	40%
	> 60%	35%	25%



**Table 3.2: Descriptive Statistics**

Variable	Mean	SD	1	2	3	4	5
1. Collective Mindfulness	4.10	0.72	1				
2. Dynamic Capabilities	4.35	0.65	.58**	1			
3. Relational Resources	4.52	0.61	.42**	.51**	1		
4. Digital Transformation	4.65	0.78	.31**	.66**	.28*	1	
5. Organizational Resilience	4.28	0.69	.71**	.62**	.49**	.45**	1
*Note: *p < .05, *p < .01							

**Table 3.3: Independent Samples T-Test: Comparing Chinese and Japanese Firms on Resilience Dimensions**

Resilience Dimension	Chinese Firms (n=40)		Japanese Firms (n=40)		t-value		p-value	
	Mean	SD	Mean	SD				
Strategic Resilience	4.45	0.70	4.02	0.75	2.75		.007**	
Operational Resilience	4.15	0.81	4.60	0.58	-2.92		.005**	
Cultural Resilience	4.20	0.65	4.55	0.52	-2.75		.007**	
Relational Resilience	4.70	0.55	4.35	0.64	2.69		.009**	
Overall Resilience	4.38	0.61	4.18	0.75	1.35		.181	
*Note: *p < .01								

**Table 3.4: Key Themes from Qualitative Analysis of Leadership Approaches**

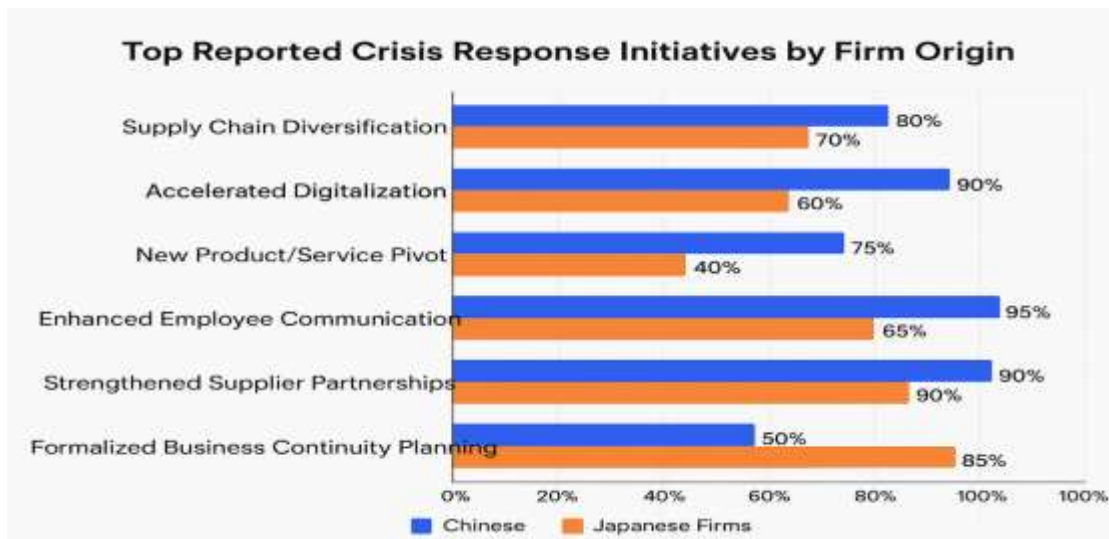
Theme	Chinese Firms (Illustrative Quote)	Japanese Firms (Illustrative Quote)
Decision-Making	I was informed by the CEO that the choice to change over production at nights was made through the phone. (Tech Manufacturing) We constituted a jishuken (self-study) team interdepartmentally.	The agreement took a slow time to finalize, but its implementation was swift.
Stakeholder Focus	"Our first priority was to ensure stability for our employees and fulfill our duty to national supply chains." (State-owned Enterprise)	"The obligation to our lifelong employees and loyal partner network guided every decision. We avoided layoffs at all costs." (Electronics Firm)
Approach to Innovation	"We leveraged our digital ecosystem to launch a new community grocery delivery service in 3 weeks."	To make dozens of small, iterative changes in their remote work protocols, they used kaizen (continuous improvement). (Manufacturing Firm)

**Table 3.5:** Regression Analysis Predicting Organizational Resilience

Predictor Variable	Model 1 (All Firms)	Model 2 (Chinese Firms)	Model 3 (Japanese Firms)
	$\beta$	$\beta$	$\beta$
Collective Mindfulness	.48**	.52**	.41**
Dynamic Capabilities	.25*	.31*	.18
Relational Resources	.18*	.22*	.15
Digital Transformation	.15	.28*	-.02
Firm Size	.07	.10	.05
R <sup>2</sup>	.61	.65	.55
Adjusted R <sup>2</sup>	.58	.60	.49

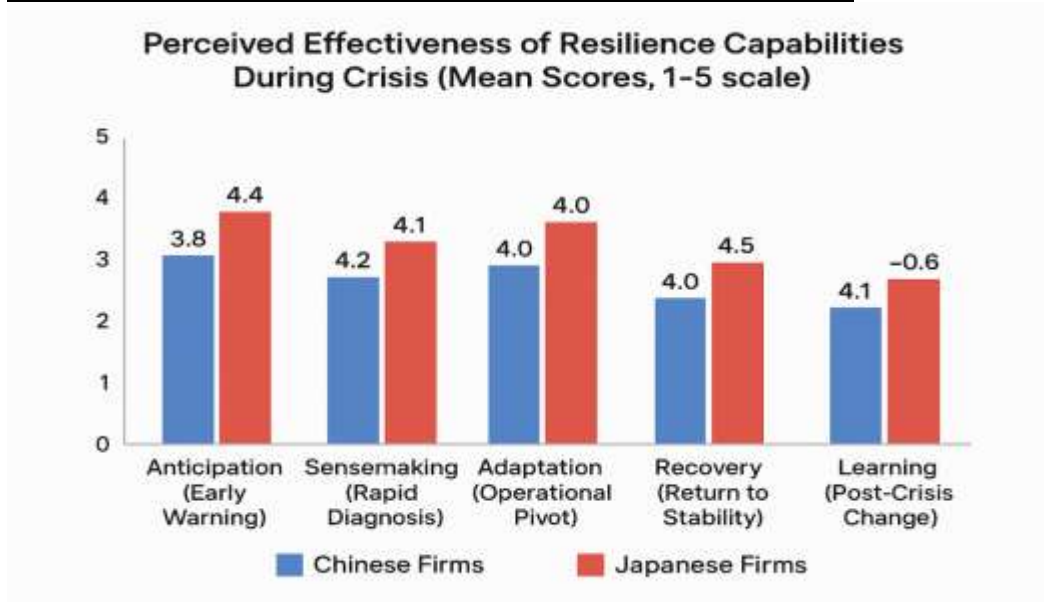
**Table 3.6:** Top Reported Crisis Response Initiatives by Firm Origin

Initiative Type	Chinese Firms	Japanese Firms
Supply Chain Diversification	85%	70%
Accelerated Digitalization	90%	60%
New Product/Service Pivot	75%	40%
Enhanced Employee Communication	65%	95%
Strengthened Supplier Partnerships	70%	90%
Formalized Business Continuity Planning	50%	85%



**Table 3.7:** Perceived Effectiveness of Resilience Capabilities During Crisis (Mean Scores, 1-5 scale)

Capability	Chinese Firms	Japanese Firms	Difference
Anticipation (Early Warning)	3.8	4.4	-0.6
Sensemaking (Rapid Diagnosis)	4.2	4.1	+0.1
Adaptation (Operational Pivot)	4.6	4.0	+0.6
Recovery (Return to Stability)	4.0	4.5	-0.5
Learning (Post-Crisis Change)	4.1	4.7	-0.6



**Table 3.8:** Mediation Analysis: The Role of Organizational Learning in the Resilience-Competitive Advantage Link (Chinese Sample)

Pathway	Direct Effect (c')	Indirect Effect (a*b)	95% CI for Indirect Effect	Total Effect (c)
Resilience → Learning → Competitive Advantage	.35*	.18*	[.08, .31]	.53**

#### 4. Data Analysis

Table 1 shows demographic data of the sample and the dissimilarities in context based on the websites used. Chinese tech bias, on the other hand, is more massive and has 35 companies in the Technology/E-commerce (no.37) category, fast innovation and digital native operations. A more bias sample of the Japanese, on the other hand, is inclined towards the industry groups like 10 percent of Automotive/ Manufacturing (55 5 percent), precision, legacy and real supply chain trailing-margin industries. This fundamental industry mix contrast is a very critical "lens" in which to view

the following outcomes. It assumes that since Chinese resilience might be more digital and more evolutionary, the Japanese resilience perhaps would not take a leaf out of the fake Motorola mantra, but instead be one of the operational reliability and well-built partners.

Table 2 above shows that the ability of resilience of an organizational system is not the property of one but rather the property of the emergence of a sub-system, i.e. paradigm concept in CAS (Borissov, 2024). Interestingly, though, the top positive correlation to Organizational Resilience is also created by the

Collective Mindfulness ( $r = .71, p < .01$ ). Moreover, DCs are directly connected with DT ( $r = .66, p < .01$ ), and technological development is one of the key engines where organizations can organize the resources to be used when facing new challenges. Strategic Resilience ( $p = .007$ ) is far superior in Chinese Companies ( $p = .032$  and  $.23$ ). This is as presented by their dynamic market orientation and centralized relative agile strategic repositioning adjustment as leadership style, which can also be put forth on the qualitative findings (Table 4).

Japanese Firms versus Global Companies p-values in their level of OR ( $p = .005$ ) and Cultural Resilience ( $p = .007$ ). This is the result of decades of unremitting and incessant acculturation to Kaizen (continuous improvement) and a Corporate Culture that drips with group-orientation, wheezes in a manner angst-averse to turbulence.

Of interest here is the fact that Overall resilience is not considered important ( $p = .181$ ). The result is an important one, in that some combination of capacities or resources may produce a given combination of resilient outputs, which is a main postulate behind the power integrative model of Hillmann and Guenther (2020).

Homogeneous endpoints. Table 4 gives the qualitative value of these quantitative scores. The quotes, in fact, signify two most dissimilar approaches to decision-making. velocity, prescription (“The CEO told me to”), nightmarish quarantines and suffocating containment, capitalizing on digital agility, the Chinese model. The Japanese version (there was a need to make it happen, but the implementation was impeccable) is of the order of the day in not only the manner in which they construct play up, but also perform them. This just serves to denote the point that what one of these resilient communities will consider good leadership cannot be pasted in other places.

The regression analysis, as shown in Table 5, provides the ingredients of resilience in each context.

The greatest predictor in the case of Chinese firms was DS ( $r = .28, p = .05$ ) and Collaborative Awareness and Active Resources. This is one of the areas where they are correct when it comes to their resilience plan of leapfrogging.

Collective Mindfulness is the only significant predictor that was strong among Japanese respondents ( $r = .41, p = .01$ ). You can hardly put down the bottom if you believe that whatever Dynamic Capabilities and Digital Transformations share or do not share with them respectively, somehow it would make everything

turn out that resilience has little in common with radical transformation or disruptive creation but a lot with discipline and the despite fullness of preconceptions about what firms are being urged to drop. This is additive to the opinion that collective mindfulness is a socio-culturally-based skill that emerges.

The Chinese business approach, which is the model of more explorative, opportunity-based resilience, features a rapid process of digitizing (90%) and producing new products, 75% of which follow. On the same note, enhanced interaction with employees is the second most frequently mentioned factor behind networking (95%) among Japanese companies. We may infer that these findings agree with a lean-in-place resilience network perspective of relationship crossover in Japanese companies that depends on networks already performing what we want them to do.

Table 7 provides a more subtle way of considering resilience as a multi-step process. Anticipation (4.4) and Learning (4.7) Japanese industry forerunners propose pre-crisis action planning, and a post-crisis frame of knowledge may result in superior performance. Its companies rank very high on Adaptation (4.6) than any other we do, and have an unsignaled capacity to pivot operations on a dramatic scale. It has some potential opportunities for mutual learning: the Chinese enterprises can increase their long-term adaptation by increasing the anticipation and institutionalization, and Japanese enterprises can evolve with time to adjust to the future by becoming more agile.

Finally, Table 8 also lacks the knowledge of a significant behavioural and structural channel in Chinese firms. The  $a*b$  was  $.18, p < .05$ ) indicates the Organizational Learning as an intermediary between resilience and Competitive advantage. It is sustainable not just because it would serve to see the firm survive even following the disruption (then it would not be disengaged and killed), but also because it will initiate a learning loop that will make him stronger in the future. This fact constitutes solid argumentative evidence regarding the RBV LOT connexion where the competitive advantage based on the knowledge creation is produced with the help of resilience as an operating capability.

## 5. Conclusion

On the whole, the results can be considered stable because in the context of Chinese organizations vs Japanese organizations both of them demonstrate alike

and realistic resilience levels, though, through absolutely different processes. Strategic agility and digitally empowered moulding brought about by the vite of quick pivot in an overly competitive world and exploitation of technology have defined this resilience, which Spina writes about China.

The Japanese culture, though, is mostly described as Operational Stability, Cultural Harmony and Relationship Depth- things that we tend to coin as Thought ease of Living and Thoughtful / Continuous Improvement- this has been pegged on a platform of Long-Term Relationship Partnership and Process Proficiency. The findings imply that organizational resilience is a multi-dimensional and context-based construct, in addition to the reality that HR and leadership interventions are needed to advance those idiosyncratic and equally effective displays of resilience.

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## Relationship Marketing Orientation and Customer Loyalty in Selected Quick-Service Restaurants in Benin City, Nigeria

CHRISTOPHER IHIONKHAN AGBONIFOH  
University of Benin, Benin City, Edo State, Nigeria

AMINU AHMADU  
Roehampton Business School, University of Roehampton, United Kingdom

NATHANIEL OKODUGHA  
Anglia Ruskin University, United Kingdom

**Abstract.** This study explored the influence of relationship marketing orientation on customer loyalty in selected fast-food outlets in Benin City. The research focused on assessing the effect of trust on customer loyalty, examining how communication relates to loyalty, determining the role of commitment in fostering loyalty, and evaluating whether conflict handling contributes to loyalty among fast-food customers in the city. The study population comprised customers of various fast-food outlets, from which a sample of 385 respondents was drawn. All administered questionnaires were retrieved, properly completed, and deemed suitable for analysis. Correlation and multiple regression techniques were employed to determine the significance of the relationships among the variables, with hypotheses tested at the 5% significance level using SPSS. Findings revealed that trust has a positive and significant effect on customer loyalty. Communication also showed a strong and significant association with loyalty. Similarly, commitment demonstrated a positive and significant relationship with customer loyalty. Lastly, conflict handling was found to significantly and positively influence customer loyalty. Based on these outcomes, the study recommended that fast-food outlets in Benin City strengthen transparency in their operations; ensuring customers remain well-informed and confident in the products and services offered. Maintaining consistency in fulfilling promises particularly regarding service quality, product standards, and safety was identified as essential.

**Keywords:** Customer loyalty, fast food, outlets, service quality, relationship marketing.

### 1. Introduction

Relationship marketing orientation has become essential for firms seeking to build enduring customer relationships, particularly within the competitive quick-service restaurant (QSR) sector. It focuses on cultivating emotional bonds, identifying customer needs, and delivering personalized experiences that strengthen loyalty and advocacy (Nastasoiu & Vandenbosch, 2018; Khoa, 2020). In Benin City's QSR landscape, this approach offers a powerful means of differentiation, enabling restaurants to position themselves more effectively in a crowded market. Core components of relationship marketing such as personalization, loyalty programs, community engagement, and emotional connection play a significant role in enhancing customer attachment and repeat patronage (Howell, 2022). Personalized interactions use customer insights to tailor services, loyalty programs provide incentives for consistent patronage (Mendoza & Marimuthu, 2020); community-building efforts create shared experiences, and emotional bonds foster deeper, value-driven connections with customers (Saputra, 2019).

Evidence shows that service quality and customer satisfaction are strong drivers of loyalty (Chan & Castro, 2021; Villanueva, 2023). Yet many fast-food outlets in Benin City still struggle to fully adopt

relationship marketing practices, potentially weakening customer retention. Although scholars have emphasized its relevance in promoting customer loyalty (Saputra, 2019), the extent to which relationship marketing orientation is applied and the degree to which it influences loyalty within local fast-food outlets remains unclear. This study therefore examines the effect of relationship marketing orientation on consumer loyalty in fast-food outlets in Benin City, raising critical questions about whether trust shapes loyalty, how communication contributes to sustained patronage, the extent to which commitment influences loyal behaviour, and whether effective conflict handling enhances customers' long-term attachment to these businesses.

## 2. Literature Review

### 2.1 Customer Loyalty

Customer loyalty describes the attitude and behaviour of consumers who repeatedly choose a particular brand because they are satisfied with its products or services. This preference motivates consistent patronage and repeat purchases (Agbaje, 2017). At its foundation, loyalty reflects a strong intention to continue buying a preferred brand, even when alternative options or external factors might influence switching behaviour (Hänninen & Karjaluoto, 2017). Loyal customers are major assets to any business, as they not only maintain ongoing purchasing relationships but also support the brand through favourable word-of-mouth recommendations (Gerritsen & van Veldhoven, 2015). Such loyalty provides several advantages, including lower marketing costs, higher profitability, and improved brand reputation (Hsieh & Chen, 2018).

In addition, customer loyalty involves attitudinal elements such as trust, enthusiasm, and the tendency to select a brand as the first choice when making repeat purchases (Khan et al., 2022). Firms that succeed in cultivating loyalty gain a competitive edge because loyal customers are less responsive to competitors' promotions and more inclined to advocate for the brand (Huda, Saha, & Kabir, 2021). Ultimately, customer loyalty is a strategic component of effective brand management, and businesses that invest in strong customer relationships enjoy substantial long-term benefits (Duffy & Fearn, 2014).

### 2.2 Relationship Marketing Orientation

Relationship marketing orientation refers to a strategic approach that emphasizes establishing, developing, and sustaining long-term relationships with customers,

partners, and other key stakeholders (Gummesson, 2002). It involves understanding customer expectations, offering personalized value, and nurturing trust and loyalty. Central to this approach is the idea of mutual benefit, where all parties gain from the relationship (Berry, 1995). By focusing on long-term collaboration with customers, suppliers, and partners, organizations create a cooperative environment that supports shared objectives and strengthens business performance (Morgan & Hunt, 1994). Essential features of relationship marketing orientation include customer focus (Gummesson, 2002), tailored experiences (Peppers & Rogers, 1997), empathy and deeper understanding (Gronroos, 1994), long-term commitment (Morgan & Hunt, 1994), and value-sharing (Berry, 1995). Organizations that fully adopt this approach often experience improved customer retention, stronger trust, and enhanced loyalty. When firms prioritize customer needs and mutual gains, they build durable relationships that support sustainable success (Berry, 1995).

### 2.3 Trust and Customer Loyalty

Trust plays a central role in shaping customer loyalty, a relationship consistently supported in academic research. Trust acts as the foundation for strong, enduring customer relationships and remains critical for competitive success in modern markets (Chen & Hsu, 2018; Al-Azzam & Alraban, 2019). When customers perceive a brand as trustworthy, they are more inclined to remain loyal, make repeat purchases, and recommend the brand to others, ultimately boosting long-term growth and profitability. Empirical studies reinforce this connection. Yum and Kim (2024) demonstrate that trust strongly predicts loyalty, especially in digital entertainment platforms. Similar findings show that trust often mediates the link between perceived value and loyalty across sectors such as business-to-business services and online retail (Huda, Saha & Kabir, 2021; Khan, Salamzadeh, Iqbal & Yang, 2022).

Based on these insights, this study proposes the following null hypothesis:

***H0<sub>1</sub>***: Trust has no significant and positive impact on customer loyalty.

### 2.4 Communication and Customer Loyalty

Communication is a critical element of relationship marketing and a key driver of customer loyalty. Clear, honest, and consistent communication enhances trust and creates a sense of reliability in the customer–firm relationship. Research shows that communication, as

part of relationship marketing activities, significantly contributes to customer loyalty (Ballantyne, 2020). Effective communication reduces uncertainty, increases transparency, and helps customers feel recognized and appreciated. Customers who receive timely, accurate, and sincere communication tend to develop stronger emotional ties to a brand, which can result in higher loyalty, positive referrals, and improved business performance (Nguyen et al., 2022). Organizations that prioritize communication through responsiveness, personalized messages, and proactive information-sharing cultivate deeper customer relationships and higher retention levels (Morgan & Hunt, 1994). In the current competitive environment, mastering customer communication is essential for sustained brand loyalty. Tailored messaging, attentive service delivery, and loyalty-enhancing platforms remain powerful tools for strengthening customer commitment (Kotler & Keller, 2016).

Consequently, this study advances the following null hypothesis:

*H0<sub>2</sub>*: Communication has a significant positive impact on customer loyalty.

#### **2.4 Commitment and customer loyalty**

Commitment is widely recognized as a key ingredient in forming strong and enduring customer relationships, which in turn supports loyalty (Alhaddad, 2018). When customers perceive that a brand values them and understands their needs, they tend to develop an emotional bond with the organization, reinforcing their willingness to remain loyal and continue their patronage (Morgan & Hunt, 1994). Research further indicates that commitment within relationship marketing strategies can influence satisfaction, trust, and loyalty, contributing to stable, long-term customer–firm relationships and enhanced profitability (Hosseini, Ghaderi & Sarfi, 2017).

In business-to-business settings, commitment is even more crucial, as it underpins collaborative partnerships and loyalty-building efforts. Evidence suggests a strong and positive link between commitment and loyalty, with satisfaction often acting as a mediating force in this relationship (Ballantyne, 2020). Organizations that emphasize commitment through superior service delivery, personalized messages, reward systems, and loyalty initiatives create a sense of belonging for customers. This sense of belonging fosters affective commitment and, ultimately, increased loyalty. Oliver (1999) defines customer loyalty as a deeply rooted commitment to repurchase or re-engage with a preferred brand consistently in the

future, even in the face of competing influences that could prompt switching behavior. This form of commitment is shaped by factors such as perceived benefits, service quality, and the organization’s long-term vision with customers.

Based on this understanding, the present study proposes the following null hypothesis:

*H0<sub>3</sub>*: Commitment has no significant impact on customer loyalty.

#### **2.5 Conflict handling and customer loyalty**

Conflict handling is another essential aspect of relationship marketing that significantly contributes to the development of strong customer relationships and sustained loyalty. How a company responds when conflicts or service failures arise can either strengthen or weaken customer perceptions. Effective resolution strategies can transform potentially negative situations into opportunities to reinforce trust and loyalty. Ndubisi (2020) observes that customer service representatives equipped with strong conflict-management skills often resolve issues more effectively, resulting in heightened satisfaction and loyalty. Key practices for effective conflict handling include maintaining composure, acknowledging customer concerns, avoiding blame, assuming responsibility, and providing constructive solutions. These actions rely heavily on active listening, empathy, and a problem-solving mindset (Ehigiamusoe, 2022). Remaining calm helps representatives manage interactions more professionally, while validating customer concerns communicates respect and demonstrates the firm's commitment to addressing the issue (Nguyen et al., 2022).

The literature consistently reports a positive link between conflict handling and customer loyalty (Agbaje, 2017). Firms that invest in conflict-resolution training for frontline employees often enjoy increased customer satisfaction and stronger loyalty outcomes (Kotler & Keller, 2016). Evidence from the fast-food industry specifically reinforces the importance of conflict handling, showing that effective conflict management significantly influences loyalty (Ehigiamusoe, 2022). Recent contributions to the relationship marketing discourse emphasize that trust, commitment, and conflict handling collectively shape customer loyalty and retention (Kaur, 2020). Organizations that adopt a customer-oriented approach to resolving disputes can convert negative encounters into positive experiences, stimulate favorable word-of-mouth, and promote sustainable

customer loyalty (Ballantyne, 2020; Nguyen et al., 2022).

Consequently, this study states the following null hypothesis:

*H04*: Conflict handling has no significant impact on customer loyalty.

### 2.6 Relationship Marketing Theory

The Relationship Marketing Theory, championed by Leonard Berry and other scholars in the 1990s with Alexander (1998) also offering notable contributions centers on the idea that organizations should focus on establishing, nurturing, and sustaining long-term relationships with key stakeholders such as customers, partners, and suppliers. The theory acknowledges that long-term relationships can generate substantial future value, yielding mutual benefits and enhancing overall organizational performance. Within this framework, relationship marketing incorporates three major forms of relationship-focused advertising: network marketing, database marketing, and interaction marketing (Morgan & Hunt, 1994). Database marketing, in particular, relies on information technology to enhance customer satisfaction, increase profitability, and strengthen loyalty. By analyzing customer data and behavioural patterns, firms can craft more precise and compelling marketing campaigns that improve engagement and long-term retention. The CRM model further highlights two essential dimensions: the relevance and usefulness of relationship marketing for organizations and consumers, and the critical role of retailers in developing, strengthening, and sustaining strong customer relationships (Buttle, 1996).

Relationship marketing theory posits that meaningful connections between firms and their customers are both viable and advantageous for all parties involved. Successful relational exchanges must yield benefits to the organization while simultaneously meeting customer expectations. When customers perceive that a firm consistently meets or exceeds their needs, they are more inclined to maintain communication and develop loyalty toward that organization (Alexander, 1998). Emphasizing relationship marketing equips firms with the tools to build enduring and mutually beneficial connections, fostering long-term organizational growth. Among the key advantages associated with relationship marketing are improved customer loyalty, enhanced profitability, and greater satisfaction. Alexander (1998) notes that customer profitability tends to increase in the later stages of the relationship due to factors such as incremental

purchases, customers' willingness to pay premium prices, and reduced servicing costs. Thus, sustained investment in relationship marketing efforts helps organizations unlock these long-term gains and strengthen their competitive position.

### 3. Research Methodology

This study employed a cross-sectional survey research design to investigate the relationship between customer relationship orientation and customer loyalty in fast-food outlets in Benin City, Edo State. The design was chosen for its ability to capture the current state of a unit or group at a particular point in time. The sample size was determined using the infinite population sample size determination formula by Cochran (1977):

$$n_o = \frac{Z^2pq}{e^2}$$

Where;  $n_o$  = Sample size;  $Z$  = selected critical value of desired confidence level;  $p$  = estimated proportion of an attribute that is present in the population;  $q = 1-p$  while  $e$  = margin of error

$$Z = 1.96; p = 0.5; q = 1 - 0.5 = 0.5; e = 0.05$$

By applying given data in the formula, we have thus:

$$n = \frac{(1.96)^2 \times 0.5 \times 0.5}{0.05^2} = \underline{385}$$

A sample size of 385 was determined for this study. Convenience sampling was employed due to its cost-effectiveness, efficiency, and ease of access to a readily available pool of participants. Primary data was collected using a structured Likert-scale type questionnaire. The data was analyzed using descriptive statistics (frequency distribution, percentages, and means) and inferential statistics (correlation and multiple regression). The Statistical Package for the Social Sciences (SPSS 20.0) was used for analysis, with all tests conducted at a 5% level of statistical significance. The multiple regression model was specified as:

$$\text{Customers' Loyalty} = f(\text{Customer relationship orientation}) \text{----- (1)}$$

$$\text{Customers' Loyalty} = f(\text{trust, communication, commitment and conflict handling}) \text{----- (2)}$$

$$CL = \beta_1 TRT + \beta_2 COMM + \beta_3 COMT + \beta_4 CONFH + \varepsilon \text{----- (3)}$$

Where;

CL = Customers' Loyalty

TRT = Trust

COMM = Communication

COMT = Commitment

CONFH = Conflict Handling.

$\beta_1, \beta_2, \beta_3, \beta_4$ - Coefficients

$\varepsilon$  – Error term

Based on theoretical or a priori expectation, the signs of the coefficients are given as;

$\beta_1, \beta_2, \beta_3, \beta_4 > 0$

#### 4. Analysis of Results and Discussion of Findings

##### 4.1 Description of Respondents' Demographics

This section contains the different background information of the respondents which include gender, age, highest educational qualification, marital status, and income. The results are presented in Table 1 as follows:

**Table 1:** Respondents' Demographics

Variable	Category	Frequency	Per cent
Gender of respondents	Male	239	62.1
	Female	145	37.9
	<b>Total</b>	<b>384</b>	<b>100</b>
Age of respondents	Under 20 years	16	4.2
	21-25years	61	15.8
	26-30years	95	24.7
	31-35years	96	24.9
	36-40years	76	19.7
	41-45years	32	8.3
	46years and above	9	2.3
	<b>Total</b>	<b>385</b>	<b>100</b>
Education qualification of respondents	SSCE/GCE	51	13.2
	NCE/Diploma/OND	106	27.5
	HND/First Degree	175	45.5
	Postgraduate	53	13.8
	<b>Total</b>	<b>385</b>	<b>100</b>
Income	Less 20,000	31	8.1
	21,000-40,000	38	9.9
	41,000-60,000	89	23.1
	61,000-80,000	116	30.1
	81,000-100,000	70	18.2
	101,000 and above	41	10.6
	<b>Total</b>	<b>385</b>	<b>100.0</b>

*Source: Researcher's Fieldwork (2025)*

Table 1 showed that male and female respondents accounted for 62.1% and 37.9% respectively. This implies that majority of customers who patronize fast-food outlets in Benin City are male. In terms of respondents' age, 16 (4.2%) of them are under 20 years, 61 (15.8%) are 21 – 25years old, 95 (24.7%) are 26 – 30years old, 96 (24.9%) are 31 – 35years old, 76 (19.7%) are 36-40 years old, 32 (8.3%) are 41-45 years old while 9 (2.3%) are 46years and above. This shows that the majority of the respondents are between 31-35years old. Table 1 further showed that respondents with SSCE/GCE, NCE/Diploma/OND, HND/First degree and Postgraduate qualifications accounted for 13.2%, 27.5%, 45.5% and 13.8% respectively. Finally, Table 1 revealed that 8.1% of the respondents earned Less 20,000; 9.9% of the respondents earned between 21, 000 - 40,000; 23.1% of the respondents earned between 41,000 - 60, 000; 30.1% of the respondents earned between 61,000-80,000; 18.2% of the respondents earned between 81,000-100,000 while 10.6% of the respondents earned between 101,000 and above.

##### 4.2 Correlation Analysis

**Table 2:** Correlation Analysis of Research Variables

		Customer loyalty	Trust	Communication	Commitment	Conflict handling
Customer Loyalty	Pearson Correlation	1				
	Sig. (2-tailed)					
	N	385				
Trust	Pearson Correlation	.499**	1			
	Sig. (2-tailed)	.000				
	N	385	385			
Communication	Pearson Correlation	.498**	.575**	1		
	Sig. (2-tailed)	.000	.000			
	N	385	385	385		
Commitment	Pearson Correlation	.516**	.602**	.645**	1	
	Sig. (2-tailed)	.000	.000	.000		
	N	385	385	385	385	
Conflict Handling	Pearson Correlation	.450**	.484**	.551**	.632**	1
	Sig. (2-tailed)	.000	.000	.000	.000	
	N	385	385	385	385	385

\*\* . Correlation is significant at the 0.01 level (2-tailed).

**Source:** *Researcher's Fieldwork (2025)*

The correlation analysis table presents the relationships between customer loyalty and four independent variables: trust, communication, commitment, and conflict handling. The results show that customer loyalty is positively and significantly related to all four independent variables. Specifically, the correlation coefficients indicate that commitment has the strongest relationship with customer loyalty, with a coefficient of 0.516. This suggests that when customers feel committed to a brand or organization, they are more likely to be loyal. The analysis also reveals that trust and communication have similar strengths of relationship with customer loyalty, with coefficients of 0.499 and 0.498, respectively. These findings highlight the importance of building trust and effective communication with customers to foster loyalty. When customers trust a brand or organization, they are more likely to be loyal, and effective communication can help build and maintain this trust.

Conflict handling also has a significant relationship with customer loyalty, although the coefficient is slightly lower at 0.450. This suggests that organizations that prioritize conflict resolution and handling are more likely to maintain customer loyalty. When customers feel that their concerns are being heard and addressed, they are more likely to remain loyal to the brand or organization. The correlation analysis also shows that none of the correlation coefficients exceed the threshold of 0.80, indicating that there is no multi-collinearity between the independent variables. This means that each independent variable is contributing uniquely to the relationship with customer loyalty, and that the model is not compromised by redundant or overlapping variables. Overall, the findings suggest that building trust, effective communication, commitment, and conflict handling are all important strategies for fostering customer loyalty.

### 4.3 Estimation of Regression Model

**Table 3:** Estimation of Regression Model

Model	Unstandardized Coefficients		Standardized Coefficients	T	Sig.	Collinearity Statistics		Decision
	B	Std. Error	Beta			Tolerance	VIF	
(Constant)	.807	.179		4.497	0.000			
Trust	.221	.054	.222	4.078	0.000	.572	1.749	Significant
Communication	.182	.058	.181	3.129	0.002	.507	1.973	Significant
Commitment	.175	.059	.186	2.967	0.003	.431	2.322	Significant
Conflict Handling	.115	.051	.125	2.265	0.024	.560	1.786	Significant

R<sup>2</sup>= 0.354; Adjusted R<sup>2</sup>= 0.347; F-Statistic = 52.006; F-Statistic (Prob.) = 0.000;

Durbin-Watson 1.730; Number of Observation = 385

Dependent Variable: Customer loyalty

**Source:** *Researcher's Fieldwork (2025)*

Table 3 indicates that the Durbin-Watson score is 1.730 which by implication shows that there is an absence of first-order serial correlation in the model. The model is fit to be applied without re-modification in policy formulation and development amongst fast-food outlets in Benin City. Table 3 also shows that the R<sup>2</sup> value of 0.354 indicates that the independent variables of trust, communication, commitment and conflict handling jointly explain 35.4% of the systematic variation in the dependent variable (customer loyalty). Other factors or elements not included in this regression model, but taken care of by the error terms accounted for 65.3%. The R-squared value after adjustment for the degree of freedom was 0.347 in the regression model. The F statistic of 52.006 is significant at p<0.05. This means that there is a statistically significant relationship between the dependent variable (customer loyalty) and independent variables (trust, communication, commitment and conflict handling) as a group.

The regression results in Table 3 show that trust records (t=4.078; p= 0.0000<0.05), communication (t=3.129; p= 0000<0.05), commitment (t=2.967; p=0.002<0.05) and conflict handling (t=2.265; p= 024<0.05), had a significant and positive relationship with customer loyalty. To conclude that there is no multi collinearity in any set of data, the value of tolerance must be considered being over 0.10 while the variance inflation factor (VIF) should be below 5. The results in Table 3 show that the value of tolerance ranged from 0.431 to 0.572, evidence of substantial scores above the minimum threshold. Besides, the variance inflation factor (VIF), which ranged from 1.749 to 2.322, was way below the maximum limit of acceptability.

## 5. Conclusion

This study examined the relationship between relationship marketing orientation (RMO) and customer loyalty in selected fast-food outlets in Benin City. Guided by theoretical perspectives and empirical evidence, the study specifically analysed the influence of four key RMO dimensions (trust, communication, commitment, and conflict handling) on customer loyalty. The findings revealed that each of these dimensions significantly contributes to strengthening customer loyalty within the fast-food sector. The results demonstrated that trust remains a foundational element for building durable customer firm relationships. When customers perceive a brand as reliable, consistent, and dependable, they are more likely to repeatedly patronise the outlet and recommend it to others. Similarly, effective communication emerged as a vital mechanism for shaping customers' perceptions and experiences. Fast-food outlets that provide clear, timely, and customer-centred communication are better positioned to enhance customer satisfaction and nurture loyalty. Furthermore, commitment was shown to play a central role in reinforcing long-term relationships. Customers are more loyal to firms that demonstrate genuine dedication to meeting their needs and delivering value

beyond transactional exchanges. The study also confirmed that conflict handling is crucial for maintaining loyalty. Outlets that manage complaints promptly, fairly, and professionally not only recover dissatisfied customers but also strengthen the overall customer brand relationship.

Generally, the study provides strong empirical support for the argument that relationship marketing orientation is indispensable for achieving sustainable customer loyalty in the fast-food industry. Integrating trust, communication, commitment, and conflict-resolution practices into their operational and marketing strategies, fast-food outlets can foster long-term patronage, reduce customer churn, enhance customer satisfaction, and secure a competitive advantage in an increasingly dynamic marketplace. The study therefore underscores the need for fast-food managers to institutionalize RMO practices as part of their strategic framework. Doing so will not only improve relational outcomes but also contribute to improved organizational performance, profitability, and long-term survival in the highly competitive fast-food sector of Benin City and beyond.

## 6. Recommendations

Based on the findings, the following recommendations are made to enhance customer loyalty in fast-food outlets in Benin City:

**Foster Trust:** Prioritize transparency in operations; ensure consistency in delivering on promises, and implement measures like clear ingredient labeling and consistent service experiences.

**Improve Communication:** Invest in diverse communication channels, leverage social media platforms, implement responsive customer service channels, and provide clear and timely information about promotions and operational updates.

**Cultivate Commitment:** Personalize the customer experience, implement loyalty programs that reward frequent patrons, and tailor offerings to individual preferences.

**Effective Conflict Handling:** Prioritize conflict resolution strategies, train staff members in conflict management techniques, empower frontline employees to resolve issues, and implement feedback mechanisms to capture and address customer concerns.

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## Product Quality and Consumer Purchase Decisions in the Nigerian Soft Drink Industry

IMOUOKHOME EBUN OMONIYI, IYAMU GLORIA OSASERE  
University of Benin, Benin-city, Nigeria

**Abstract.** This study investigates the influence of product quality (aesthetics) on consumer purchase decisions, with specific reference to Coca-cola, a product of the Nigeria Bottling Company among undergraduate students at the University of Benin, Nigeria. The research adopts a quantitative design, utilized structured questionnaires to obtain data from 395 respondents. Product aesthetics, one of the attributes of product quality was theorized along three dimensions: product shape, product size, and product colour. Multiple regression analysis was employed to analyse the data and the hypothesis was tested at 0.05 significant level. Findings revealed that product quality (aesthetics) demonstrated a positive effect, affirming the role of packaging design in consumer appeal. The study concludes that product quality is a many-sided concept that significantly drives consumer purchase intentions and decisions. It was recommended that Nigerian soft drink industry should enhance redesign packaging to improve aesthetic appeal, and invest in durable packaging materials.

**Keywords:** Product Aesthetics; Consumer Goods; Purchase Decision; Packaging Size; Packaging Colour; Packaging Shape.

### 1. Introduction

The act of making decisions by consumers are changing in this competitive era as we have so many industries producing same goods and services, making it a heated environment. Consumers do not just make purchase decision but have to weigh their options before concluding on the best alternative by evaluating a lot of attributes. The soft drink industry is not left out among this heated environment because it is one of the largest industries that produces consumer goods.

Statista opine that Nigeria is the fourth-biggest soft drink market globally, with \$33 billion worth of sales, behind the United States (\$328bn), China (\$42 billion), and the United Kingdom (\$37bn), while Germany (\$30bn), Japan (\$27bn), Mexico (\$19bn), Indonesia (\$16bn), Brazil (\$15bn), and India (\$12bn) make up the top 10. Statista forecasts that the Nigerian soft drink will hit \$58.7bn by 2027 (punchng.com, 2026). This is

evidence that the Nigerian soft drink industry is not just at their infant stage but also globally recognized and accepted.

Nigeria's soft drinks and beverage market continues to show strong growth potential, making it the leading consumer of soft drinks in Sub-Saharan Africa. The association said Nigeria consumed over 53 billion litres of soft drinks in 2024, making the country to be placed well ahead of other African countries such as Ghana and South Africa. Despite challenges like inflation and a weakening naira, it said the country's growing population, rising urbanization, and expanding middle class are key factors driving demand in the beverage sector (punchng.com, 2026).

Coca-Cola Nigeria is the leading company in carbonates for 2025, driven by strong brand equity and widespread distribution. Nigerian Bottling Company (Coca-Cola, Fanta, Sprite) and Seven-Up Bottling Company (Pepsi, 7UP) together control about 70% of the carbonated soft drink market. In 2024, Coca-Cola, Fanta, and Pepsi were the top 3 brands, accounting for a joint 70% of request in the nation (punchng.com, 2026).

Therefore, in a flooded and competitive environment like this, the powers of consumer choice have become essential for the success of businesses. Purchase decisions, influenced by fluctuating values and informed preferences, are now driven by factors outside the traditional branding and pricing. As consumers gain greater access to product information and global standards, their expectations regarding quality also intensified. Smith, Sparks, Hart, and Ibrahim (2023) pin point the growing importance of decision-making that are influenced by quality in the beverage sector, noting its influence on consumer loyalty, brand perception, and long-term market engagement.

The scope of the constituents of quality in product assessment has lengthened meaningfully for some years now. Previous models took manufacturing precision and regulatory compliance as the most important thing; nevertheless, modern standards stressed on consumer-centric features that echo larger social and economic changes. Recent shifts from 2020 on predominantly

those knotted to improved health awareness, ethical consciousness, and environmental considerations have redesigned consumer expectations in Nigeria (Rahman, Taghizadeh, Ariffin, & Nair, 2022). Companies in the beverage sector have had to respond accordingly, as quality now intersects with challenges like sustainability, safety, and user satisfaction. Within this context, product quality appears not to just be a technical benchmark but also a strategic basis for brand competitiveness.

Product quality in this aspect is intrinsically multidimensional. It encompasses tangible and intangible attributes such as taste consistency, product safety, packaging appeal, and ingredient integrity. Packaging aesthetics play a strategic role in consumer attraction, especially in retail settings categorized by high visual competition. Onyekuru, Iroanya, Nwachukwu, and Igwe (2024) note that the choice of materials, both in content and container, contributes meaningfully to consumer perceptions of value and quality.

Despite the growing economic pressures with an extremely competitive market, the connection between quality and consumer decision-making has become even more obvious. Nigerian consumers, though often price-conscious, increasingly perceive quality as a marker of value, reliability, and satisfaction. Ajayi, Omole, Bello, and Adigun (2023) argue that in such a context, businesses that demonstrate consistent quality standards does not just attract preliminary purchases but inclusively, secure long-term consumer loyalty. As a result, understanding how product quality influences consumer purchase decision within this landscape becomes essential for firms seeking sustainable market weight. This study, therefore, explores the role of product quality in prompting consumer purchase decisions, specifically on the operations of Nigerian Bottling Company (Coca-Cola).

### 1.1 Statement of the Research Problem

Though product quality is generally recognized as a basis for consumer purchase decisions, findings across various sectors remain inconsistent and fragmented. In the Nigerian context, for example, Yakubu, Emmanuel, and Iorpuu (2025) found that perceived product quality significantly influenced the purchase intentions of consumers of electronic gadgets. Similarly, Alzoubi, Ahmed, and Alshurideh (2022) identified performance, features, and durability as dominant quality attributes driving customer satisfaction in the retail sector. However, contrasting evidence from Ighomereho and Ayoola (2024) indicated that precise product packaging attributes such as colour had no significant influence on consumers' purchase decisions for fast-moving consumer goods in Lagos. These discrepancies may be ascribed to the varying conceptualizations of product quality across studies, where multiple proportions are

either combined or not differentiated enough, thus complicating the separate influence of each factor.

Product aesthetics such as the visual elements are mostly serious in retail sceneries where high level of competition exists and consumer decisions are often made impetuously; the aesthetics of the product now becomes the basis for making a buying decision concerning the product. Onyekuru, Iroanya, Nwachukwu, and Igwe (2024) underscored that aesthetic exhibition significantly enhances product visibility and consumer attraction. However, conflicting evidence from Ighomereho and Ayoola (2024) proposed that visual cues such as colour may not always carry significant influence in FMCG purchasing. These mixed results necessitate a more context-specific exploration of whether or not, and to what extent, product quality (aesthetics) impact consumer purchase decision in the Nigerian soft drink market. Therefore, this study seeks to fill this critical gap by systematically investigating how aesthetics an attribute of product quality, propels consumer purchase decisions using the dimensions of packaging shape, packaging size, and packaging colour.

### 1.2 Research Questions

The research question for the study include:

- How does Packaging Shape affect consumer purchase decisions in the Nigerian soft drink industry?
- How does Packaging Size affect consumer purchase decisions in the Nigerian soft drink industry?
- To what extent does Packaging colour affect consumer purchase decisions in the Nigerian soft drink industry?

### 1.3 Research Objectives

The main objective of the study is to examine the influence of product quality (Aesthetics) on Consumer Purchase Behaviour in the Nigerian soft drink industry, while the specific objective was to:

- examine the impact of Packaging Shape on consumer purchase decisions in the Nigerian soft drink industry;
- determine the effect of Packaging Size on consumer purchase decisions in the Nigerian soft drink industry; and
- assess the effect of Packaging colour on consumer purchase decisions in the Nigerian soft drink industry.

### 1.4 Research Hypotheses

The hypotheses of the study were presented as follow:

H0<sub>1</sub>: Packaging Shape does not significantly affect consumer purchase decision in the Nigerian soft drink industry.

H0<sub>2</sub>: Packaging Size does not significantly affect consumer purchase decision in the Nigerian soft drink industry.

H0<sub>3</sub>: Packaging Colour does not significantly affect consumer purchase decision in the Nigerian soft drink industry.

### 1.5 Significance of the Study

This research is of value for several investors in the consumer goods and soft drink industry. The research will benefit the Nigerian Bottling Company (Coca-Cola) and other soft drink industry to understand the specific aspects of product aesthetic that influence consumer purchase decisions most and apply it in their policy making and implementation. By identifying which dimensions of (packaging shape, size, and colour) are most valued by consumers, the company can align its production strategies consequently. This awareness will improve product design, packaging that leads to customer satisfaction, increase frequency of purchase, and sustain competitive advantage in the soft drink market.

The findings will help the consumers to make a well-versed purchase decisions by identifying brands that consistently deliver quality in terms of visual appeal, and packaging style and sizes.

The study provides actionable insights for marketing professionals within the soft drink industry. Give them a clearer vision of how consumers perceive and rate different quality attributes and how to skilfully target their promotional strategies and lauding the most persuasive dimension of product quality in their advertising campaign.

Additionally, it increases the existing literature and enhances further research in this area for researchers that may be interested in this field.

### 1.6 Scope of the Study

This study examines the impact of product quality on consumer purchase decisions, focusing on Nigerian Bottling Company (Coca-Cola). The research is geographically confined to the University of Benin, targeting students within the Faculty of Management Sciences, who represent a relevant consumer demographic for fast-moving consumer goods. The study explores product quality (aesthetics) and its influence on consumer purchase decisions.

## 2. Literature Review

### 2.1 Conceptual Review

#### 2.1.1 Consumer Purchase Decisions

Consumer purchase decisions are theoretically seen as the cognitive and behavioural processes by which

people select, evaluate, and commit to acquiring products or services in response to identified needs or desires (Tali, Wani & Ibrahim, 2021). In marketing and consumer behaviour literature, this construct has traditionally been framed as a multi-stage decision-making process involving problem recognition, information search, evaluation of alternatives, purchase, and post-purchase evaluation (Solomon, Marshall & Stuart, 2019). This sequential model, rooted in cognitive psychology, assumes that consumers engage in rational deliberation, weighing product attributes, brand values, and perceived benefits before making a final decision. However, contemporary studies emphasize that consumer purchase decisions are not purely rational but are significantly influenced by emotional, social, cultural, and psychological factors (Schiffman & Wisenblit, 2019). Consequently, the construct is increasingly viewed as dynamic, iterative, and context-sensitive, influenced by a combination of internal preferences and external stimuli across both digital and physical environments.

Recent scholarship extends the conceptual understanding of consumer purchase decisions by framing them within more robust and adaptive theoretical models such as the Theory of Planned Behaviour (TPB), the Technology Acceptance Model (TAM), and Behavioural Decision Theory. These frameworks suggest that purchase decisions are shaped by factors such as perceived behavioural control, subjective norms, brand experience, and trust (Ajzen, 2020; Wang, Liu, Liao & Liu, 2022). For instance, Wang and Yu (2021) argue that the modern consumer's decision-making process is influenced by both utilitarian and hedonic motivations, where the emotional value of consumption such as brand identity or self-expression— an often outweigh price or functional attributes. Thus, consumer purchase decisions are no longer conceptualized as singular, isolated events but as multi-layered, context-dependent outcomes that evolve through complex interactions between the consumer, technology, and marketplace stimuli.

#### 2.1.2 Product Quality

Product quality is conceptually seen as the extent by which a product is able to meet and exceed customer expectations in relation to performance, reliability, durability, aesthetics, and compliance with standards (De Giovanni, 2024). It is a multidimensional construct encompassing both objective characteristics such as conformance to specifications, material composition, and functional features and subjective perceptions, including customer satisfaction and brand associations (Lone & Bhat, 2022; Heizer, Render, & Munson, 2020). In classical operations and manufacturing theory, quality was primarily defined through measurable attributes related to defects, tolerance levels, and product consistency. However, more recent conceptualizations, particularly in marketing and

consumer behaviour literature, have emphasized perceived quality, which refers to the consumer's evaluative ruling about a inclusive product superiority (Singh, Sharma, Jayapriya, Kumar, Chander & Kumar, 2023; Wang, Yu, & Fesenmaier, 2020). This shift from purely technical definitions to more consumer-centric understandings replicates the growing credit that quality is not only entrenched in physical properties but also shaped by customer experiences, expectations, and relational dynamics with the brand.

Modern researcher extends the definition of product quality by integrating it into wider concepts such as customer value, brand trust, and purchase intention. High product quality is viewed not only as a determinant of consumer satisfaction but also as a serious factor in brand loyalty and market competitiveness (Ali, Kim, Li & Jeon, 2021). Research in digital and omnichannel retail environments shows that consumers often assess product quality based on combined reviews, ratings, and online presentation, which makes quality perception a socially created and digitally intermediated phenomenon (Bai, Law, & Wen, 2021). Moreover, in sustainable and ethical consumption settings, product quality now includes dimensions such as environmental impact, ethical sourcing, and lifecycle sustainability, further enlarging its theoretical scope (Chen, Kim, & Yoon, 2020). Thus, product quality is no longer restricted to functional excellence but is an all-inclusive concept that mirrors tangible attributes, psychological satisfaction, and socio-environmental alignment with growing consumer values.

### 2.1.3 Product Aesthetics

Product aesthetics is abstractly defined as the visual, sensory, and emotional appeal of a product that influences consumer perception and experience beyond its functional utility (Muhsin, 2024). It encompasses essentials like shape, colour, texture, symmetry, design coherence, and tactile interaction, serving both symbolic and experiential roles in product evaluation (Khan, 2021). Aesthetics is a key driver of affective responses and emotional engagement, which eventually shape attitudes toward the product and influence purchase decisions (Truong, Klink, Simmons, Grinstein & Palmer, 2021). Recent scholarship expands the aesthetic domain to include minimalist design, ergonomic compatibility, and cultural symbolism, reflecting evolving consumer tastes and lifestyle orientations (Wu, Li, & Chang, 2020). In sectors such as fashion, consumer electronics, and automotive, aesthetics is considered a strategic differentiator that enhances brand identity and premium perception (Li & Liu, 2019). Moreover, aesthetics is now integrated into user experience (UX) design frameworks, where visual harmony and intuitive interaction are seen as essential to consumer satisfaction and loyalty (Nielsen & Molich, 2022). Thus, product aesthetics is a multifaceted construct combining sensory gratification, symbolic

meaning, and experiential value, crucial for consumer engagement and emotional branding.

## 2.2 Theoretical Review

This study is anchored on the Theory of Planned Behaviour (TPB)

The Theory of Planned Behaviour (TPB), developed by Ajzen (1991), is a predictive behavioural model which explicates how intentions lead to actual behaviour. According to TPB, consumer purchase decisions are guided by three principal determinants: attitude toward the behaviour (how favorable or unfavorable a person feels about purchasing), subjective norms (perceived social pressures), and perceived behavioural control (the ease or difficulty of performing the behaviour). Product quality fits prominently within this framework by shaping consumer attitudes. When consumers see a product to be of very good quality in terms of reliability, durability, or aesthetically pleasing, there is every possibility of them developing a positive mindset about the product thereby increasing their intention to buy (Ajzen, 2020). As such, TPB provides a psychological mechanism through which product quality influences not only consumer beliefs but also their motivation and behavioural outcomes.

Contemporary applications of TPB have integrated constructs such as trust, perceived risk, and brand experience to better understand consumer decision-making in complex environments like e-commerce and sustainable consumption. For instance, Salehzadeh, Khazaei Pool and Homayounfar (2021) found that perceived product quality strongly influences purchase intentions via positive attitudinal formation, particularly in high-involvement products. Additionally, social influence (subjective norms) often reinforces product perceptions, as consumers rely on peer reviews and word-of-mouth in assessing quality before making purchase. The construct of perceived behavioural control is also shaped by product attributes; for example, if a product is seen as easy to use or compatible with consumer needs, it increases the consumer's sense of control, reinforcing intention to act. Therefore, TPB offers a comprehensive and flexible framework for analyzing how product quality informs consumer attitudes, and how these attitudes, combined with social and control perceptions, guide purchase decisions.

This theory is directly related to the current study as it offers a full-bodied explanatory background for having the knowledge of the way aesthetics, a dimension of product quality affect consumer purchase decisions in the soft drink market. Particularly, perceived product quality can significantly shape attitudes toward purchasing soft drinks from brands like Nigerian Bottling Company. For example, when consumers perceive a product to be safe, visually appealing, and of consistent performance, they are more likely to form a

favourable disposition toward purchasing it (Ajzen, 2020; Salehzadeh, Khazaei Pool, & Homayounfar, 2021). Furthermore, subjective norms, such as peer recommendations and societal preferences for certain beverage brands, may reinforce the perceived desirability of quality attributes (Wang, Yu, & Fesenmaier, 2021). In addition, perceived behavioural control is relevant in cases where consumers evaluate product quality in terms of accessibility, usability, and compatibility with their consumption habits. For instance, a well-packaged, easy-to-open bottle may enhance the consumer's perceived ability to enjoy the product, thereby strengthening their purchase intention (Ajayi, Omole, Bello, & Adigun, 2023). Thus, TPB not only elucidates the psychological underpinnings of consumer behaviour but also in line with this present study that aims to examine how specific product quality dimension (aesthetics) influence purchase intentions in the Nigerian soft drink industry.

### 2.3 Empirical Review

Yakubu, Emmanuel, and Iorpuu (2025) examined the effects of product quality and consumer reviews on the purchase intention of electronic gadgets in North Central Nigeria. The study used a survey research design and obtained data from 463 respondents. Partial Least Squares Structural Equation Modeling (PLS-SEM) was used in analysing the data in a two-stage approach. Results revealed that product quality and consumer reviews mutually, significantly influenced purchase intentions, with product quality exerting a stronger influence.

Ighomereho and Ayoola (2024) investigated the influence of both product packaging elements and quality on the purchase decisions of consumers of fast-moving consumer goods (FMCG) in Lagos State, Nigeria. The study used a cluster sampling approach to administer 200 questionnaires across three selected administrative divisions. Multiple regression analysis shows that labelling, design, and sustainable material significantly influenced purchase decisions, while colour did not. Importantly, product quality significantly and positively impact consumer decisions.

Khan, Haider, and Bilal (2023) examine the influence of brand awareness and perceived quality on consumers' purchase intentions about soft drinks in the Swat region of Pakistan. A cross-sectional survey design was used to obtain data from 140 respondents via a structured questionnaire. Regression analysis was used to analyze the data, and the result shows that both brand awareness and perceived quality significantly influence purchase intention. The findings accentuate that consumers are more persuaded to purchase soft drinks they associate with high quality and familiar branding.

Nadirah, Risal, and Ikhwan (2023) examined the effects of product quality and promotion mix on the purchase decisions of Coca-Cola consumers in Bone-Bone

District, North Luwu Regency, Indonesia. The researchers adopted a quantitative method, utilizing purposive random sampling to survey 100 respondents. Data were collected via structured questionnaires and analyzed using regression. The results indicated that both product quality and the promotional mix exert a positive and significant influence on consumer purchase decisions. preferences. This reinforces the need to focus on core product features, especially in saturated markets where promotional efforts are complemented by product integrity.

Anwar, Aprila, Durya, Hapsari and Violin (2023) investigated the effects of product quality, lifestyle, and promotional strategy on purchasing decisions related to Samsung smartphones. Using a judgment sampling method and multiple linear regression on a sample of 100 respondents, the study found that all three variables had significant positive impacts on purchasing decisions. Product quality showed a significant influence ( $p = 0.06$ ), while promotional strategies and consumer lifestyle were even more influential.

Alzoubi, Ahmed, and Alshurideh (2022) empirically investigated the impact of various product quality dimensions—namely, performance, features, durability, and perceived quality—on order-winners and customer satisfaction in the apparel retail sector in Dubai. Data from 155 customers were analyzed using regression analysis, result revealed that all the dimentions of quality measured had strong and significant effects on customers' likelihood to choose one product over another. This study validates the strategic value of investing in product quality as a mechanism to increase market share and satisfy increasingly discerning consumers in the competitive retail environment.

Manandhar (2021) explored the factors influencing consumer preferences for soft drinks in Nepal, focusing particularly on the roles of packaging and taste. The study used a descriptive and analytical design, and collected data from 315 respondents using a five-point Likert-scale questionnaire. Correlation and regression were used for analyzing the data and the result shows that both packaging and taste positively influence consumer preference, with packaging showing a stronger association.

### 2.4 Research Gaps

A critical review of extant literature reveals that several researches have investigated the relationship between product quality and consumer purchase decisions across various sectors, including electronics (Yakubu, Emmanuel & Iorpuu, 2025), FMCGs (Ighomereho & Ayoola, 2024) etc. Moreover, there is dearth in empirical knowledge of product quality(aesthetics) and customer purchase decision in the Nigerian soft drink industry, particularly Coca-Cola, a product of the Nigerian Bottling Company. Consequently, there are still important relative gap in understanding how

specific product quality attributes affect consumer purchase decisions in the Nigerian soft drink sector.

Extant studies usually include extraneous variables such as brand image (Rihayana, Salain, Rismawan & Antari, 2022; Rosanti & Salam, 2021), lifestyle, and promotion (Anwar, Aprila, Durya, Hapsari & Violin, 2023), thereby diluting the analytical focus on product quality itself. This creates a theoretical and empirical vacuum that this study filled by specifically assessing the individual effects of aesthetics (an attribute of product quality) on consumer purchase decisions for Coca-Coa soft drinks in Nigerian.

### 3. Methodology

#### 3.1 Research Design

Survey research design was most apt for this study, given its efficiency to capture data at a single point in time from a large sample, thus providing a snapshot of the current state of affairs (Fowler Jr, 2013). This design was chosen because it facilitates the quantitative assessment of the relationship effect of product quality on consumer purchase decisions of Coca-Cola soft drinks through structured questionnaires, which can competently gather data from a broad segment of respondents, encompassing University of Benin students in diverse faculties.

#### 3.2 The Population of the Study

The undergraduate students of University of Benin, Benin City, Edo State comprises of the population for this study. The population of undergraduate students in the institution is 32,951 (ICT/CRPU University of Benin, 2026).

#### 3.3 Sample Size and Sampling Techniques

To get a sample size effective and efficient for the research study, the sample size determination formula by Taro Yammane (1967) was used in determining the sample size:

$$n = \frac{N}{1 + N(e)^2}$$

In the formular above:

n is the sample size needed from the population of the study

N is the whole population of the study

e is the precision or sampling error set at 0.05.

Therefore;

$$n = \frac{32,951}{1 + 32,951(0.05)^2}$$

$$n = \frac{32,951}{1 + 32,951(0.0025)}$$

$$n = \frac{32,951}{83.38}$$

$$n = 395$$

The study adopted the convenience sampling technique and was used to administer three hundred and ninety-five (395) questionnaires to the respondents.

#### 3.4 The Research Instrument

This study used a structured questionnaire which comprises of two distinct sections. The first section, labelled Section A, was designed to gather demographic data from the participants. In contrast, Section B comprises of questions thoughtfully designed to align with the research questions, aiming to extract valuable information from the respondents. Respondents provided their responses on a 5-point Likert scale, ranging from 'Strongly Agree' (SA) and 'Agreed' (A) to 'Undecided' (U), 'Disagree' (D), and 'Strongly Disagreed' (SD).

#### 3.5 Validity and Reliability of the research instrument

Validity refers to the level at which a research tool exactly assesses its proposed constructs, as highlighted by Bolarinwa (2015). The researcher adopted the content validity method. This involved the presentation of the initial research instrument for commendation and contribution from experts on the field. The perceptions, guidance, and suggestions provided by these experts played a key role in refining the final version of the research instrument.

While reliability assesses the consistency of research instruments, such as questionnaires. To evaluate the reliability of our research instrument, specifically the questionnaire, the Cronbach's Alpha coefficient was employed. Cronbach's Alpha is a statistical measure designed to indicate the degree of interconnectedness among statements within a questionnaire, as outlined by Sekaran (2003). This coefficient, denoted as "α," yields a value that falls within the range of 0 to 1, as elucidated by Bayram (2004), allowing us to gauge the reliability of data concerning our variables. A Cronbach Alpha value above 0.7 or above is considered acceptable.

**Table 3.1:** Cronbach’s Alpha Reliability Test Results

VARIABLES	QUESTIONS	CRONBACH ALPHA
Product Aesthetics (3 Sub-Variables)	nine	0.750
→ Package Shape	three	0.763
→ Package Size	three	0.734
→ Package Colour	three	0.754

*Source: Researchers’ Fieldwork (2026).*

The values of Cronbach's alpha derived in Table 3.1 for all the variables tested are above 0.7 (the threshold); this implies that there is a strong level of internal consistency among the variables.

**3.6 Method of Data Collection**

The designed structured questionnaire designed were used to collect data to capture respondents' perceptions of product quality and its influence on purchase decisions. Questionnaires were distributed to 395 respondents which were conveniently selected from various faculties of the University. The data collection process was conducted personally by the researcher, who administered the questionnaires directly to the respondents and retrieved them upon completion. This approach allowed for immediate clarification of any ambiguities in the questionnaire and enhanced the response rate.

**3.7 Method of Data analysis**

The data gathered from the distributed questionnaires were subjected to a comprehensive analysis that incorporates both descriptive and inferential statistical techniques. The descriptive approach primarily focused on presenting the demographic information of the survey participants through the utilization of frequency and percentage. Additionally, this method was employed to address the research inquiries by employing various statistical measures such as frequency counts, simple percentages, mean (average), and standard deviation. Multiple regression was used in analyzing the data and testing the hypothesis.

**3.8 Model Specification**

The model specification considered suitable by the researcher is a multiple linear regression model as follows:

$$\text{Consumer Purchase Decisions} = f(\text{Product Quality}) \text{-----}(3.1)$$

$$\text{Consumer Purchase Decisions} = f(\text{Product Performance, Product Safety, Product Aesthetics, and Material Quality}) \text{-----}(3.2)$$

$$\text{CPD} = \beta_1\text{PS} + \beta_2\text{PSI} + \beta_3\text{PC} + \epsilon \text{-----}(3.3)$$

Where;

CPD – Consumer Purchase Decisions.

PS – Package shape

PSI – Package size

PC – Package colour

$\beta_1, \beta_2, \beta_3$ , - Coefficients

$\epsilon$  – Error term

Hypothesis one (H0<sub>1</sub>): Product aesthetics (package shape, package size, and package colour) does not have any significant effect on consumer purchase decisions of Coca-Cola soft drinks.

**Table 4.1** Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.600 <sup>a</sup>	.360	.355	.57852

a. Predictors: (Constant), PACKAGE\_COLOUR, PACKAGE\_SHAPE, PACKAGE\_SIZE

**Source:** Researchers' Field Survey, 2026.

Table 4.1 shows that the value of R = .600 (60%), connoting a strong positive relationship between product aesthetics (package shape, package size, and package colour) and consumer purchase decisions. The value of R<sup>2</sup> = .360(36%) indicates that 36% of the discrepancy in consumer purchase behaviour is explicated by the combined influence of these aesthetic factors (package shape, package size, and package colour) while the remaining 64% may be explained by other factors that are not captured in the model.

**Table 4.2** ANOVA<sup>a</sup>

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	68.774	3	22.925	68.497	.000 <sup>b</sup>
	Residual	122.160	365	.335		
	Total	190.934	368			

a. Dependent Variable: CPD

b. Predictors: (Constant), PACKAGE\_COLOUR, PACKAGE\_SHAPE, PACKAGE\_SIZE

**Source:** Researchers' Field Survey, 2026.

Table 4.2 shows that the ANOVA results confirm the statistical significance of the overall model, with an F-value of 68.497 and a corresponding p-value of .000. This indicates that the model is fit.

**Table 4.3** Coefficients<sup>a</sup>

Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
1 (Constant)	.826	.202		4.086	.000
PACKAGE SHAPE	.203	.064	.193	3.188	.002
PACKAGE SIZE	.274	.072	.261	3.817	.000
PACKAGE COLOUR	.234	.068	.219	3.466	.001

a. Dependent Variable: CPD

*Source: Researchers' Field Survey, 2026.*

Table 4.3 reveals that all the three components of product aesthetics significantly predict consumer purchase decisions with a significant value of 0.000 which is less than the p-value of 0.05; hence, there is a significant effect of aesthetics on consumer purchase decisions of Coca-Cola soft drink in the Nigeria beverage industry. Package shape has a positive and significant effect ( $\beta = .193$ ,  $p = .002$ ), indicating that attractive and convenient shapes influence buying decisions, and an improvement in that will spur consumer buying decisions by 19.3%. Package size also demonstrates a positive significant effect ( $\beta = .261$ ,  $p = .000$ ), meaning that availability of various sizes enhances consumer appeal, an any improvement on that will lead to a 26.1% increase in changing consumer purchase decisions positively. Package colour similarly shows a significant positive effect ( $\beta = .219$ ,  $p = .001$ ), suggesting that Coca-Cola's colour scheme attracts consumers and motivates their purchase decisions positively by 22% for any improvement attempt. These results collectively illustrate that each dimension of aesthetics contributes meaningfully to how consumers evaluate and choose Coca-Cola.

**4. Conclusion**

This study focused on evaluating how product quality dimensions affect consumer purchase decisions, with a particular importance on Coca-Cola soft drinks among undergraduate students at the University of Benin. Through the use of regression, the research established that aesthetics aspects of product quality—namely package shape, package size, and package colour greatly influences consumer buying decisions. These findings expose the other dimensions of product quality(aesthetics) that serve as a determinant factor for consumer purchase decisions, confirming the inevitability for soft drink industry to take seriously the aesthetic aspect of their products like the packaging shape, size and colour because they mean a lot to consumers when it comes to making purchase decision. In conclusion, the research validates the hypothesis that product quality (aesthetics) significantly influences consumer purchase decisions and provides actionable intuitions for both marketing strategists and product developers in the Nigerian soft drink industry.

**5. Recommendations**

Based on the findings and conclusions, the following recommendation was provided:

Given the significant effects of aesthetics such as shape, size, and colour on consumer purchase decisions, soft drink industry should periodically redesign its packaging to reflect current consumer preferences and incipient design trends. This could involve incorporating limited-edition packaging, seasonal colour schemes, or ergonomic bottle shapes that enhance user convenience and brand recall.

**6. Contribution to Knowledge**

This study contributes to the academic study on consumer behaviour by offering empirical insights into how a specific product quality dimensions influence purchase decisions within the Nigerian context. Unlike previous studies that broadly examined brand loyalty or general marketing strategies, this research focused on product quality (aesthetics), on purchasing behaviour. Furthermore, it advances the understanding of beverage consumption patterns among university students, a demographic that represents both current and future consumer segments. The study also adds to the existing literature in this area, especially in the Nigerian context.

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## The Role of the Balanced Scorecard's Learning and Growth Perspective in Enhancing Employee Performance: A Narrative Review

ILESANMI OLADELE AYODEJI,  
KEHINDE ALADELUSI,

EMMANUEL OLUSOLA OJO,  
NAFIU BADIRU

Osun State University, Okuku Campus, Osun State, Nigeria

**Abstract.** Balanced Scorecard (BSC) has emerged as one of the most popular strategic management approaches used to connect the organization's objectives and strategies to performance measurement. The learning and growth perspective is one of four perspectives that emphasize the development of employee skills, organizational learning, information systems, and enabling workplace culture for improving performance. This narrative review aims to provide a synthesis of findings from studies published between 2021 and 2026, to examine the role of the learning and growth perspective in contributing to employee performance. Peer-reviewed articles published in Scopus, Web of Science and the Directory of Open Access Journals (DOAJ) were employed to source relevant literature. Review concluded that employee training, knowledge sharing, skill development, and organizational learning helps to enhance productivity, innovation, service delivery quality, and overall organizational performance. Healthcare, banking, education, manufacturing, and public sector organizations all demonstrate positive employee and organizational results in relation to learning and growth. The review revealed impediments in measuring intangible assets, resource constraints, empowering employees, and linking learning and growth to the other dimensions of the Balanced Scorecard. The results indicate that companies that focus on developing their workforce, knowledge management programs, and culture of learning are more likely to successfully achieve continuous improvement in their performance. Overall, the study demonstrates the continued importance of the learning and growth perspective in driving employee performance and organizational success.

**Keywords:** Balanced Scorecard, Learning and Growth Perspective, Employee Performance, Organizational Learning, Human Capital, Knowledge Management, Strategic Alignment, Employee Development, Organizational Performance, Performance Management.

### 1. Introduction

Organizations are facing situations that are becoming more and more technologically dynamic, competitive and with evolving stakeholder expectations. As a result of such conditions, there is a growing demand for performance management systems that can meet the objectives of measuring both financial and non-financial outcomes, as well as factors affecting the future success of an organization (Tawse & Tabesh, 2022; Hristov et al., 2024). Traditional performance measurement methods have been criticized for primarily focusing on financial metrics and underemphasizing on non-financial resources and strategic capacities that can drive long-term performance (Liu, 2022; Vuong, 2025). To address this, the Balanced Scorecard (BSC) was developed as a strategic management tool that integrates non-financial and financial metrics for a more comprehensive evaluation of the organization's performance (Tawse & Tabesh, 2022). It has now been adopted by a wide range of sectors, and is being applied to help implement strategies and to monitor and evaluate performance (Yawson & Paros, 2023).

The Balanced Score Card is composed of four perspectives: financial, customer, internal business processes and learning and growth (Tawse & Tabesh, 2022). In organizing operational activities, these dimensions serve as a framework to align operational activities with organizational strategic priorities (Yawson & Paros, 2023). The financial, customer and internal process perspectives are concerned with performance outcomes and the effectiveness of operations, while the learning and growth perspective is focused on what capabilities or processes allow organisations to improve and adapt over time (Liu, 2022; Hristov et al., 2024). Recent research indicates that better learning and growth can lead to improved internal processes, increased customer value, and improved financial results, and these are essential components of the wider Balanced Scorecard system (Liao et al., 2025; Hikal et al., 2025).

The learning and growth perspective emphasises that human capital, information capital and organisational capital are the major resources that allow for the attainment of strategic goals (Liu, 2022; Vuong, 2025). Human capital is associated with knowledge, skills, and job competencies, and information capital is associated with systems and technologies that facilitate communication and decision-making. Organizational capital refers to leadership, organizational culture, working in teams, and organizational learning methods that support knowledge sharing and coordination of strategy (Yawson & Paros, 2023; Hristov et al., 2024). Knowledge and innovation are becoming more and more significant drivers of value creation, and thus also influence the performance of the organization (Mio et al., 2021; Vuong, 2025).

Employee performance continues to be a critical issue, as the implementation of organizational objectives is entirely dependent on the actions and abilities of employees (Jeong et al., 2022; Nafari & Rezaei, 2022). A number of employee training, knowledge sharing, and organizational learning programs are found to boost productivity, innovation, and service quality (Li et al. 2021; Jeong et al. 2022). The results of research from the healthcare sector, banking sector, education, manufacturing, and public sector organizations strongly suggest that there are positive links between learning and growth practices and the improvements in employee and organizational performance (Amer et al., 2022; Abueid et al., 2022; Coşkun & Nizaeva, 2023; Oyewo et al., 2021; Hardani et al., 2025).

Despite the many studies on Balanced Scorecard, the results are inconsistent and fragmented by sector and organizational context (Amer et al., 2022; Hardani et al., 2025). Consequently, there is value in synthesizing current evidence on how learning and growth contributes to employee performance. The purpose of this narrative review is then to consider how the Balanced Scorecard's learning and growth perspective can be used to improve employee performance, specifically the pathways by which learning, capability development and organizational resources contribute to employee outcomes.

## 2. Research Methodology

This study employed a narrative review design to examine evidence on the role of the Balanced Scorecard's learning and growth perspective in enhancing employee performance. This was chosen as it allows the results of the studies to be synthesized across various organizational and sectoral contexts.

Relevant literature was retrieved from Scopus, Web of Science, and the Directory of Open Access Journals (DOAJ). The search was done from April to May 2026 with these search terms: "Balanced Scorecard," "Learning and Growth Perspective," "Employee Performance," "Organizational Learning," and "Human

Capital Development. Different combinations of these terms were used to identify studies that considered learning-related practices and learning outcomes.

The articles reviewed were peer-reviewed articles in English between 2021 and 2026. Studies were chosen if they discussed the Balanced Scorecard and/or the learning and growth perspective and the impact on employee, organization, or strategic performance. Conference papers, editorials, book reviews and papers published outside the period were excluded.

Relevant titles, abstracts and full texts were screened. Information relating to study objectives, context, methodology, and key findings was extracted and organized. The selected studies were then synthesized on common themes, such as employee development, knowledge management, organizational learning, strategic alignment and performance outcomes.

## 3. Conceptual and Theoretical Foundations of the Learning and Growth Perspective

### 3.1 The Learning and Growth Perspective within the Balanced Scorecard

The learning and growth perspective is the key foundation of the Balanced Scorecard as it emphasizes the resources and capabilities that the organization needs to meet the strategic goals and maintain its performance (Tawse & Tabesh, 2022). In the Balanced Scorecard context, it is believed that the improved capabilities and resources of the organization will impact on the internal processes of the organization, customer outcomes and financial performance over time (Liao et al., 2025). Consequently, learning and growth is often viewed as the driving force behind long-term organizational success (Yawson & Paros, 2023).

Human capital, the knowledge, skills, competencies and experience of employees, is a key element of this outlook. These capabilities are essential for organizations to implement strategies, address problems, and respond to shifts in the environment. With increasing competition, it is now highly dependent on knowledge and innovation and as such, investments in staff training, development and skills acquisition have become imperative to keep the organizations effective (Vuong, 2025).

Information capital, such as information systems, databases, digital technologies, and knowledge management systems for organizational operation, is also included in the learning and growth perspective. Effective information systems allow for communication, help in decision making and enable employees to access resources necessary to perform their tasks (Hristov et al., 2024). Organizational capital (culture, leadership, teamwork, values) together with information capital, sets the tone for collaboration,

knowledge sharing, and employee engagement (Yawson & Paros, 2023).

Strategic alignment is another crucial aspect of the learning and growth approach. The Balanced Scorecard is used to connect organizational objectives with departmental and individual activities to ensure employees have a clear understanding of how their work contributes to the organization's strategic goals (Tawse & Tabesh, 2022). This alignment enables ongoing improvements through learning, adapting and building capabilities. Learning and growth indicators serve as leading indicators of future performance as they capture the organization's ability to continue to improve and adapt to new challenges (Liao et al., 2025).

### 3.2 Theoretical Explanation of the Learning–Performance Relationship

Human Capital Theory, the Resource-Based View and the Organizational Learning Theory can be used to explain the connection between learning and growth initiatives and employee performance. According to the Human Capital Theory, an investment in employee education, training and skills will boost the productivity of the workforce. Based on the evidence presented by Nafari and Rezaei (2022), and Jeong et al. (2022), an organisation that puts an emphasis on employee competencies is likely to have better performance outcomes because employees have more knowledge and expertise to perform their duties well.

The Resource-based view meshes with the concept of performance improvement as a result of strategic resources. Based on this theory, the competitive advantage is achieved by the organization's valuable and hard-to-replicate resources such as employee skills, knowledge, and learning capabilities (Liu, 2022). These resources build up over time, which increases the effectiveness of the organization and enables sustainable performance.

Organizational Learning Theory centres on the process of learning and sharing knowledge and applying it to enhance the effectiveness of the organization. In the study, Li et al. (2021) point out that single-loop learning involves refining practices, while double-loop learning involves more reflective learning and change. The learning process is used to build new skills and capabilities for employees to solve organisational problems. Continuous learning has been shown to positively affect employee competence and organizational performance in learning-oriented and knowledge-oriented organizations (Coşkun & Nizaeva, 2023). These theories provide a convincing reason for the linkage between learning and growth investments and improved employee performance and long-term organizational success.

## 4. Empirical Evidence on the Learning and Growth Perspective and Employee Performance

### 4.1 Employee Development, Knowledge Creation, and Performance Enhancement

The learning and growth perspective has been a consistent theme in research focused on the role of employee development for enhancing organizational performance. Employee Training and Development programmes offer employees the chance to learn new skills, reinforce existing skills and adjust to changing job requirements. In a study carried out in an Iranian public hospital, Nafari and Rezaei (2022) concluded that human resource policies that focused on staff development had positive correlation with the performance of the organization. The results indicate that investing in employee learning can lead to boosting the capacity of the workforce and aiding the organization's goals.

The learning and growth quadrant also takes on a significant role when it comes to knowledge creation and sharing. By facilitating knowledge and experience sharing among employees, organisations can better ensure that they retain institutional knowledge and enhance the effectiveness of their operations. Knowledge-based services had a positive impact on organizational performance, highlighting the benefits of knowledge resources for supporting the effectiveness of employees, according to Jeong et al. (2022). Similar observations were made by Coşkun and Nizaeva (2023), who found that learning-oriented practices in educational institutions strengthened strategic performance management through enhanced employee competence and professional development.

Another recurring theme in the literature is skill acquisition. It is a learning and growth perspective that provides organizations with a strong motivation to invest in planned development of technical, managerial and interpersonal skills. Amer et al., (2022) found that healthcare organizations that had invested in employee learning and capability development, saw improvements in service delivery and performance of the organization. A related finding was that workforce development efforts led to better operational results in community health care services (Lim & Kim 2025). These findings indicate that employee competence remains an important factor influencing organizational effectiveness.

Employee development has also been found to be related to increased productivity. Staff with relevant knowledge and skills tend to be more effective in carrying out their roles and coping with issues in the workplace. The study by Abueid et al., (2022) showed that the indicators of learning and growth had positive correlation with performance outcomes in the banking sector, suggesting that employee capability

development is a major factor that leads to the success of an organization. Investing in employee skills can minimize mistakes, boost service quality, and contribute to better use of resources.

This connection between learning and growth and innovation has garnered increasing interest in the last few years. According to Li et al. (2021), organizational learning processes can facilitate single-loop learning and double-loop learning to achieve incremental and transformative improvements, respectively. Single loop Learning emphasizes learning to improve current practices, whereas, double loop learning is about reflection and adaptation. Businesses that embrace such learning have better chances of producing fresh ideas, optimizing processes and being agile in the face of change in the environment. This means that all employees are better equipped to work more efficiently and effectively, share their knowledge, and be more innovative.

#### 4.2 Evidence across Organizational Contexts

In healthcare organizations, there is a wealth of empirical research that highlights the significance of the learning and growth dimension. A systematic review conducted by Amer et al. (2022) concluded that using Balanced Scorecard was often associated with better outcomes in workforce development, service quality and organizational performance. Similarly, Nafari and Rezaei (2022) found that positive relationships existed between human resource development-oriented strategies and the performance results of public hospitals. Additionally, Lim and Kim (2025) found that learning and growth measures led to both operational and financial changes in community-based healthcare services. Li et al. (2021) also highlighted the role of organizational learning in improving performance within healthcare settings.

Evidence from the banking sector points to similar conclusions. In the Palestinian banks, Abueid et al., (2022) found that the learning and growth dimension affected the organization's performance measurement

and effectiveness. According to their results, employee competence and knowledge management investments have a positive impact on organizational performance. Furthermore, Alassuli (2024) found that incorporating big data into the BSC frameworks improved organizational performance by improving information management and decision-making.

Learning and growth programs have also positively impacted the education sector. Coşkun and Nizaeva (2023) noted that the strategic implementation of the performance management system in educational institutions was reinforced by the involvement of educational institutions in the process of employee learning and professional development, as well as employee knowledge development. They conclude that employee capability development is linked to increased institutional effectiveness and plays a role in achieving strategic goals.

In manufacturing and private sector companies, the learning and growth dimension has been linked to better organizational performance and competitiveness. Oyewo et al. (2021) found that Balanced Scorecard usage positively influenced organizational effectiveness in manufacturing firms. Similarly, Jeong et al. (2022) showed that knowledge-based capabilities were positively associated with sustainable organizational growth. To support this finding, Vuong (2025) found that learning and growth programs had both financial and non-financial performance outcomes.

Research in Government and public sector bodies continues to highlight the applicability of the learning and growth approach. According to Rahayu et al. (2022) the relationship between the Balanced Scorecard (BSC) perspectives and government organizational performance were positively related. Hardani et al. (2025) also found that learning and growth indicators contributed to sustainable organizational performance within local government companies. These results indicate the value of employee development and organizational learning beyond the private sector.

**Table 1:** Evidence of the Learning and Growth Perspective across Organizational Contexts

Organizational Context	Study	Key Findings
Healthcare	Amer et al. (2022)	Balanced Scorecard implementation improved workforce development, service quality, and organizational performance.
Healthcare	Nafari and Rezaei (2022)	Employee development-oriented human resource strategies were positively associated with hospital performance.
Healthcare	Lim and Kim (2025)	Learning and growth measures contributed to operational and financial improvements in community-based healthcare services.
Healthcare	Li et al. (2021)	Organizational learning supported performance improvement within healthcare organizations.
Banking	Abueid et al. (2022)	Learning and growth indicators enhanced performance measurement and organizational effectiveness in banks.
Banking	Alassuli (2024)	Big data integration strengthened information management, decision-making, and organizational performance.
Education	Coşkun and Nizaeva (2023)	Employee learning, professional development, and knowledge creation improved strategic performance management.
Manufacturing and Private Organizations	Oyewo et al. (2021)	Balanced Scorecard usage positively influenced organizational effectiveness.
Manufacturing and Private Organizations	Jeong et al. (2022)	Knowledge-related capabilities supported organizational growth and performance.

Manufacturing and Private Organizations	Vuong (2025)	Learning and growth initiatives contributed to both financial and non-financial performance outcomes.
Government and Public Organizations	Rahayu et al. (2022)	Balanced Scorecard perspectives were positively related to government organizational performance.
Government and Public Organizations	Hardani et al. (2025)	Learning and growth indicators supported sustainable organizational performance in local government companies.

*Source: Author's compilation from reviewed studies (2021–2025).*

#### 4.3 Integration of Learning and Growth with Other Balanced Scorecard Perspectives

Recent research studies have found that the learning and growth dimension of the BSC is not separable from the other dimensions of the BSC. The quality of internal business processes is determined by employee competencies, organisational learning, and information systems, which then impact customer and financial results. This pattern is a consequence of the causal logic in the Balanced Scorecard framework (Liao et al., 2025).

In organizations which invest heavily in knowledge management and employee growth, the connection between learning and growth and internal business processes is very well pronounced. Hikal et al. (2025) concluded that through learning and growth dimensions, the total quality management practices were related to improvements in sustainable organizational performance. Staff with appropriate skills and knowledge are likely to be in a better position to enhance operational efficiency, to solve problems and to help with process improvement initiatives.

Learning and growth activities also seem to have an impact on customer-related outcomes. When staff have greater competence, the service they deliver, their relationship with customers and their responses to customer needs can improve. Alassuli (2024) noted that better information capabilities facilitated decision-making processes, which in turn, led to better organizational performance. The results indicate that investment in employee resources and information resources can indirectly impact customer satisfaction and organizational reputation.

Further, multiple studies suggest that better learning and growth equates to better financial results. Liao et al. (2025) identified learning and growth indicators as important leading measures that influence future organizational performance. Likewise, Vuong (2025) found positive and significant links between learning-oriented initiatives and financial and non-financial performance indicators. In addition, sustainable organizational performance was linked to learning and growth as an influencing factor in other dimensions of Balanced Scorecard, as also revealed by Hardani et al. (2025). Together, these results indicate that the process of employee development, organizational learning and knowledge management leads to a sequence of consequences that can be traced from the internal processes to the creation of value for customers and the sustainable performance of the organization.

#### 5. Challenges and Limitations of the Learning and Growth Perspective

Implementing the learning and growth perspective is linked to a number of challenges. One challenge is assessing intangible assets like organization culture, leadership talent, learning capacity, and knowledge sharing, which are hard to measure and track accurately (Hristov et al., 2024). It can be difficult to create strong correlations between learning initiatives and outcomes as these factors are being measured indirectly.

Employee empowerment is another issue of concern. While learning and development programmes improve the competence of employees, employees do not necessarily have the power to apply what they have learnt in decision making. Li et al. (2021) noted that organizations often focus on learning to make incremental changes instead of learning to make a deeper change in the organization, reducing the potential impact of learning on performance. Implementing these measures might also be limited by a lack of resources. There is need for continued funding and management of training programmes, information systems and knowledge management programmes. Mohan et al. (2025) stated that lack of resources and strategic support from organizations reduces the effectiveness of learning related activities.

The quality of implementation is also important. Alharbi and Abdulaziz (2025) found variations in how much learning and growth indicators influenced organizational performance, which indicates that the results are contingent upon the design of learning and growth programs and the need of the organization. Training programmes, if not properly targeted, can thus have restricted outcomes.

Another challenge is regarding integration with other dimensions of the Balanced Scorecard. Perera and kariyawasam (2024) observed that in many cases enhancements in organizational performance are not found in one but in several non-financial perspectives. Likewise, Hristov et al. (2024) highlighted the alignment of learning and growth, internal processes, customers' goals, and strategy.

Lastly, there can be sector-specific differences that affect implementation outcomes. Learning and growth practices can yield different outcomes within and between organisations and industries, as conditions vary with respect to regulation, organisational set-up and resources.

## 6. Managerial Implications and Future Research Directions

The evidence presented in this study suggests that organizations must prioritize their learning and development efforts as a strategic goal due to the impact that capabilities have on operational and long-term performance outcomes (Liao et al., 2025). Investments in training, professional development, and skills building can boost the competence of the workforce and help organizations stay agile in shifting business landscapes (Hardani et al., 2025).

Organizations must also improve the knowledge management systems which can facilitate knowledge creation, storage and sharing. Good information and knowledge flows enable the employees to execute their roles more efficiently and aid in the coordination and decision making among organizational units (Hikal et al., 2025). In addition to these systems, there is the need for organizational cultures which foster learning, collaboration, and the exchange of knowledge that can also enhance the effectiveness of employee development programs and contribute to strategic initiatives (Mio et al., 2021).

As digital technologies become more prevalent, workforce capability development is even more crucial. With the ongoing shift towards digital tools and processes, workers need to have new technical and analytical skills to be effective. Linking learning programs to digital transformation processes can facilitate organisations' responses to technological change more effectively (Vokony et al., 2026).

Longitudinal studies would be valuable for future research to investigate the long-term impacts of learning and growth investments. Across-industry comparisons can also help to gain an understanding of the impact of the organizational context on implementation outcomes. Further research on the link between digital transformation, organizational learning and employee performance would deepen the understanding of the learning and growth dimension in modern organizations (Liao et al., 2025; Vokony et al., 2026).

## 7. Conclusion

This review focused on the learning and growth perspective of the Balanced Scorecard and how this can contribute to improving employee performance. The reviewed evidence suggests that employee development, knowledge exchange, organisational learning and capability building have positive impacts on enhancing the effectiveness of employees in healthcare, banking, education and manufacturing and public sector organisations (Hardani et al., 2025; Liao et al., 2025). Investments in human capital and in learning-related activities are consistently linked to higher productivity, better service delivery, higher adaptability and better organizational outcomes (Liao et al., 2025).

Another key theme of the review is that the learning and growth perspective goes beyond employee development. The internal connections between various elements of the Balanced Scorecard framework (BSC) can dictate the impact on the internal workings of the business, customer outcomes, and financial performance, thus demonstrating the interrelated nature of learning-related capabilities (Hikal et al., 2025). Thus, the success of learning and growth programs relies not just on workforce development initiatives but on also aligning them with the goals and metrics of the organization (Tawse & Tabesh, 2022).

In general, it seems that the learning and growth part of the Balanced Scorecard will continue to play a role in the literature as it builds the capacities that enable the organization to achieve its performance. Furthermore, companies that focus on employee learning, knowledge management and capability building and also align with the other dimensions of the Balanced Scorecard are more likely to sustain the improvements in performance and achieve long-term success (Hardani et al., 2025; Hikal et al., 2025).

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## Knowledge of Circular Economy among Waste Managers in Benin Metropolis, Edo State

EFETIBHOR IGUDIA

Lapo Institute for Microfinance and Management Study, Benin City, Nigeria

LAWRENCE IBHAZOBE

University of Benin, Benin City, Nigeria

**Abstract.** This research investigated the knowledge of circular economy among waste managers in Benin Metropolis, Edo State, Nigeria. The descriptive survey research design was adopted. The population consisted of 480 waste managers operating within the 3 Local Government Areas that make up Benin Metropolis. A basic random sampling procedure was used to pick a sample of 259 respondents. A 30-item circular economy knowledge exam and a self-created structured questionnaire were used to gather data. According to Cronbach Alpha statistics, the instrument's reliability coefficient was 0.71. Analysis of Variance (ANOVA), mean, standard deviation, percentages, and the independent samples t-test at the 0.05 level of significance were used to examine the data. The result revealed that the majority of waste managers possessed a moderate degree of familiarity with the concepts of the circular economy. The study further showed that knowledge of circular economy did not significantly differ based on educational level, age group, or gender of waste managers. The study concluded that waste managers generally possessed similar levels of knowledge of circular economy irrespective of demographic characteristics. The study recommended the implementation of formal and informal environmental education programmes, increased public sensitization campaigns, and strengthened stakeholder involvement in promoting circular economy practices among waste managers and the general public.

**Keywords:** Circular Economy, Waste Management, Recycling, Environmental Education, Waste Managers, Benin Metropolis.

### 1. Introduction

Waste generation and disposal have become major environmental concerns globally because of the fast population expansion, industrialization, and urbanization. Environmental deterioration, pollution, flooding, greenhouse gas emissions, and public health issues are all greatly exacerbated by improper trash

disposal. Inadequate waste management in emerging nations like Nigeria practices have continued to threaten environmental sustainability and public health.

Traditional waste management systems in many developing nations are largely based on the linear economy model, where resources are extracted, utilized, and disposed of after use. However, the growing environmental burden associated with this model has increased the global shift toward the circular economy (CE) approach. In order to reduce waste production and maximize resource efficiency, the circular economy places a strong emphasis on material reduction, reuse, and recycling. Under this model, waste materials are treated as valuable resources that can be reintroduced into production systems.

The idea of a circular economy has drawn interest from all across the world as a viable approach to solving environmental problems. According to Lenzing.com (2023), circular economy aims to keep materials within a closed-loop system, thereby reducing dependence on virgin resources and minimizing waste generation. This approach differs significantly from the traditional linear model in which products are manufactured, consumed, and discarded.

In Nigeria, waste management remains a persistent challenge despite numerous interventions by government agencies and private organizations. Studies by Ogu (2000), Ogwueleka (2009), and Ezeudu et al. (2021) identified major challenges such as inadequate funding, poor infrastructure, weak policy implementation, and low public awareness. Benin City, the capital of Edo State, experiences severe waste management challenges characterized by indiscriminate dumping of refuse, blocked drainage systems, flooding, and environmental pollution.

To address these challenges, the Edo State Government has recently promoted circular economy initiatives through partnerships with private recycling firms and investors. These initiatives seek to transform waste into

wealth by encouraging recycling activities and creating employment opportunities. Recycling companies operating within Benin City now convert plastic waste resources into useful goods, promoting environmental sustainability with economic development.

Despite these efforts, the success of circular economy practices largely depends on the knowledge and participation of waste managers who play critical roles in waste collection, disposal, sorting, and recycling activities. Knowledge of circular economy principles among waste managers is therefore essential for effective implementation of sustainable waste management practices.

Previous studies have shown that environmental awareness and education significantly influence waste management practices. Uwamwezi (2015) found that knowledge is a major determinant of effective solid waste management practices. Similarly, Shen and Wang (2022) emphasized that environmental education is crucial for promoting circular economy transition. However, there is limited empirical evidence regarding the degree of circular economy awareness among waste managers in Benin Metropolis.

This study therefore examined the knowledge of circular economy among waste managers in Benin Metropolis with particular focus on differences based on educational level, age group, and gender.

### 1.1 The Study's Objectives

The primary goal of this study was to assess the knowledge of circular economy among waste managers in Benin Metropolis.

The particular goals were to:

- Assess the degree of understanding of circular economy among waste managers.
- Examine whether knowledge of circular economy differs based on educational level.
- Determine whether knowledge of circular economy differs by age group.
- Examine whether knowledge of circular economy differs based on gender.

### 1.2 Research Questions

The study was directed by the following research questions:

- Does the level of knowledge of waste managers about circular economy in Benin Metropolis?
- Does knowledge of circular economy differ based on educational level?
- Does knowledge of circular economy differ by age group?
- Does knowledge of circular economy differ based on gender?

### 1.3 Hypotheses

The following null hypotheses were examined at the significance level of 0.05:

- Knowledge of circular economy is not significantly different based on educational level of waste managers.
- Knowledge of circular economy is not significantly different by age group of waste managers.
- Knowledge of circular economy is not significantly different by gender of waste managers.

## 2. Research Methodology

For this study, a descriptive survey research design was used. This study design was chosen because it makes it possible to collect data in a methodical manner in order to assess the level of circular economy among waste managers in Benin Metropolis.

The population for this study consisted of 480 waste managers who are in charge of evacuating, disposing, and managing wastes in the 3 Local Government Areas that makes up Benin Metropolis (Edo State Waste Management Board (EWMB), 2023).

The sample size of the study comprised 259 respondents representing 50% of the total waste managers in Benin Metropolis. This was obtained using simple random sampling technique to select 50 percent from each waste management company comprising the population.

A self-developed, structured questionnaire was utilized as the data collecting tool for this study in order to get the necessary information about waste managers' understanding of the circular economy in Benin City. The questionnaire was divided into two sections: Section A collected demographic information from respondents (such as gender, age range, and educational attainment), and Section B included multiple-choice questions for the waste managers' knowledge test. The garbage managers answered 30 multiple-choice questions to gauge their understanding of the circular economy. On the knowledge test, "correct answers" received a score of 1, while "wrong answers" received a score of 0.

The questionnaire was submitted to the project manager and two additional specialists from the Department of Health, Safety, and Environmental Education for review, editing, and approval prior to sending it to the responders in order to guarantee its accuracy. Cronbach Alpha statistics were used to quantify the internal consistency of the items in order to assess the instrument's reliability for the study. Twenty waste managers who were not included in the study sample were given the instrument once. After applying Cronbach Alpha statistics to the instrument

administration score, a coefficient score of 0.71 was obtained for the Knowledge test. The correlation coefficient value showed that the instrument was reliable.

The knowledge test and questionnaires were administered to the respondents (waste managers) by the research manager and two additional specialists and retrieved on the spot to avoid loss and ensure a hundred percent retrieval rate.

Data collected was analyzed using percentages for the respondents' demographic data as well as research question 1. Analysis of Variance (ANOVA) was used to test hypothesis 1, while the independent samples t-test was used to test hypotheses 2, 3, and 4. The developed hypotheses were examined at the significance level of 0.05. The waste managers rated their understanding of the circular economy on a scale of 0–10 for poor knowledge, 11–20 for intermediate knowledge, and 21–30 for high knowledge.

### 3. Results

**Research Question 1:** What is the level of knowledge of waste managers about circular economy in Benin metropolis?

**Table 6:** Percentage distribution of responses on level of knowledge of waste managers about circular economy

Level of Knowledge	Frequency	Percentage
Low	70	27.0
Moderate	150	57.9
High	39	15.1
Total	259	100.0

The data in table 6 showed that 70 (27%) of the waste managers indicated a low level of understanding about circular economy in Benin metropolis, 150 (57.9%) affirmed a moderate level of knowledge, and 39 (15.1%) had a high level of knowledge about circular economy. Thus, majority of the waste managers had a moderate level of knowledge about circular economy.

**Research Question 2:** Does the knowledge of circular economy among waste managers differ by level of education?

**Hypothesis 2:** Knowledge of circular economy is not significantly different based on level of education of waste managers.

**Table 7:** ANOVA Statistics on Knowledge of circular economy of waste managers based on level of education

Knowledge based on educational level	Sum of Squares	Df	Mean Square	F	Sig.	Decision
Between groups	23.692	4	5.923	1.022	.396	Ho is accepted
Within groups	1472.084	254	5.796			
Total	1495.776	258				

The data in the ANOVA table as relates to table 7 showed the F value is 1.022, df=4, 254. The p-value is 0.396 which is greater than 0.05 level of significance, hence the null hypothesis is accepted/retained, which means that knowledge of circular economy is not significantly different based on level of education of waste managers. This implies that waste managers irrespective of their level of education have same knowledge of circular economy.

**Research Question 3:** Does the knowledge of circular economy among waste managers differ by age group?

**Hypothesis 2:** Knowledge of circular economy is not significantly different by age group of waste managers.

**Table 8:** t-test statistics of waste managers knowledge of circular economy based on age group

Descriptive t-test analysis								
Age	N	Mean	SD	Mean Difference	df	t	Sig.(2-tailed)	Decision
20-39years	233	17.06	2.44					
40-59years	26	17.38	2.08	-.325	257	-.651	.516	Ho is accepted

The data in table 8 showed that based on waste managers knowledge of circular economy by age group, the waste managers within the age group of 20-39 years had a mean of 17.06, while those within 40-59 years had a mean of 17.38. Hence, the waste managers within the age group of 40-59 years have a higher mean than those within 20-39 years. As a result, the waste managers within 40-59 years have more knowledge of circular economy than their counterparts within 20-39 years.

The data also showed a t-value of -0.651,  $df = 257$  and a p-value of 0.516, testing at an alpha level of 0.05. The p-value is greater than 0.05, thus, the null hypothesis which states that knowledge of circular economy is not significantly different by age group of waste managers is accepted/retained, meaning that knowledge of circular economy is not significantly different by age group of waste managers. This implies that waste managers knowledge of circular economy is the same with respect to their age groups/brackets.

**Research Question 4:** Does the knowledge of circular economy among waste managers differ by gender?

**Hypothesis 3:** Knowledge of circular economy is not significantly different by gender of waste managers.

**Table 9:** t-test statistics of waste managers knowledge of circular economy based on gender

Descriptive t-test analysis								
Gender	N	Mean	SD	Mean Difference	df	t	Sig.(2-tailed)	Decision
Male	185	16.96	2.44	-.457	257	-1.382	.168	Ho is accepted
Female	74	17.42	2.30					

The data in table 9 showed that based on waste managers knowledge of circular economy by gender, the males had a mean of 16.96, while the females had a mean of 17.42. Hence, the females have a higher mean than the males. As a result, the females have more knowledge of circular economy than their male counterparts.

The data also showed a t-value of -1.382,  $df = 257$  and a p-value of 0.168, testing at an alpha level of 0.05. The p-value is greater than 0.05, therefore, the null hypothesis which states that knowledge of circular economy is not significantly different by gender of waste managers is accepted/retained, meaning that knowledge of circular economy is not significantly different by gender of waste managers.

#### 4. Discussion of Findings

The results from research question 1, showed that majority of the waste managers had a moderate level of knowledge about circular economy. With respect to knowledge of circular economy, Msengi (2019) opined that waste minimization, reuse, and recycling rates vary substantially among individual households for various reasons, which include; attitude toward the environment, knowledge, demographic variable, and personality. Therefore, the only things that will have the long-lasting and substantial impact on the environment that is sorely needed are changes in individual attitudes, beliefs, and environmental standards, as well as the ensuing change in personal behavior. This will also apply to waste managers who when knowledgeable enough would see to proper implementation of circular economy. Corroborating this, Ekhasomhi (2022) stated that majority of the world’s population today still have a low reception of waste recycling. Also, Msengi (2019) observed that a large number of people still do not participate in regular recycling; as despite this been an arena of environmental behaviour that has received a lot of attention, the pace at which people are adopting the recycling behaviour is still very slow.

The findings of research question 2 in relation to hypothesis 1 showed that knowledge of circular economy is not significantly different based on level of

education of waste managers. This implies that both more and less educated waste managers have the same understanding of circular economy; level of education does not affect their knowledge of circular economy. The researcher believes that much more has to be done immediately to stop catastrophic world change and implement a circular economy system and mindset. Hence, Maija, Nani and Holuszko (2023) posited that the most profound way to promote this transformation is to involve all people (waste managers inclusive) through education. Maija et al (2023) further stated that starting in pre-school and continuing all the way to university, education is the best way to enable the transition from a linear economy to a circular economy. Additionally, Shen and Wang (2022) opined that it has been shown that progress in environmental awareness contributes to decreasing environmental impacts. Therefore, environmental thinking should be included at all the levels of education as the best way to transit from linear economy to a circular economy is to educate people (Shen & Wang, 2022).

The findings of research question 3 in relation to hypothesis 2 showed that knowledge of circular economy is not significantly different by age group of waste managers. This implies that waste managers knowledge of circular economy is the same with respect to their age groups/brackets. This finding was contrary to the study of Kamweru (2019) who found that there is a significant influence of age on attitudes associated to solid waste management (SWM) activities. The findings suggest that people become more aware of their surroundings as they age. This could imply that older people were more inclined to have positive sentiments regarding SWM initiatives and to abide by the rules and legislation established by the government. Similarly, Adeoulu *et al.* (2014) portrayed similar positive correlation between age and respondent’s knowledge and practices. However, in another study by Tatlonghari and Jamias (2010) indicated a weak and negative relationship between the two attributes. Compared to the older respondents, the younger respondents demonstrated higher levels of expertise.

The findings of research question 4 in relation to hypothesis 3 showed that that knowledge of circular

economy is not significantly different by gender of waste managers. This indicates that both male and female waste managers have the same knowledge of circular economy. This aligns with the finding of Davis and Greenstein (2009) who suggest that gender norms influence people's beliefs about appropriate tasks for women and men. The allocation of duties in private and public areas is thus determined by these views. Therefore, societal gender ideals and socialization processes are reflected in the gender division of labor and occupational sex segregation in solid waste management. Additionally, Circular and Conservancy (2019) also noted that while men are tasked with the more labour-intensive loading and unloading, women carry out repetitive and time-consuming activities such as sorting and separating. These gendered divisions of labor were not uncontested, despite the strong consensus over what constitutes a woman's and a man's work in SWM.

## 5. Conclusion

The study concluded that waste managers in Benin Metropolis generally possessed moderate knowledge of circular economy principles. Furthermore, knowledge of circular economy did not significantly differ based on educational level, age group, or gender. This suggests that awareness of circular economy concepts is relatively similar among waste managers irrespective of demographic characteristics.

The study emphasizes the necessity of ongoing environmental education and awareness initiatives to enhance understanding and use of circular economy principles in waste management systems.

## 6. Recommendations

In light of the results, the study suggested that:

- The government together with environmental agencies should intensify environmental education and awareness programmes on circular economy practices.
- Waste managers should receive regular training on recycling, reuse, and waste reduction strategies.
- Public sensitization campaigns should be strengthened through mass media, community outreach, and educational programmes.
- Government should provide adequate recycling facilities and modern waste management equipment.
- Policies promoting environmental sustainability and circular economy practices should be effectively implemented and monitored.
- Partnerships between government, private organizations, and non-governmental organizations should be strengthened to promote waste-to-wealth initiatives.

- Waste management authorities should encourage household participation in proper waste sorting and disposal practices.

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## Influence of Financial and Career Motivational Factors on Job Satisfaction among Academic Staff of Public Universities in South-East Nigeria

IMADE IDUOZEE, OMOYEBAGBE R. DANIA  
University of Benin, Benin City, Nigeria

**Abstract.** This study investigated the influence of financial and career motivational factors on job satisfaction among academic staff of public universities in South-East Nigeria. Specifically, the study examined the influence of salary, promotion, and recognition on the job satisfaction of academic staff in public universities within the region. The study adopted a correlational survey research design. The population comprised 9,791 academic staff drawn from the ten public universities in the South-East geopolitical zone of Nigeria. A sample size of 400 respondents was determined using the Yamane (1967) sample size determination formula. Data were collected through a structured questionnaire and analyzed using descriptive statistics, including frequency distribution, mean, and standard deviation. Multivariate regression analysis was employed to test the influence of the independent variables (salary, promotion, and recognition) on the dependent variable (job satisfaction). The findings revealed that salary, promotion, and recognition significantly influence the job satisfaction of academic staff in public universities in South-East Nigeria at the 0.05 level of significance. The results indicate that improvements in financial rewards and career advancement opportunities are associated with higher levels of job satisfaction among university lecturers. Based on the findings, the study recommends that government and university management should review the salary structure and welfare packages of academic staff to ensure that they are equitable and commensurate with their contributions to the university system. Additionally, university authorities should prioritise timely staff promotions and institutionalize formal recognition programmes to acknowledge and reward outstanding performance among academic staff. These measures are expected to enhance job satisfaction, improve staff morale, and contribute to greater productivity and effectiveness within the university system.

**Keywords:** Financial motivation, career motivation, salary, promotion, recognition, job satisfaction, academic staff, public universities, South-East Nigeria.

### 1. Introduction

In the current global economic scenario, employee motivation has emerged as a continuous strategic priority that requires the attention of all organisational stakeholders, particularly within the higher education sector (Okolocha, Akam & Uchehara, 2021). Most organisations have realised that the job satisfaction of their employees plays a vital role in determining the success of the organisation (Zheng, 2010). As such, employers and managers alike need to know how to get the best out of their workers. One of the antecedent determinants of job satisfaction is believed to be motivation (Pang & Lu, 2018).

Ogunode, Kasimu and Ibrahim (2023) define motivation as the force that propels an individual to carry out specific functions without complaint. Josiah, Audu and Ogunode (2023) and Olabisi, Okolo, and Niyi (2023) elaborate that motivation is the drive that influences an individual to achieve the maximum output for themselves or their institution. A motivated employee demonstrates higher performance, boosts productivity, improves job retention, and fosters creativity and innovation (Kuranchie-Mensah & Amponsah-Tawiah, 2021). An employee with a high level of motivation willingly exerts effort toward organisational goals and is more likely to embrace challenging tasks and tolerate minor sources of dissatisfaction (Kumari, Ali & Abbas, 2021). Motivation is important because motivated employees are less likely to engage in withdrawal behaviour and more willing to accept change (Pang & Lu, 2018). In the same vein, employees who become less motivated will redirect their efforts elsewhere (Filtvedt, 2016), and this could hinder organisational effectiveness. Thus, it is important to know how to develop the right type and level of motivation to ensure that valuable employees are retained. Motivated employees will always put in their best for the realisation of the goals and objectives of the organisation. However, this does not just happen without meeting their diverse needs. It is therefore the role of the leadership of an organisation to strategize ways of getting the best from employees through various motivational techniques, as identified by

Maslow's Hierarchy of Needs and Herzberg's Two-Factor Theory.

Job satisfaction, on the other hand, represents the match between what the employee wants from the employer and the job and what they actually receive (Adi, Agbe & Odeh, 2021). Competent organisational leaders play vital roles in the achievement of job satisfaction by creating a conducive environment that influences employees' behaviours, attitudes, and motivations, which in the long run leads to effective individual and organisational outcomes (Okoli, 2019). Job satisfaction encompasses an employee's positive emotional state resulting from their job experiences, increasing organisational commitment, improving physical and mental health, enhancing job performance, and promoting organisational citizenship behaviour (Kumari, Ali & Abbas, 2021).

The impact of financial and career motivational factors on job satisfaction cannot be over-emphasised. That is why Kathombe, Kipchumba and Kirui (2018) submitted that the ability to perform may not be enough for effective performance; lecturers have to be motivated for them to realise their maximum potential. Lecturers, who are the providers of knowledge at the tertiary level of education, are seen as the focus for human resource development as well as the major agents for the fulfilment and actualisation of the curriculum. The efficiency of any university system depends, to a large extent, on the motivation and job satisfaction of its academic staff (Okoli, 2019). Thus, the university system may not achieve its goals without efficient and satisfied lecturers. Nwagwu (2016) asserted that job satisfaction is one of the key factors in institutional dynamics, and understanding lecturers' job satisfaction at the university is of paramount importance for academic excellence.

Despite the pivotal role of academic staff in human capital development and nation-building in Nigeria, the motivation and welfare of university lecturers have often received inadequate attention from government and other relevant stakeholders, thereby contributing to growing dissatisfaction within the university system (Adeyemi, 2021; Okolocha, Akam & Uchehara, 2021). Existing literature has identified several determinants of job satisfaction, including salary, working environment, and interpersonal relationships (Chen & Chen, 2021; Mumin, 2021; Sabeng & Mensah, 2023).

Although motivation is widely recognised as a critical factor in enhancing employee satisfaction, there is still no consensus regarding the most effective strategies for motivating employees to attain optimal job satisfaction within organisational settings. Furthermore, scholarly attention to the specific influence of motivational indices on the job satisfaction of academic staff in public universities in South-East Nigeria remains limited. Most existing studies, such as those by Jiang

and Messersmith (2023) and Ghosh and Reio (2023), have examined job satisfaction primarily from the perspective of organisational practices and managerial techniques, with limited emphasis on specific financial and career motivational factors and variables such as salary, promotion, recognition, particularly within the context of public universities in South-East Nigeria.

This gap in the literature underscores the need for empirical investigation into the relationship between financial and career motivational factors and job satisfaction among academic staff in the region. Consequently, this study seeks to examine the influence of financial and career motivational factors on the job satisfaction of academic staff in public universities in the South-East geopolitical zone of Nigeria. Specifically, the study aims to: ascertain whether salary significantly influences job satisfaction among academic staff; examine whether promotion significantly influences job satisfaction and determine whether recognition significantly influences job satisfaction among academic staff in public universities in South-East Nigeria.

## 2. Literature Review

### 2.1 Job Satisfaction

Job satisfaction is a central concept in organizational behaviour and human resource management that reflects employees' attitudes and emotional responses toward their jobs. It is generally understood as the extent to which individuals feel positively or negatively about their work experiences, including tasks, responsibilities, and workplace conditions. Locke (1976) defined job satisfaction as a pleasurable or positive emotional state resulting from the appraisal of one's job or job experiences, a definition that remains foundational in the literature. More recent perspectives continue to emphasize job satisfaction as a multidimensional construct shaped by both intrinsic and extrinsic workplace factors (Judge & Klinger, 2008; Robbins & Judge, 2022).

Various scholars have also described job satisfaction in different ways. Obi, Akwaga, and Igwe (2021) defined job satisfaction as employees' emotional state regarding their job, based on the comparison between what they expected and what they actually receive. Similarly, Adi, Agbe, and Odeh (2021) viewed job satisfaction as the degree of alignment between employees' expectations from their job and what they eventually obtain from the employer. Robberts and Hung (2020) described it as a positive feeling about one's job that results from the evaluation of its characteristics, noting that satisfied employees hold positive feelings while dissatisfied ones hold negative feelings. In the same vein, Ibarra and Obi (2020) explained job satisfaction as a feeling that produces either positive or negative effects toward one's roles and responsibilities at work, emphasizing that no

single approach can satisfy all workers in an organization.

Furthermore, Yokomma and Jones (2020) conceptualized job satisfaction as a combination of feelings and beliefs that span mental, emotional, and physical domains. Johny and Pradeep (2020) also described it as a pleasurable emotional state arising from the appraisal of one's job as fulfilling or facilitating personal values. In addition, Hettensha (2020) viewed job satisfaction as an emotional and psychological state that influences an individual's motivation and effort toward work. Dewi and Harjoyo (2019) defined it as an attitude of employees reflected in how they evaluate their work based on factors such as working environment, rewards, career development, and other conditions that determine workplace happiness. Nwagwu (2016) further described job satisfaction as the overall positive feelings individuals have toward their jobs.

The various definitions indicate that job satisfaction essentially refers to a positive attitude toward one's job, reflecting the general feelings individuals hold about their work. Consequently, it is associated with emotional stability, high morale, and increased willingness to contribute to organizational goals (Okonkwo, 1997). A satisfied worker therefore operates at both individual and organizational levels of satisfaction, as their personal contentment aligns with institutional objectives (Nwankwo, 2014).

Job satisfaction is also regarded as a key ingredient for achieving recognition, income, promotion, and other rewards that contribute to a sense of fulfilment in the workplace (Kaliski, 2007). Korlo and Akintunde (2016) added that it reflects the extent to which employees' aspirations, desires, and needs are met on the job, and it varies across different dimensions of work experience.

In terms of classification, job satisfaction is often categorized into global job satisfaction and job facet satisfaction. Global job satisfaction refers to employees' overall evaluation and general feeling about their jobs as a whole (Muller & Kim, 2008). It represents the extent to which workers are generally pleased or dissatisfied with their occupation, taking into account their cumulative work experiences, responsibilities, organizational environment, and personal expectations. Employees who experience high global job satisfaction usually demonstrate positive attitudes toward their work, stronger commitment to organizational goals, and a greater willingness to remain in the organization (Robbins & Judge, 2022).

On the other hand, job facet satisfaction focuses on employees' feelings toward specific dimensions or components of their jobs, such as salary, promotion opportunities, fringe benefits, supervision, interpersonal relationships, workload, job security, and working

conditions (Muller & Kim, 2008). This form of satisfaction recognizes that an employee may be satisfied with certain aspects of the job while being dissatisfied with others. For instance, a lecturer may be satisfied with interpersonal relationships and academic freedom but dissatisfied with salary or inadequate facilities. Therefore, job facet satisfaction provides a more detailed understanding of the particular elements that contribute to or hinder employees' overall job satisfaction (Judge & Klinger, 2008). Both dimensions are important in organizational studies because they help employers identify the specific areas that require improvement in order to enhance employee morale, productivity, and retention (Herzberg, Mausner, & Snyderman, 1959).

In educational institutions, job satisfaction among academic staff is particularly important because it influences teaching effectiveness, research productivity, and institutional development. Satisfied academic staff are more likely to be committed, productive, and innovative, thereby contributing to the achievement of educational goals. Udoka (2018) therefore posited that for the school system to succeed and for the substantial investments in education to yield meaningful returns, academic staff must be satisfied with their jobs.

In summary, job satisfaction is a complex, multidimensional construct that reflects employees' emotional, cognitive, and behavioural responses to their work. It is influenced by expectations, workplace conditions, and individual perceptions, and it plays a critical role in determining both employee well-being and organizational effectiveness.

## 2.2 Motivation

Motivation is a fundamental concept in organisational behaviour and human resource management, as it explains the forces that stimulate individuals to act toward the achievement of specific goals. It refers to the internal and external factors that energise, direct, and sustain human behaviour over time. Burns and Alexander (2020) described motivation as the process that provides individuals with reasons for acting in a particular manner, while Certo (2019) viewed it as the provision of incentives that encourage individuals to act in line with desired objectives. Similarly, Okoth and Oluoch (2019) defined motivation as the driving force that determines behaviour, purpose, and direction.

From an organisational perspective, motivation is concerned with the processes that influence employees' willingness to exert effort toward organisational goals. Ferris, Hochwarter, and Wright (2019) conceptualised motivation as a set of energetic forces originating both within and outside the individual, which initiate work-related behaviour and determine its direction, intensity, and persistence. In the same vein, Vroom (1964) explained motivation as the "why" of behaviour,

emphasising that motivated individuals sustain effort and commitment over prolonged periods, whereas unmotivated individuals quickly lose interest and energy.

Scholars have further examined motivation within workplace settings. Girdwichai and Sriviboon (2020) defined organisational motivation as the cumulative processes that influence employee behaviour and direction within the workplace. Josiah, Audu, and Ogunode (2023) described motivation as the drive that compels individuals to achieve maximum performance for themselves and their organisations. Likewise, Ogunode, Kasimu, and Ibrahim (2023) viewed motivation as the force that propels individuals to carry out assigned responsibilities willingly and effectively. Mulyani, Sari, and Sari (2019) also explained employee motivation as the stimulus that encourages employees to perform activities that facilitate the attainment of organisational goals.

Motivation has also been associated with employees' willingness to invest effort in their work. Antomioni (1999) defined motivation as the degree of effort individuals are willing to exert based on the extent to which they believe their needs will be satisfied. Sabbagha, Ledimo, and Martins (2018) further described motivation as the energy and driving force employees utilise in accomplishing individual and organisational objectives. Similarly, Hitka, Rózsa, Potkány, and Ližbetinová (2019) viewed motivation as a psychological process that energises and sustains human activities related to work tasks and organisational responsibilities. Collectively, these definitions indicate that motivation is primarily concerned with the factors that stimulate and sustain human action toward desired outcomes.

Motivation generally derives from two major sources: intrinsic and extrinsic factors. Intrinsic motivation originates from internal satisfaction, personal fulfilment, intellectual curiosity, and a sense of accomplishment, whereas extrinsic motivation is driven by external rewards such as salary, promotion, recognition, job security, and fringe benefits (Inayatullah & Jehangir, 2012). Employees are more likely to be motivated when they perceive that their efforts will result in desirable and valued outcomes.

For academic staff, motivation may arise from intrinsic factors such as intellectual fulfilment, professional autonomy, passion for knowledge creation, and commitment to student development. Lecturers who are intrinsically motivated are more likely to engage in innovative teaching, impactful research, and meaningful academic mentorship. Conversely, extrinsic motivation among lecturers may stem from adequate remuneration, timely promotion, job security, recognition, and favourable working conditions. These factors are especially critical within the Nigerian university system,

where poor remuneration, inadequate infrastructure, and unfavourable working conditions have contributed to frequent industrial disputes and the migration of skilled academics to foreign countries (Olofinkua, 2020).

In the context of this study, motivation refers to the internal and external forces that stimulate academic staff to exert effort toward the achievement of individual and institutional goals. It encompasses both psychological and material incentives capable of influencing lecturers' attitudes, commitment, and performance within public universities. Ultimately, fostering both intrinsic and extrinsic motivation among academic staff is essential for improving job satisfaction, enhancing institutional effectiveness, increasing research output, and reducing the persistent problem of brain drain in Nigerian public universities.

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## 2.2 Dimensions of Motivation

Motivation is a multidimensional concept, meaning it is shaped by several interrelated factors that influence an individual's willingness to initiate, sustain, and direct effort toward achieving organisational goals. In the context of academic staff, motivation is not driven by a single factor but by a combination of financial, psychological, social, and institutional conditions. These dimensions are often discussed in both organisational behaviour and educational management literature (Robbins & Judge, 2019; Armstrong, 2021).

### 2.2.1. Financial Motivation (Salary and Allowances)

Financial motivation refers to the monetary rewards employees receive for their work, including salaries, wages, bonuses, and allowances. It is one of the most direct and visible forms of motivation in any organisation. According to Armstrong (2021), financial rewards remain a primary extrinsic motivator because they satisfy basic economic and physiological needs. Similarly, Robbins and Judge (2019) argue that pay serves as a critical reinforcement mechanism that influences employee behaviour and commitment. In the university system, salary plays a central role in motivating academic staff because it determines their standard of living and financial stability. When salaries are fair, competitive, and regularly paid, lecturers are more likely to remain committed and productive. However, irregular payment, inadequate remuneration, and poor welfare packages often weaken motivation and contribute to dissatisfaction (Ogunode, 2020; Okolocha, Akam & Uchehara, 2021). In Nigeria, financial challenges within public universities have been strongly linked to reduced morale and brain drain among academic staff (Roy-Omonigho, 2023; Olofinkua, 2020).

Equity Theory also supports the importance of financial motivation by explaining that employees compare their input-output ratio with others, and perceived unfairness leads to demotivation (Adams, 1965). Empirical studies have consistently shown that financial rewards significantly influence employee motivation and performance across sectors, including education (Kumari, Ali & Abbas, 2021; Pang & Lu, 2018).

### 2.2.2. Promotion and Career Advancement

Promotion is another key dimension of motivation and refers to upward movement within an organisational hierarchy, usually accompanied by increased responsibility, recognition, and improved remuneration. Promotion serves as both a motivational and developmental tool because it signals progress and achievement (Dessler, 2020; Armstrong, 2021). In academic settings, promotion is closely tied to scholarly output, teaching effectiveness, research productivity, and service contributions. Lecturers are typically

motivated when promotion processes are fair, transparent, and based on merit. However, delays, bureaucratic bottlenecks, and perceived favoritism can significantly reduce motivation among academic staff (Garba & Idris, 2021; Okolocha, 2021).

Vroom's Expectancy Theory explains promotion as a valued outcome that motivates employees when they believe their effort will lead to performance and rewards (Vroom, 1964). In universities, the expectation of career advancement encourages lecturers to publish research, attend conferences, and improve teaching quality. Studies have shown that clear promotion pathways enhance employee motivation and retention (Sahibzada & Khawrin, 2023; Garba & Abdullahi, 2019).

### 2.2.3. Recognition and Reward Systems

Recognition refers to the appreciation and acknowledgment employees receive for their efforts, achievements, and contributions. It may be formal (awards, certificates, promotions) or informal (praise, feedback, appreciation from supervisors). According to Armstrong and Taylor (2020), recognition is a powerful non-financial motivator that reinforces positive behaviour and strengthens employee engagement.

In universities, recognition is particularly important because academic work is often intellectual, long-term, and not always immediately rewarded financially. Lecturers are motivated when their research, teaching excellence, and community service are acknowledged by their institutions. Herzberg's Two-Factor Theory identifies recognition as a strong motivator that enhances job satisfaction and performance (Herzberg, Mausner & Snyderman, 1959).

Self-Determination Theory also explains recognition as a factor that satisfies the psychological need for competence and relatedness, thereby strengthening intrinsic motivation (Deci & Ryan, 2000). In many Nigerian universities, however, lack of adequate recognition systems has been reported as a demotivating factor among academic staff (Okolocha, 2021; Roy-Omonigho, 2023). Studies have shown that recognition significantly improves employee motivation, engagement, and productivity across various organisational settings (Eria, Kibaya & Serunjobi, 2023; Pen, 2024).

### 2.2.4. Working Environment as a Motivational Factor

The working environment is a critical dimension of motivation and includes physical conditions (offices, classrooms, equipment, infrastructure), psychological conditions (stress levels, safety), and organisational support systems. Chandrasekar (2011) notes that a conducive work environment enhances employee morale, efficiency, and motivation. For academic staff, the working environment directly influences their

ability to teach, research, and perform administrative duties effectively. Adequate facilities such as laboratories, libraries, ICT infrastructure, and comfortable offices contribute positively to motivation. Conversely, poor infrastructure, lack of equipment, and unsafe conditions reduce enthusiasm and commitment (Ogunode, 2020; Chen, 2023).

Herzberg's hygiene factors theory classifies working conditions as extrinsic elements that prevent dissatisfaction when adequately provided (Herzberg et al., 1959). Empirical studies have confirmed that a supportive working environment significantly enhances employee motivation and productivity (IG-Worlu & Chiekezie, 2023; Sabeng & Mensah, 2023). In Nigerian public universities, inadequate infrastructure and poor funding have remained major constraints affecting staff motivation (Okolocha, Akam & Uchehara, 2021).

### 2.2.5. Interpersonal and Social Motivation

Interpersonal and social motivation refers to the influence of relationships, communication, and social interactions within the workplace on employee motivation. It includes cooperation among colleagues, support from supervisors, teamwork, and organisational culture (Robbins & Judge, 2019). In academic environments, collaboration is essential for research, teaching, supervision, and academic development. Positive relationships among lecturers foster knowledge sharing, emotional support, and teamwork, all of which enhance motivation (Abun, Jean & Basilio, 2023; Ridzuan et al., 2018). When employees feel respected and supported by colleagues and management, their motivation levels tend to increase.

Social Exchange Theory explains that positive workplace relationships create mutual obligations, trust, and commitment between employees and organisations (Blau, 1964). Similarly, Human Relations Theory highlights the importance of social interaction in shaping employee motivation and morale (Mayo, 1933). Poor interpersonal relationships, on the other hand, can lead to conflict, stress, and reduced motivation. Studies have shown that strong interpersonal relationships significantly enhance motivation and job performance in both academic and non-academic settings (Ikonne & Onuoha, 2015; Oyovwe-Tinuoye, 2020).

## 2.3 Empirical Review

Sahibzada and Khawrin (2023) investigated the relationship between salary, recognition, and job satisfaction among lecturers at Paktia University, Afghanistan. The study adopted a survey research design using a convenience sampling technique to select 60 lecturers. Data were collected through an online Google Form questionnaire and analysed using Pearson Product Moment Correlation. The findings revealed a positive and significant relationship between salary and job satisfaction among lecturers at Paktia University.

Abdul, Yahaya, and Olusanya (2022) examined motivation and job satisfaction as correlates of job performance among library staff at Landmark University, Omu-Aran, Kwara State. The study adopted a descriptive survey research design, and the entire library staff constituted both the population and sample of the study. Data were collected using a structured questionnaire. Frequency counts and percentages were used to answer the research questions, while Pearson Product Moment Correlation and multiple regression analysis were employed to test the hypotheses. The findings showed that salary structure and working environment had a high influence on respondents' job satisfaction. The study recommended that university management should ensure continuous staff motivation and satisfaction to enhance employee performance and organisational productivity.

Mumin (2021) examined lecturers' perceptions of how pay and promotion influence job satisfaction in tertiary institutions in Ghana. The study adopted a mixed-method approach involving both questionnaire and interview methods. A total of 270 participants were selected from five tertiary institutions in the Northern Region of Ghana. Logistic regression analysis was used to analyse the data collected. The findings indicated that pay and promotion independently had significant positive influences on job satisfaction among academic staff. The study recommended the implementation of policies aimed at annual salary reviews and effective promotion systems to improve job satisfaction among academic staff.

Opeke, Ikonne, and Adewoyin (2019) investigated job satisfaction among library personnel in public universities in South-West Nigeria using Herzberg's Two-Factor Theory as the theoretical framework. The study adopted a survey research design and utilised a structured questionnaire to collect data from professional and paraprofessional library staff. Total enumeration sampling technique was employed due to the manageable population size of 346 respondents. Descriptive statistics were employed for data analysis. The results showed that a high level of job satisfaction among respondents, particularly regarding job security, relationships with co-workers, work itself, and recognition. However, respondents expressed dissatisfaction with salary, which recorded the lowest mean score among all dimensions of job satisfaction. The study recommended improved salary structures to enhance job satisfaction among library personnel.

Bakar, Alsmadi, Radzali, and Solahudin (2022) examined the factors influencing job satisfaction among academicians in public universities in East Coast Peninsular Malaysia. The study covered 20 public universities in Malaysia, with 298 academic staff selected from three public universities. Data were collected using a structured questionnaire comprising 154 items measured on a five-point Likert scale.

Multivariate regression analysis was used to analyse the data. The findings revealed that promotion opportunities, salary, supervision, and collegial relationships significantly predicted job satisfaction among academic staff in public universities. The study recommended that relevant authorities should periodically monitor employees' job satisfaction levels.

Garba and Idris (2021) investigated the effects of promotion on job satisfaction in tertiary institutions in Sokoto State, Nigeria. The study adopted a survey research design and utilised a non-probability sampling technique. A total of 205 questionnaires were administered to respondents from one federal and one state tertiary institution purposively selected. Multiple regressions were used to analyse the data collected. The results indicated that promotion had a positive influence on job satisfaction and organisational goal attainment. The study recommended that promotion opportunities should be objectively implemented and offered promptly to deserving staff to improve job satisfaction.

Garba and Abdullahi (2019) examined the impact of promotion on job satisfaction and organisational productivity among academic and non-academic staff of Usmanu Danfodiyo University, Sokoto, Nigeria. The study employed stratified random sampling technique to select respondents. Data were collected from 341 staff members, out of which 308 questionnaires were retrieved and analysed using descriptive and inferential statistics. The findings revealed a positive and significant relationship between promotion opportunities and job satisfaction. The study recommended that organisations should prioritise promotion opportunities as a strategy for retaining competent staff and reducing brain drain.

Mustapha and Zakaria (2013) investigated the influence of promotion opportunities on job satisfaction among lecturers in four public universities in Kelantan, Malaysia. The study employed a systematic random sampling technique to select 320 lecturers. Data were collected through self-administered questionnaires and analysed using descriptive statistics and Pearson Product Moment Correlation. The findings indicated a positive and significant relationship between promotion opportunities and job satisfaction. The study recommended that organisations should prioritise promotion opportunities to enhance employee satisfaction and retention.

Eria, Kibaya, and Serunjogi (2023) investigated the influence of motivational factors on job satisfaction among academic staff at Makerere University, Uganda. The study adopted a correlational research design involving a sample of 294 academic staff. Data were collected through questionnaire administration and analysed using descriptive statistics, Pearson correlation, and multiple regression analysis. The findings revealed that recognition significantly and

positively predicted job satisfaction among academic staff at Makerere University.

Ziryawulawo (2023) examined the effect of motivation on the satisfaction and performance of university staff in Uganda. The study adopted a cross-sectional descriptive research design using quantitative methods. A sample size of 313 university staff from both public and private universities was selected for the study. Data were collected using a five-point Likert scale questionnaire and analysed using factor analysis, principal component analysis, and multiple linear regression analysis. The findings indicated that recognition had a significant positive effect on job satisfaction and performance among university staff in Uganda.

Pen (2024) investigated intrinsic motivation and job satisfaction among academic staff at Svay Rieng University, Cambodia. The study adopted a quantitative survey research design involving 91 academic staff. Data were analysed using correlation analysis. The findings revealed a positive and significant relationship between intrinsic motivation, particularly recognition, and job satisfaction. The study recommended the establishment of recognition programmes to improve job satisfaction among academic staff.

Kolo (2019) assessed the factors influencing job satisfaction among Library and Information Science educators in South-South Nigeria. The study adopted a descriptive survey research design involving 79 educators conveniently selected from six Library Schools in South-South Nigeria. Data were collected using a structured questionnaire adapted from the Minnesota Satisfaction Questionnaire (MSQ), covering both motivator and hygiene factors of Herzberg's Two-Factor Theory. Descriptive statistics were utilised for data analysis. The result shows that respondents generally experienced job satisfaction. Work itself ranked highest among the motivator factors, while relationships with colleagues ranked highest among the hygiene factors. However, respondents expressed dissatisfaction with recognition and work environment. The study concluded that not all motivator factors result in job satisfaction and not all hygiene factors lead to dissatisfaction, thereby supporting Herzberg's assertion that employees may simultaneously experience satisfaction and dissatisfaction with different aspects of their jobs.

To address the identified research gap, the following hypotheses were formulated:

H0<sub>1</sub>: There is no significant relationship between salary and job satisfaction among academic staff in public universities in South-East Nigeria

H0<sub>2</sub>: There is no significant relationship between promotion and job satisfaction among academic staff in public universities in South-East Nigeria

H0<sub>3</sub>: There is no significant relationship between recognition and job satisfaction among academic staff in public universities in South-East Nigeria

## 2.4 Theoretical Framework

### 2.4.1 Maslow's Hierarchy of Needs Theory

Maslow's Hierarchy of Needs Theory is one of the most widely recognised theories of human motivation. The theory was developed by Abraham Maslow in 1943 and explains that human beings possess a hierarchy of needs that influence their behaviour and motivation. According to the theory, individuals are motivated to satisfy lower-level needs before progressing to higher-level needs. Maslow categorised these needs into five hierarchical levels arranged in ascending order of importance: physiological needs, safety needs, social or belongingness needs, esteem needs, and self-actualisation needs.

At the foundational level are physiological needs, which include basic necessities required for survival such as food, shelter, clothing, salary, and conducive working conditions. Once these needs are reasonably satisfied, individuals seek safety needs, which encompass physical security, job security, fair treatment, and protection from threats or uncertainties within the work environment. The third level consists of social or belongingness needs, which involve the desire for interpersonal relationships, acceptance, affection, teamwork, and social interaction with colleagues and supervisors.

The fourth category comprises esteem needs, which include recognition, respect, status, achievement, autonomy, reputation, and independence. At the apex of the hierarchy is self-actualisation, which represents the desire for self-fulfilment, personal growth, and the realisation of one's full potential (Robbins & Judge, 2020). Maslow argued that once a particular need is substantially satisfied, it ceases to motivate behaviour, and the individual progresses to the next higher level of need.

The relevance of Maslow's theory to this study lies in its explanation of how the satisfaction of employees' needs influences their level of motivation and job satisfaction. Academic staff in public universities possess diverse needs ranging from adequate remuneration and job security to recognition, professional growth, and self-fulfilment. When these needs are adequately met, lecturers are more likely to experience higher levels of motivation, commitment, and job satisfaction. Conversely, the inability of universities to satisfy these needs may result in dissatisfaction, reduced morale, and poor job performance. Therefore, Maslow's Hierarchy of Needs Theory provides a useful framework for understanding how motivational factors such as salary, recognition,

promotion, working conditions, and interpersonal relationships influence the job satisfaction of academic staff in Nigerian public universities.

#### 2.4.2 Herzberg's Two-Factor Theory

Herzberg's Two-Factor Theory, also known as the Motivation-Hygiene Theory, was developed by Frederick Herzberg in 1968. The theory explains that job satisfaction and job dissatisfaction are influenced by two distinct sets of factors which operate independently of one another. Herzberg argued that the factors responsible for job satisfaction are fundamentally different from those that cause job dissatisfaction.

The theory emerged from Herzberg's interviews with employees concerning situations in which they felt either satisfied or dissatisfied with their jobs. Findings from the study revealed that employees associated job satisfaction primarily with intrinsic factors related to the nature of the work itself. These factors, referred to as motivators, include achievement, recognition, responsibility, advancement, personal growth, and the work itself. According to Herzberg, these factors enhance employee motivation, increase satisfaction, and encourage improved performance.

Conversely, employees associated dissatisfaction with extrinsic factors known as hygiene factors. These include organisational policies, supervision, salary, interpersonal relationships, job security, working conditions, and administrative practices. Herzberg maintained that the absence of hygiene factors causes dissatisfaction; however, their presence alone does not necessarily create satisfaction or motivation. Rather, hygiene factors merely prevent dissatisfaction, while true satisfaction is achieved through the presence of motivator factors.

Herzberg's theory further emphasised that organisations seeking to improve employee satisfaction should focus not only on improving working conditions and compensation but also on enriching jobs to provide opportunities for achievement, recognition, responsibility, and career advancement. Thus, while adequate salary and favourable working conditions are important, employees also desire meaningful and challenging work that provides opportunities for personal growth and self-realisation.

The theory is highly relevant to this study because it provides insight into the motivational factors that influence the job satisfaction of academic staff in public universities. Variables such as salary, working conditions, job security, interpersonal relationships, and university policies constitute hygiene factors that may reduce dissatisfaction among lecturers. On the other hand, recognition, promotion, achievement, and

opportunities for professional development represent motivator factors capable of enhancing lecturers' satisfaction, commitment, and productivity. Consequently, Herzberg's Two-Factor Theory offers an appropriate theoretical framework for understanding the relationship between motivation and job satisfaction among academic staff in public universities in South-East Nigeria.

### 3. Research Methodology

This study adopted a descriptive survey research design. The population of this study comprised of all the 9791 lecturers in the ten public universities in the South East Geopolitical zone, Nigeria. These universities are Nnamdi Azikiwe University, Awka, Anambra State (1884 academic staff), Chukwuemeka Odumegwu Ojukwu University, Anambra (974 academic staff), University of Nigeria, Nsukka, Enugu State (1952 academic staff), Enugu State University of Science and Technology, Enugu State (521 academic staff), Alex Ekwueme Federal University, Ebonyi State (738 academic staff), Ebonyi State University, Ebonyi State (486 academic staff), Federal University of Technology, Owerri, Imo State (1226 academic staff), Imo State University, Imo State (589 academic staff), Michael Okpara University of Agriculture, Abia State (935 academic staff), Abia State University, Abia State (486 academic staff). The justification for using this particular geo-political zone is the geographical proximity of the southeast geo-political zone to the researcher and to allow for ease of access and data collection, ensuring a high response rate and reducing logistical challenges. A simple random sampling technique was adopted for this study, whereby each unit in the population was afforded an equal opportunity for selection. To determine the sample size for this study, the sample size determination formula by Taro Yamane (1967) was used:

$$n = N/1+N(e)^2$$

Where n = sample size

N = population under study

e = Level of significance = 0.05

The total academic staff of public universities in South East is 9791

Therefore, the sample size was obtained as follows:

$$n = N/1+Ne^2$$

$$n = 9791/(1+9791)(0.05)^2$$

$$n = 9791/(9792)(0.0025)$$

$$n = 9791/24.48$$

$$n = 399.96$$

$$n \approx 400$$

To ensure that there is proportionate representation of the lecturers in the institutions, a simple proportion was used to apportion the total questionnaire in order to determine the number of questionnaire to administer to each university. The distribution is shown in table 3.2 below

**Table 1:** Sample distribution

	Universities	Population	proportionate sample
1	Nnamdi Azikiwe University, Awka, Anambra State	1884	$1884/9791 \times 400 = 77$
2	Chukwuemeka Odumegwu Ojukwu University, Anambra	974	$974/9791 \times 400 = 40$
3	University of Nigeria, Nsukka, Enugu State	1952	$1952/9791 \times 400 = 80$
4	Enugu State University of Science and Technology, Enugu State	521	$521/9791 \times 400 = 21$
5	Alex Ekwueme Federal University, Ebonyi State	738	$738/9791 \times 400 = 30$
6	Ebonyi State University, Ebonyi State	486	$486/9791 \times 400 = 20$
7	Federal University of Technology, Owerri, Imo State	1226	$1226/9791 \times 400 = 50$
8	Imo State University, Imo State	589	$589/9791 \times 400 = 24$
9	Michael Okpara University of Agriculture, Abia State	935	$935/9791 \times 400 = 38$
10	Abia State University, Abia State	486	$486/9791 \times 400 = 20$
	Total	9791	400

Source: Researchers’ Computation (2026)

This study utilised a structured questionnaire as the primary instrument for data collection. The instrument was subjected to face and content validation by three experts in human resource management to ensure its adequacy, clarity, and relevance to the study objectives. In addition, the reliability of the instrument was established using Cronbach’s Alpha, which yielded a coefficient of 0.80, indicating a high level of internal consistency and confirming the instrument’s suitability for the study. Data collected through the questionnaire were analysed using both descriptive and inferential statistics. Descriptive statistics were employed to analyse the research questions, while multiple regression analysis was used to test the study hypotheses. All statistical analyses were conducted using the Statistical Package for the Social Sciences (SPSS) Version 24.

**4. Results and Discussion**

A total of four hundred (400) copies of the questionnaire were administered to the respondents. Out of this number, three hundred and ninety-two (392) copies were successfully retrieved and found suitable for analysis, representing a response rate of 98%. The details of the questionnaire administration and retrieval are presented in Table 2.

**Table 2:** Respondents’ Demographic Profiles

S/N	Demographics	Category	Frequency	Percent	Cumulative Percent
1	Gender of Respondents	Male	213	54.3	54.3
		Female	179	45.7	100.0
		Total	392	100.0	
2	Age of Respondent	20 – 30years	2	0.5	.5
		31 - 40years	14	3.6	4.1
		41 -50years	199	50.8	54.8
		Above 51years	177	45.2	100.0
		Total	392	100.0	
3	Highest Educational qualification	Bachelor’s degree	10	2.6	2.6
		Masters’ degree	148	37.8	40.3
		Doctorate degree	234	59.7	100.0
		Total	392	100.0	
4	Academic Rank	Graduate Assistant	10	2.6	2.6
		Assistant lecturer	23	5.9	8.4
		Lecturer 2	77	19.6	28.1
		Lecturer 1	111	28.3	56.4
		Senior Lecturer	128	32.7	89.0
		Associate professor	27	6.9	95.9
		Professor	16	4.1	100.0
Total	392	100.0			
5	Numbers of years in service in the institution	0-5 years.	6	1.5	1.5
		6-10 years	49	12.5	14.0
		11-15years	158	40.3	54.3
		16-20years.	121	30.9	85.2
		21yrs. & above	58	14.8	
Total	392	100.0			

Source: Researcher Fieldwork (2026).

Respondents’ Demographics: Table 2 shows The demographic analysis of 392 respondents reveals a predominantly middle-aged, highly educated, and experienced academic sample. Most participants are male (54.3%), aged 41–50 years (50.8%) or above 51 years (45.2%), and hold a Doctorate degree (59.7%). In terms of academic rank, the largest groups are Senior Lecturers (32.7%) and Lecturer 1 (28.3%), while Professors (4.1%) and early-career staff are fewer. Correspondingly, the majority have 11–15 years (40.3%) or 16–20 years (30.9%) of service, indicating a mature

workforce with substantial institutional experience. Overall, the typical respondent is an experienced, doctorate-holding, mid-to-senior level academic, with limited representation from younger or early-career faculty.

**Table 3: Descriptive Statistics of Salary**

S/N	Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Mean	Std Dev
7	I am satisfied with my current salary package	15 (3.8%)	102 (26%)	21 (5.4%)	251 (64%)	3 (0.8%)	2.68	0.992
8	My salary is regular and it is being paid as at when due	126 (32.1%)	251 (64%)	5 (1.3%)	7 (1.8%)	3 (0.8%)	4.25	0.643
9	I get salary increment as at when due.	194 (49.5%)	158 (40.3%)	11 (2.8%)	18 (4.6%)	11 (2.8%)	4.29	0.936
10	My salary corresponds with the level of my input as a lecturer	28 (7.1%)	44 (11.2%)	25 (6.4%)	184 (46.9%)	111 (28.3%)	2.22	1.181
11	My salary is enough to meet all my basic needs	26 (6.6%)	8 (2.0%)	16 (4.1%)	326 (83.2%)	16 (4.1%)	2.24	0.839
Overall mean & Standard Deviation							3.14	0.918

*Source: Researcher Fieldwork (2026).*

The salary-related responses indicate strong dissatisfaction with the amount and adequacy of pay, despite high satisfaction with pay regularity and increments. Respondents agreed that salary is paid on time (mean = 4.25) and that increments are given as due (mean = 4.29). However, they strongly disagreed that salary corresponds with their input as lecturers (mean = 2.22) or is enough to meet basic needs (mean = 2.24), and they were generally dissatisfied with the current salary package (mean = 2.68). The overall mean of 3.14 suggests a slightly negative perception overall, with notable variability in responses regarding increment timeliness (Std Dev = 0.936) and pay-input correspondence (Std Dev = 1.181). In essence, while salary administration (regularity and increments) is praised, the actual compensation level is viewed as inadequate and inequitable relative to effort and needs.

**Table 4: Descriptive Statistics of Promotion**

S/N	Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Mean	Std Dev
12	I am satisfied with the promotion structure of my institution	5 (1.3)	257 (65.6%)	26 (6.6%)	4 (1%)	100 (25.5%)	3.16	1.309
13	My promotion is regular	129 (32.9%)	243 (62%)	3 (0.8%)	15 (3.8%)	2 (0.5%)	4.23	0.696
14	My promotion corresponds with the level of my input as a lecturer	6 (1.5%)	151 (38.5%)	53 (13.5%)	104 (26.5%)	78 (19.9%)	2.75	1.204
15	My promotion boosts the level of my job satisfaction	8 (2%)	203 (51.8%)	52 (13.3%)	77 (19.9%)	52 (13.3%)	3.09	1.149
16	There is fairly good chance for promotion if I deserve it	78 (19.9%)	236 (60.2%)	52 (13.3%)	26 (6.6%)	0 (0%)	3.91	0.828
Overall mean & standard deviation							3.43	1.037

*Source: Researcher Fieldwork (2026).*

Respondents expressed strong satisfaction with the regularity of promotions (mean = 4.23) and believe there is a fair chance for promotion if deserved (mean = 3.91), indicating that the promotion process is seen as accessible and timely. However, they were notably less satisfied with the alignment between promotion and their actual input as lecturers (mean = 2.75), suggesting a perceived disconnect between effort/performance and career advancement. Overall satisfaction with the promotion structure was moderate (mean = 3.16), and the belief that promotion boosts job satisfaction was also lukewarm (mean = 3.09). The relatively high standard deviations (e.g., 1.309 for satisfaction with structure, 1.204 for promotion-input correspondence) point to considerable divergence in opinion, likely between those who benefit from the system and those who feel overlooked. Overall, while the promotion system is viewed as regular and fair in opportunity, it is not widely seen as performance-sensitive or consistently satisfying.

**Table 5: Descriptive Statistics of Recognition**

S/N	Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Mean	Std Dev
17	My opinion on work issues is respected	81 (20.7%)	241 (61.5%)	27 (6.9%)	27 (6.9%)	16 (4.1%)	3.88	0.952
18	Appreciation from management increases my level of job satisfaction	27 (6.9%)	284 (72.4%)	27 (6.9%)	54 (13.8%)	0 (0%)	3.72	0.784
19	The organization views its academic staff as assets.	81 (20.7%)	187 (47.7%)	81 (20.7%)	27 (6.9%)	16 (4.1%)	3.74	0.995
20	My institution recognize individuals personal aspiration, needs and	27 (6.9%)	133 (33.9%)	135 (34.4%)	81 (20.7%)	16 (4.1%)	3.19	0.975

S/N	Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Mean	Std Dev
	supportive of their involvement in research							
21	Financial recognition is the most used type of recognition given to staff that performs well in my organization.	27 (6.9%)	52 (13.3%)	29 (7.4%)	265 (67.6%)	19 (4.8%)	2.49	1.014
Overall mean & standard deviation							3.40	0.944

Source: Researcher Fieldwork (2026).

Respondents generally feel respected and valued, though financial recognition is notably lacking. Staff strongly agree that their opinions on work issues are respected (mean = 3.88) and that management appreciation boosts job satisfaction (mean = 3.72), with a moderate view that the institution views academic staff as assets (mean = 3.74). However, support for personal aspirations and research involvement received only a neutral-to-slightly-positive rating (mean = 3.19), indicating room for improvement in individual development support. Most strikingly, respondents disagreed that financial recognition is the primary form of recognition for good performance (mean = 2.49), suggesting that while non-financial recognition (respect, appreciation) is present, tangible monetary rewards for excellence are rare. The standard deviations (0.78–1.01) reflect moderate consensus on most items, except for item 17 (opinion respected, Std Dev = 0.95) and item 19 (staff viewed as assets, Std Dev = 0.995), where views were somewhat more varied. Overall, the institution fosters a respectful and appreciative environment but falls short on financial recognition and personalized support for staff aspirations.

Table 6: Descriptive Statistics of Job Satisfaction

S/N	Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Mean	Std Dev
22	I am satisfied with the working conditions of my institution	0 (0%)	91 (23.2%)	52 (13.3%)	201 (51.3%)	48 (12.2%)	2.47	0.980
23	My work on the present job gives me a sense of accomplishment.	0 (0%)	288 (73.3%)	78 (19.9%)	26 (6.6%)	0 (0%)	3.67	0.596
24	I feel satisfied because of the comfort I am provided at work	0 (0%)	104 (26.5%)	26 (6.6%)	236 (60.2%)	26 (6.6%)	2.53	0.956
25	I am happy to work for my institution because of the pleasant working environment	0 (0%)	182 (46.4%)	26 (6.6%)	155 (39.5%)	29 (7.7%)	2.92	1.073
26	I am satisfied with a healthy balance between work and family life	0 (0%)	244 (62.2%)	52 (13.3%)	96 (24.5%)	0 (0%)	3.38	0.852
Overall mean & standard deviation							2.99	0.892

Source: Researcher Fieldwork (2026).

The data reveals a clear contrast: respondents derive intrinsic satisfaction from their work and work-life balance but are dissatisfied with tangible working conditions. Staff strongly agree that their work provides a sense of accomplishment (mean = 3.67) and that they maintain a healthy work-family balance (mean = 3.38), indicating positive internal rewards. However, they disagree that they are satisfied with working conditions overall (mean = 2.47), comfort at work (mean = 2.53), or a pleasant working environment (mean = 2.92). Notably, no respondent strongly agreed with any of these tangible condition items, and over 60% disagreed or strongly disagreed with having adequate work comfort. The standard deviations are moderate (0.60–1.07), with the highest variation in perceptions of the working environment (Std Dev = 1.073). Overall, the mean job satisfaction score of 2.99 leans slightly negative, suggesting that while staff find personal meaning and balance in their roles, institutional deficiencies in physical conditions, comfort, and environment significantly undermine their overall satisfaction.

### Regression Analysis Results

To establish the relationship between financial and career motivational factors and job satisfaction, a regression analysis model was estimated. The specific financial and career motivational factors dimensions considered for the study were salary, promotion, and recognition, with the results presented in Tables 7 to 9.

Table 7: Model Summary<sup>b</sup>

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin-Watson
1	0.816 <sup>a</sup>	0.665	0.661	1.89096	1.607

a. Predictors: (Constant), SALR, PRMT, RCOG

b. Dependent Variable: JOSA

The regression result shows that when the independent variables: salary, promotion and recognition were regressed on job satisfaction, a coefficient of determination ( $R^2$ ) value of 0.665 was obtained. Given the value of Adjusted  $R^2$  of 0.661 indicates that the independent variables jointly explain 66.1% of the variation in the dependent variable. The Durbin-Watson statistic of 1.607 falls within the acceptable range (1.5–2.5), suggesting no significant autocorrelation in the residuals, thereby affirming the model's validity.

**Table 8:** Job Satisfaction ANOVA<sup>a</sup> results

Model	Sum of Squares	df	Mean Square	F	Sig.
Regression	2740.455	3	548.091	153.280	.000 <sup>b</sup>
Residual	1380.236	386	3.576		
Total	4120.691	391			

a. Dependent Variable: JOSA

b. Predictors: (Constant), SALR, PRMT, RCOG

The F-statistic value of 153.280 was significant at the 0.05 level, indicating that the independent variables jointly had a significant relationship with the dependent variable.

**Table 9:** Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	3.195	0.678	-	4.716	0.000
	SALR	0.094	0.030	0.097	3.196	0.002
	PRMT	0.192	0.032	0.192	6.083	0.000
	RCOG	0.088	0.031	0.085	2.844	0.005

a. Dependent Variable: JOSA

Source: Researcher's computation

Table 9 demonstrates a positive and statistically significant relationship between job satisfaction and each of the dimensions of the three financial and career motivational factors examined. Specifically, job satisfaction exhibited significant associations with salary ( $\beta = 0.094$ ,  $t = 3.196$ ,  $p = 0.002$ ), promotion ( $\beta = 0.192$ ,  $t = 6.083$ ,  $p = 0.000$ ), and recognition ( $\beta = 0.088$ ,  $t = 2.844$ ,  $p = 0.005$ ).

**Test of Research Hypotheses**

**Hypothesis One:** *There is no significant relationship between salary and job satisfaction among academic staff in public universities in South-East Nigeria*

As shown in Table 9, salary has a positive and significant relationship with job satisfaction ( $\beta = 0.094$ ;  $t = 3.196$ ;  $p = 0.002$ ) at the 0.05 level of significance. Accordingly, the null hypothesis is rejected. It is therefore concluded that salary significantly influences the job satisfaction of academic staff in public universities within the South-East geopolitical zone of Nigeria.

**Hypothesis Two:** *There is no significant relationship between promotion and job satisfaction among academic staff in public universities in South-East Nigeria*

As shown in Table 9, promotion has a positive and significant relationship with job satisfaction ( $\beta = 0.192$ ;  $t = 6.083$ ;  $p = 0.000$ ) at the 0.05 level of significance. Accordingly, the null hypothesis is rejected. It is therefore concluded that promotion significantly

influences the job satisfaction of academic staff in public universities within the South-East geopolitical zone of Nigeria.

**Hypothesis Three:** *There is no significant relationship between recognition and job satisfaction among academic staff in public universities in South-East Nigeria*

As shown in Table 9, promotion has a positive and significant relationship with job satisfaction ( $\beta = 0.088$ ;  $t = 2.844$ ;  $p = 0.005$ ) at the 0.05 level of significance. Accordingly, the null hypothesis is rejected.

It is therefore concluded that recognition significantly influences the job satisfaction of academic staff in public universities within the South-East geopolitical zone of Nigeria.

**5. Discussion of Findings**

Firstly, this study revealed that there is a positive and statistically significant relationship between salary and job satisfaction of academic staff of public universities in the South-East geopolitical zone of Nigeria ( $\beta = 0.094$ ;  $t = 3.196$ ;  $p = 0.002$ ). This finding implies that when academic staff are paid adequate salaries that can cater for their needs, they will be satisfied with their job and become more efficient and effective in their job performance. However, if their salary is not adequate and commensurate with their input to the school system as is presently the case in public universities in Nigeria, it could lead to negative behaviour like absenteeism, collection of bribes from students for marks, ineffective

use of working hours, poor performance and dissatisfaction with their job. This study corroborates with the findings of Sahibzada and Khawrin (2023) who found that there was a positive and significant relationship between salary and job satisfaction among Paktia University lecturers. Similarly, Abdul, Yahaya and Olusanya (2022) found that salary structure has high influence on the job satisfaction of library staff in Landmark University, Omu-Aran, Kwara State. This study is also in consonance with the findings of Mumin (2021) who conducted a study to examine the perspectives of lecturers about how pay and promotion influence job satisfaction in tertiary institutions in Ghana and found that pay has a significant and positive influence on job satisfaction of academic staff in tertiary institutions in Ghana. Furthermore, this study agrees with the findings of Opeke, Ikonne and Adewoyin (2019) who found that salary is a key factor that influences the job satisfaction of library personnel in the public universities in South-West, Nigeria. The consistent, statistically significant positive relationship between salary and job satisfaction demonstrated by this study in South-East Nigerian public universities, and corroborated by multiple studies across Nigeria (South-West, Kwara), Ghana, and Afghanistan involving both academic and library staff, leads to the conclusive implication that adequate salary is a fundamental, non-negotiable prerequisite for job satisfaction, professional ethics, and effective performance within this sector; conversely, the chronic inadequacy of academic salaries prevalent in Nigerian public universities is irrefutably identified as the primary driver of severe systemic dysfunctions – including erosion of academic integrity (bribery), absenteeism, chronic underperformance, and brain drain – which collectively degrade educational quality, institutional stability, and national development prospects, thereby mandating urgent, substantial, and sustainable salary reform as the critical imperative for salvaging the public university system in Nigeria.

Secondly, the study found that promotion has a positive and significant relationship with the job satisfaction of academic staff of public universities in the South-East geopolitical zone of Nigeria ( $\beta = 0.192$ ;  $t = 6.083$ ;  $p = 0.000$ ). This implies that promotion as a dimension of motivation has a strong influence on job satisfaction of academic staff in public universities in the south-east geopolitical zone of Nigeria. This finding implies that when academic staff are promoted as when due, it gives them a sense of fulfilment, increases their ego, improves their performance and increases the level of job satisfaction of academic staff in public universities in the south-east geopolitical zone of Nigeria. This study corroborates with the findings of Bakar, Alsmadi, Radzali, and Solahudin (2022) who found that promotion opportunities significantly predict job satisfaction among academics in Public Universities in East Coast Peninsular Malaysia. This study also agrees with the findings of Garba and Idris (2021) and Garba and Abdullahi (2019) who found that promotion had a

positive influence on job satisfaction of academic and non-academic staff of tertiary institutions in Sokoto State. This study's confirmation of a significant positive link between timely promotion and job satisfaction among South-East Nigerian public university academics, reinforced by similar findings in Malaysia (Bakar et al., 2022) and Northern Nigeria (Garba et al., 2019, 2021), deduces that fair and predictable career progression is a fundamental non-financial motivator essential for fulfilling esteem needs, retaining talent, and boosting performance. This implies that delays or inconsistencies in promotion processes within Nigerian universities constitute a major systemic failure, eroding trust, fuelling brain drain, and undermining institutional effectiveness. Consequently, establishing transparent, efficient, and adequately funded promotion systems is a non-negotiable policy imperative to enhance job satisfaction, combat turnover, and improve the quality of higher education in the region.

Thirdly, the study found that recognition has a positive and significant relationship with job satisfaction of academic staff of public universities in the South-East geopolitical zone of Nigeria ( $\beta = 0.088$ ;  $t = 2.844$ ;  $p = 0.005$ ). This means that recognition is a strong motivational factor that can influence the level of job satisfaction of academic staff in public universities in the south-east geopolitical zone of Nigeria. This finding implies that when academic staff are duly recognised and rewarded for their individual and collective efforts and achievements in the university system, it will lead to increased employee engagement, increased productivity, increased employee retention, create a positive work environment that attracts and retains top talent as well as positively influence the level of job satisfaction of academic staff in the university system. This result is in agreement with the findings of Pen (2024) who revealed a positive and significant relationship exists between (recognition) and job satisfaction of academic staff at Svay Rieng University in Cambodia. This finding of this study also corroborates with the findings of Eria, Kibaya and Serunjogi (2023) who found that recognition was a positive significant predictor of job satisfaction among the academic staff at Makerere University, Uganda. Similarly, the finding is also in consonance with the findings of Ziryawulawo (2023) who found that recognition had a significant and positive effect on the job satisfaction and performance of university staff in Uganda. However, the study disagrees with Kolo (2019) who found that recognition did not significantly influence the job satisfaction of library and information science educators in South-South Nigeria. This study's confirmation of a significant positive link between recognition and job satisfaction among South-East Nigerian public university academics, strongly supported by international evidence (Pen, 2024 in Cambodia; Eria et al., 2023 & Ziryawulawo, 2023 in Uganda), deduces that meaningful recognition is a fundamental, cost-effective motivator fulfilling esteem

needs and driving engagement, productivity, and retention in this context. This implies that systematically acknowledging staff contributions is crucial for building a positive work culture and partially mitigating dissatisfaction from other systemic challenges. However, the disagreement with Kolo's (2019) Nigerian study on library staff highlights that effectiveness is context-dependent, demanding authentic, fair, and tailored implementation to avoid perceptions of insincerity or inequity. Consequently, developing structured, credible recognition programs – sensitive to diverse staff roles and achievements – is a strategic imperative for Nigerian universities to boost morale and retain talent

## 6. Conclusion

This study investigated the influence of financial and career motivational factors on the job satisfaction of academic staff in public universities in the South-East geopolitical zone of Nigeria. The objectives of the study were to: ascertain whether salary significantly influences job satisfaction among academic staff; examine whether promotion significantly influences job satisfaction among academic staff; and determine whether recognition significantly influences job satisfaction among academic staff in public universities in South-East Nigeria. The findings revealed that salary, promotion, and recognition had significant positive influences on the job satisfaction of academic staff.

## 7. Recommendations

The government and the management of public universities should review the salary and other benefits of academic staff to ensure that they are fair enough and commensurate with their input to the university system so that they can have decent pay that will be enough to cater for their welfare, especially with the present economic situations in Nigeria. This is because adequate salary plays a crucial role in influencing the level of job satisfaction of academic staff of public universities in Nigeria.

The management of public universities should prioritize staff promotion as a strategy to influence their job satisfaction and commitment.

The management of public universities should always organise a formal recognition and reward programs to acknowledge academic staff achievement, contributions, innovations and a breakthrough in their research endeavours.

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## Digital Entrepreneurship Orientation as a Mediator of Social Media Exposure and Irregular Migration Intentions among Youths in Plateau State, Nigeria

OSENI SALAMI, ROLAND OMONGBALE, NANCY CHIDIEBERE UGOCHI,  
KOLADE OLUBUNMI OMOWUNMI, BELLO MUHAMMAD KWALLI,  
EMMANUEL ZAKARIAH ANDE

National Open University of Nigeria, Abuja, Nigeria

**Abstract.** Irregular migration among Nigerian youths has emerged as a pressing concern, with many viewing migrations as a response to socio-economic challenges. This study examines how social media exposure and digital entrepreneurship orientation influence youths' intentions to engage in irregular migration in Plateau State, Nigeria. A sample of 400 youths was selected using stratified random sampling to ensure representation across various socio-economic groups. Data were gathered through the Social Media Exposure Scale (SMES), the Digital Entrepreneurship Orientation Scale (DEOS), and the Migration Intention Scale (MIS). Four hypotheses were tested using simple linear regression, Hayes' PROCESS model, and Pearson's correlation at a 0.05 significance level. Findings indicate that social media exposure significantly increases migration intention ( $\beta = 0.335$ ,  $t = 3.909$ ,  $p < 0.05$ ). Digital entrepreneurship orientation significantly mediated this relationship, suggesting that promoting local digital opportunities can reduce intentions to migrate (coeff. = 0.211,  $p < 0.05$ ). Moreover, social media exposure was positively correlated with migration intention ( $r = 0.312$ ,  $p < 0.05$ ), whereas digital entrepreneurship orientation showed a significant negative correlation ( $r = -0.295$ ,  $p < 0.05$ ). The study concludes by recommending enhanced digital entrepreneurship education and youth-targeted programs to curb irregular migration by creating viable local opportunities.

**Keywords:** Digital Entrepreneurship Orientation, Plateau State, Irregular Migration, Social Media Exposure, Youth, Nigeria

### 1. Introduction

There is no denying the growing influence of digital connectivity on the aspirations, livelihood choices, and migration intentions of youth in developing

societies. Young people are now exposed to information about job opportunities, lifestyles, migration routes, and entrepreneurial ventures on social media platforms such as Instagram, TikTok, and Facebook. In Nigeria, digital platforms play a pivotal role in shaping how young people imagine their future, both within the country and globally, with a population exceeding 107 million internet users and growing social media activity (Bello et al., 2024). This is especially relevant given that over 60% of Nigeria's population is under 25, with youth as the primary drivers of social media interactions (Fasasi & Oladipo, 2025). The platforms expose youths to migration-related content that sells the appeal of life abroad and to entrepreneurial narratives that may provide local solutions to their aspirations (Ibrahim et al., 2025).

Irregular migration, or movement outside of legal and regulated migration routes, has become a serious concern, especially for youth in developing countries. Irregular migration can expose people to a range of risks, including trafficking, exploitation and financial loss. Many young people, however, perceive migration as an opportunity to improve their life chances abroad (IOM, 2025). Migration intention, defined as the likelihood that individuals will take irregular migration routes, has been recognised as an important predictor of actual migration behaviour, particularly when shaped by social media narratives that highlight opportunities abroad and minimise the associated risks (Ajzen, 1991; Thomas et al., 2024).

The socio-economic conditions in Nigeria worsen the problem of irregular migration. Nigerian youths are often left with no choice but to find alternative ways to secure their financial futures and develop personally, which makes migration increasingly attractive, given an informal employment rate of 93% and a youth unemployment rate above 15%

(National Bureau of Statistics, 2025). This is compounded by the prevalence of online content which portrays migration as the most effective route to success, fostering a mindset that it is not only viable but essential. Odunlami et al. (2024) observed that youths exposed to migration success stories on social media are more likely to view migration as the most promising option for achieving socio-economic mobility. However, while migration is often idealised, the risks of irregular migration, such as exploitation, human trafficking and financial loss, are downplayed (Fasasi et al., 2024).

The independent variable in this study is exposure to social media, which represents the degree to which youths interact with and consume content on migration, lifestyle, and entrepreneurial opportunities. Research has shown that exposure to migration-related content can increase migration intention, especially when youths are exposed to success stories and the perceived ease of migrating to foreign countries (Adebayo et al., 2025). For example, exposure to content about successful Nigerian migrants or entrepreneurs abroad often influences youths' perceptions of their own future success, thereby making migration a more attractive alternative (Yusuf et al., 2025). However, engagement with entrepreneurial content, particularly content that emphasises local opportunities and digital entrepreneurship, can reduce intentions to migrate by providing viable alternatives for socio-economic mobility (De-Santis & Torrès-Toukoumidis, 2026).

The mediating variable of this study is digital entrepreneurship orientation, defined as the tendency of youth to identify and exploit entrepreneurial opportunities through digital platforms. This includes building skills in e-commerce, digital marketing, content creation, and online business models (Gupta et al., 2024). The digital entrepreneurship orientation has been shown to reduce migration intentions by equipping young people with the skills and mindset to establish and run local businesses, thereby reducing their dependence on migration for socio-economic advancement (Wang et al., 2025). This is consistent with studies by Kalu and Udeh (2025), which find that youths with a strong digital entrepreneurship orientation focus more on local business opportunities than on migration as a solution to economic problems.

The mediating role of digital entrepreneurship is important because it can help transform social media from a platform that promotes migration to one that supports local entrepreneurial activities. Liang et al. (2025) suggested that youths who engage with entrepreneurial content on social media are more likely to pursue local entrepreneurial opportunities,

rather than consider migration as the only viable path to success. In this regard, the impact of social media exposure depends not only on the nature of content consumed but also on the entrepreneurial mindset of youth (Wang & Li, 2025).

Plateau State provides a unique context for this study due to its diverse youth population, increasing engagement with digital media, and prevailing socio-economic challenges. Most of the existing literature on migration has been national in scope. At the same time, little attention has been paid to a specific area, such as Plateau State, where youth are exposed to migration-related content and emerging entrepreneurial opportunities. Research has shown that local contexts significantly shape youths' migration intentions and their responses to digital media, making Plateau a suitable setting for exploring how digital entrepreneurship orientation may mediate the relationship between social media exposure and migration intentions (Sulaimon et al., 2026). This study seeks to fill this gap by investigating the moderating effect of digital entrepreneurship orientation on the relationship between social media exposure and migration intentions in Plateau State.

This study aims to contribute to migration studies, digital entrepreneurship, and youth empowerment in Nigeria by examining the role of digital entrepreneurship as a mediator. It underscores the necessity of policy interventions that embed digital entrepreneurship skills into youth development programmes to mitigate the appeal of irregular migration and foster locally sustainable economic opportunities (Olumide & Adepoju, 2025).

### 1.1 Hypotheses

- Social media exposure does not significantly influence youths' intention to engage in irregular migration in Plateau State, Nigeria.
- Digital entrepreneurship orientation does not significantly mediate the link between social media exposure and youths' intention toward irregular migration in Plateau State, Nigeria.
- No significant relationship exists among social media exposure, digital entrepreneurship orientation, and youths' intention to engage in irregular migration in Plateau State, Nigeria.
- Digital entrepreneurship orientation does not significantly reduce youths' intention to engage in irregular migration in Plateau State, Nigeria.

## 2. Research Methodology

### 2.1 Design, Population, Sample, and Sampling Technique

This study employed a cross-sectional design to explore the relationship between social media exposure, digital entrepreneurship orientation, and irregular migration intention among youths in Plateau State, Nigeria. Data were collected at a single time point to assess patterns and associations among the variables of interest. Specifically, the study examined the impact of social media exposure on youths' intentions to engage in irregular migration and the potential mediating effect of digital entrepreneurship orientation.

The target population consisted of youths aged 18–30 years in Plateau State, selected because individuals within this age range are typically active on social media, engaged with digital opportunities, and likely to form migration-related intentions. According to the National Population Commission (2024), this group totals 1.2 million.

A sample size of 400 youths was determined using Taro Yamane's formula. Respondents were chosen through stratified random sampling to ensure equitable representation across different socioeconomic groups. Stratification was based on key characteristics such as age, gender, education level, and employment status, resulting in the following categories: students, employed youth, unemployed youth, and entrepreneurs.

Proportional selection within these strata helped minimize sampling bias and enhanced the representativeness of the sample. However, youths from institutions or regions that were inaccessible or underrepresented during data collection were excluded.

### 2.2 Instruments

The study utilized the following instruments to collect data:

#### 2.2.1 Social Media Exposure Scale (SMES)

The SMES assesses the extent to which youths interact with social media platforms and engage with

content related to migration and entrepreneurship. Developed by Nguyen et al. (2023), it comprises 12 items across three subscales: migration-related content, entrepreneurial content, and entertainment content. Responses are recorded on a 5-point Likert scale (1 = Strongly Disagree to 5 = Strongly Agree). Previous studies reported a Cronbach's alpha of 0.87, and reliability in the current study was confirmed with a Cronbach's alpha of 0.83.

#### 2.2.2 Digital Entrepreneurship Orientation Scale (DEOS)

The DEOS evaluates youths' attitudes toward digital entrepreneurship. Developed by Alimohammad et al. (2024), it contains 10 items rated on a 5-point Likert scale. The scale measures aspects such as self-efficacy, innovation, opportunity recognition, and risk-taking in digital business contexts. Prior studies reported a Cronbach's alpha of 0.85, while the present study found 0.84, confirming reliability.

#### 2.2.3 Migration Intention Scale (MIS)

The MIS, adapted from Michaels and Spector's Turnover Intention Scale (TIS-6), measures intentions to migrate via irregular routes. It contains six items rated on a 4-point Likert scale (1 = Never to 4 = Always), with higher scores indicating stronger migration intentions. Cronbach's alpha was previously reported as 0.79 (Wen et al., 2018) and 0.76 in this study.

The DIS was developed by the researcher to capture participants' age, gender, education level, employment status, and social media usage patterns. This contextual data helps interpret variations in social media exposure, digital entrepreneurship orientation, and migration intentions.

### 2.3 Method of Data Analysis

The collected data were analysed using appropriate statistical techniques. The first hypothesis was examined with simple linear regression, while the second and third hypotheses were tested using Hayes' PROCESS software. The fourth hypothesis was evaluated through Pearson's correlation. All analyses were conducted at a 0.05 significance level.

3. Results

**Hypothesis One**

Ho1: Social media exposure does not significantly influence youths’ intention to engage in irregular migration in Plateau State, Nigeria.

**Table 1:** Coefficients of the Simple Linear Regression Analysis for the Influence of Social Media Exposure on Irregular Migration Intention

B	Std Error	$\beta$	t	Sig.
(Constant)	1.455	0.432		3.374
Social Media Exposure	0.086	0.022	0.335	3.909

Dependent Variable: Irregular Migration Intention

Table 1 shows significant results with a  $\beta = 0.335$ ,  $t = 3.909$ , and  $p < 0.05$ , leading to the rejection of the null hypothesis and the acceptance of the alternative hypothesis. This suggests that social media exposure significantly influences youths' intentions to engage in irregular migration in Plateau State, Nigeria. The regression equation predicting irregular migration intention (denoted by Y) from social media exposure (denoted by X) is:  
 $Y = 0.086X + 1.455$

**Hypothesis Two**

Ho2: Digital entrepreneurship orientation does not significantly mediate the relationship between social media exposure and youths’ intention to engage in irregular migration in Plateau State, Nigeria.

**Table 2:** Coefficients of the Regression Analysis for the Mediating Role of Digital Entrepreneurship Orientation in the Relationship between Social Media Exposure and Irregular Migration Intention

Model		Coeff.	Std Error	t	p	LLCI	ULCI
(Constant)		2.34	0.603	3.88	0	1.144	3.536
Digital Entrepreneurship Orientation		0.211	0.029	7.276	0	0.154	0.268
Social Media Exposure		0.057	0.012	4.75	0	0.033	0.081

Outcome Variable: Irregular Migration Intention

Table 2 reveals significant results with a coefficient. = 0.211,  $t = 7.276$ , and  $p < 0.05$ , leading to the rejection of the null hypothesis and confirming that digital entrepreneurship orientation significantly mediates the relationship between social media exposure and irregular migration intention.

**Hypothesis Three**

Ho3: No significant relationship exists among social media exposure, digital entrepreneurship orientation, and youths’ intention to engage in irregular migration in Plateau State, Nigeria.

**Table 3:** Correlation Matrix for the Relationships between Social Media Exposure, Digital Entrepreneurship Orientation, and Irregular Migration Intention.

	Social Media Exposure	Digital Entrepreneurship Orientation	Irregular Migration Intention
Social Media Exposure	1.000	0.427*	0.312*
Digital Entrepreneurship Orientation		1.000	-0.295*
Irregular Migration Intention			1.000

*Correlation is significant at the 0.05 level (2-tailed)*

Table 3 shows significant positive relationships between social media exposure and irregular migration intention ( $r = 0.312$ ,  $p < 0.05$ ) and a significant negative relationship between digital entrepreneurship orientation and irregular migration intention ( $r = -0.295$ ,  $p < 0.05$ ). These findings indicate that both social media exposure and digital entrepreneurship orientation are significantly related to migration intention. However, social media exposure and digital entrepreneurship orientation show a moderate positive correlation ( $r = 0.427$ ,  $p < 0.05$ ).

**Hypothesis Four**

Ho4: Digital entrepreneurship orientation does not significantly reduce youths’ intention to engage in irregular migration in Plateau State, Nigeria.

**Table 4:** Coefficients of the Regression Analysis for the Influence of Digital Entrepreneurship Orientation on Irregular Migration Intention

Model	Coeff.	Std Error	t	p	LLCI	ULCI
(Constant)	3.229	0.567	5.688	0	2.104	4.354
Digital Entrepreneurship Orientation	-0.097	0.031	-3.143	0.002	-0.158	-0.036

**Outcome Variable: Irregular Migration Intention**

Table 4 indicates that digital entrepreneurship orientation significantly reduces irregular migration intention, as evidenced by a coefficient of -0.097, t = -3.143, and p < 0.05. Consequently, the null hypothesis is rejected, confirming that digital entrepreneurship orientation has a significant negative effect on youths’ intention to engage in irregular migration in Plateau State.

**4. Conclusion**

The growing concern over irregular migration among Nigerian youths, especially those influenced by social media, highlights the need to understand the factors driving this trend and the role digital entrepreneurship may play in offering alternatives. This study examined the relationship among social media exposure, digital entrepreneurship orientation, and irregular migration intentions among youths in Plateau State, Nigeria. The findings revealed significant relationships between social media exposure and migration intentions, with digital entrepreneurship orientation serving as a crucial mediator that reduces these intentions. The results showed that youths exposed to entrepreneurial content on social media were less likely to pursue irregular migration routes, as they recognised local digital opportunities and gained confidence in their entrepreneurial potential.

Based on these findings, the following recommendations are made:

- Government and Development Agencies: Efforts should be made to enhance youths’ engagement with digital entrepreneurship programs. This could include establishing government-funded digital entrepreneurship hubs, providing access to affordable digital tools, and partnering with tech companies to create scalable business models for youth.
- Educational Institutions: Schools, universities, and vocational training centres

should incorporate digital entrepreneurship education into their curricula. Workshops, seminars, and mentorship programs should focus on equipping young people with the skills to leverage social media platforms for business creation and innovation, offering them an alternative to migration.

- Non-Governmental Organisations (NGOs): NGOs and youth-focused organisations should prioritise initiatives that educate youths on both the risks of irregular migration and the opportunities in the digital economy. These programs should highlight successful local digital entrepreneurs as role models.
- Replicating the Study: This study should be replicated in other regions of Nigeria to assess the broader applicability of these findings. By extending the research to other states, including the northern and southern parts of Nigeria, policymakers can gain a comprehensive understanding of the factors influencing youths' migration intentions nationwide. This would inform a national strategy that blends migration prevention with support for local entrepreneurship.

Through these measures, the government and other stakeholders can take a more proactive approach to reducing irregular migration by providing youths with viable local opportunities and fostering a digital economy that can compete with the allure of migration.

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## Public Debt Burden, Institutional Quality and Health Outcome in Nigeria

GABRIEL EMEKE OKORO

University of Delta, Agbor, Delta State, Nigeria

**Abstract.** This study examines the impact of public debt burden and institutional quality on health outcomes in Nigeria, utilizing empirical analysis on data spanning from 1986 to 2022. The study utilized the Autoregressive Distributed Lag (ARDL) bounds test for cointegration analysis, demonstrating that life expectancy, as a proxy for health outcomes, is cointegrated with external debt to GDP, domestic debt to GDP, debt service to exports, number of bed spaces per 1000 people, number of physicians per 1000 people, total health expenditure, and the corruption index ranking, indicating a long-term equilibrium relationship. The empirical findings revealed that institutional quality, as measured by the corruption ranking index, has a significant inverse effect on health outcomes in both the long and short run. In contrast, the fiscal freedom index shows a direct, though insignificant, impact on health outcomes in the long run, becoming significant in the short run. Additionally, both the external and domestic debt burdens negatively and significantly affect health outcomes in both the short and long run. In contrast, the debt service to exports ratio has a positive influence on health outcomes in the long run but an adverse effect in the short run. Government health expenditure positively and significantly impacts on health outcomes in both the long and short run. The physicians per 1000 population have a negative long-run effect but a positive short-run effect on health outcomes, while the number of bed spaces per 1000 population consistently has a positive effect. The study concluded that external and domestic debt burdens reduce Nigeria's health outcomes, whereas debt service has a beneficial impact on health in the long run. Institutional quality also significantly contributes to the improvement of health outcomes. Therefore, the study recommended that thorough assessment of debt-financed health projects for sustainability, prioritization of low-interest public loans for health financing, reduction in reliance on external debt for health expenditures, enhancement of transparency and accountability in health spending, and institutional reforms to combat corruption and improve the efficiency of public health investments and its outcome.

**Keywords:** Public Debt Burden; Institutional Quality; Health Outcomes; Life Expectancy; External Debt; Domestic Debt; Debt Servicing; Fiscal Freedom; Corruption; Government Health Expenditure; Nigeria; ARDL.

### 1. Introduction

Health is widely recognized as a critical component of human capital development and a fundamental driver of economic growth and sustainable development. A healthy population enhances labour productivity, educational attainment, and overall socioeconomic welfare. According to Lawanson (2009) health constitutes a vital component of human capital formation, while Todaro (2007) argues that human resources represent the ultimate basis of a nation's wealth because they actively accumulate capital, exploit natural resources, and promote economic and social development. Consequently, investments in healthcare are essential for improving human capital and fostering sustainable economic growth.

Since independence in 1960, Nigeria's economy has been characterized by significant government participation in economic activities, particularly in the provision of social and community services (CBN, 2017). Despite efforts to increase private sector involvement in socioeconomic development, the government remains the largest provider of public services and employer of labour. However, growing expenditure commitments have frequently exceeded government revenue capacity, leading to increased reliance on public borrowing to finance development projects and social sector expenditures, including healthcare (Iyoha, 2007). While public debt can serve as a strategic instrument for financing economic development, excessive debt accumulation may constrain fiscal space and reduce the resources available for critical sectors such as health.

The Nigerian health sector continues to face numerous challenges, including inadequate healthcare

infrastructure, shortages of skilled health personnel, poor remuneration and motivation, unsustainable healthcare financing, corruption, inadequate supervision of healthcare providers, and high out-of-pocket healthcare expenditures (Obansa & Akinagbe, 2013). These challenges have contributed to poor health outcomes, particularly low life expectancy, high infant and maternal mortality rates, and a growing burden of communicable and non-communicable diseases. Akintunde, Fagbola, Aribatise, and Njoku (2023) further observed that inadequate funding, insufficient healthcare infrastructure, and limited access to quality healthcare services have significantly weakened healthcare delivery in Nigeria, resulting in one of the lowest life expectancy rates globally.

Recognizing the importance of healthcare financing, African leaders adopted the Abuja Declaration in 2001, committing member states to allocate at least 15 percent of their annual budgets to the health sector. However, evidence indicates that most Sub-Saharan African countries, including Nigeria, have consistently failed to meet this target (African Data Report, 2016). Historically, low public expenditure on health has been identified as a major contributor to poor health outcomes across the region (Kaseje, 2006). Studies by Akintunde et al. (2023) and Edeh (2022) revealed that health expenditure in Nigeria has remained below 7 percent of total government expenditure over the past two decades, falling significantly short of both the Abuja Declaration target and international recommendations. Similarly, Ezenwaka et al. (2022) reported that government expenditure accounts for only about 29 percent of total health spending in Nigeria, leaving households and private institutions to finance approximately 71 percent of healthcare costs.

At the same time, Nigeria's rising public debt burden has generated concerns regarding its implications for healthcare financing and health outcomes. Previous studies have shown that increasing debt obligations can drain foreign exchange reserves, stimulate capital flight, and reduce fiscal resources available for social sector investments (Fosu, 2008; Megersa, 2014; Richards & Nwankwo, 2010; Ndikumana & Boyce, 2011). Excessive debt servicing obligations may crowd out expenditure on healthcare, education, and infrastructure, thereby undermining efforts to improve human welfare and sustainable development (Soetan & Osadola, 2018). Although public borrowing may provide resources for development projects, poorly managed debt accumulation can impose substantial fiscal pressures that limit government capacity to invest in human capital development (Joy & Panda, 2020).

Beyond fiscal considerations, institutional quality plays a crucial role in determining the effectiveness of public spending and health sector performance. Strong

institutions facilitate transparency, accountability, efficiency, and equitable allocation of public resources, thereby improving healthcare delivery and health outcomes. Conversely, weak institutions often encourage corruption, resource misallocation, and inefficiency, which can undermine healthcare financing and service delivery. Sibanda, Qoko, and Gonese (2024) argue that high-quality institutions are essential for maximizing the effectiveness of health expenditure, reducing waste, and ensuring that healthcare resources are utilized efficiently. Effective governance mechanisms can therefore enhance the developmental benefits of public borrowing by ensuring that debt-financed resources are directed toward productive investments in healthcare and other critical sectors.

Nigeria's experience presents a particularly important case for examining the nexus between public debt burden, institutional quality, and health outcomes. Despite substantial increases in public borrowing over the years, health indicators remain poor relative to many developing countries. According to the World Bank (2021), life expectancy at birth in Nigeria was approximately 54.49 years in 2019, considerably lower than figures reported for countries such as South Africa, Egypt, Libya, and India. Furthermore, evidence suggests that federal government budgetary allocations to health have consistently remained between 5 and 6 percent of total expenditure, largely due to growing debt servicing obligations and institutional weaknesses within the public sector (Adedokun, Adekanmbi, & Uthman, 2017).

Although several empirical studies have investigated the determinants of health outcomes in Nigeria and other developing economies (Muendiruth, 2014; Novignon & Lawanson, 2017; Adewumi, Acca, & Afolayan, 2018; Adeshina, Nwabuisi, & Adetutu, 2019; Jebbin, 2022; Abubakar & Inuwa, 2020; Yechi & Danladi, 2021; Hu & Zafar, 2022), limited attention has been devoted to examining the combined effects of public debt burden and institutional quality on health outcomes in Nigeria. This gap in the literature is particularly important given the country's increasing debt profile, persistent governance challenges, and continued struggle to improve healthcare outcomes.

Against this backdrop, this study investigates the impact of public debt burden and institutional quality on health outcomes in Nigeria. Specifically, the study examines the effects of external debt burden, domestic debt burden, debt servicing burden, fiscal freedom, and corruption on health outcomes. By doing so, the study contributes to the growing literature on public finance, institutional economics, and health economics while providing evidence-based recommendations for policymakers seeking to improve healthcare outcomes and promote sustainable development in Nigeria.

Succeeding this introduction, Section 2 deals with a survey of related literature, Section 3 anchors the study's methodology, the empirical results and discussion of findings are contained in Section 4, and Section 5 concludes the study with some policy implications.

## 2. Literature Review

### 2.1. Conceptual Review

#### 2.1.1 Public Debt Burden

Public debt refers to the aggregate financial obligations incurred by a government through borrowing from domestic and external sources to finance budget deficits, development projects, and other public expenditures. According to Ajayi and Edewusi (2020) and Onyenwufe, Ekesiobi, and Okoli (2022), public debt encompasses funds borrowed from individuals, financial institutions, foreign governments, multilateral organizations, and private entities. Public debt is generally classified into domestic debt, which is sourced within the country, and external debt, which is obtained from foreign creditors, international financial institutions, and foreign governments.

The concept of debt burden extends beyond the stock of debt to include the cost of servicing debt obligations through interest and principal repayments. Black (2002) defines debt burden as the financial pressure imposed by debt servicing requirements, which may become unsustainable when debt levels rise excessively or when economic performance deteriorates. Excessive debt servicing obligations can crowd out public expenditure on productive sectors such as health, education, and infrastructure, thereby undermining economic development and social welfare.

Scholars have further distinguished between productive and unproductive debt. Udoka and Anyingang (2012) argue that productive debt finances investments that generate future economic returns, such as infrastructure and industrial projects, whereas unproductive or deadweight debt finances recurrent expenditures and activities that do not generate future income streams. Consequently, the developmental impact of public debt depends largely on the utilization and management of borrowed resources.

#### 2.1.2 Institutional Quality

Institutional quality refers to the effectiveness, efficiency, transparency, and credibility of institutions responsible for governing economic, political, and social activities within a country. It encompasses the rule of law, government effectiveness, regulatory quality, accountability, control of corruption, and the protection of property rights. According to North (1981),

institutions consist of formal rules, compliance procedures, and behavioral norms that shape human interactions and economic outcomes. Similarly, Yildirim (2015) conceptualizes institutions as social structures and rules that guide individual and collective behavior.

The institutional economics literature emphasizes that strong institutions promote economic efficiency, innovation, investment, and sustainable development, while weak institutions encourage corruption, inefficiency, and rent-seeking behavior (North, 1990; Rodrik, 2000). In the context of healthcare, institutional quality determines the efficiency with which public resources are allocated and utilized. Strong institutions facilitate transparency and accountability in public financial management, thereby enhancing the effectiveness of health expenditure and improving health outcomes. This study adopts two indicators of institutional quality: fiscal freedom and corruption.

#### 2.1.3 Fiscal Freedom

Fiscal freedom measures the extent to which government fiscal policies promote economic activity by minimizing excessive taxation and ensuring efficient public expenditure. It reflects the ability of individuals and businesses to retain earnings and invest resources without undue fiscal constraints. Higher fiscal freedom is generally associated with efficient public resource allocation, improved investment climate, and sustainable economic growth. In the healthcare sector, fiscal freedom influences government capacity to mobilize and allocate resources for healthcare delivery. Appropriate fiscal policies can enhance health financing, while excessive taxation or inefficient government spending may limit healthcare investment and service delivery.

#### 2.1.4 Corruption

Corruption represents the misuse of public office or authority for private gain. It is widely recognized as a key indicator of weak institutional quality because it distorts resource allocation, reduces government effectiveness, weakens accountability, and undermines public trust. In the health sector, corruption can divert funds intended for healthcare infrastructure, personnel, and medical supplies, thereby reducing the effectiveness of health expenditure and worsening health outcomes. High levels of corruption are therefore associated with inefficient healthcare systems, poor service delivery, and increased health inequalities.

#### 2.1.5 Health Outcomes

Health outcomes refer to measurable changes in the health status of individuals or populations resulting from healthcare interventions, public policies, environmental conditions, and socioeconomic factors. According to

Ikenna (2018), health outcomes capture improvements or deteriorations in health conditions attributable to healthcare investments and interventions. Common indicators of health outcomes include life expectancy, infant mortality, maternal mortality, disease prevalence, healthcare accessibility, and quality of life.

Among these indicators, life expectancy remains one of the most widely used measures of population health. Lawal (2016) defines life expectancy as the average number of years a newborn is expected to live under prevailing mortality conditions. It reflects the overall effectiveness of healthcare systems and broader socioeconomic conditions. Improved health outcomes are generally associated with increased healthcare expenditure, enhanced healthcare infrastructure, greater availability of healthcare professionals, and effective governance systems.

### 3. Theoretical Review

#### 3.1 Debt Overhang Theory

The Debt Overhang Theory, developed by Krugman (1988) and Sachs during the debt crises of the 1980s, posits that excessive debt accumulation discourages investment and economic growth because future returns from investment are expected to be used primarily for debt repayment. Consequently, both domestic and foreign investors reduce investment activities due to uncertainty regarding future economic returns. Applied to the health sector, the theory suggests that excessive public debt and debt servicing obligations reduce fiscal resources available for healthcare financing. Governments burdened by large debt repayments may be forced to cut spending on social services, including health, thereby adversely affecting health outcomes. The theory therefore predicts a negative relationship between debt burden and health performance.

#### Neoclassical Debt Theory

The Neoclassical Model of Debt, as articulated by Rosen (1999), argues that government borrowing competes with private investment for available financial resources. This "crowding-out effect" reduces private investment and capital accumulation, ultimately slowing economic growth. Since lower economic growth translates into reduced government revenues, public spending on essential sectors such as healthcare may also decline. The theory implies that excessive government borrowing can indirectly impair health outcomes through reduced investment and economic performance.

#### 3.2 Ricardian Equivalence Theory

The Ricardian Equivalence Theory, associated with Barro (1974), posits that debt-financed government spending is equivalent to tax-financed spending because

rational individuals anticipate future taxation required to repay government debt. Consequently, individuals increase savings to offset future tax burdens, leaving aggregate demand unchanged. Although the theory has attracted criticism due to its restrictive assumptions, it suggests that government borrowing may not necessarily affect economic outcomes if economic agents fully anticipate future fiscal adjustments. However, its applicability in developing countries such as Nigeria is often questioned due to imperfect information, liquidity constraints, and weak financial markets.

#### 3.3 Grossman's Health Production Theory

Grossman's (1972) Health Production Theory provides the theoretical foundation for understanding health outcomes. The theory conceptualizes health as both a consumption good and an investment good. Individuals derive utility from good health while simultaneously investing in health to increase productivity and future earnings. Health is viewed as a form of capital that depreciates over time and requires continuous investment through healthcare services, nutrition, education, and healthy lifestyles. Government expenditure on healthcare therefore contributes to the accumulation of health capital and improved health outcomes. The theory further emphasizes that socioeconomic factors, public policies, and institutional arrangements influence the efficiency of health production and the overall health status of a population.

#### 3.4 Empirical Review

Empirical studies on public debt, institutional quality, and health outcomes have produced mixed findings across countries and regions. ujkNovignon and Lawanson (2017) examined the relationship between health expenditure and child health outcomes in 45 Sub-Saharan African countries using panel data techniques. Their findings revealed that health expenditure significantly reduces infant, neonatal, and under-five mortality rates, with public health expenditure exerting stronger effects than private expenditure. Similarly, Olayiwola, Adedokun, and Olusanya (2020) found that government health expenditure significantly improves life expectancy while reducing infant and maternal mortality rates in Nigeria. Danladi (2021) also reported a positive relationship between government health expenditure and life expectancy, although the effects were statistically insignificant. Conversely, Adewumi, Acca, and Afolayan (2018) observed that government health expenditure exhibited a positive association with mortality indicators in Nigeria, suggesting inefficiencies in healthcare spending. Likewise, Ojo, Nwosa, Alake, and Adebajji (2020) found that health expenditure had an insignificant negative effect on life expectancy in Nigeria.

Regarding debt and health outcomes, Muendiruth (2014) found that debt servicing negatively affected healthcare service delivery in Nigeria between 1981 and 2013. Abubakar and Inuwa (2020) similarly reported that external debt servicing adversely affected health outcomes, recommending increased public investment in healthcare and improved debt management strategies. Yechi, Hu, and Zafar (2022), using panel data from emerging Asian economies, found that public debt increased infant mortality and reduced life expectancy in the long run. Adeshina, Nwabuisi, and Adetutu (2019) reported that domestic debt significantly influenced health outcomes in Nigeria, while Said and Sani (2020), using a sample of 43 Sub-Saharan African countries, found that public debt burden negatively affected health expenditure. Importantly, their study demonstrated that the negative effect of debt diminished and eventually became positive when institutional quality improved. This finding highlights the moderating role of institutions in determining the developmental consequences of public debt. Recent evidence by Nwokoye, Dimnwobi, Onuoha, and Madichie (2024) revealed that domestic debt, external debt, and debt servicing positively contributed to human capital development in Nigeria, suggesting that the effectiveness of debt depends largely on how borrowed resources are managed and invested.

### 3.5 Gap in the Literature

The reviewed studies reveal substantial evidence on the relationship between health expenditure and health outcomes, as well as the impact of public debt on economic performance and social development. However, existing studies have largely examined these relationships separately. Limited attention has been given to the joint influence of public debt burden and institutional quality on health outcomes, particularly within the Nigerian context. Furthermore, few studies have incorporated specific institutional quality indicators

such as fiscal freedom and corruption alongside various dimensions of public debt. This study seeks to fill this gap by examining how public debt burden and institutional quality jointly influence health outcomes in Nigeria.

## 4. Research Methodology

### 4.1 Theoretical Framework / Model Specification

Conventionally, the idea to model the determinants of health outcome took its roots from the Grossman (1972) where the health outcome model was specified as a function of input. Subsequent studies expanded the model to be the function of other additional factors. To examine the impact of public debt burden on health outcome, this study adapts the empirical model by Abubakar and Inuwa (2020) who examined the relationship between public debt services and health outcome in Nigeria. They specified their model as:

$$HOC = f(GEH, EX, DS, RGDP) \quad 3.1$$

Econometrically the model is specified as

$$HOCT = \beta_0 + \beta_1GEHt + \beta_2EXDSt + \beta_3RGDPt + U_t \quad 3.2$$

Where:

HOC = Health Outcome proxy by life expectancy

GEH = Government expenditure on health

EXDS = External Debt service

$U_t$  = Error Term

For this study, the debt burden is further disaggregated into external debt to GDP ratio (EXG), domestic debt to GDP ratio (DDG) and debt services to export ratio (DSR). Meanwhile, institutional quality is captured by the fiscal freedom index (FFI) and corruption index ranking (COR). Control variables such as number of bed spaces per 1000 people (NBS) and number of physicians per 1000 people were also included. Therefore, Equation (3.3) below modeled the above factors:

$$LIF = \beta_0 + \beta_1DDG + \beta_2DSR + \beta_3EXG + \beta_4FFI + \beta_5COR + \beta_6NBS + \beta_7NPH + \beta_8TGH + U_t \quad 3.3$$

$\beta_1, \beta_2, \beta_3, \beta_5 < 0; \beta_4, \beta_6, \beta_7, \beta_8 > 0$ ,

The ARDL model for equation 3.3 is expressed as follows:

$$\begin{aligned} \Delta TGH_t = & \alpha_0 + \sum_{i=1}^p \alpha_1 \Delta(DDG)_{t-i} + \sum_{i=0}^p \alpha_2 \Delta(DSR)_{t-i} + \sum_{i=0}^p \alpha_3 \Delta(EXG)_{t-i} \\ & + \sum_{i=0}^p \alpha_4 \Delta(FFI)_{t-i} + \sum_{i=0}^p \alpha_5 \Delta(COR)_{t-i} + \sum_{i=0}^p \alpha_6 \Delta(NBS)_{t-i} + \sum_{i=0}^p \alpha_7 \Delta(NPH)_{t-i} + \\ & \sum_{i=0}^p \alpha_8 \Delta(TGH)_{t-i} + \delta_1(DDG)_{t-1} + \delta_2(DSR)_{t-1} + \delta_3(EXG)_{t-1} + \delta_4(FFI)_{t-1} + \delta_5(COR)_{t-1} + \\ & \delta_6(NBS)_{t-1} + \delta_7(NPY)_{t-1} + \delta_8(TGH)_{t-1} + v_t \end{aligned} \quad (3.4)$$

The coefficients from  $\alpha_1$  to  $\alpha_7$  represent the short-run coefficients whereas the coefficients from  $\delta_1$  to  $\delta_8$  represent the long-run coefficients of the ARDL model. Also,  $\alpha_0$  is the drift component, “n” is the maximum lag length while  $v_t$  is the stochastic error term. The bounded F-statistic test was used to check the existence of a stable, long-run relationship among the variables in the model. For instance, if the calculated F-statistic in equation 3.4 is greater than the appropriate upper bound critical values, the null hypothesis is rejected implying the existence of co-integration relationship. But if the value of the F-statistic is below the lower bound, the null cannot be rejected, indicating the absence of co-integration. Besides, if the F- statistic value lies within the lower and upper bounds, the results are considered inconclusive (Pesaran et al., 2001). If the bound test shows evidence of co-integration among variables specified for example as in equation 3.4, the long and the short-run (an error correction model (ECM)) models are specified as follows;

The long-run model:

$$TGH_t = \alpha_0 + \sum_{i=1}^p \alpha_1(DDG)_{t-i} + \sum_{i=0}^p \alpha_2(DSR)_{t-i} + \sum_{i=0}^p \alpha_3(EXG)_{t-i} + \sum_{i=0}^p \alpha_4(FFI)_{t-i} + \sum_{i=0}^p \alpha_5 \ln(COR)_{t-i} + \sum_{i=0}^p \alpha_6(NBS)_{t-i} + \sum_{i=0}^p \alpha_7(NPH)_{t-i} + \sum_{i=0}^p \alpha_8(TGH)_{t-i} + v_t \text{ -----(3.5)}$$

short-run model (ECM model):

$$\Delta(TGH)_t = \delta_0 + \sum_{i=1}^p \delta_1 \Delta(DDG)_{t-i} + \sum_{i=0}^p \delta_2 \Delta(DSR)_{t-i} + \sum_{i=0}^p \delta_3 \Delta(EXG)_{t-i} + \sum_{i=0}^p \delta_4 \Delta \ln(FFI)_{t-i} + \sum_{i=0}^p \delta_5 \Delta(COR)_{t-i} + \sum_{i=0}^p \delta_6 \Delta(NBS)_{t-i} + \sum_{i=0}^p \delta_7 \Delta(NPH)_{t-i} + \sum_{i=0}^p \delta_8 \Delta(TGH)_{t-i} + \beta ECM_{t-1} + v_t \text{ -----(3.6)}$$

Where  $\beta$  is the error correction term and it measures the speed of adjustment towards the long run equilibrium, and the remaining coefficients provide the short-run dynamics.

**4.2 Sources of Data**

The data used in the study are time series data covering the period 1986 – 20222 and were obtained mainly from secondary sources. Among these are Central Bank of Nigeria (CBN) Statistical Bulletin (various issues), National Bureau of Statistic (NBS), and World Bank Development Indicators statistical bulletin, Economic Journals, text books and published journals on the subject matter.

**4.3 Method of Data Analysis.**

The Autoregressive Distributed Lag (ARDL) methodology developed by Pesaran & Shin (1999) and Pesaran et al. (2001) was used to investigate the long and short-run relationship among public debt burden, institutional quality and government expenditure on health in Nigeria. The ARDL bound model has three advantages when compared with the Engle and Granger (1987) two-step method and Johansen and Juselius (1990) cointegration method. The ARDL method is applied to deal with the series having mixed stationary issues (i.e. the mixture of I(0) and I(1)). Hence, it relaxes the assumption that all series must be integrated in the same order. The next advantage is that the ARDL test is relatively more efficient in the case of small and finite sample data sizes. The method produced unbiased estimates of the long-run model (Harris & Sollis, 2003). The bounds test is a simple technique because it allows the co-integration relationship to be estimated by OLS once the lag order of the model is identified, unlike other multivariate co-integration methods. Furthermore, to determine the performance of the estimated model, RESET test, Serial correlation, normality and Heteroscedasticity tests were conducted, whereas the Cumulative Sum (CUSUM) and Cumulative Sum of Square (CUSUM Q) of residual of the ARDL model test was conducted to verify the stability nature of the model.

**5. Data Analysis and Discussion of Results**

**5.1 Introduction**

This section deals with the presentation and the empirical estimation of the model. Using the data on the variables from 1986 – 2024. We regressed and analyzed the prediction equation results of the model which was specified in section three using the Eview Econometric software package to run the OLS bearing in mind the objectives and hypotheses of the study. The results of the estimation are presented below in the sub-sections.

**5.2 Unit Root Test:**

The Augmented Dickey-Fuller Unit root test was used to assess whether the variables are stationary or not and their order of integration. The test involved testing the null hypothesis of non-stationarity of variables against the alternative hypothesis of stationarity. The result of the ADF Unit root test is shown in Table 4.1

**Table 4.1:** Results of Augmented Dickey Fuller (ADF) Unit Root Test

Variable	ADF Calculated Value in Level	ADF Calculated Value at 1st Difference	Mckinnon 5% Critical Value	Order Of Integration
EXG	-1.2282	-4.9695*	-2.9484	I(1)
DDG	-1.6262	-4.8387*	-2.9484	I(1)
DSR	-2.8686	-8.1040*	-2.9484	I(1)
THE	-3.7303	-	-2.9458	I(0)
NBS	-2.0553	-9.3740*	-2.9484	I(1)
FFI	-5.4434*	-	-2.9484	I(0)
COR	-2.1278	-5.3852*	-2.9484	I(1)
NPY	-0.8362	-3.8837*	-2.9484	I(1)
LIF	-1.3291	-9.8395*	-2.9484	I(1)

Source: Regression Output using Eview 12

\*Significant at 5 per cent

The unit root test in Table 4.1 shows that external debt to GDP ratio (EXG), domestic debt to GDP ratio (DDG), debt services to export ratio (DSR), life expectancy (LIF), number of bed spaces per 1000 people (NBS), number of physicians per 1000 people and corruption index ranking (COR) are stationary at first difference since the calculated ADF Statistics is greater than the McKinnon 5% critical values while fiscal freedom index and health expenditure as a percentage of total government expenditure (THG) are stationary at level because the ADF value of the variable at level is greater than the McKinnon 5% critical values.

**5.3 Lag Length Criteria**

The step that follows is, therefore, determining the appropriate lag. The lag-length selection criteria such as sequential modified LR test statistic (LR), Final Prediction Error (FPE), Akaike Information Criterion (AIC), Schwarz Information Criterion (SC), and Hanna-Quinn information criterion (HQ) were employed to determine the appropriate lag length of the models. The test results of the different lag selection methods are reported in table 4.2. After a meticulous examination of the different lag lengths by estimating the VAR at each lag length and diagnosing the whiteness of resulting residuals, two (2) lag lengths was recommended by Aikaike Information Criteria AIC statistic, was selected for the model.

**Table 4.2:** VAR Lag Order Selection Criteria

VAR Lag Order Selection Criteria  
 Endogenous variables: LIF COR DDG DSR EXG FFI NBS NPY THG  
 Exogenous variables: C  
 Date: 11/02/24 Time: 08:36  
 Sample: 1986 2022  
 Included observations: 35

Lag	LogL	LR	FPE	AIC	SC	HQ
0	635.2439	NA	2.32e-27	-35.78537	-35.38542	-35.64731
1	819.8230	263.6844	7.24e-30	-41.70417	-37.70471	-40.32356
2	968.8907	136.2904*	4.14e-31*	-45.59376*	-37.99477*	-42.97059*

\* indicates lag order selected by the criterion  
 LR: sequential modified LR test statistic (each test at 5% level)  
 FPE: Final prediction error  
 AIC: Akaike information criterion  
 SC: Schwarz information criterion  
 HQ: Hannan-Quinn information criterion

Source: Regression Output using Eview 12

**5.4 Bounds Test for Co-Integration**

The next step after determining the order of integration and lag length of the variables was to apply the bound F-test in order to establish the existences or otherwise of long-run relationship among the variables. The summary results of the bounds test for co-integration for the model is shown in Tables 4.3 below alongside with critical values. The computed F-statistic from bound test for the models is 31.3056. These values exceed the upper bounds critical value of 3.15 at 5% significance level. This implies that the alternate hypothesis of the existence of a unique co-integration (long run) relationship between the health outcome proxy by life expectancy and the explanatory variables is accepted while null hypothesis of no co-integration is rejected.

**Table 4.3:** Summary of ARDL Bound Test Results

Models	Test statistic	Computed statistic	F-	Lag	Significance level	Bound Critical values	
						Lower Bounds I(0)	Upper Bounds I(1)
Model 1	F-statistic	31.3056		2	5%	2.11	3.15

*Source:* Regression Output using Eview 12

**5.5 Long Run Regression Results of the ARDL Model**

The results of the estimated long-run coefficients using the ARDL approach are presented in Table 4.4 below. The models selected by AIC are (2,1,2,2,2,1,1,2,1).

**Table: 4.4:** Summary of the Long Run ARDL Regression Results

Depended Variable: LIF

Variable	Coefficient	Standard Error	t-Statistic	Prob.
COR	-0.0191*	0.0086	-2.1687	0.0509
DDG	-0.0191*	0.0077	-2.4746	0.0292
DSR	0.0451*	0.0055	8.1436	0.0000
EXG	-0.0099*	0.0019	-5.1352	0.0002
FFI	0.0129	0.0066	1.9648	0.0730
NBS	0.0264*	0.0087	3.0178	0.0107
NPY	-0.0102	0.0145	-0.7049	0.4943
THG	0.0112*	0.0049	2.3412	0.0373
Constant	1.5719	0.0142	111.0864	0.0000

Note: \* is significant at 5% level of significance.

*Source:* Regression Output using Eview 12

From Table 4.4, it could be observed that corruption index ranking (COR) as an institutional quality variable is negatively signed which indicates that an inverse relationship exists between corruption index and health outcome. This is not consistent with the apriori expectation. The value of the coefficient is -0.0179, which implies that one unit increase in COR leads to 0.0179 unit decrease in the health outcome in Nigeria’s when other regressors are held constant. The coefficient of the variable is significant at 5 percent level of significance with a probability value of 0.0509 and a T-Value 2.1687 which is greater than the critical value 2.052. Thus, the alternate hypothesis is accepted, that is, that corruption index as an institutional quality variable has a significant impact on the Nigerian health outcome. This result supports the fact that in the long run increase in Nigeria corruption index stemmed Nigeria health outcome.

The coefficient of domestic debt to GDP ratio (DDG) is negatively signed which indicates that an inverse relationship exists between DDG and health outcome in Nigeria. This is consistent with the apriori expectation. The value of the coefficient is -0.0191, which implies that one unit increase in DDG leads to 0.0191 unit decrease in health outcome in Nigeria. The coefficient of the variable is significance at 5 percent level of significance with a probability value of 0.0292 and a T-Value 2.4746 which is greater than the critical value 2.052. Thus, the alternate hypothesis is accepted, that is, domestic debt burden has a significant impact on the Nigeria health outcome. This result supports the fact that in the long run increase in domestic debt burden reduces health outcome. This finding is consistent with Muendiruth (2014) who reported that debt servicing has negative and significant impact on health outcome in Nigeria. Furthermore, this result conforms to Yechi, Hu and and Zafar (2022) who stated that debt has increased infant mortality and decreased life expectancy in emerging Asian economies in the long run.

The coefficient of debt services to export ratio (DSR) is positively signed. This shows that the variable has a direct relationship with the Nigeria health outcome. The value of the coefficient is 0.0451 which implies that one unit increase in DSR leads to 0.0451 unit increase in the Nigerian health outcome on the long run. The variable is statistically significant

with a probability value of 0.0000 and a T-Value 8.1436 which is greater than the critical value of 2.052. Thus, we reject the alternate hypotheses that debt services to export ratio have a significant impact on Nigeria health outcome. This is in line with Adeshina, Nwabuisi and Adetutu (2019) who confirmed that public debt has long run significant impact on health status in Nigeria.

The coefficient of external debt to GDP ratio (EXG) shows an inverse and significant relationship with health outcome in Nigeria. This is in line with the apriori expectation. One percent increase in EXG leads to a 0.0099 unit decrease in health outcome in Nigeria. This result suggests that debt burden stunted the growth of health outcome in Nigeria. The result revealed that external debt has inverse and significant effect on health outcome in Nigeria, which is in line with the findings of Ogwuma, Orikara and Uruakpa (2018) and Ajah and Jacob (2022). This means that external debt as an index of public debt in Nigeria has on significant influence on the proportionate increase in the government health expenditure in Nigeria.

The coefficient of fiscal freedom index (FFI) as an institutional quality variable has a direct and insignificant impact on the Nigeria health outcome. One unit increase in FFI leads to 0.0129 unit increase in health outcome in Nigeria. This is consistent with the apriori expectation. This implies that fiscal freedom index contributed to the increase in government budget allocation on health which improves the sector output. The coefficient of number of physicians per 1000 (NBS) has a direct and significant impact on health outcome in Nigeria. One unit increase in NBS leads to 0.0264 unit increase in Nigeria health outcome. This is consistent with the apriori expectation. This implies that an increase in NBS increased Nigerian health outcome. The coefficient of number of physicians per 1000 (NPY) has an inverse and insignificant impact on the Nigeria health outcome. One unit increase in NPY leads to 0.0102 unit decrease in Nigeria health outcome. This is not consistent with the apriori expectation. This implies that number of physicians per 1000 does not contribute to the increase in Nigerian health outcome. This finding is a pointer to the fact that the Nigerian health sector is characterised by inadequate number of professional doctors and which will lead to low-capacity buildings and reduce human capacity utilisation which will lead to reduction in health output. This finding is consistent with Adewumi, Acca and Afolayan (2018) who shown that numbers of physicians have negative relationship with neonatal mortality, child and infant mortality rate in Nigeria.

The coefficient of government health expenditure (TGH) is positively signed. This shows that the variable has a direct relationship with the Nigeria health outcome. The value of the coefficient is 0.0112 which implies that one unit increase in TGH leads to 0.0112 unit increase in the Nigerian health outcome on the long run. The variable is statistically significant with a probability value of 0.0373 and a T-Value 2.3412 which is greater than the critical value of 2.052. Thus, we reject the null hypotheses that government health expenditure has an insignificant impact on Nigeria health outcome. This is in line with Danladi (2021) who indicated that capital health expenditure and recurrent health expenditures are positively related to the performance of the health sector proxy by life expectancy rate.

**5.6 Short Run Parsimonious Estimation of the ARDL Model**

In order to capture the short run deviations that might have occurred in estimating the long run co-integration equation, a dynamic parsimonious error correction estimate is reported in Table 4.5:

**Table 4.5:** Summary of Short Run Parsimonious Estimations of the ARDL model  
Depended Variable: LIF

Variable	Coefficient	Standard Error	t-Statistic	Prob.
LIF	0.2225*	0.0543	4.0590	0.0016
D(DDG)	0.0387*	0.0092	4.1911	0.0013
D(COR)	-0.0463*	0.0115	-4.0387	0.0016
D(COR(-1))	-0.0690*	0.0114	-6.0702	0.0001
D(DSR))	0.0244*	0.0034	7.1942	0.0000
D(DSR(-1))	-0.0239*	0.0032	-7.1942	0.0000
D(EXG)	-0.0082	0.0039	-2.1037	0.0572
D(EXG(-1))	0.0230*	0.0040	5.7663	0.0001
D(FFI)	0.0129*	0.0042	3.0358	0.0104
D(NBS)	-1.4905*	0.3547	-4.2017	0.0015
D(NPY)	0.0505*	0.0215	2.3493	0.0368
D(TGH)	0.0128	0.0023	5.3682	0.0002
D(TGH(-1))	-0.0043	0.0024	-1.8072	0.0958
D(NBS(-1))	-4.4777*	0.6061	-7.3879	0.0000
D(NBS(-2))	-3.2728*	0.6698	-4.8862	0.0005
D(NBS)	0.0216*	0.0064	3.3604	0.0057
ECM(-1)	-0.9674*	0.0841	-23.4062	0.0000
R-squared		0.9725		

Adjusted R-squared	0.9555
Durbin – Watson stat	2.31520

Note: \* is significant at 5% level of significance.

Source: Regression Output using Eviews 12

Table 4.5 indicates that the difference in corruption index D(COR) in the current year has an inverse and significant impact on health outcome in Nigeria. This is in line with a priori expectation. Also, the difference in one year lag periods of corruption index D(COR(-1)) has an inverse and significant impact on the health outcome in Nigeria. This confirms the fact that corruption has the tendency of diverting fund met for the health sector to private pocket which have adverse effect on public expenditure on health and health outcome in Nigeria on the short run.

The difference in domestic debt to GDP ratio (DDG) has a direct and significant impact on health outcome in Nigeria on the short run which does not conform to the a priori expectation. This indicated that domestic debt burden does not have adverse impact on health outcome in Nigeria. Furthermore, the difference debt services to export ratio D(DSR) has a direct and significant impact health outcome in Nigeria on the short run. But the deference in the variable at lag one D(DSR(-1)) has an inverse and significant impact on Nigeria health outcome. This is not consistent to the apriori expectation. This implies that government debt if used on productive sector will enhance government revenue generation and impact positively on government budget allocation to the health sector and its outcome. The difference in external debt to GDP ratio, D(EXG) has an inverse and insignificant impact on the on-health outcome in Nigeria on the short run which is in line with the apriori expectation. While at lag one D(EXG(-1)) has a direct and significant impact on the Nigerian health outcome on the short run.

Furthermore, the difference number of bed spaces per 1000 people D(NBS) has direct inverse and significant impact on Nigeria health outcome on the short run and this is in line with the apriori expectation while the difference in number of physicians per 1000 people (NPY) has direct but significant impact on health outcome in Nigeria. The difference in public expenditure on health, D(THG) has a direct and significant impact on the health outcome in Nigeria on the short run which is in line with the apriori expectation. While at lag one D(THG(-1)) has an inverse but insignificant impact on the Nigerian health outcome on the short run.

The result from Table 4.5 shows that the coefficient of ECM is negative -0.9674 and significant at 5% per cent critical level. This shows that about 98 percent disequilibria in the health outcome in the previous one year are corrected for in the current year. The high level of significance of the ECM further confirms the existence of a long run equilibrium relationship the Nigeria health outcome, debt burden and institutional quality variables used in the study. The coefficient of determination ( $R^2$ ) value of 0.9725 implies that 97 percent of the total variation in Nigeria health outcome is explained by changes in debt burden and institutional quality variables during the study period. Subsequently, 3 percent is unexplained due to error term. The adjusted coefficient of determination ( $R^2$ ) Value of 0.9555 implies that 96 percent of the total variation in the Nigeria health outcome is explained by changes in the independent variables when the coefficient of determination is adjusted for degree of freedom. This implies that 4 per cent is unexplained due to error term while the Durbin Watson Statistic of 2.1520 indicates absence of autocorrelation of the error term in the ordinary least square method of regression.

### 5.7 Diagnostic statistical testing

The results of the ARDL estimation for the model are subjected to statistical diagnostic tests. The diagnostic test results is reported in Table 4. 6.

**Table 4.6:** Diagnostic tests on the real estimated mining and quarrying model

Purpose of test	Test	Test statistic	Probability	Conclusion
Normality	Jarque-Bera	1.1148	0.5727	Normal
Heteroscedasticity	Breusch–Pagan–Godfrey Heteroskedasticity Test	0.3378	0.9868	No heteroscedasticity
Serial correlation	Breusch–Godfrey serial correlation LM test	2.9625	0.0871	No serial correction
Ramsey RESET	Model Specification fitness	1.6197	0.1336	Correctly Specified

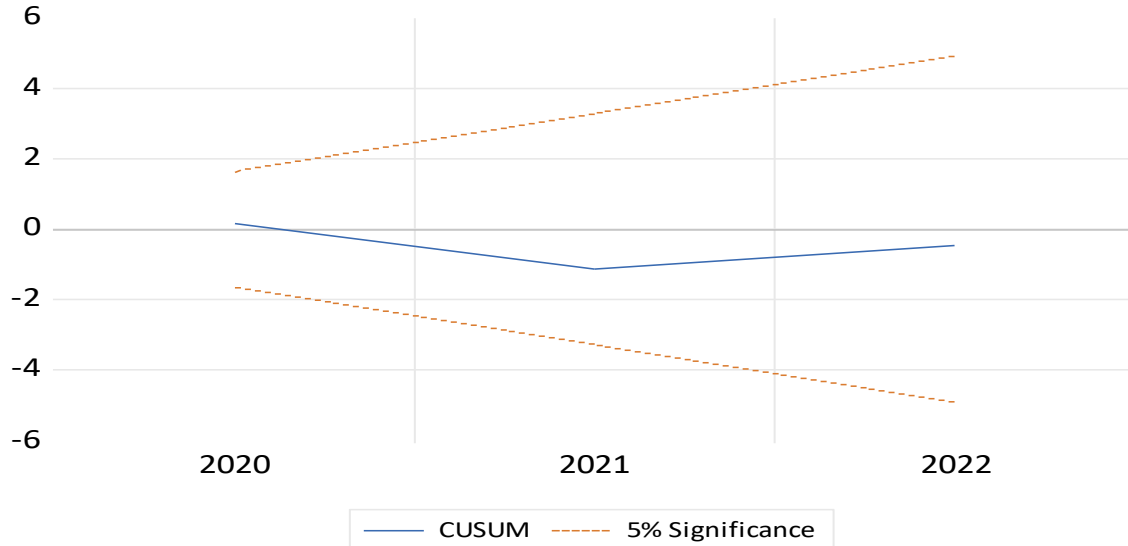
Source: Regression Output using Eviews 12

From table 4.6 above, All the tests as captured by Jarque-Bera, Breusch-Godfrey LM test, Breusch–Pagan-Godfrey Heteroskedasticity and Ramsey RESET test among others, reveal the fines of the estimated equation results and the desired properties of an econometric model. The diagnostic tests confirm the suitability of the estimated model. Thus, the model

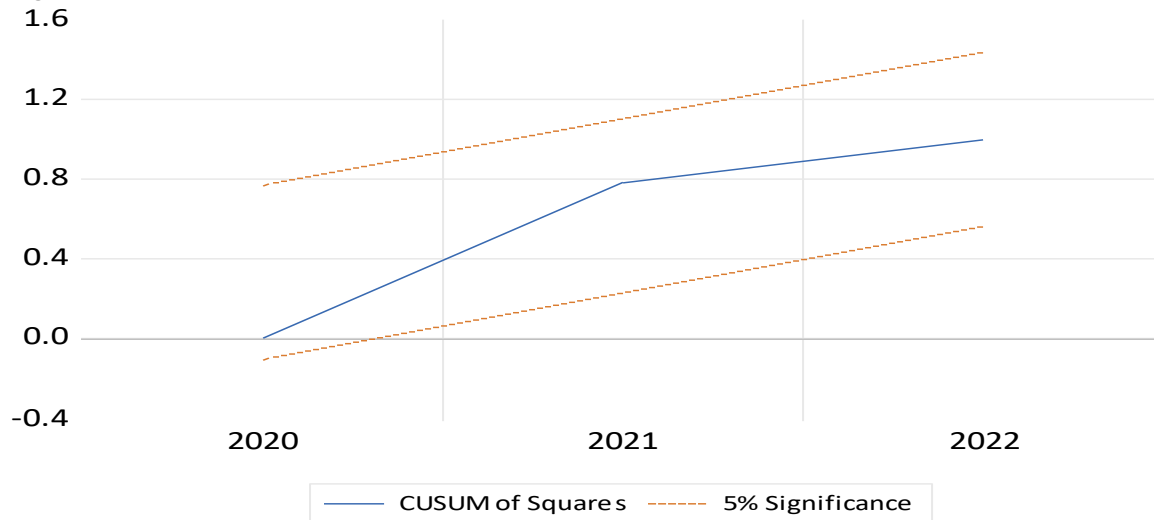
residual series are normally distributed as suggested by the Jarque–Bera statistics, while the Breusch–Godfrey LM test statistics indicate that the model does not have significant serial correlation problem. Moreover, the Breusch–Pagan–Godfrey test show that the residuals are homoscedastic and the model has correct functional form while Ramsey RESET test) shows that the ARDL models are correctly specified.

**5.8 Stability Test**

Stability test was also performed using Cumulative Sum (CUSUM) and Cumulative Sum of Square (CUSUM Q) of residual of the ARDL model. The results are shown in figure I and II



**Figure I:** Plot of Cumulative Sum of Recursive Residual for the ARDL Model



**Figure II:** Plot of Cumulative Sum of Square of Recursive Residual for the ARDL Model

The existence of parameter instability is established if the Cumulative Sum of the residual goes outside the area between the critical (dotted bounded) lines. It is estimated at 5 per cent critical level. From Figure I and II, it can be inferred that the ARDL model at 5 per cent level of significance has been stable over time.

**6. Conclusion and Recommendations**

This study examined the impact of public debt burden and institutional quality on health outcomes in Nigeria

using annual time-series data covering the period 1986–2022. The study employed the Augmented Dickey–Fuller (ADF) unit root test and the Autoregressive Distributed Lag (ARDL) bounds testing approach to investigate both the short-run and long-run relationships among the variables. The unit root results revealed a mixed order of integration among the variables, justifying the application of the ARDL methodology. The ARDL bounds test confirmed the existence of a long-run equilibrium relationship between health outcomes and the explanatory variables, including

external debt burden, domestic debt burden, debt servicing burden, fiscal freedom index, corruption index, government health expenditure, physician density, and hospital bed availability.

The empirical findings indicate that institutional quality plays a significant role in shaping health outcomes in Nigeria. Specifically, corruption was found to have a negative and statistically significant impact on health outcomes in both the short term and the long term, suggesting that weak governance and poor accountability hinder improvements in the healthcare sector. Conversely, fiscal freedom exhibited a positive effect on health outcomes, although its impact was only significant in the short run. The results further revealed that both external debt burden and domestic debt burden have a negative and significant impact on health outcomes in Nigeria, both in the short and long run. This finding supports the debt overhang hypothesis, which suggests that excessive debt obligations constrain government spending on critical sectors such as healthcare. Although debt servicing burden exerted a positive and significant effect on health outcomes in the long run, its short-run effect was negative and significant, implying that debt repayment obligations may initially crowd out healthcare spending before generating potential long-term benefits through improved fiscal credibility and access to financing.

Furthermore, government health expenditure was found to have a positive and significant impact on health outcomes in both the short run and long run, highlighting the importance of sustained public investment in healthcare. The availability of hospital bed spaces also contributed positively and significantly to health outcomes, emphasizing the role of healthcare infrastructure in improving population health. While physician density exhibited mixed results, its positive short-run effect underscores the importance of adequate healthcare personnel in enhancing health service delivery. Overall, the study concludes that rising domestic and external debt burdens constitute major constraints to the improvement of health outcomes in Nigeria, whereas sound institutional quality and increased public health expenditure contribute significantly to better health performance. Therefore, improving governance structures, strengthening institutional quality, and ensuring prudent debt management are critical for achieving sustainable improvements in health outcomes in Nigeria.

The study therefore recommended that the Nigerian government should adopt prudent debt management practices by ensuring that borrowed funds are invested in productive health projects capable of improving health outcomes and generating long-term benefits. Efforts should be made to reduce reliance on external debt and prioritize low-interest financing options to minimize the

burden of debt servicing. Government should also increase and efficiently manage public health expenditure through greater transparency, accountability, and fiscal discipline. Furthermore, institutional reforms aimed at reducing corruption and strengthening governance should be intensified to enhance the effectiveness of health spending. Finally, increased investment in healthcare infrastructure and medical personnel is necessary to improve the quality, accessibility, and sustainability of healthcare services in Nigeria.

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## Social Media Influencer's Credibility and Consumer Purchasing Behaviour in Benin City, Nigeria

IMOUOKHOME EBUN OMONIYI, IYAMU GLORIA OSASERE  
University of Benin, Benin-city, Nigeria

**Abstract.** This study examined the influence of influencers credibility on consumer purchase behaviour in Benin City, Nigeria. It specifically, explored how influencers' credibility (trustworthiness, expertise, attractiveness) influences the purchase decisions of social media users. Quantitative survey design was used for the study, and data were collected from 385 respondents using structured questionnaires. Inferential statistics analyses were carried out using regression analysis and the hypotheses were tested at 0.05 significant level. The findings revealed that trustworthiness, expertise, and attractiveness significantly influence consumer purchase decisions, with trustworthiness having the strongest effect. The study concludes that influencers credibility significantly reform consumer purchase patterns through personal attributes. It recommends that brands should always engage credible and authentic influencers to build trust and foster long-term consumer loyalty.

**Keywords:** Attractiveness; Consumer Purchase Decisions; Expertise; Influencer Credibility; Trustworthiness.

### 1. Introduction

The growing omnipresence of digital world expansion has profoundly reformed consumer behaviour in Nigeria. Recent figures indicate that as at the end of 2025, Nigeria has 109 million individual using internet and home to 47.8 million social media user (Facebook, Instagram, TikTok, and YouTube) (DataReport, 2026). These platforms have become entrenched in the day-to-day routines of Nigerian consumers, varying the ways by which they discover, assess, and eventually obtain goods and services. This change has impelled brands to espouse more personalized and immersive digital strategies designed to cultivate consumer engagement.

Social media influencers (SMIs) have appeared as serious actors in controlling consumer preferences and behaviours in this growing digital context. These individuals, through the cultivation of considerable followings and strategic content curation, have assumed a pivotal role in the digital marketing ecosystem by building trust, relatability, and perceived authority (Boerman, 2023). Their influence spans diverse consumer sectors ranging from fashion and electronics to wellness and travel positioning them as prominent facilitators in the decision-making process. Unlike traditional advertising figures, influencers foster peer-like interactions and authenticity, enhancing their capacity to engage consumers on a more personal level (Jin, Ryu, & Muqaddam, 2022). This distinctive communicative approach underscores their growing relevance in the digital purchase journey.

There Some particular attributes that determine the persuasive efficacy of SMIs which include the credibility, self-disclosure, content quality, and endorsement consistency. The credibility of an influencer, grounded in perceptions like trustworthiness and expertise, is a main determinant of consumer responsiveness. It is assumed that followers are more likely to act upon endorsements from an authentic and knowledgeable influencers (Casaló, Flavián, & Ibáñez-Sánchez, 2023).

Findings from the 2024 Nigeria Digital Consumer Insight Report reveal that 88 percent of consumers have discovered products through SMIs, with 71 percent indicating they have made purchases based on these endorsements (NOI Polls, 2024). Notably, platforms like Instagram, TikTok, and YouTube have become dominant grounds for influencer activity, accommodating both macro- and micro-influencers who cater to segmented consumer interests. In the light of these developments, understanding the specific mechanisms through which influencers shape purchasing behaviour is essential. Accordingly, this

study seeks to investigate how social media influencers impact consumer purchasing behaviour within Nigeria's increasingly digitised and influencer-driven consumer landscape.

### 1.1 Statement of the Research Problem

Despite the increasing adoption of influencer marketing by brands across Nigeria, there remains a limited understanding of how specific influencer attributes affect consumer behaviour in a structured and measurable way. While influencer marketing is widely recognized for improving brand visibility and enhancing consumer engagement, most studies focus on general outcomes such as brand awareness, social engagement, or purchase intention (Lim, Mohd Radzol, Cheah, & Wong, 2020; Phua, Jin, & Kim, 2020). There is a noticeable gap in the literature in the sense that, they specifically isolate the effects of influencer credibility on consumer decision-making. This dimension is critical to understanding how influencers cultivate trust and persuade consumers in digital environments (Djafarova & Bowes, 2021; Lou & Kim, 2019). Without targeted empirical analysis of these attributes, brands risk implementing ineffective influencer campaigns that fail to build long-term consumer trust or drive sustained behavioural change.

Moreover, most existing literature has been based on consumer populations in North America, Europe, or East Asia, with relatively few empirical studies exploring the experiences of African consumers, particularly in Nigeria. Social media platforms such as Instagram, TikTok, WhatsApp, and YouTube are among the most popular in Nigeria, yet little is known about how influencer marketing on these platforms influences Nigerian consumer perceptions of authenticity, brand credibility, or purchase intent (Obi-Ani, Anikwenze, & Isiani, 2021; Ohiagu & Okonkwo, 2022). Much of the previous work has generalized influencer traits and effectiveness without examining how coherence in endorsements or the strategic use of personal narratives shapes consumer loyalty. This oversight is especially pressing in Nigeria, where brand loyalty is often fragile, and consumer switching behaviour is high due to an overcrowded and digitally saturated market (Kemp, 2023). This study filled these gaps by investigating how influencer credibility, influence consumer purchase behaviour in Nigeria's dynamic digital marketplace.

### 1.2 Research Questions

The research questions of the study include:

- How does influencer's trustworthiness affect consumer purchase behaviour?
- What is the influence of influencer's expertise on consumer purchase behaviour?

- To what extent does influencer's attractiveness influence consumer purchase behaviour?

### 1.3 Research Objectives

The broad objective of this study is to examine social media influencer's credibility and consumer purchase behaviour. Specifically, the study sought to:

- examine the effect of influencer's trustworthiness on consumer purchase behaviour;
- determine the influence of influencer's expertise on consumer purchase behaviour; and
- assess the influence of influencer's attractiveness on consumer purchase behaviour.

### 1.4 Research Hypotheses

The following null hypotheses was tested:

- H0<sub>1</sub>: Influencer's trustworthiness does not significantly affect consumer purchase behaviour.  
 H0<sub>2</sub>: Influencer's expertise does not significantly influence consumer purchase behaviour.  
 H0<sub>3</sub>: Influencer's attractiveness does not significantly affect consumer purchase behaviour.

### 1.5 Significance of the Study

This study provides real intuitions into how specific influencer credibility characteristics influence consumer purchase behaviour. The understanding of the relevance of influence credibility will help sellers to know personalities that are appeared to be trustworthy and knowledgeable by consumers.

The study will help consumers to make better decision and not just be involved in whim buying since it will enable them to know how influencers use psycho method to influence marketing activities as a driving force for decision making.

It will be useful for academia because it adds to the extant body of research in this area by looking at the relationship between certain attributes of influencer and consumer purchase behaviour in a Nigerian context. It provides a theoretical foundation for further studies in this area.

### 1.6 Scope of the Study

This study main focus is to examine the relationship between social media influencer's credibility and consumer purchase behaviour within Benin City, with particular importance on Oredo Local Government Area in Edo State, Nigeria. The study is limited to the adult consumers who actively engage with influencer content

across various social media platforms, in order to have a local shrewd into the power of influencer marketing in a digitally connected urban environment.

## 2. Literature Review

### 2.1 Conceptual Review

#### 2.1.1 Consumer Purchase Behaviour

Consumer purchasing behaviour is a complex and multifaceted process that encompasses the identification of needs, the search for information, the evaluation of

alternatives, the purchase of goods and services, and post-purchase interactions. Solomon (2018) defines it as the actions taken by individuals or groups in the selection, acquisition, utilization, assessment, and disposition of goods or services to meet their needs. Expanding on this, Babin and Harris (2023) examine the broader decision-making processes through which individuals and collectives seek to fulfil their desires, whether through tangible products, services, experiences, or concepts. This dynamic process is shaped by various psychological, social, and economic factors that influence decision-making at every stage (Singh, 2023).

**Figure 2.1:** The Five-Step Buyer Decision Process



(Mwaisaka, 2017)

Stage one referred to *problem or need recognition*: This occurs by the reason of an individual perceiving a discrepancy between their present state and an expected condition, prompting the realization of a need (Oliveira, 2021). Various factors can trigger this recognition, including social influences, lifestyle changes, marketing efforts, or exposure to external stimuli. For instance, an individual may recognize the need to purchase a new household appliance after an existing one malfunctions or feel the necessity to upgrade electronic devices due to advancements in technology (Boardman, Parker-Strak, & Henninger, 2020). Businesses strategically stimulate this stage through targeted advertising and promotions, using persuasive techniques to create awareness of potential needs (Jacobson & Harrison, 2022). However, consumers may not always consciously recognize their needs, underscoring the importance of marketing strategies that effectively highlight latent demands (Chernev, 2022).

Once a need has been identified, consumers proceed to the *information search* stage, during which they look out for important details to aid their decision-making. This search process can involve consulting various sources, including online reviews, social media, advertisements, word-of-mouth recommendations, and expert opinions (Bartschat, Cziehso & Hennig-Thurau, 2022). The extent of information gathering depends on factors such as the complexity of the product, the perceived financial risk, and prior consumer knowledge. For example, when purchasing a high-involvement product like a car or an electronic gadget, individuals tend to conduct extensive research, comparing technical specifications, user

reviews, and brand reputations (Chuprapawan, 2023). In contrast, routine purchases, such as household essentials, may involve minimal information search due to established brand preferences (Zhang, Cao, & Liu, 2023). Despite the availability of vast digital resources, consumers often face challenges such as information overload, misleading advertisements, and biased reviews, which can complicate their decision-making process (Bartschat, Cziehso & Hennig-Thurau, 2022).

The *evaluation of alternatives* follows the information search phase, during which consumers compare different products or brands based on specific criteria such as price, quality, durability, and perceived value (Fuller, Stocchi, Gruber & Romaniuk, 2023). This assessment may be influenced by personal preferences, past experiences, cultural norms, and economic considerations. For instance, when purchasing household appliances, a consumer may compare energy efficiency ratings, warranty coverage, and customer service reputation before making a final decision (Abalkhail, 2023). Organizations attempt to influence this stage by emphasizing unique selling propositions such as product differentiation, sustainability, and superior customer service (Sarokin & Bocken, 2024). However, intangible factors such as ease of use, long-term reliability, and overall satisfaction may be difficult to evaluate prior to purchase, especially in online transactions, necessitating innovations like virtual demonstrations or trial periods (Gallery & Conlon, 2024).

The *purchase decision* stage marks the point at which the consumer selects a specific product or service and proceeds with the transaction (Sujono, Wiyandi, Wibowo, Yunadi, Wibowo & Salam, 2023). Several factors influence this decision, including product availability, price promotions, perceived brand credibility, and the convenience of the purchasing process. In the context of e-commerce, businesses optimize this stage by offering seamless checkout processes, multiple payment options, and personalized recommendations (Istiqomah & Alfansi, 2024). However, barriers such as last-minute hesitation, cart abandonment, or concerns over product authenticity can prevent consumers from finalizing their purchases, necessitating strategic interventions such as limited-time discounts, free shipping incentives, or simplified return policies (Rajib & Roy, 2023).

Finally, *post-purchase behaviour* encompasses the consumer's experience following the purchase, which significantly influences future buying decisions and brand loyalty (Dobre, Milovan, Preda & Naghi, 2023). Positive post-purchase experiences, characterized by product satisfaction, efficient customer support, and strong after-sales service, can lead to repeat purchases and positive word-of-mouth recommendations (Wang, Yu, & Chen, 2023). Conversely, dissatisfaction—resulting from unmet expectations, defective products, or poor service—may lead to product returns, complaints, or negative reviews, affecting the company's reputation (Ologunibi, 2023). Organizations enhance customer retention by offering loyalty programs, responsive customer service, and hassle-free return policies, thereby fostering long-term engagement and trust (Tata, Prashar, & Parsad, 2021).

While the EKB five-step buyer process provides a structured model for understanding Consumer purchasing behaviour, it does not fully account for variations in purchasing patterns across different contexts (Olumekor & Polbitsyn, 2022). In many cases, consumers deviate from the linear sequence due to factors such as habitual purchasing, impulse buying, or high-involvement decision-making. For example, *routine buying behaviour*, which involves repeated purchases of familiar products, often bypasses extensive information search and alternative evaluation stages due to established brand loyalty and past experience (Abadi, Mustafa & Aslam, 2023). A consumer purchasing essential household goods, such as detergents or groceries, may make decisions based on habit rather than detailed analysis (Deldjoo, Nazary, Ramisa, Mcauley, Pellegrini, Bellogin & Noia, 2023).

Conversely, *high-involvement purchases*, such as luxury items or long-term investments, tend to involve an extended evaluation process due to the higher financial and emotional stakes involved (Luo & Park, 2024). Consumers investing in high-value products, such as

automobiles or real estate, engage in extensive research, comparing features, warranties, and resale values before committing to a decision (Hur & Ha, 2023). Additionally, *impulse buying*, driven by emotional triggers or situational factors such as promotional offers, can cause consumers to skip stages and proceed directly from problem recognition to purchase without thorough evaluation (Lee, Gan, & Liew, 2023). These deviations highlight the complexity and variability in Consumer purchasing behaviour, reinforcing the need for flexible and adaptive marketing strategies that cater to different purchasing patterns (Bickley, 2023).

### 2.1.2 Social Media Influencers

Social media influencers (SMIs) have appeared as pivotal figures in contemporary digital communication, particularly within marketing and consumer engagement contexts. These individuals, who accumulate large followings on platforms such as Instagram, YouTube, TikTok, and Twitter, leverage their online presence to shape audience attitudes and behaviors through curated content and perceived authenticity. De Veirman, Hudders, and Nelson (2021) define social media influencers as individuals who “built a significant social network of followers and are perceived as opinion leaders in their niche domains,” often through the continuous production of lifestyle or brand-related content. Their influence derives not merely from follower count but from the trust and relatability cultivated over time, which makes them effective at swaying the decisions of their audiences (Lou & Yuan, 2019; Djafarova & Trofimenko, 2021).

SMIs differentiate themselves from traditional celebrities in that their appeal is rooted in accessibility and authenticity rather than conventional fame. Abidin (2021) asserts that the influence of SMIs stems from their perceived ordinariness and ability to create parasocial relationships with their followers—emotional connections that mimic real-life friendships. Unlike corporate advertisements, influencer-generated content often feels personalized and organic, making consumers more receptive to the embedded marketing messages. According to Balaban and Mustăţea (2022), influencers play dual roles as both media producers and brand ambassadors, and this duality enhances their persuasive power in digital economies. These roles are intricately tied to platform algorithms that reward engagement, thus making influencer visibility partially dependent on their ability to elicit interaction from audiences (Boerman, Willemsen, & Van Der Aa, 2020).

In addition to their social positioning, SMIs also represent a strategic marketing tool for brands seeking to connect with specific consumer demographics. Jin, Muqaddam, and Ryu (2019) argue that SMIs are perceived as credible sources of information due to their

consistent interaction with followers, which contributes to their status as opinion leaders. The trustworthiness and expertise of influencers are central to the source credibility theory, which posits that communication effectiveness is directly influenced by the audience's discernment of the correspondent's reliability and competence (Ohanian, 1990; Sokolova & Perez, 2021).

### 2.1.3 Social Media Influencers' Credibility

The credibility of social media influencers has an important part to play in reforming consumer attitudes and purchasing intentions, functioning as a central mechanism in the persuasion process. Credibility, often conceptualized through dimensions such as expertise, trustworthiness, and attractiveness (Erz & Christensen, 2018), has been empirically reaffirmed in digital contexts (Reinikainen, Munnukka, Maity & Luoma-aho, 2020). SMIs gain perceived credibility not from formal qualifications but from sustained content production within niche domains that signal informal expertise (Lim, Radzol, Cheah & Wong, 2020). For instance, consumers are more inclined to trust beauty influencers who consistently review cosmetics, as their exposure to products signals experience and reliability (Schouten, Janssen, & Verspaget, 2020). Moreover, trustworthiness—the perception that an influencer is honest and unbiased—strongly influences how persuasive an endorsement will be (Erz & Christensen, 2018).

Importantly, empirical studies suggest that influencer credibility is directly associated with increased purchase intention and brand loyalty (Tafesse & Wood, 2021). The convergence of authenticity, subject-matter familiarity, and interpersonal engagement elevates the influencer from a mere content creator to a persuasive opinion leader. Thus, the effectiveness of influencer marketing relies not only on reach or popularity but fundamentally on how credible the influencer appears to their audience, mediated by the strength of the parasocial bonds formed through repeated digital interactions (Hou, Li, & Wu, 2020).

## 3. Theoretical Literature Review

The study is rooted in the source credibility theory.

### 3.1 Source Credibility Theory

Source Credibility Theory was propounded by Carl I. Hovland and Walter Weiss in 1951 (later expanded by Hovland, Janis, & Kelley in 1953). The theory posits that the effectiveness of a communication relies significantly on the perceived credibility of the source (Hovland, Janis, & Kelley, 1953). The dawn of social media has grown the relevance of this theory, especially as the landscape of influence has shifted from traditional media

to digital platforms (Metzger & Flanagin, 2015; Eastin, 2016). Source credibility is now evaluated through a complex interplay of expertise, trustworthiness, and attractiveness, each of which impacts how messages are received and acted upon by audiences (Ohanian, 1990; Pornpitakpan, 2004).

The operation of this theory is particularly pronounced in the realm of social media and influencer marketing. Social media influencers, often perceived as credible sources due to their expertise, relatability, or attractiveness, have become central to marketing strategies (Lou & Yuan, 2019). Djafarova and Rushworth (2017) discuss how influencers' perceived credibility can significantly impact their followers' attitudes and behaviors. This influence is further augmented by the para-social relationships that followers develop with influencers (Munnukka, Maity, Reinikainen, & Luoma-aho, 2019). However, the credibility of these influencers can be a double-edged sword. As studies by Audrezet, de Kerviler, and Moulard (2018) suggest, over-commercialization can lead to scepticism and reduced effectiveness.

In relation to consumer buying behavior, the impact of social media influencers can be directly linked to the principles of the source credibility theory. Influencers who are perceived as credible can sway consumer decisions significantly (Lou & Yuan, 2019; Chae, 2018). This is particularly evident in how consumers perceive endorsements and recommendations from influencers they trust, aligning closely with the trustworthiness component of the theory (Xu & Pratt, 2018). However, the effectiveness of this influence is contingent on how the influencer's credibility agrees with the needs and expectation of the audience. Thus, understanding the nuances of Source Credibility Theory is essential for comprehending the dynamics of influencer marketing in contemporary consumer behavior.

### 3.2 Empirical Review

Chan (2022) conducted a study in the United Kingdom to examine how social media influencers shape consumer decision-making, with a focus on personality traits and content characteristics that lead to consumer choice imitation. The research employed a survey methodology, collecting responses from a broad demographic aged 18 to 65 via Amazon Mechanical Turk (MTurk). The sample size was 317 respondents selected using purposive sampling, representing a diverse cross-section of online consumers. Analysis revealed that influencer content significantly reduces scepticism and enhances brand loyalty, both of which in turn increase purchase intention.

Jide (2022) explored the impact of social media influencer marketing on perceived authenticity, trust, and purchase intention among female consumers of

cosmetic products in Nigeria. Utilizing a quantitative and exploratory research design, data were collected via Google Forms from a sample of 300 female respondents. The study employed descriptive statistics and correlation analysis to assess the relationships among the variables. The findings indicated a weak but statistically significant correlation between influencer authenticity, trustworthiness, attractiveness, and purchase intention.

Olalekan and Irele (2023) investigated the relationship between influencer marketing, purchase intention, and buying behavior among undergraduate students at Lead City University, Ibadan, Nigeria. Survey research design was used to obtain data from 347 respondents and both descriptive statistics and regression analysis were used in analyzing the data. It was discovered that students were not only aware of the Pepsi brand but also of the influencers associated with its digital marketing campaigns. Influencer marketing, along with brand appeal and pricing, significantly influenced purchase intention. Nonetheless, the study emphasized that traditional advertising methods continue to play a complementary role in shaping consumer behavior, suggesting a hybrid model of digital and traditional marketing for optimal impact.

Etim, James, Nnana, Inyang, and Celestine (2024) conducted a study in Calabar, Nigeria to assess the impact of influencer marketing strategies on consumer purchase behavior in the situation of new smartphone brands. Employing a cross-sectional survey design, the study gathered data from 232 smartphone users using a structured questionnaire. The variables investigated included celebrity endorsements, giveaway contests, and pre-release campaigns, while consumer purchase behavior was the dependent variable. Multiple regression was used in carrying out the data analysis. The findings confirmed that all three influencer strategies had a statistically significant and positive effect on purchase behavior. The study concluded that digital influencer campaigns are highly effective tools for driving product adoption, particularly in the competitive and innovation-driven smartphone industry. The researchers recommended increased use of pre-launch engagements and celebrity influencers to foster product visibility and consumer trust.

Satpathy, Samal, Madhavi, and Agrawal (2022) explored the effectiveness of influencer marketing in shaping consumer buying behaviour in India. The study used primary data collected from 66 participants, of which 50 provided complete responses, and employed a descriptive research design. Sampling was done using a convenience method, descriptive statistics and content analysis was used to analyze the data. The variables explored included influencer follower count, domain expertise, nationality, and paid versus organic promotions. Findings revealed that while some

consumers made purchases directly based on influencer endorsements, the majority engaged in further research, such as reading reviews and comparing prices. Influencers with domain-specific expertise and higher credibility had greater impact, while paid promotions were seen as less convincing. The study concluded that the effectiveness of influencer marketing is moderated by consumer scepticism and the perceived authenticity of the influencer.

### 3.3 Gaps of the Study

Despite the reliable growth of influencer marketing by Nigerian brands, the knowledge of how some particular measurable attributes of influencers drives buying behaviour is still lacking. While existing studies have established a general link between influencer marketing and outcomes such as brand visibility, consumer engagement, or purchase intention (Lim et al., 2017; Johansen & Guldvik, 2017; Phua, Jin, & Kim, 2020), there is a paucity of research that empirically tests distinct influencer attributes such like credibility, self-disclosure, content quality, and endorsement consistency and their individual and collective effects on consumer decision-making. These attributes are critical to how influencers build trust and shape perceptions in digital environments (Djafarova & Bowes, 2021; Lou & Kim, 2019).

Moreover, the geographic concentration of much of the extant literature presents an additional limitation. As evidenced by the majority of studies conducted in Europe, North America, and parts of Asia (e.g., Nascimento, 2019; Kanwar & Huang, 2022; Chan, 2022), there is a clear underrepresentation of African contexts, particularly Nigeria, in empirical investigations of influencer marketing. While platforms like Instagram, TikTok, YouTube, and WhatsApp have become deeply integrated into Nigerian consumer life, few studies have explored how influencers on these platforms shape perceived authenticity, brand credibility, or consumer loyalty within the local market (Obi-Ani, Anikwenze, & Isiani, 2021; Ohiagu & Okonkwo, 2022). Existing Nigerian studies tend to focus on aggregate outcomes such as brand awareness or general purchase intention (Jide, 2022; Olanmi, 2022; Olalekan & Irele, 2023), without looking at how influencer credibility (trustworthiness, attractiveness and expertise) influences consumer purchase behaviour on a distinct note.

However, the present study is out to fill these gaps by distinctively looking at social media influencer's credibility among Nigerian social media users.

**4. Methodology**

**4.1 Research Design**

The survey design method was employed to examine the effect of social media influencers on consumer purchase behaviour. This design is best suit for the study because it enables the collection of data from a large sample within a specific timeframe, enhancing the generalizability of the findings (Sue & Ritter, 2012). This research design and methodology are coherent with studies in the field of consumer behaviour and marketing, where understanding the dynamics of social media influencer's impact on consumer choices is paramount (Kaplan & Haenlein, 2010).

**4.2 Population of the Study**

A population refers to the entire group of individuals, elements, or units that possess common characteristics relevant to a particular research inquiry (Saunders, Lewis, & Thornhill, 2019). The target population for this study comprises residents of Oredo Local Government Area (LGA), located within the Benin Metropolis of Edo State, Nigeria. According to the 2006 National Population Census, Oredo LGA had a total population of 374,671 individuals. This figure serves as the basis for determining the sampling frame and represents the entire population from which the study sample is drawn.

**4.3 Sample Size and Sampling Technique**

A sample size is the number of elements selected from the population to represent the characteristics of the entire group (Creswell & Creswell, 2018), while a sampling technique refers to the procedure or method employed to select the elements that constitute the sample (Kumar, 2019).

Taro Yamane (1967) formula for finite population sampling was used in determining the sample size. This formula is particularly useful for social science research where the population is known and the researcher aims to achieve a specified level of precision. The formula is expressed as:

$$n = \frac{N}{1 + N(e)^2}$$

In the formular above:

n is the required sample size from the population understudy

N is the whole population that is understudy

e is the precision or sampling error which is usually 0.05 for management sciences

**Table 3.1:** Cronbach Alpha Table

VARIABLES	QUESTIONS	CRONBACH ALPHA
Consumer Purchasing Behaviour	Q7-Q10	0.815
Social Media Influencers' Credibility	Q11-Q19	0.767
Trustworthiness	Q11-Q13	0.822

Therefore;

$$n = \frac{374,671}{1 + 374,671(0.05)^2}$$

$$n = \frac{374,671}{1 + 374,671(0.0025)}$$

$$n = \frac{374,671}{1 + 936.6775}$$

$$n = \frac{374,671}{937.6775}$$

$$n \approx 399.48$$

n= 400 (approximately)

The sample size of the study was determined to be 400 and convenient sampling was used in administering data to the respondents.

**4.4 Research Instrument**

A self-developed Questionnaire was used to gather information needed for the achievement of the objectives of the study. Section A solicited information on the respondents' demography. Section B consisted of questions on the variables of the study. Responses were rated on a 5-point Likert scale for which 1 (one) is strongly disagree and 5 (five) is strongly agree.

**4.5 Validity of the Research Instrument**

The validity of the research instrument, particularly the questionnaire, is crucial for ensuring the accuracy and relevance of the data collected in the study of social media influencers and consumer purchasing decisions. To establish the validity of the questionnaire, content validity was used by engaging expert in the field of marketing to ascertain the adequacy of the items for social media influencers and consumer purchase behaviour; and using their opinions to complete the final section before administering the questionnaires.

**4.6 Reliability of the Research Instrument**

Ensuring the reliability of the research instrument the study adopts the Cronbach's alpha for establishing the reliability of the research instrument. The Cronbach's alpha is a widely accepted statistical measure used to assess the internal consistency of the questionnaire, indicating how well the items that compose the scale are correlated to each other, with a value of 0.7 or above generally considered acceptable for social sciences research (Tavakol & Dennick, 2011).

Expertise	Q14-Q16	0.734
Attractiveness	Q17-Q19	0.746

Source: Researchers’ Field Work, 2026.

**4.7 Method of Data Collection**

A self-administered data collection approach was employed, wherein the questionnaires were personally distributed to selected respondents within Oredo Local Government Area of Benin Metropolis, Edo State. To ensure a high response rate and minimize the risk of non-return, the questionnaires were administered and retrieved on the spot. This method allowed the researcher to provide necessary clarifications when needed and guarantee the completeness and accuracy of responses. The face-to-face interaction also helped in building rapport and encouraging participation, which is particularly useful in community-based survey research.

**4.8 Method of Data Analysis**

The responses from the questionnaire administered were analysed using multiple regression and the hypotheses were tested at 0.05 significant level. Multiple regression expresses the relationship between the dependent and independent variables. Linear regression provides the procedure for obtaining the numerical estimates of that relationship.

**4.9 Model Specification**

The model specification considered suitable by the researcher is a multiple linear regression model. This model will be used to examine the relationship between consumer purchase behaviour and social media influencer’s credibility variables as follows:

$$\text{Consumer purchasing behaviour} = f(\text{Social media influencers}) \text{-----}(3.1)$$

$$\text{Consumer purchasing behaviour} = f(\text{social media influencers credibility}) \text{-----}(3.2)$$

$$\text{CPB} = \beta_1\text{IT} + \beta_2\text{IE} + \beta_3\text{IA} + \varepsilon \text{-----}(3.3)$$

Where;

CPB – Consumer purchase behaviour.

IT – Influencer’s trustworthiness.

IE – Influencer’s expertise.

IA– Influencer’s attractiveness.

$\beta_1, \beta_2, \beta_3$ - Coefficients

$\varepsilon$  – Error term

**Test of Hypotheses**

The research hypotheses were tested using regression analysis in order to achieve the current study's objectives. The hypotheses were evaluated with an Alpha level of significance of 0.05 (Decision rule: computed level of significance <0.05, reject null hypothesis; computed level of significance >0.05, accept null hypothesis).

Hypothesis One (H0<sub>1</sub>): Influencer credibility dimensions (trustworthiness, expertise, and attractiveness) do not significantly affect consumer purchase behaviour.

**Table 4.1:** Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.595 <sup>a</sup>	.354	.349	.61763

a. Predictors: (Constant), IT, IE, IA

Source: Researchers’ Field Work, 2026.

Table 4.1 indicates that Trustworthiness (IT), Expertise (IE), and Attractiveness (IA) collectively explain 35.4% of the variance in Consumer Purchasing Behaviour (CPB), as reflected in the value of  $R^2 = 0.354$ , while the remaining 64.6% is explained by other factors that are not included among the variable. The Adjusted  $R^2 = 0.349$  confirms a relatively stable model with slight decline after adjusting for the number of predictors. The value of  $R = 0.595$  (60%) connotes a strong positive correlation between the independent and the dependent variable.

**Table 4.2** Analysis of Variance (ANOVA)  
ANOVA<sup>a</sup>

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	79.742	3	26.581	69.681	.000 <sup>b</sup>
	Residual	145.337	381	.381		
	Total	225.079	384			

a. Dependent Variable: CPB

b. Predictors: (Constant), IT, IE, IA

*Source: Researchers' Field Work, 2026.*

Table 4.2, the result of the ANOVA, reveal that the regression model is significant, as indicated by the F-statistic of 69.681 and a p-value of 0.000 ( $p < 0.01$ ). This means that the combined influence of IT, IE, and IA on CPB is not due to random chance and the model as a whole reliably predicts consumer purchasing behaviour. The significant F-test confirms that the model is fit.

**Table 4.3:** Coefficients<sup>a</sup>  
Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	.722	.203		3.560	.000
	IT	.331	.056	.315	5.931	.000
	IE	.183	.058	.177	3.181	.002
	IA	.209	.051	.214	4.102	.000

a. Dependent Variable: CPB

*Source: Researchers' Field Work, 2026.*

Table 4.3, the coefficients and hypothesis test results, show that the independent variables—Trustworthiness ( $B = 0.315$ ,  $p = 0.000$ ), Expertise ( $B = 0.177$ ,  $p = 0.002$ ), and Attractiveness ( $B = 0.214$ ,  $p = 0.000$ ) are all statistically significant. This implies that, holding other variables constant, a one-unit increase in Trustworthiness is associated with a 0.315 (32%) unit increase in Consumer Purchase behaviour, making it the strongest predictor among the three; also for expertise, it connotes that an increase in the display of expertise will lead to a 0.177 (18%) unit increase in Consumer purchase behaviour; while for attractiveness, the beta value of 0.214 signifies that an increase in attractiveness of the influencer will lead to a 21.4% unit increase in Consumer purchase decisions.

Since these variables (Trustworthiness, Expertise, and Attractiveness) are all significant at 0.000 which is less than the set Alpha of 0.05 significant level; therefore, the null hypothesis is rejected and the alternative hypothesis accepted. Meaning there is a significant effect of social media influencer (Trustworthiness, Expertise, and Attractiveness) on consumer purchase behaviour.

### 5. Discussion of Findings

The findings from Table 4.1 show that trustworthiness, expertise, and attractiveness are significant predictors of consumer purchase behaviour (CPB), explaining 35.4% of the variance in CPB. Trustworthiness appeared to be the most influential variable ( $\beta = 0.315$ ), followed by attractiveness ( $\beta = 0.214$ ), and expertise ( $\beta = 0.177$ ). this implies that there is a significant effect of influencer

credibility on consumer purchase decisions. These results strongly align with the empirical findings of Jide (2022), who reported that influencer attributes such as authenticity, trustworthiness, and attractiveness significantly have effect on purchase decisions even though weak. Nonetheless, the present findings substantiate the Source Credibility Theory, asserting that influencers who are perceived as honest, skilled, and physically appealing are more persuasive in shaping consumer decisions.

### 6. Conclusion

This study focused on examining the relationship between social media influencer's credibility attributes and consumer purchase behaviour among digital consumers in Benin City, Edo State. The empirical evidence confirmed that influencer characteristics credibility (trustworthiness, expertise, attractiveness) collectively and individually influences consumer decision-making in meaningful ways. In conclusion, the study establishes that social media influencers' credibility serves as powerful influence on consumer purchasing decisions in the digital marketplace, and if strategically employed, it can meaningfully boost marketing outcomes.

### 7. Recommendations

Based on the findings and conclusions, the following recommendation was suggested:

Since influencers' credibility (trustworthiness, expertise and attractiveness) was found to be significant, therefore, the brands should partner with influencers who are perceived as trustworthy, knowledgeable in displaying expertise, and attractive. Organization should also try and develop long-term relationship with these influencers to enhance continuous credibility and solidify consumer confidence in any product endorsed for the organization.

Contribution to Knowledge

This study contributes to the existing knowledge on digital consumer behaviour and influencer marketing by empirically demonstrating how specific influencer's credibility attributes predict consumer purchase behaviour within the Nigerian context. It extends the application of Source Credibility Theory to a Sub-Saharan African setting, thereby providing contextual evidence on the role of influencer's credibility in reforming consumer attitudes

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## A Contextual Application of Matthew 25:14-30 as a Framework for Business Ethics in the Nigerian Society

BLESSING UENOSEN OKOH, JUSTINA NWAZUNI OSAJIE  
University of Delta, Agbor, Delta State, Nigeria

**Abstract.** The paper considers the Parable of the Talents, Matthew 25:14-30, as a source of business ethics, its applicability in the modern business world. The core themes of the parable, stewardship, accountability and risk-taking are examined exegetically, theologically and sociologically, considering the original 1st-century Palestinian setting. The study uses textual, historical, theological (themes of grace and judgment) and comparative (with contemporary ethical perspectives including utilitarianism and stewardship ethics) analyses in its methodology. The research explores the lessons of the parable for business and explores the compatibility of profit motives and ethical stewardship, the spirit of responsible investment vs complacency and the need for corporate responsibility. Examples from the firms Enron, Volkswagen, Patagonia and TOMS Shoes are discussed. The article also explores Kantian duty, its relation to Islamic and Jewish ethics on financial matters. It also explores criticisms and difficulties of the parable's application to business, and potential cultural biases. The analysis shows the parable's ability to provide tremendous ethical lessons for today's business challenges. Finally, this paper emphasises the eternal virtues of stewardship, accountability and risk-taking that help to guide business practices. The research, therefore, suggests policymakers and business leaders can work together to develop rules and guidelines that promote ethical stewardship and accountability and a business climate that emphasises sustainability and social responsibility.

**Keywords:** Contextual, Application, Matthew 25:14-30, Framework, Business and Ethics

### 1. Introduction

The blending of biblical and business ethics provides a comprehensive approach to grasp the ethical implications of individuals and organisations in the modern business environment. The Parable of the Talents is a compelling example of stewardship,

accountability and taking risks, offering lessons that are relevant to today's ethical dilemmas. This research attempts to situate this parable as an expression of business ethics, and its implications and application in today's business world. The Parable with its vivid storytelling and theological considerations, affords an opportunity to consider business ethics. The themes of stewardship, responsibility and resource management resonate with modern business ethics. This research aims to link biblical narratives with business ethics to fill the gap between ancient biblical wisdom and contemporary business practices, offering a comprehensive view that takes into account the moral challenges of business.

The parable's tone and structure emphasise the responsibility for the stewardship of resources and accountability for the risk involved in economic activities. Jesus' distribution of talents to the servants based on their capacities creates a context for considering stewardship in relation to opportunity and risk. The servants must manage their resources responsibly - active risk-taking and trustworthiness. The text's details, such as the immediate action of the first two servants and the anxious inaction of the third, represent the narrative's themes of the consequences of effective or ineffective engagement in stewardship. The parable's context in 1st-century Palestine gives us insights into its meaning. The parable's allocation of talents shows the economic practices of the time, where distribution of wealth is linked with social standing and the skills required in a hierarchical society (Davis, 2018). The word "talent" refers to a large amount of money - an amount equivalent to many years' wages (Van-Eck, 2018) - which would resonate with an audience conversant with the farming and commercial economy. The parable is placed in economic context, given that the allocation of resources and economic risk were prominent issues in an area with crucial socioeconomic differences (Van-Eck, 2018).

The study will use the following methodological approach, which involves a multifaceted analysis of the Parable of the Talents from an exegetical, theological and socioeconomic perspective. The exegesis of Matthew 25:14-30 will be done with a close reading of the text with particular attention to the themes of stewardship, responsibility and risk. The 1st-century Palestinian socioeconomic context will be explored in order to understand the passage's historical context. Theological concepts, like grace, accountability and judgment will be investigated to determine its moral relevance. Further, the research will use comparative analysis of overviews of current business ethics, such as utilitarianism and stewardship ethics, to evaluate the application of the parable in today's business environment. Examples of unethical and ethical decision - making in modern - day businesses will also be provided to showcase how the parable's teachings can be applied. The use of these methods therefore seeks to give a comprehensive insight into the Parable of the Talents as a foundation for business ethics, offering both theoretically and practically relevant insights.

The content and form of the parable highlight the responsibility expected of stewards, and accountability inherent in economic risk-taking. The distribution of talents by Jesus based on the servants' capabilities creates a context of stewardship that is also related to opportunity and risk. The servants must invest well, demonstrating both responsibility and trust in risky endeavours (Nwanguma, 2020). The details, like the immediate action of the first two servants and the paralysing fear of the third, exemplify the priority of the narrative in terms of the outcomes of constructive participation or negligence in stewardship (Ukpong, 2012). These aspects collectively convey the need for active stewardship, and present a model of risk-sensitive accountability.

The theological aspects of Matthew 25:14-30 are discussed in terms of God's grace, human accountability and God's judgment. The parable provocatively raises the question whether God may be too harsh in his expectations, challenging us to think about the tension between God's grace and accountability (Paul & Paul, 2020). The parable highlights the serious consequences for not using one's gifts, but also celebrates the grace of God in bestowing different talents (Myers, 2025). The challenge to take risks in the parable is fortified by the need to use one's gifts for the good of others, or one might lose the favour of God (Works, 2011). These views suggest that the parable invites people to a dynamic discipleship that integrates grace and responsibility and makes divine judgment on the basis of one's commitment to utilise God-given gifts (TOW Project,

2023). This approach calls for active stewardship, yet also provides an assurance of grace and renewal.

## 2. The Call to Stewardship in Christian Ethics

The interpretation of Matthew 25:14-30 highlights that the parable invites us to consider ourselves as stewards of wealth as well as stewards of the gospel. The story reframes stewardship for us by putting us in charge as stewards of God's investment for the sake of the kingdom (Kompelien, 2023). The reward of "Well done, good and faithful servant" is a call to action for Christians to practice faithful and transformative stewardship (Wiebe, 2022). Gospel stewardship involves the faithful use of one's gifts and talent for God and calls on believers to go beyond merely preserving her/his resources and multiply them (Joseph, 2019). These insights speak to the fact that stewardship is a moral indispensable tool that is grounded in biblical ethics and reflective of embracing faithful stewardship in investing one's gifts.

The command, to "invest" as opposed to "bury" one's talent is critical for the allocation of resources. The multiplication is regarded as an important part of stewardship; rather than burying resources, Christians are encouraged to participate in ventures which allow the multiplication of resources for God's kingdom (Grudem, 2003). The moral implications of resource allocation include the adverse consequence of burying talent, versus the productive, value enhancing effects of multiplication. The master's stern treatment of the talent-burying servant is a warning against passivity, and the need to ensure that all the resources entrusted to Christians are invested with a view to a productive outcome (Enicha, 2019).

This parable condemns risk aversion in the contrast between the fate of the servants who took the risk against the fate of the servant who, afraid of losing his talent, buried it. The risk-averse servant is a representative of the reluctance to take risks in the ambiguities inherent to faithful entrepreneurship, which result in the loss of opportunity and God's favour (Hessd, 2017). Risk-taking is important for both spiritual and economic development; this risk is not irresponsible, but rather is based in a strong faith in God's faithfulness and providence (Lowe, 2013). Enterprise and risk-taking is promoted against passive non-performance as the entrepreneurial servant was praised. These sources indicate that while risk is coupled with uncertainty, faithful entrepreneurship which involves boldness and courage, innovative use of one's resources, is crucial to stewardship.

## 2.1 How it relates to Contemporary Business Ethics

Businesses must profit and invest in sustainable socially good business practices. Kim (2022) demonstrates how profit motive may create ethical management by investing the profits to increase the growth and do good to society. Likewise, Setiawan et al. (2021) demonstrate how companies that do both (profit making and ethical resource investments) create value beyond profits, and how companies invest all their revenue for social good.

Resource investments are important; when not done, it is called the "buried talent" syndrome. Failure to invest resources in resources cripples opportunities and development. The servant who buried his talent faced significant losses as a result of failing to make resource investments to generate value (Adewale, 2022).

Managers need to set up clear mechanisms of accountability, as outlined in the Bible. The Theology of Work project suggests that every steward must render an account of the resources they have been entrusted with, something the stakeholder theory supports by emphasising the need for ethical governance and transparency in business (TOW Project, 2023). The emphasis on corporate social responsibility by Tamvada (2020), also endorses this by offering a new approach to regulate Corporate Social Responsibility (CSR). He suggests effective accountability is needed to ensure a fit between corporate practices and stakeholder expectations.

The Parable of the Talents (Matthew 25:14-30) may be old, but it is a great and enduring way to evaluate ethical practices in today's corporate environment. This research examines the importance of the parable's stewardship, risk and accountability in the context of ethical failure and success in the modern business world. By comparing the stories of corporate "villains" such as Enron and Volkswagen with "heroes" such as Patagonia and TOMS Shoes, the parable's lessons are demonstrated as being equally applicable in today's business world as more than 2,000 years ago. Enron's demise is an example of the lack of stewardship. Driven by selfishness and blind greed, and focused solely on short-term profits, the company's executives engaged in fraudulent behaviour at the expense of stakeholders' trust (Cruver, 2002; Rahman Bukhari, 2019). This focus on self-interest at the expense of fiduciary responsibility for the entrusted resources, is similar to the "wicked, lazy servant", who failed to act, fearing the anger of his master. Similarly, the Volkswagen emissions fiasco, marked by fear and the need to achieve high aspirations, is an example of the ill effects of prioritising short-term goals over ethical innovation and responsibility (Dura, 2017; Forsgren,

2019). The corporation's deceitful actions (secret development and use of the "defeat device") represent a failure of the wise management of technological resources akin to the lazy servant unwilling to lose the favour of his master.

On the other hand, Patagonia and TOMS Shoes are examples of the positive effects of embracing the virtues of the parable (Patagonia, 2025.). Patagonia's emphasis on being a good steward of the environment in its emphasis on sustainable practices and its commitment to donate all of its profits to fight climate change (Stanley, 2023; Trelstad et al., 2023; Wieners, 2025) shows an appreciation of the potential of business for social good. This is consistent with the emphasis on the need to be active in using the resources that are entrusted for more than just making profit. Klein (2014), and Knowles (2015) demonstrate a concern for blending philanthropy into its business practices and show leadership and willingness to learn. Both these firms show the need for an active risk-taking attitude in pursuing ethical objectives and for openness and accountability.

The message of the parable about accountability is very important in today's corporate world. The collapses of Enron and Volkswagen demonstrate the need for control, and transparency and ethical principles (Forsgren, 2019; Rahman Bukhari, 2019). Also, Patagonia and TOMS Shoes demonstrate that they are transparent with their reporting of their business practices and they engage with stakeholders - this is a wise use of their resources. Further, the importance of faith and personal beliefs in guiding ethical business practices also cannot be overlooked. While this is more apparent in the case of founder of Patagonia, Yvon Chouinard, for whom nature is the guiding influence for Patagonia's environmental activism (Chouinard & Stanley, 2012). The concept of "Business as a Ministry" is another illustration as to how spiritual beliefs can guide business leaders towards more principled practices. Thus the Parable of the Talents provides a timeless and still very relevant model for evaluating the ethics of business practices. The collapse of Enron and Volkswagen serves as a reminder of the dangers of not embracing the principles of stewardship, risk and accountability. In contrast, Patagonia and TOMS Shoes demonstrate the rewards of embracing principles of risk, accountability and stewardship to build a sustainable and socially driven business environment (Patagonia, 2025; TOMS, 2025). The blending of ethics and theology can assist business leaders to act in accordance with their principles and values and in turn to create a more compassionate and fair consumer economy.

## 2.2 Comparative Ethical Frameworks in Light of the Parable

Utilitarianism: It is a popular ethical theory that, in simple terms, argues for actions that result in the most good (happiness) for the most amount of people (Markkula Center for Applied Ethics, 2014). This ethical framework essentially suggests that the most ethical action in any given situation is the one that will result in the greatest good for the greatest number of people and can be used as a guiding principle in complex ethical decision-making where moral choices need to be weighed up in terms of their likely effects if they are implemented (Fivable, 2025). In corporations, utilitarianism can be applied as a tool for ethical decision-making by prompting consideration of the impact of financial reporting, business practices and decisions on various stakeholders with the aim being to achieve the greatest good for all people while minimising harms. This can be in the form of a cost-benefit analysis, where the expected benefits and costs of different actions are weighed up for all stakeholders. Some even defend the goal of profit maximisation in business from a utilitarian view, by arguing that it leads to greater overall satisfaction of preferences (Berkey, 2025).

However, the focus of utilitarianism on the satisfaction of the majority could be a clash that is seeking to re-emphasise individual responsibility as advocated in the Parable of the Talents. It places emphasis on the impact of actions on the majority but the parable certainly emphasises the individual's responsibility for the individual resources that are entrusted to them and their relationship with the master (Whelchel, 2013). In some cases, a utilitarian approach may condone actions that may disadvantage some minority stakeholders if it was believed to benefit the majority (Berkey, 2025). This may be at odds with the parable's focus on the individual's faithfulness and managing their individual resource.

## 2.3 Stewardship Ethics

Alternatively, stewardship ethics offers another view of business ethics. This perspective implies humans and their organisations are primarily stewards or managers of resources which are ultimately owned by a superior being (in the context of religion, often God) or on trust for future generations (IMD Business School, 2025). This view of business ethics emphasises the importance of planning, managing and conserving these resources by taking into account the environmental, social and economic consequences of resource utilisation in the long term. In business, stewardship means not only doing what is best for the

company's shareholders but for all stakeholders, and having a focus on something other than the usual quest for profits (Weiss, 2024). These purposes include engaging in ethical employment practices, adopting sustainable environmental policies and engaging in social justice activities. One of the biblical passages often cited as evidence for the notion of stewardship is the Parable of the Talents because it highlights the importance of servants making wise use of the talents they have been entrusted with (Whelchel, 2013).

## 2.4 Comparative Analysis

While both utilitarianism and stewardship ethics can lead to a consideration for the consequences of business actions and decisions on society, the motivations and ethics are very different (Sirico, 1994). Utilitarianism is focusing primarily on the maximisation of the overall utility (or well-being) in the light of probable consequences (Markkula, 2014). But stewardship ethics is largely centred on the notion of duty and responsibility towards the ideal resource owner, whether this be God or the next generations that will inherit the planet (Weiss, 2024). These different motivations might lead to different ethical judgements and decisions in similar business contexts. For instance, a "utilitarian" ethics might be able to justify a degree of pollution, if it is evident that this pollution does lead to substantial economic benefits to most people (Markkula, 2014). By contrast, a steward might not condone such pollution because of the intrinsic value of the environment and stewardship responsibility to protect it for the good of future generations, rather than the short-term economic benefit to the majority. The Parable of the Talents, which stresses the servants' duty to work hard with the master's money, and the need to account to the master on his eventual return is more in harmony with stewardship ethics (Weiss, 2024). Ethics has to do with the profit-versus-purpose conundrum. While a utilitarian could have profit-making as a priority if this is viewed as the best way to maximise happiness and well-being, the steward might have a more integrated approach, where profit-making is ethical and done in a way that leads to a more holistic ethical end, which might include social and environmental factors (Alowais, 2024).

## 2.5 Kantian Ethics

Kantian ethics, a significant moral philosophy, emphasises the importance of duty, respect for moral law and inherent value of all individuals (Team, 2024). This approach is based on the Categorical Imperative, a guiding principle that states one should only act on maxims (principles) that they would rationally will to

be a universal law for all people, at all times (Schmidt, 2024). In addition, Kantian ethics also asserts that humanity, both as oneself and others, must be treated always as an end and never only as a means to a particular end (MacDonald & Marcoux, 2018). Duty is a key tenet of Kantian ethics, which holds that morally good actions are those that are performed out of a sense of duty to the moral law, rather than from any desire for particular outcomes or self-interest. From a business ethics perspective, Kantian ethics suggests the duty of businesses to treat all stakeholders - employees, customers, suppliers, and so on - as having inherent value and dignity. It also highlights the importance of maintaining truthfulness and openness in attitudes and behaviour and behaving in a socially and environmentally sustainable way.

The Parable of the Talents, which clearly displays the expectations of the master as to how the servants should manage his property, can be understood in terms of duty as per Kantian ethics. As servants, the servants were owed a special duty to their master to not squander his property, but to invest it wisely. The subsequent commendations of the two servants who faithfully discharged this duty, and the condemnation of the third servant who was idle, can be seen as an evaluation of the servants' fulfilment (or failure) of this duty (Rattee, 2025). The parable, therefore, can be seen as a powerful exhortation to make good use of the talents, abilities and privileges that have been entrusted to us. Building on this, from a Kantian standpoint, this call can also be seen as a duty on the part of each person in the "kingdom" or society to "work hard" and contribute to the well-being of the community (Whelchel, 2013). Thus, we can see the actions (or inaction) of the third servant who buried his talent as not only failing to his master but also failing to his duty to contribute to the good that might have been done had he invested his talent (Whelchel, 2013).

Kant's Categorical Imperative applied to the parable makes us confront two questions (Schmidt, 2024). First, is the master's call to invest resources in everyone possible? This excludes those with limited ability, resource or structural barriers. Second, does the master's treatment of the servants treat them as ends in themselves, or means to his increasing wealth? Kantian ethics promotes treating humans as ends rather than means, but the master-servant power imbalance could treat the servants as a means. But the parable shares the Kantian emphasis on duty. The servants' duty to manage resources responsibly represents acting for duty's sake, not inclination, and the master's assessment of the servants' actions shows the significance of responsibility. Although Kant's ethics challenge the parable's fairness and individual

ethics, the emphasis on responsibility echoes Kant's notion of duty (Tresch, 2017).

## **2.6 The link between Islamic and Jewish Ethics on Wealth Management**

Matthew 25:14-30 provides valuable lessons on responsibility, stewardship and ethics of wealth management, particularly in the context of Islamic and Jewish ethics. Islamic ethics views wealth as an Amanat (trust) from God and individuals are accountable for its management and distribution. This parable echoes this theme as the servants are given talents (a large sum of money) to manage and invest. Those who are faithful to their charge (and make their talents grow) are rewarded, paralleling the Islamic idea that wealth should be productively used for the good of the individual and society. This focus on responsibility and efficient use of resources is a key characteristic of Islamic finance and business ethics (Epperhart, 2024). Jewish ethics also emphasise the importance of the use of wealth and stewardship. The example of the parable of the servants' judgement by the master is an illustration of the Jewish value of tzedakah, which means charity and justice. The servants who do not invest their talents are punished, showing that one has an ethical responsibility to use his or her resources to benefit others rather than to keep them all to oneself or to waste them. This is consistent with the Jewish notion that money should be put into circulation to benefit the community and reduce poverty (Carson, 2024).

The parable also highlights the need for trust and risk-taking to promote growth and productivity. The servant who hides his talent for fear of loss is chided, showing that complacency and fear are unacceptable in management. This echoes the Islamic and Jewish emphasis on taking the initiative in managing resources and to avoid complacency (Whelchel, 2013). Furthermore, the parable's emphasis on the master's return and the reckoning of accounts emphasises that everyone will be accountable for their stewardship. This resonates with eschatological themes in both the Islamic and Jewish faiths, which see the day of reckoning as a time when all individuals are accountable for their use of God's bounty. The parable reminds us that financial ethics is not only about managing one's wealth for personal benefit but about fulfilling a spiritual obligation to responsibly manage wealth (Weiss, 2024). Therefore, it offers a valuable foundation for the ethical considerations in business ethics surrounding wealth management. The parable, with its mix of Islamic and Jewish ethics, emphasises stewardship, responsibility and the productive use of resources for the common good.

Such an interfaith approach adds to the conversation on business ethics and provides valuable insights for ethical wealth management.

## 2.7 Concerns about its Use in Business

Some of the criticisms of the Parable of the Talents concern the possibility that if narrowly interpreted, the focus on the master rewarding the productive servants by further investing their talents for the sake of increasing his profits could be used to justify poor labour practices and a relentless drive for profits independent of basic moral considerations (Byars et al., 2018). The apparent punishment of the servant who did not increase his talent might be seen as encouraging a business culture with a fear of failure and a "do whatever it takes" approach, potentially resulting in unethical practise as people and organisations strive to meet high expectations. A narrow interpretation of the parable might concentrate almost exclusively on the financial aspects of the parable, while ignoring the many ethical obligations of business towards its employees, customers, society and the environment (Khwaja, 2023).

The power dynamics inherent in the story of the parable (particularly between the master and his servants) also raises questions about the potential for abuse if this parable is applied unthinkingly to employer-employee relationships in the business world (Paul, 2020). There is an obvious hierarchy depicted with the master having a superior position of power and control over the servants. If directly applied in a contemporary business setting, this could unconsciously be used to justify authoritarian forms of leadership, and most likely exploitation of employees in the constant effort to increase profits for the owners/ shareholders of the company (Carson, 2024). Moreover, the fact that there is no explicit mention of the well-being of the servants beyond their productivity potential is also a major point of contention when considering the parable from the perspective of contemporary ethical considerations, which heavily emphasise the importance of justice and well-being for all stakeholders (Ungvarsky, 2024). However, potential and more nuanced interpretations of the parable highlight the need to make use of "talents" (interpreted as the diverse abilities, opportunities and resources) for the common good and so contribute to the well-being of the community and the common good, rather than just a sole emphasis on personal financial gain or the benefit of a single individual or entity. These readings suggest the central point of the parable is about the need to actively and productively engage with the world and the resources

given to us, while adopting an ethics that goes beyond material success (Weiss, 2024).

The Passage, with its obvious emphasis on individual entrepreneurialism, a competitive attitude (inferred from the varying returns the servants received), and the direct correlation between individual achievement and reward, could perhaps be considered to insinuate a primarily Western capitalist economic system that historically and culturally tends to place fundamental concern these extreme values. The potential for applying such a function indiscriminately to global business ethics might overlook or even clash with other entrenched cultural views that emphasise the importance of collective social good, cooperation and view success and responsibility in very different terms (Byars & Stanberry, 2018). The notion of "profit" and its attachments of morality can be vastly different across cultures and different economic systems (Smith, 2024). Acknowledgment of the diversity of cultural perspectives and practices that are associated with the parable becomes crucial to developing a sophisticated and holistic view of its real meaning and relevance to the diverse world of global business ethics (Fulthorp, 2009). For example, what may be seen as a merit in one culture (vigorous individual competition) may be seen as a sin in another culture where co-operation and corporate success is more highly valued (Khwaja, 2023). Hence, a cross-cultural approach is needed when trying to extract ethical lessons from this ancient tale and apply them in the diverse and interconnected global sphere of business (Khwaja, 2023).

The story starts with a master entrusting his servants with varying numbers of talents (resources/abilities) depending on their abilities. This initial distributing illustrates the inequity of the world; not everybody gets the same amount of resources. The rationale of the master to distribute talents in accordance to the capacity of the servants, suggests a wise management decision, which allows the servants to be tested but not over tested (Whelchel, 2013). This is in line with the doctrine of stewardship which emphasises the productive use of resources rather than distribution. The two servants who were allocated five and two talents respectively, increased their investment by 100% and 100% respectively, showing hard work and entrepreneurship. Their behaviour exemplifies the productively use of the advantages and opportunities, which results in greater compensation and rewards. This story underscores the importance of taking risks and entrepreneurship in the development of one's talents, which is at the core of entrepreneurship (Sirico, 1994). The parable thus promotes a mindset of growth, which focuses not only on the preservation of

what one has, but also the expansion and growth through investments and work. But, the servant to whom the master gave only one talent hid it, due to fear and a misunderstanding of his nature. The paralysis of the servant thus emphasises the consequences of not putting one's talents to good use. The merciless reaction of the master to the servant underlines the importance of the ethical duty to make the most of opportunities and not to do nothing due to fear (Rattee, 2025). This element of the parable is a reminder of the dangers of complacency and that action needs to be taken after careful consideration and not fearfully squander the opportunity to grow.

The scripture also speaks to accountability. The master's return and subsequent evaluation of the servant's actions emphasise that each person will be accountable for the use of his/her talents. This is not only in terms of the financial return on investment, but also in terms of the responsibility of stewarding all resources, such as time, talent and opportunity (Tresch, 2017). Therefore, it encourages a whole - person view of stewardship of all of life and work. In resolving the inequity expressed in the parable, it's important to recognise that the allocation of talents is not arbitrary but in line with individual abilities and the potential for growth. The master's expectation is that each servant will use his talent to the fullest, regardless of whether it is 1, 2 or 5 talents. This context changes the emphasis from the amount of talents to their management, emphasising initiative and effort over talent. So, the Parable of the Talents provides a nuanced view of the implications of privilege and inequality in business. It highlights the importance of stewardship, initiative and accountability in using one's talents and opportunities to the best of one's ability. Such an approach can help to create a more level playing field in business, which is conducive to growth and innovation.

### 3. Conclusion

The passage provides an immense timeless approach to moral behaviour in today's business environment. This research has combined biblical teachings with modern business ethics to explore the enduring principles of stewardship, accountability and risk-taking that are important for good corporate governance. Its accentuation of dynamic stewardship of resources highlights the importance of active involvement and management. The responses of the servants to the master's trust show the consequential impact of creative initiative over fearful passivity and offer a strong narrative that is relevant to our ethical concerns. The socio-economic context of 1st century Palestine also adds to our understanding of the parable,

demonstrating its pertinence to the socioeconomic world of the time, as well as to the business world today. The parable's theological themes - grace, trust and judgment - offer a greater perspective into the ethical implications of the parable of the talents. The emphasis on faithful stewardship and the consequences of poor performance is a moral appeal for a business to ethically earn and invest profits in sustainable and profitable businesses for the common good. This integration of faith and practice results in a more integrated business ethic that pursues business strategies in harmony with ethical considerations for a fairer and more equitable future. The parable brings together principles from various ethical traditions and cultures to emphasise the role of stewardship, responsibility and wise use of resources to benefit others. This cross-cultural and interreligious approach adds depth to the debate on business ethics, and provides insights for ethical practices in wealth management in the diverse and globalised business environment.

### 4. Recommendations

This study recommends that:

- There needs to be more work done on the link between theology and business ethics that can translate into new approaches to business governance and social responsibility.
- Governments and business leaders can work together to develop policies and guidelines that encourage ethical stewardship and corporate responsibility, and create a business culture which emphasises sustainability and social responsibility.
- There should be a proper rendering of the parable which highlights the need to use one's abilities for the greater good, and not only for personal gain.
- There should be more research and policy development based on these insights for a more integrated and ethical business environment.

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## **Tax Audit Effectiveness and Tax Compliance Behaviour in Benin City, Edo State, Nigeria**

UDUAK WILSON-OSHILIM  
University of Benin, Benin City, Nigeria

ESELE OMONHINMIN  
Cape Breton University, Sydney, Nova Scotia, Canada

**Abstract.** This empirical work examines the effect of tax audit effectiveness on tax compliance in Benin City, Edo State, Nigeria. Specifically, it evaluates the influence of audit frequency, audit quality, and penalty enforcement on compliance behaviour, while controlling for taxpayer education. A descriptive survey research design was utilised, while 384 respondents were sampled in the study. The structured questionnaire served as a means of collecting data which was analysed with the aid of descriptive statistics, correlation analysis, and multiple regression techniques. The outcomes demonstrate that audit frequency, audit quality, and penalty enforcement each exert a significant positive effect on tax compliance. Taxpayer literacy also shows a positive influence, indicating that informed taxpayers are more likely to comply voluntarily with tax obligations. These results are consistent with the Economic Deterrence Theory, which emphasises the role of detection probability and enforcement severity in shaping compliance behaviour, while also supporting complementary perspectives that highlight the importance of fairness and awareness in tax administration. The study concludes that although deterrence mechanisms are effective in promoting compliance, their impact is strengthened when implemented with transparency, fairness, and adequate taxpayer education. It therefore recommends the expansion of taxpayer education programmes, improvement in audit professionalism and transparency, and consistent enforcement of penalties to enhance compliance and build trust in the tax system. Finally, this research recommends that subsequent study should be empirically executed on the informal sector, undertake longitudinal analyses of compliance behaviour, and conduct comparative studies across different regions in Nigeria.

**Keywords:** Audit, Tax Compliance, Audit Frequency, Penalty Enforcement, Audit Quality.

### **1. Introduction**

Governments worldwide depend on tax revenue to finance public services, infrastructure development, and sustainable economic growth. However, tax non-compliance remains a persistent challenge in developing economies such as Nigeria, limiting the effectiveness of public finance systems. According to the Federal Inland Revenue Service (FIRS, 2022), Nigeria's tax-to-GDP ratio is approximately 10.86%, significantly below the 15% benchmark recommended by the World Bank (2021). This revenue gap constrains government expenditure on essential services and increases reliance on borrowing and volatile oil revenues. Tax compliance refers to the extent to which taxpayers accurately report income, file returns on time, and fulfil tax payment obligations. To address widespread issues such as tax evasion, underreporting, and weak enforcement, tax authorities increasingly utilise tax audits as a compliance-enhancement mechanism. A tax audit involves the systematic examination of taxpayers' financial records and returns to verify adherence to tax regulations. Effective tax audits perform both corrective and deterrent functions by identifying non-compliance and discouraging future violations. Tax audit effectiveness is commonly conceptualised through three dimensions: audit frequency, audit quality, and penalty enforcement. Audit frequency relates to how often audits are conducted; audit quality reflects the professionalism, fairness, transparency, and thoroughness of the audit process; while penalty enforcement concerns the consistency and severity of sanctions imposed for non-compliance. These dimensions align with the Economic Deterrence Theory of Allingham and Sandmo (1972), which argues that taxpayers make rational decisions by weighing the benefits of evasion against the probability of detection and the consequences of

penalties. Empirical evidence supports the influence of audit mechanisms on compliance behaviour. Alm and McClellan (2012) found that audit intensity significantly improves voluntary compliance, while Kirchler et al. (2021) emphasised the importance of balancing enforcement with trust to sustain compliance. Similarly, Abdulrasaq and Babatunde (2024) identified consistent audits and effective penalties as critical factors in reducing tax evasion among self-employed taxpayers in Nigeria. The OECD (2022) further highlights the importance of combining audit quality with consistent enforcement to enhance compliance outcomes. Most localised studies often examine audit frequency and penalty enforcement separately, with limited attention to audit quality and the combined effect of audit dimensions. Furthermore, many studies focus on major cities such as Lagos and Abuja, employ descriptive methodologies, and rarely control for taxpayer education. Consequently, this study investigates the effect of tax audit effectiveness on tax compliance among taxpayers in Benin City, Edo State, examining the combined influence of audit frequency, audit quality, and penalty enforcement while controlling for taxpayer education. The specific objectives are to:

- examine the effect of audit frequency on tax compliance among taxpayers in Benin City.
- evaluate the effect of audit quality on tax compliance behaviour.
- assess the effect of penalty enforcement on tax compliance among taxpayers.

## 2. Literature Review

### 2.1 Conceptual Review

#### 2.1.1 Tax Compliance

Tax compliance is fundamental to effective fiscal policy and public sector management, encompassing taxpayers' adherence to registration, reporting, filing, and payment obligations. According to Alm (2021), tax compliance extends beyond a legal requirement to include behavioural and institutional dimensions shaped by the relationship between governments and citizens. The literature identifies both legal and behavioural determinants of compliance, including perceptions of fairness, audit probability, penalty severity, administrative efficiency, and trust in public institutions (OECD, 2022; Kirchler et al., 2021). Scholars distinguish between voluntary compliance, driven by ethics and trust, and enforced compliance, motivated by audits and sanctions (Feld & Frey, 2020; Torgler, 2021). Some recent studies further emphasise tax morale as a critical factor influenced by transparency, accountability, and equitable use of

public resources (Brondolo, 2021; Kirchler & Wahl, 2020). While the Economic Deterrence Theory of Allingham and Sandmo (1972) highlights the role of audits and penalties, excessive reliance on enforcement may reduce taxpayer cooperation (Andreoni et al., 2020; Slemrod et al., 2023). In Nigeria, compliance is constrained by informality, weak enforcement capacity, inconsistent penalties, and limited taxpayer education (FIRS, 2022; Abdulrasaq & Babatunde, 2024). Consequently, sustainable compliance requires a balanced approach combining effective enforcement, taxpayer education, digitalisation, transparency, fairness, and institutional trust (OECD, 2022; Fjeldstad et al., 2021; Alm & Soled, 2021).

#### 2.1.2 Tax Audit

Tax audit is a significant enforcement mechanism in modern tax administration, designed to verify taxpayer compliance, detect irregularities, and enhance revenue collection. It involves the systematic examination of financial records, tax returns, and related documents to ensure that tax obligations are accurately reported and fulfilled. According to the OECD (2022), tax audits serve both corrective and deterrent purposes by uncovering non-compliance and discouraging future tax evasion. Audits may take the form of desk, field, or comprehensive reviews, depending on taxpayer risk profiles and administrative capacity (Tørsløv et al., 2020). The effectiveness of tax audits extends beyond their frequency to encompass audit quality, transparency, professionalism, and consistency. Slemrod et al. (2023) argue that taxpayers are more responsive to audits perceived as fair and impartial. Empirical studies demonstrate that audits significantly improve compliance behaviour and revenue performance (Keen & Simone, 2022; Mascagni & Mengistu, 2021). However, in Nigeria, audit effectiveness is constrained by inadequate resources, inconsistent implementation, and operational inefficiencies (Obboh & Eketu, 2022). The literature further highlights the importance of auditor competence, digital technologies, timely enforcement, and institutional independence in strengthening audit outcomes (OECD, 2021; IMF, 2023). Consequently, sustainable audit effectiveness requires a balanced approach that combines credible enforcement, technological innovation, taxpayer engagement, and administrative integrity to promote long-term tax compliance (Bird & Zolt, 2020).

#### 2.1.3 Audit Frequency

Audit frequency is the regularity with which tax authorities examine taxpayer records to verify

compliance and detect irregularities. It is widely recognised as a key enforcement mechanism that increases the perceived likelihood of detection and discourages tax evasion (Modugu & Anyaduba, 2014; OECD, 2022). Grounded in the Economic Deterrence Theory of Allingham and Sandmo (1972), frequent audits raise the expected cost of non-compliance by increasing the probability of detection, thereby encouraging taxpayers to fulfil their obligations. Alm and McClellan (2012) argue that higher audit frequency reduces incentives for underreporting income and overstating deductions. Empirical evidence supports the positive relationship between audit frequency and tax compliance. Studies by Slemrod et al. (2023) and Alm et al. (2020) found that regular audit programmes significantly improved income reporting and tax remittances among firms and small businesses. In Nigeria, however, the effectiveness of audit frequency is constrained by limited manpower, weak administrative capacity, and inadequate technological integration (FIRS, 2022; Akintoye & Ogunyemi, 2023). The literature further suggests that audit frequency is most effective when accompanied by fairness, transparency, and efficient administration (Braithwaite, 2020; Torgler & Schneider, 2021). Additionally, taxpayer responses vary across sectors, highlighting the need for risk-based audit strategies complemented by education and outreach initiatives (Mascagni & Santoro, 2018). Consequently, frequent and well-targeted audits remain essential for strengthening tax compliance and fostering a sustainable compliance culture.

#### 2.1.4 Audit Quality

Audit quality in tax administration refers to the degree of professionalism, accuracy, fairness, and procedural integrity applied in conducting tax audits. It extends beyond detecting non-compliance to ensuring transparency, consistency, and legitimate enforcement of tax regulations (OECD, 2022; James & Alley, 2002). Effective audit quality depends on factors such as auditor competence, technological capability, data accuracy, impartiality, and adherence to established procedures. High-quality audits enhance taxpayer trust and encourage voluntary compliance by improving perceptions of fairness and institutional credibility (Alemu, 2020). A well-executed audit serves both enforcement and educational purposes by identifying errors, clarifying tax obligations, and promoting corrective behaviour. Kirchler et al. (2021) argue that constructive audit processes can transform enforcement into a compliance-building interaction, while Torgler (2021) highlights the link between perceived audit fairness and stronger tax morale. Conversely, poorly conducted audits characterised by

delays, inconsistency, or bias can weaken compliance incentives and encourage avoidance behaviours (Omotoso & Ogbari, 2023). Technological advancements, including data analytics, e-filing systems, and automated risk assessment, have improved audit accuracy and efficiency (OECD, 2023). However, Nigeria continues to face challenges related to infrastructure and technical capacity (Eze & Emeh, 2023). Overall, audit quality remains a strategic component of sustainable tax compliance, strengthening transparency, trust, and effective tax governance.

#### 2.1.5 Penalty Enforcement

Penalty enforcement are monetary fines, interest on unpaid taxes, licence revocations, or criminal prosecution. Penalty enforcement is a core element of the deterrence framework, as it raises the perceived cost of non-compliance (Allingham & Sandmo, 1972). Making evasion more financially and legally risky, penalties serve to align individual incentives with legal tax behaviour. The effectiveness of penalty enforcement depends on several factors: severity, certainty, fairness, and timeliness. According to Alm et al. (2020), penalties are most effective when taxpayers believe they will be applied consistently and without bias. Inconsistent or excessive penalties, however, may backfire by provoking taxpayer hostility and reducing overall compliance morale (Slemrod et al., 2023). This underscores the importance of proportionality and fairness in enforcement practices. Empirical evidence suggests that moderate and predictable penalties are more successful than excessively harsh ones. A study by Cummings and Martinez-Vazquez (2020) demonstrated that mild but consistently enforced penalties led to greater behavioural change than severe but rarely applied ones. This finding supports the OECD (2022) recommendation that penalty structures be transparent, predictable, and commensurate with the offence committed. While the Federal Inland Revenue Service Establishment Act provide for a wide range of penalties, their implementation has been inconsistent. The FIRS (2022) noted that many tax defaults go unpunished due to administrative bottlenecks, weak monitoring, and political interference. This undermines the credibility of enforcement and emboldens evaders. Efforts are underway to automate penalty computation and notification to reduce discretion and increase efficiency.

#### 2.1.6 Taxpayer Education

Taxpayer education is a critical factor in promoting voluntary tax compliance by equipping individuals

and businesses with the knowledge required to understand tax obligations, rights, and procedures. In developing economies where tax literacy is often limited, informed taxpayers are more capable of interpreting tax regulations, maintaining accurate records, and engaging effectively with tax authorities (OECD, 2022). Although the Economic Deterrence Theory emphasises audits and penalties, it also recognises that compliance decisions are influenced by taxpayers' understanding of risks and consequences (Allingham & Sandmo, 1972). Research indicates that inadequate tax knowledge can contribute to unintentional non-compliance and increased evasion (Mascagni & Mengistu, 2021). Tax education also strengthens the effectiveness of audit mechanisms and penalties by helping taxpayers understand enforcement processes and the consequences of violations (Slemrod et al., 2023). In this study, taxpayer education is included as a control variable to account for differences in awareness and ensure that the observed effects of audit frequency, audit quality, and penalty enforcement on compliance are accurately assessed. Overall, tax compliance depends not only on deterrence but also on knowledge, trust, and informed taxpayer decision-making.

## 2.2 Empirical Review

Adeyemi and Salawu (2022) investigated the relationship between audit frequency and tax compliance among small business operators in Lagos State, Nigeria. Their study aimed to determine whether consistent and repeated audits by tax authorities had a direct impact on voluntary tax compliance. Using a structured questionnaire administered to 400 small and medium-sized enterprises (SMEs), they applied regression analysis to evaluate the influence of audit occurrence. Findings revealed that increased audit frequency significantly boosted compliance behaviour, as taxpayers felt a heightened risk of being monitored. The authors concluded that regular tax audits help reinforce a culture of compliance by maintaining constant visibility of the tax authorities. However, the study focused only on urban SMEs and did not address how audit frequency may affect taxpayers in rural or informal sectors, indicating the need for broader comparative studies. Olayinka and Omoniyi (2023) focused on the Nigerian hospitality sector and explored how audit frequency influences tax compliance among hotels and restaurants in Abuja. The study surveyed 350 tax-compliant business owners and discovered that more frequent audits increased compliance levels by reducing the perceived opportunities for tax evasion. The authors noted that repeated audits created a psychological deterrent, especially when taxpayers were aware of possible

unannounced inspections. However, the study emphasised the importance of professional conduct by auditors, as the effectiveness of frequent audits depends not only on quantity but also on credibility. Okonkwo and Yusuf (2022) conducted a study examining the role of audit quality in promoting tax compliance among small enterprises in Nigeria's Federal Capital Territory. Their research focused on audit documentation, the professional competence of auditors, and the objectivity of the audit process. Using a structured questionnaire administered to 400 small business owners and tax practitioners, the study employed multiple regression analysis to establish a relationship between perceived audit quality and taxpayer behaviour. The findings indicated that audit quality had a significant and positive effect on voluntary compliance. Respondents who rated audit procedures as fair, transparent, and professionally conducted were more likely to comply willingly.

Adediran and Ganiyu (2023) explored the influence of audit quality indicators such as audit accuracy, timely feedback, and the competence of audit teams on tax compliance among corporations in Lagos. With data collected from 280 respondents in the manufacturing and services sectors, the authors observed that audit quality significantly influenced compliance, particularly when audits were backed by clear documentation and prompt resolution of issues. Respondents expressed higher confidence in the tax system when audits were handled by certified professionals who applied standards uniformly. The authors, however, noted that the success of quality audits also depended on institutional support and the autonomy of tax authorities.

Ibrahim et al. (2023) evaluated the audit quality framework of the FIRS and how it influences tax compliance in Nigeria's public sector. Their findings indicated that structured and standardised audit procedures led to improved compliance levels among government contractors and civil service payroll units. The use of automated systems, checklists, and peer review mechanisms contributed to improved audit reliability. However, the authors raised concerns about resource constraints, especially in less-developed regions where qualified auditors are few. They emphasised that audit quality cannot be sustained without continuous investment in human capital and digital infrastructure.

Afolabi and Nwachukwu (2022) conducted a study on the influence of penalty enforcement on tax compliance among small-scale business owners in Enugu State. Their objective was to determine how the certainty and severity of tax penalties affected

taxpayer behaviour. Using a structured questionnaire administered to 350 small business operators and employing regression analysis, the findings revealed a strong positive relationship between consistent penalty enforcement and increased tax compliance. The study found that when taxpayers were aware that non-compliance would certainly lead to financial penalties, they were more inclined to file accurate returns. However, the authors noted that the perceived fairness and proportionality of the penalties also played a role. Excessively punitive measures led to resentment and evasion, especially where taxpayers doubted the use of collected revenues.

Eze and Okafor (2023) focused on the role of penalty timing and transparency in influencing compliance among transport operators in the South-East region. Through interviews and surveys involving 250 respondents, the study observed that penalties that were enforced swiftly and consistently had a more lasting impact on behaviour than delayed or selectively applied sanctions. The authors found that uncertainty in penalty administration reduced the perceived risk of non-compliance, thereby weakening deterrence. Their findings align with the principle of celerity from Economic Deterrence Theory, which posits that the swiftness of punishment enhances deterrent effect. They recommended that tax authorities adopt automated systems to trigger penalties promptly and reduce human discretion.

Okeke and Musa (2023) analysed penalty enforcement trends among SMEs in Edo and Delta States. The study employed a comparative approach using survey data from 360 SMEs across both states. The researchers found that firms operating in areas with consistent and visible enforcement had significantly higher compliance rates than those in less monitored regions. Moreover, they observed that the presence of graduated penalty structures where fines increased based on the severity or repetition of non-compliance had a more persuasive effect than flat penalties. The study recommended institutional reforms to make enforcement processes more transparent and uniform.

Abdulrasaq and Babatunde (2024) investigated the determinants of tax compliance in the North-West region of Nigeria and identified limited taxpayer education as one of the most significant barriers to compliance. The study employed a survey design involving 275 respondents, primarily self-employed individuals and small business owners. Findings revealed that a lack of clear information about tax obligations, procedures, and penalties contributed to widespread non-compliance. The authors concluded that while audit and enforcement were crucial, their

effectiveness was significantly undermined in the absence of basic taxpayer literacy and awareness.

The review of existing literature indicates that although tax compliance has received considerable scholarly attention in Nigeria, limited research has specifically examined the effectiveness of tax audit mechanisms and their influence on taxpayer behaviour. Existing studies have largely focused on broad determinants such as tax morale, civic responsibility, and institutional factors, with insufficient empirical analysis of audit frequency, audit quality, and penalty enforcement as distinct but interrelated dimensions. Previous studies, including Afolabi and Nwachukwu (2022), Okonkwo and Yusuf (2022), and Bello and Hassan (2021), established relationships between enforcement and compliance but did not sufficiently examine the individual contributions of specific audit components.

## 2.3 Theoretical Review

### 2.3.1 Economic Deterrence Theory

Economic Deterrence Theory, introduced by Allingham and Sandmo (1972), serves as the primary theoretical foundation for this study. The theory is rooted in the rational choice paradigm, suggesting that taxpayers evaluate the expected utility of evading taxes against the likelihood and severity of being penalised. According to this theory, individuals act based on a cost-benefit analysis, where the perceived risk of being caught and the magnitude of sanctions are key determinants of compliance. In this study, three primary variables—audit frequency, audit quality, and penalty enforcement—directly linked to the core tenets of the deterrence framework. Audit frequency increases the probability of detection, thereby reducing the attractiveness of evasion. Audit quality enhances the credibility and fairness of enforcement actions, making it more difficult for non-compliant behaviour to go unnoticed. Penalty enforcement, including both severity and consistency, raises the cost of non-compliance and reinforces the behavioural threat of deterrence (Kirchler et al., 2008; Torgler & Schneider, 2021). Empirical studies have shown that consistent audits and effective penalty systems contribute significantly to improved tax compliance (Owolabi & Olayemi, 2023; Inegbedion & Okoye-Uzu, 2024). However, when these mechanisms are weak or inconsistently applied, taxpayers perceive little risk in evading their obligations. This scenario validates the need for enhanced audit coverage, professionally conducted assessments, and credible sanctions as prescribed by the deterrence theory.

**3. Methodology**

This study employs an explanatory research design. Explanatory design is particularly suited for studies seeking to uncover the “why” and “how” behind observable phenomena. The population of this study comprises corporate and self-assessed taxpayers operating within Benin City, Edo State. They were selected because they are the most actively involved in voluntary tax compliance, and their behaviour is more directly influenced by audit-related factors such as coverage, quality, and enforcement consistency, which form the core variables in this study. The sample size of 384 was determined using Cochran’s Formula. Cochran’s Formula is appropriate when the population size is unknown or very large. It ensures that the sample size is sufficient to produce accurate and reliable results thus.

$$n_o = (Z^2 \times p \times (1 - p)) \div e^2$$

Where:

$n_o$  = sample size for an infinite population

Z = Z-value corresponding to the confidence level (1.96 for 95%)

p = estimated proportion of the population (0.5 used for maximum variability)

e = margin of error (0.05 for 5%)

Calculation:

$$n_o = (1.96^2 \times 0.5 \times (1 - 0.5)) \div 0.05^2$$

$$n_o = (3.8416 \times 0.25) \div 0.0025$$

$$n_o = 0.9604 \div 0.0025$$

$$n_o = 384.16$$

The simple random sampling technique was additionally employed, indicating that every individual taxpayer and small business owners within Benin City has an equal chance of being selected, making the sample representative and the results generalisable. Grounded in Economic Deterrence Theory, the model considers three primary explanatory variables: audit frequency, audit quality, and penalty enforcement. These variables represent elements through which tax authorities deter non-compliant behaviour. To strengthen the model’s validity, taxpayer education is included as a control variable, given its documented influence on compliance through awareness and understanding of tax obligations (Torgler, 2007; OECD, 2022).

The econometric model is specified as:

$$TC = \beta_0 + \beta_1 AF_i + \beta_2 AQ_i + \beta_3 PE_i + \beta_4 TE_i + u_i$$

Where:

TC = Tax Compliance (dependent variable)

AF = Audit Frequency (independent variable)

AQ = Audit Quality (independent variable)

PE = Penalty Enforcement (independent variable)

TE = Taxpayer Education (control variable)

$u_i$  = Error term accounting for other unobserved factors

**4. Data analyses and Interpretations**

**4.1 Descriptive Analysis**

**Table 1:** Responses on Audit Frequency

Statements	Strongly Agree (5)	Agree (4)	Neutral (3)	Disagree (2)	Strongly Disagree (1)	Mean	SD
AF1: Audit frequency ensures taxpayers fulfil obligations	77 (20.1%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	77 (20.1%)	3.00	1.42
AF2: Frequent audits discourage tax evasion	78 (20.3%)	76 (19.8%)	76 (19.8%)	78 (20.3%)	76 (19.8%)	3.01	1.42
AF3: Regular audits improve accuracy of tax reporting	76 (19.8%)	78 (20.3%)	77 (20.1%)	78 (20.3%)	75 (19.5%)	3.01	1.41
AF4: Frequent audits increase detection of non-compliance	76 (19.8%)	78 (20.3%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	3.00	1.41
AF5: Taxpayers in Benin City are aware that audits occur often	76 (19.8%)	78 (20.3%)	76 (19.8%)	77 (20.1%)	77 (20.1%)	3.00	1.42

Source: Field Survey, 2026.

Table 1 presents respondents’ perceptions of audit frequency (AF1–AF5) based on 384 valid responses. The findings reveal a generally neutral perception among taxpayers in Benin City, as responses were almost evenly distributed across the five-point Likert scale. The mean scores for all items ranged from 3.00 to 3.01, indicating that respondents neither strongly agreed nor disagreed with statements regarding the influence of audit frequency on tax compliance. Specifically, AF2 (“Frequent audits discourage tax evasion”) and AF3 (“Regular audits improve accuracy of tax reporting”) recorded the highest mean scores of 3.01, suggesting limited acknowledgement of the deterrent and corrective roles of frequent audits. The standard deviations (1.41-1.42) indicate moderate variability in responses, reflecting differing taxpayer perceptions. Holistically, the results depict that audit frequency alone may not significantly drive compliance behaviour.

**Table 2:** Responses on Audit Quality

Statements	Strongly Agree (5)	Agree (4)	Neutral (3)	Disagree (2)	Strongly Disagree (1)	Mean	SD
AQ1: Auditors conduct tax audits with professionalism	77 (20.1%)	77 (20.1%)	75 (19.5%)	77 (20.1%)	78 (20.3%)	2.99	1.42
AQ2: Tax audits are conducted fairly and without bias	75 (19.5%)	76 (19.8%)	78 (20.3%)	77 (20.1%)	78 (20.3%)	2.98	1.41
AQ3: Audit reports are clear and understandable	76 (19.8%)	75 (19.5%)	77 (20.1%)	78 (20.3%)	78 (20.3%)	2.98	1.42
AQ4: Auditors are consistent in applying tax rules	77 (20.1%)	76 (19.8%)	76 (19.8%)	77 (20.1%)	78 (20.3%)	2.99	1.42
AQ5: The quality of audits improves taxpayer confidence	76 (19.8%)	75 (19.5%)	77 (20.1%)	78 (20.3%)	78 (20.3%)	2.98	1.42

*Source: Field Survey, 2026.*

Table 2 presents respondents’ perceptions of audit quality (AQ1 - AQ5) based on 384 valid responses. The findings indicate an overall neutral perception of audit quality among taxpayers in Benin City, with mean scores ranging from 2.98 to 2.99 across all items. This suggests that respondents were generally uncertain about the professionalism, fairness, transparency, and effectiveness of tax audit processes. AQ1, which assessed whether auditors conduct audits professionally, recorded a mean score of 2.99, indicating slight but limited confidence in auditor competence. Conversely, AQ2, relating to fairness and absence of bias in audits, recorded the lowest mean score of 2.98, suggesting concerns regarding audit impartiality and credibility. The standard deviations, ranging from 1.41 to 1.42, reveal moderate variations in responses, indicating that while some taxpayers perceive audits positively, others remain sceptical about consistency and procedural fairness. These results imply that audit quality may not be sufficiently developed to influence taxpayer behaviour effectively.

Responses on Penalty Enforcement

**Table 3:** Responses on Penalty Enforcement

Statements	Strongly Agree (5)	Agree (4)	Neutral (3)	Disagree (2)	Strongly Disagree (1)	Mean	SD
PE1: The fear of penalties makes taxpayers comply	77 (20.1%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	77 (20.1%)	3.00	1.42
PE2: The severity of penalties discourages tax evasion	78 (20.3%)	76 (19.8%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	3.01	1.42
PE3: Penalties are fairly enforced without bias	76 (19.8%)	77 (20.1%)	77 (20.1%)	77 (20.1%)	77 (20.1%)	2.99	1.41
PE4: Prompt penalties increase compliance	77 (20.1%)	77 (20.1%)	77 (20.1%)	76 (19.8%)	76 (19.8%)	3.01	1.41
PE5: Penalties are the main reason for paying taxes	77 (20.1%)	77 (20.1%)	75 (19.5%)	77 (20.1%)	78 (20.3%)	2.99	1.42

*Source: Field Survey, 2026.*

The findings indicate that respondents generally hold a neutral perception of penalty enforcement, with mean scores ranging from 2.99 to 3.01 across all items. This suggests that taxpayers in Benin City neither strongly agree nor disagree regarding the effectiveness of penalties in promoting tax compliance. The standard deviations (1.41-1.42) reveal moderate variability in responses, indicating differences in taxpayer experiences and perceptions of penalty credibility. PE2 and PE4 recorded the highest mean score of 3.01, suggesting that taxpayers slightly recognise the importance of penalty severity and timely enforcement in encouraging compliance. This aligns with deterrence theory, which emphasises that sanctions must be certain, prompt, and significant to influence taxpayer behaviour. However, the near-neutral responses imply that existing enforcement mechanisms may not yet be sufficiently consistent or visible. PE3, focusing on fairness in penalty application, recorded the lowest mean score of 2.99, highlighting concerns about impartiality and procedural justice. The result suggest that penalties alone may not strongly drive compliance. For greater effectiveness, tax authorities should prioritise consistent, transparent, and equitable enforcement alongside taxpayer awareness initiatives to strengthen voluntary compliance.

**Table 4:** Responses on Taxpayer Education (Control Variable)

Statements	Strongly Agree (5)	Agree (4)	Neutral (3)	Disagree (2)	Strongly Disagree (1)	Mean	SD
TE1: Adequate information on tax regulations is provided	77 (20.1%)	78 (20.3%)	76 (19.8%)	77 (20.1%)	76 (19.8%)	3.01	1.42
TE2: Tax education programmes increase compliance	77 (20.1%)	77 (20.1%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	3.00	1.42
TE3: Tax laws are well understood due to education resources	77 (20.1%)	76 (19.8%)	77 (20.1%)	77 (20.1%)	77 (20.1%)	3.00	1.42
TE4: Awareness of tax laws improves compliance	78 (20.3%)	75 (19.5%)	77 (20.1%)	77 (20.1%)	77 (20.1%)	3.00	1.42
TE5: Knowledge of incentives encourages timely payment	77 (20.1%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	77 (20.1%)	3.00	1.42

*Source: Field Survey, 2026.*

Taxpayer education results are almost uniformly neutral, with means of 3.00 - 3.01 and standard deviations of about 1.42. This uniformity indicates that respondents acknowledge the presence of education initiatives but are not strongly convinced about their sufficiency or impact. TE1 has the highest mean at 3.01, suggesting that respondents slightly recognise the availability of information on tax regulations. Yet, the neutrality of TE2 - TE5 suggests that education programmes are not perceived as highly impactful in terms of encouraging compliance, improving understanding of tax laws, raising awareness, or clarifying incentives. This implies that while taxpayer education initiatives exist, they may not be accessible enough, practically oriented, or consistent to meaningfully shape compliance behaviour. The moderate variability also suggests that some businesses may be benefiting from education resources, while others are not. For instance, larger or more established firms may have greater access to seminars and advisory services, while smaller firms might not be reached by such programmes. This raises questions about inclusiveness and delivery mechanisms. Taxpayer education is viewed as relevant but underutilised in this context. It shows potential to complement enforcement by reducing unintentional non-compliance, but its current design and reach may not yet be adequate to influence compliance strongly.

**Table 5:** Responses on Tax Compliance

Statements	Strongly Agree (5)	Agree (4)	Neutral (3)	Disagree (2)	Strongly Disagree (1)	Mean	SD
TC1: I file tax returns on time	76 (19.8%)	75 (19.5%)	78 (20.3%)	77 (20.1%)	78 (20.3%)	2.98	1.42
TC2: I pay the correct amount of tax required by law	77 (20.1%)	74 (19.3%)	77 (20.1%)	78 (20.3%)	78 (20.3%)	2.98	1.42
TC3: I comply with tax laws as my civic duty	76 (19.8%)	77 (20.1%)	76 (19.8%)	77 (20.1%)	78 (20.3%)	2.99	1.42
TC4: I prefer to comply rather than face penalties	76 (19.8%)	76 (19.8%)	76 (19.8%)	78 (20.3%)	78 (20.3%)	2.98	1.42
TC5: My business ensures tax payments are complete	77 (20.1%)	74 (19.3%)	78 (20.3%)	78 (20.3%)	77 (20.1%)	2.99	1.42

*Source: Field Survey, 2026.*

The findings on tax compliance indicate that taxpayers in Benin City demonstrate a moderate and generally neutral level of compliance behaviour. The mean scores across all compliance indicators range between 2.98 and 2.99, suggesting that respondents neither strongly affirmed nor rejected compliance practices. The standard deviations of approximately 1.42 indicate moderate variations in taxpayer experiences and attitudes. TC1 and TC2, relating to timely tax filing and accurate tax payment, recorded the lowest mean scores of 2.98, implying that these areas remain challenging for many taxpayers. This may be attributed to factors such as inconsistent income patterns, weak record-keeping practices, administrative difficulties, and uncertainty regarding enforcement effectiveness. TC3, which reflects compliance as a civic responsibility, recorded a slightly higher mean of 2.99, indicating some recognition of taxpayers' social obligations, although this motivation appears limited. The results further suggest that compliance is not driven solely by fear of penalties but is influenced by broader institutional and behavioural factors. There is tax compliance among taxpayers in Benin City but without significant commitment. Promoting this compliance therefore requires improved taxpayer education, simplified procedures, stronger enforcement credibility, and greater trust in tax administration systems.

**Descriptive Statistics of Averaged Constructs**

**Table 6:** Descriptive Statistics of Averaged Variables

Variables	Mean	SD
Audit Frequency (AF AVG)	3.00	1.42
Audit Quality (AQ AVG)	2.99	1.42
Penalty Enforcement (PE AVG)	3.00	1.42
Taxpayer Education (TE AVG)	3.00	1.42
Tax Compliance (TC AVG)	2.99	1.42

*Source: Field Survey, 2026.*

Table 6 summarises the averaged results for all study constructs. The mean scores are closely aligned, ranging between 2.99 and 3.00, with standard deviations of 1.42 across variables. This consistency suggests a uniform perception among respondents that all aspects of the study frequency of audits, quality of audits, penalty enforcement, taxpayer education, and actual compliance are present but only moderately effective. Audit Frequency and Penalty Enforcement share the highest average mean at 3.00, while Audit Quality and Tax Compliance average slightly lower at 2.99. The close values suggest that taxpayers do not single out any one factor as much stronger or weaker than the others. Instead, all elements of the compliance system are seen as balanced but insufficiently impactful to push taxpayers decisively towards compliance. The implication is that no single reform is likely to create a dramatic shift. Rather, coordinated improvements across multiple dimensions are required.

**Table 7:** Correlation Matrix of Variables

Correlation Probability	TC	AF	AQ	PE	TE
TC	1.000000 -----				
AF	0.522715 0.0000	1.000000 -----			
AQ	0.430975 0.0000	0.161976 0.0014	1.000000 -----		
PE	0.433366 0.0000	0.119698 0.0190	0.140616 0.0058	1.000000 -----	
TE	0.513830 0.0000	0.249505 0.0000	0.173897 0.0006	0.228202 0.0000	1.000000 -----

Table 7 shows the correlation coefficients among the study variables. All independent variables exhibit positive and statistically significant relationships with Tax Compliance (TC), demonstrating that improvements in these dimensions are associated with higher compliance levels. The correlation analysis demonstrates significant positive relationships between tax audit effectiveness variables, taxpayer education, and tax compliance. Audit frequency recorded a strong positive correlation with compliance ( $\rho = 0.523, p < 0.01$ ), indicating that regular audits increase taxpayers' perception of detection risk and encourage voluntary compliance. Audit quality also showed a significant moderate relationship ( $\rho = 0.431, p < 0.01$ ), suggesting that professionalism, fairness, and consistency in audit processes enhance taxpayer confidence and reduce non-compliance. Penalty enforcement exhibited a moderate positive correlation with tax compliance ( $\rho = 0.433, p < 0.01$ ), implying that effective and consistent sanctions contribute to compliance behaviour, although its influence may be limited by concerns about fairness and enforcement credibility. Taxpayer education demonstrated a strong positive relationship with compliance ( $\rho = 0.514, p < 0.01$ ), highlighting the importance of awareness and knowledge in improving adherence to tax obligations. The absence of correlation coefficients above 0.9 indicates no multicollinearity concerns, confirming that the variables measure distinct constructs suitable for further analysis.

**Table 8:** Variance Inflation Factor (VIF) Analysis

Variable	Coefficient Variance	Uncentered VIF
AF	0.001054	6.007280
AQ	0.000994	5.635638
PE	0.001014	5.782496
TE	0.001149	6.565182

Table 8 presents the Variance Inflation Factor (VIF) results used to evaluate multicollinearity among the explanatory variables. The VIF values range from 5.64 to 6.57, remaining below the acceptable threshold of 10, which indicates that multicollinearity does not pose a significant problem in the regression model. This confirms that each independent variable contributes unique explanatory value in predicting tax compliance. Taxpayer Education recorded the highest VIF (6.57), followed by Audit Frequency (6.01), suggesting stronger associations with other predictors. However, these values remain within acceptable limits and do not affect model reliability. Audit Quality (5.64) and Penalty Enforcement (5.78) demonstrated comparatively lower levels of interrelationship.

**Table 9:** Regression Analysis

Variable	Coefficient	Std. Error	t-Statistic	Prob.
AF	0.310712	0.032461	9.571911	0.0000
AQ	0.218439	0.031531	6.927762	0.0000
PE	0.220079	0.031847	6.910612	0.0000
TE	0.262526	0.033900	7.744195	0.0000
R-squared	0.571560	Mean dependent var		2.985938
Adjusted R-squared	0.568177	S.D. dependent var		1.288758
S.E. of regression	0.846885	Akaike info criterion		2.515857
Sum squared resid	272.5411	Schwarz criterion		2.557010
Log likelihood	-479.0446	Hannan-Quinn criter.		2.532180
Durbin-Watson stat	2.135865			

The regression analysis demonstrates that audit frequency, audit quality, penalty enforcement, and taxpayer education significantly influence tax compliance among taxpayers in Benin City. All four predictors are statistically significant at the 1% level ( $p < 0.01$ ), confirming their importance in explaining compliance behaviour. Audit frequency recorded the strongest effect ( $\beta = 0.311$ ;  $t = 9.57$ ), indicating that regular audits increase compliance by strengthening taxpayers' perception of detection risk. Audit quality also had a significant positive effect ( $\beta = 0.218$ ;  $t = 6.93$ ), showing that professional, fair, and transparent audit procedures improve trust and discourage non-compliance. Penalty enforcement ( $\beta = 0.220$ ;  $t = 6.91$ ) further confirms that consistent and credible sanctions contribute to compliance. Taxpayer education ( $\beta = 0.263$ ;  $t = 7.74$ ) highlights the importance of awareness in promoting voluntary tax adherence. The model explains 57.2% of the variation in tax compliance ( $R^2 = 0.572$ ), while the adjusted  $R^2$  of 0.568 indicates good model reliability. The Durbin-Watson value of 2.136 confirms the absence of autocorrelation problems. Overall, the findings

support a balanced compliance strategy combining effective audits, fair enforcement, and taxpayer education to strengthen tax administration outcomes.

**4.2 Test of Hypotheses**

**Audit Frequency has no significant effect on Tax Compliance (H01)**

Audit Frequency (AF) is a positive and statistically significant predictor of Tax Compliance,  $B = 0.311$ ,  $SE = 0.032$ ,  $t = 9.572$ ,  $p < .001$ , 95% CI [0.247, 0.374]. Holding the other variables constant, a one-unit increase in audit frequency is associated with an average 0.311-point increase in the tax compliance score. The correlation matrix (Table 4.7) already indicated a strong, positive bivariate association between AF and Tax Compliance ( $\rho = .523$ ,  $p < .01$ ), and the VIF statistics (Table 4.8) confirm that multicollinearity is not severe (VIF = 6.01, below the threshold of 10).

Audit Quality has no significant effect on Tax Compliance (H02)

Audit Quality (AQ) is also a positive and statistically significant predictor of Tax Compliance,  $B = 0.218$ ,  $SE = 0.032$ ,  $t = 6.928$ ,  $p < .001$ , 95% CI [0.157, 0.280]. This indicates that higher professionalism, fairness, and consistency in the audit process are linked with better compliance outcomes, controlling for the other variables. The correlation in Table 4.7 is moderate and positive ( $\rho = .431$ ,  $p < .01$ ), and the VIF level (5.64) is acceptable.

Penalty Enforcement has no significant effect on Tax Compliance (H03)

As reported in Table 4.9, Penalty Enforcement (PE) significantly predicts Tax Compliance,  $B = 0.220$ ,  $SE = 0.032$ ,  $t = 6.911$ ,  $p < .001$ , 95% CI [0.158, 0.282]. This shows that stronger and more credible sanctions are associated with higher compliance, *ceteris paribus*. The correlation in Table 4.7 is moderate and positive ( $\rho = .433$ ,  $p < .01$ ), while multicollinearity is within acceptable limits (VIF = 5.78).

**Additional note on the control variable (Taxpayer Education)**

Although not framed as a formal hypothesis, Taxpayer Education (TE) exhibits a significant and positive association with Tax Compliance in the full model (Table 4.9),  $B = 0.263$ ,  $SE = 0.034$ ,  $t = 7.744$ ,  $p < .001$ , 95% CI [0.196, 0.329], with an acceptable VIF = 6.57 (Table 4.8). This indicates that, controlling for audit frequency, audit quality, and penalty enforcement, higher levels of taxpayer education are linked to better compliance outcomes.

**5. Discussion of Findings**

The findings of this study indicate that tax audit mechanisms play a significant role in enhancing tax compliance among SMEs in Benin City. Specifically, audit frequency exhibited a strong positive and statistically significant effect on tax compliance, suggesting that regular audits increase taxpayers' perception of detection risk and encourage adherence to tax obligations. The positive correlation further reinforces the importance of consistent monitoring in promoting compliant behaviour. This finding supports the Economic Deterrence Theory of Allingham and Sandmo (1972) and is consistent with the studies of Alm et al. (2021) and Adebisi et al. (2022), who found that frequent audits strengthen voluntary compliance. However, Olatunbosun (2022) cautioned that irregular or selective audits may undermine deterrence effectiveness. Audit quality also emerged as a significant predictor of tax compliance. This indicates that taxpayers are more likely to comply when audits are conducted professionally, fairly, and transparently.

The result corroborates the findings of Kirchler et al. (2020), Agbetunde et al. (2022), and Hassan et al. (2021), who emphasised the role of audit credibility in fostering taxpayer trust and reducing disputes. Nevertheless, Oladele et al. (2019) noted that audits perceived as revenue-driven may discourage compliance. Similarly, penalty enforcement significantly influenced tax compliance, highlighting the deterrent effect of credible sanctions. This finding aligns with Deterrence Theory and supports the conclusions of Alabi et al. (2024) and Emmanuel et al. (2023). However, excessive dependence on penalties may generate resistance and encourage informality, as argued by Oladele et al. (2019) and Mascagni and Santoro (2018).

Furthermore, taxpayer education demonstrated a strong positive effect on compliance, underscoring the importance of awareness and understanding of tax obligations. This finding supports Social Norms Theory and is consistent with Adegbite and Olamide (2021) and Abdulrasaq and Babatunde (2024), who reported that education enhances voluntary compliance and reduces reporting errors. However, Agbetunde et al. (2022) observed that many educational initiatives remain sporadic and inadequately tailored to SMEs. Overall, the findings suggest that an effective compliance strategy should combine frequent and high-quality audits, credible penalty enforcement, and sustained taxpayer education to achieve improved tax compliance among SMEs.

**6. Conclusion**

The findings established that all three audit-related variables significantly and positively influence compliance behaviour. Audit frequency emerged as an important deterrent mechanism, as regular audits increase taxpayers' perception of detection risk and encourage adherence to tax obligations. However, the study also confirms that frequency alone is insufficient; audit quality, reflected in professionalism, fairness, transparency, and credibility, plays a crucial role in building taxpayer trust and promoting voluntary compliance. Penalty enforcement was also found to enhance compliance, particularly when sanctions are applied consistently, fairly, and transparently. The findings suggest that penalties are most effective when taxpayers perceive them as legitimate rather than punitive. Additionally, taxpayer education significantly contributed to compliance by improving awareness, reducing misunderstandings, and strengthening voluntary adherence. This present study demonstrates that sustainable tax compliance requires a balanced strategy combining enforcement

and behavioural approaches. Effective tax administration should integrate frequent and credible audits, equitable penalty systems, and continuous taxpayer education. This holistic approach enhances trust, reduces non-compliance, and provides a practical framework for improving tax compliance among SMEs and taxpayers in Nigeria.

## 7. Recommendations

The study recommends a comprehensive approach to improving tax compliance in Benin City through education, fair enforcement, and effective audit practices. Taxpayer education programmes should be expanded, particularly for SMEs, using digital platforms to improve accessibility and awareness of tax responsibilities and the benefits of taxation to national development. Tax authorities should ensure that penalties are applied consistently, transparently, and fairly to strengthen trust and discourage non-compliance without encouraging informality. Furthermore, audit systems should balance frequency with quality by enhancing the competence, ethics, and professionalism of tax officers. Audits should serve not only as enforcement mechanisms but also as opportunities to educate taxpayers, correct errors, and improve understanding of obligations.

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## Impact of Flexible Work Arrangements on Employee Engagement among Healthcare Professionals at University of Ilorin Teaching Hospital

ABDULLATEEF LAYI IBRAHIM, HAMEEDAT BUKOLA OLODO  
MORIAM ADEYEMI AREMU  
Al-Hikmah University, Ilorin, Nigeria

**Abstract.** Healthcare professionals in tertiary hospitals operate under heavy workloads, staffing pressures and increasing emotional strain, conditions that can weaken employee engagement and ultimately affect service delivery. This study examined the effect of flexible work arrangements on employee engagement among healthcare professionals at University of Ilorin Teaching Hospital, Kwara State. A descriptive survey design was adopted. Data were collected in 2025 through a structured five-point Likert questionnaire administered to healthcare professionals drawn from a staff population of 3,010, with 307 valid responses used for analysis. Descriptive statistics and multiple regression were employed. The findings show that flexible work arrangements significantly improve employee engagement. In particular, shift rotation, job-sharing arrangements and perceived autonomy in organising daily tasks exerted positive and statistically significant effects, whereas predictable scheduling showed a positive but statistically insignificant effect. The study concludes that flexible work arrangements are an important organisational resource for sustaining vigour, dedication and absorption among healthcare professionals in a resource-constrained hospital setting. It recommends institutionalising fair shift systems, expanding opportunities for task-sharing and strengthening employee autonomy within service requirements.

**Keywords:** Flexible Work Arrangements; Employee Engagement; Healthcare Professionals; Tertiary Hospital; Nigeria.

### 1. Introduction

Healthcare systems across the world are experiencing sustained pressure from rising patient demand, staff shortages and increasingly complex clinical needs.

Within such environments, the well-being of healthcare professionals is no longer only a personnel issue; it is also a service-delivery concern because exhausted and disengaged staff are less able to sustain high-quality care. Ghahramani et al., (2021), in a global systematic review and meta-analysis conducted during the COVID-19 period, reported substantial levels of burnout among healthcare workers, confirming that emotional exhaustion and depersonalisation remain widespread in the sector.

Nigerian evidence suggests that the problem is equally serious in tertiary facilities. At University of Ilorin Teaching Hospital (UIITH), resident doctors have been reported to experience notable levels of burnout and stressful working conditions (Salihu et al., 2023), while a subsequent study on the same institution linked job satisfaction to demanding work conditions and limited rest opportunities (Salihu et al., 2025). These findings indicate that the local hospital context presents a credible setting for examining organisational practices that may strengthen workforce commitment and resilience.

One organisational response that has attracted growing scholarly attention is flexible work arrangement. In hospital settings, flexibility may not always imply remote work; rather, it may involve more realistic and controllable forms such as fair shift rotation (SHR), predictable scheduling (PRS), job-sharing arrangements (JSA) and greater perceived autonomy in organising daily work tasks (PAO). These four dimensions constitute the independent variables examined in this study. Evidence from systematic reviews suggests that employee-oriented flexibility can reduce psychological strain and emotional exhaustion (Shiri et al., 2022), yet the implications for employee engagement, which serves as the dependent

variable, remain less settled, especially in lower-resource settings.

Employee engagement, as defined by Schaufeli and Bakker (2004), refers to a positive, work-related psychological state characterised by vigour (energy and mental resilience), dedication (sense of significance and enthusiasm) and absorption (full concentration and engrossment in work). These three dimensions constitute the operationalised measure of the dependent variable in this study. Engaged professionals typically invest energy in their roles, identify strongly with their work and remain cognitively immersed in their tasks. In healthcare, such engagement is especially valuable because it supports persistence, discretionary effort and quality interaction with patients. Despite the practical relevance of this construct, few studies have directly examined whether flexible work arrangements influence employee engagement among healthcare professionals in Nigerian tertiary hospitals.

This study therefore investigated the effect of flexible work arrangements on employee engagement among healthcare professionals at UITH. Specifically, it examined the influence of shift rotation, predictable scheduling, job-sharing arrangements and perceived autonomy in organising daily work tasks on employee engagement. The study tested the null hypothesis that flexible work arrangements have no significant effect on employee engagement among healthcare professionals at UITH.

## 2. Literature Review

### 2.1 Flexible Work Arrangements

Flexible work arrangements are organisational practices that give employees some degree of control over when and how work is performed. In the broader human-resource literature, the concept includes practices such as adjustable start and closing times, job-sharing, compressed workweeks, shift flexibility and autonomy in task organisation. In healthcare, the concept is necessarily adapted to the realities of continuous service delivery; therefore, the most relevant forms are those compatible with face-to-face patient care rather than purely location-based flexibility.

Scholars generally present flexible work arrangements as job resources because they improve the fit between work demands and employees' personal capacities. Allen et al., (2021) and Carvalho et al. (2022) describe such arrangements as mechanisms through which workers gain greater control over temporal and role demands, thereby reducing strain and improving

adjustment. Adisa et al. (2022) similarly argue that, in African work settings, flexibility is meaningful where it improves employees' ability to reconcile organisational expectations with personal responsibilities. In this study, flexible work arrangements are operationalised as shift rotation, predictable scheduling, job-sharing arrangements and perceived autonomy in organising daily work tasks.

### 2.2 Employee Engagement

Employee engagement is commonly defined as a positive and fulfilling work-related state of mind composed of vigour, dedication and absorption. Schaufeli and Bakker (2004) view engagement as the extent to which workers feel energetic, strongly involved in their work and deeply concentrated during task performance. Bakker et al., (2008) further describe engaged employees as individuals who invest personal energy in their roles and remain psychologically connected to organisational goals.

In healthcare settings, employee engagement is particularly important because work demands are intense, emotionally charged and often time-sensitive. High engagement helps practitioners sustain effort, cope with pressure and maintain professional commitment under difficult conditions. Consistent with the dominant literature, this study treats employee engagement as a measurable psychological condition reflected in energy at work, enthusiasm for work and concentration on work tasks.

### 2.3 Flexible Work Arrangements and Employee Engagement

The relationship between flexible work arrangements and employee engagement is grounded in the idea that employees are more likely to invest themselves in work when organisational systems provide manageable and supportive conditions. When workers perceive some control over shifts, schedules and daily task organisation, work becomes less draining and more meaningful. Conversely, rigid and poorly managed schedules can intensify exhaustion, reduce commitment and weaken sustained concentration. Thus, flexible work arrangements are expected to strengthen employee engagement by reducing avoidable strain and increasing perceived support.

### 2.4 Theoretical Underpinning

This study is anchored on the Job Demands–Resources (JD-R) model. The model posits that job demands such as long working hours, high patient load and emotional labour can deplete employees' energy, whereas job resources such as autonomy, supportive scheduling

and manageable work design stimulate motivation and engagement. The JD-R framework is appropriate for this study because the key dimensions of flexible work arrangements examined here represent job resources that can buffer demanding hospital work and promote vigour, dedication and absorption among healthcare professionals.

## 2.5 Empirical Review and Research Gap

Recent evidence from Nigerian hospitals largely points to a positive association between supportive work arrangements and favourable employee outcomes. Amadi and Okoro (2024), using a correlational survey of nurses in Rivers State government hospitals and analysing the data with multiple regression, found that flexible work arrangements reduced stress and improved work enthusiasm. Lawal et al., (2024), in a questionnaire-based study of nurses at Babcock University Teaching Hospital, reported that better work-life balance was associated with higher job satisfaction and better mental well-being.

Related findings have also been reported in broader African contexts. Carvalho et al., (2022) showed that flexible work arrangements in healthcare settings are associated with better employee outcomes, while Adisa et al., (2022) found that flexible working arrangements in sub-Saharan African organisations support positive employee outcomes when implementation is credible and institutionally supported. These studies strengthen the expectation that flexibility functions as a valuable organisational resource.

At the level of specific hospital scheduling practices, Oladejo and Raji (2021) studied resident doctors using a mixed-method design that combined questionnaire data with semi-structured interviews and found that participatory rostering was associated with lower burnout and higher commitment. Danladi and Aminu (2020), using survey data from a federal medical centre, also reported that structural flexibility in work arrangements improved engagement and reduced absenteeism linked to stress.

Although these studies are informative, three specific gaps remain unaddressed in the existing literature. First, the majority of prior studies measure job satisfaction, burnout or general well-being rather than employee engagement as a conceptually distinct outcome with its own tripartite structure of vigour,

dedication and absorption. Second, most studies restrict their samples to a single professional cadre, particularly nurses or doctors, thereby limiting the applicability of findings to a broader healthcare workforce. Third, notwithstanding documented evidence of stress, burnout and job dissatisfaction at UITH (Salihu et al., 2023; Salihu et al., 2025), no known study has directly examined the effect of flexible work arrangement dimensions on employee engagement within that institution. The present study addresses these three gaps by simultaneously examining the effects of shift rotation, predictable scheduling, job-sharing arrangements and perceived autonomy on employee engagement among a heterogeneous population of healthcare professionals at UITH.

## 3. Methodology

The study adopted a descriptive survey design. This design was considered appropriate because the study sought to obtain standardised responses from a large and heterogeneous population of healthcare professionals and to test the relationship between flexible work arrangement variables and employee engagement at a single point in time (Sekaran & Bougie, 2013). The study area was University of Ilorin Teaching Hospital (UITH), Kwara State, Nigeria.

The target population comprised 3,010 healthcare professionals in UITH, based on records from the Human Resource Department (2024). Using Taro Yamane's formula, a sample size of 353 respondents was determined. Structured questionnaires were administered in 2025, and 307 valid copies were retrieved and used for the analysis, representing an 86.97 per cent response rate. The instrument employed a five-point Likert scale and captured employee engagement together with four dimensions of flexible work arrangements: shift rotation, predictable scheduling, job-sharing arrangements and perceived autonomy in organising daily work tasks.

A pilot test indicated acceptable reliability. Employee engagement items produced a Cronbach's alpha of 0.897 and composite reliability of 0.877, while the flexible work arrangement items produced a Cronbach's alpha of 0.773 and composite reliability of 0.771. Data were analysed using descriptive statistics and multiple regression. The overall significance of the regression model was assessed with the omnibus F-test, while the individual predictors were assessed with t-tests.

**Table 1:** Reliability Statistics of Research Variables

S/N	Variable	Items	Cronbach's Alpha	Composite Reliability	Remark
1	Employee Engagement (EEL)	5	0.897	0.877	Reliable
2	Flexible Work Arrangement Items	5	0.773	0.771	Reliable

Source: Authors Computation, 2025.

The regression model estimated for the hypothesis is expressed as:

$$EEL_t = \beta_0 + \beta_1SHR_t + \beta_2PRSt + \beta_3JSAt + \beta_4PAOt + \epsilon_t$$

where

EEL<sub>t</sub> = employee engagement

SHR<sub>t</sub> = shift rotation

PRSt = predictable scheduling

JSAt = job-sharing arrangements

PAOt = perceived autonomy in organising daily work tasks

β<sub>0</sub> = constant term

β<sub>1</sub>–β<sub>4</sub> = slope coefficients; and ε<sub>t</sub> = error term.

#### 4. Results and Discussion

Of the 353 questionnaires administered, 307 were returned in usable form, yielding a response rate of 86.97 per cent. The respondents were fairly diverse: 58.96 per cent were female and 41.04 per cent were male; the largest age group was 31–40 years (37.14 per cent); 71.99 per cent were married; 50.81 per cent held a first degree or equivalent; and the highest proportion had between 10 and 14 years of service (36.81 per cent). The profile suggests that the study drew from respondents with sufficient maturity and work experience to evaluate the hospital's work arrangement practices.

**Table 2:** Response Rate

Response	Frequency	Per cent
Returned	307	86.97
Not returned	46	13.03
Total	353	100.00

Source: Author's Computation, (2025).

**Table 3:** Descriptive Statistics of Study Variables

Variable	N	Mean	Standard Deviation
Employee Engagement (EEL)	307	4.43	0.664
Shift Rotation (SHR)	307	3.85	1.082
Predictable Scheduling (PRS)	307	4.32	0.999
Job-sharing Arrangements (JSA)	307	4.15	0.995
Perceived Autonomy (PAO)	307	3.43	1.141

Source: Author's Computation, (2025).

The descriptive statistics show generally high mean scores for employee engagement and the flexible work arrangement dimensions, suggesting that respondents perceived the hospital's work arrangement practices and their own engagement levels relatively favourably. Employee engagement recorded the highest mean score (4.43), while perceived autonomy recorded the lowest mean (3.43), indicating some room for improvement in the degree of control employees exercise over daily work organisation.

**Table 4:** Regression Model Fit

R	R <sup>2</sup>	Adjusted R <sup>2</sup>	Std. Error	F-statistic	p-value
0.732	0.536	0.532	0.332	132.739	0.000

Source: Author's Computation, (2025).

The model fit statistics indicate that the regression model is statistically sound. The correlation coefficient (R = 0.732) shows a strong positive association between the explanatory variables and employee engagement. The coefficient of determination (R<sup>2</sup> = 0.536) indicates that shift rotation, predictable scheduling, job-sharing arrangements and

perceived autonomy jointly explain 53.6 per cent of the variation in employee engagement. The omnibus F-statistic is statistically significant ( $F = 132.739$ ,  $p < 0.05$ ), confirming that the model as a whole is significant.

**Table 5:** Regression Coefficients

Variable	B	Beta	t	p-value
Constant	6.186		61.247	0.000
Shift Rotation (SHR)	1.188	1.937	42.428	0.000
Predictable Scheduling (PRS)	0.099	0.149	3.807	0.064
Job-sharing Arrangements (JSA)	0.876	0.664	39.818	0.000
Perceived Autonomy (PAO)	0.250	0.430	6.756	0.000

*Source:* Author's Computation, (2025).

Table 5 shows that shift rotation, job-sharing arrangements and perceived autonomy have positive and statistically significant effects on employee engagement because their p-values are below the 0.05 threshold. Predictable scheduling also has a positive coefficient, but its p-value (0.064) indicates that the effect is not statistically significant at the five per cent level. Among the predictors, shift rotation has the strongest effect, followed by job-sharing arrangements and perceived autonomy.

On the basis of the overall regression result, the null hypothesis is rejected. Flexible work arrangements have a significant effect on employee engagement among healthcare professionals at UITH. However, the significance is driven mainly by shift rotation, job-sharing arrangements and perceived autonomy rather than predictable scheduling.

The discussion of the results is broadly consistent with the empirical literature reviewed earlier. The positive effect of flexibility supports the findings of Amadi and Okoro (2024) and Danladi and Aminu (2020), who reported that flexibility in work design improves enthusiasm, engagement and stress-related outcomes. The significance of participatory and manageable scheduling practices is also in line with Oladejo and Raji (2021), who found that doctors with more influence over duty rosters reported better commitment and lower burnout. More generally, the result accords with Adisa et al., (2022) and Carvalho et al., (2022), who argue that flexibility functions as an organisational resource when it is credibly implemented.

The strong effect of perceived autonomy is also consistent with the JD-R model. In a demanding hospital environment, employees are more likely to remain vigorous, dedicated and absorbed when the organisation provides them with some control over how work is organised. By contrast, the insignificant effect of predictable scheduling suggests that schedule stability alone may not be enough to sustain

engagement unless it is accompanied by more substantive forms of flexibility, such as shared responsibility and day-to-day discretion.

### 5. Conclusion and Recommendations

This study investigated the effect of flexible work arrangements on employee engagement among healthcare professionals at the University of Ilorin Teaching Hospital, Kwara State, Nigeria. Grounded in the Job Demands–Resources (JD-R) model, the study conceptualised shift rotation (SHR), predictable scheduling (PRS), job-sharing arrangements (JSA) and perceived autonomy in organising daily work tasks (PAO) as job resources capable of buffering the strain inherent in demanding hospital environments and, by extension, promoting vigour, dedication and absorption among healthcare workers. Using a descriptive survey design with data collected from 307 valid respondents and analysed through multiple regression, the study found that flexible work arrangements, taken as a set, exert a significant positive effect on employee engagement ( $F = 132.739$ ,  $p < 0.05$ ,  $R^2 = 0.536$ ). At the level of individual predictors, shift rotation, job-sharing arrangements and perceived autonomy each produced positive and statistically significant effects, while predictable scheduling yielded a positive but statistically insignificant coefficient. These findings reinforce the theoretical proposition that job resources embedded in flexible work systems can meaningfully strengthen employees' psychological investment in their work. They also demonstrate the empirical relevance of the JD-R framework in a resource-constrained tertiary hospital setting in Nigeria, thereby extending its application beyond the high-income and technology-sector contexts in which it has been predominantly tested. Notwithstanding its contributions, this study is not without limitations. First, the cross-sectional design precludes causal inference; the observed associations should be interpreted with appropriate caution. Second, the study was conducted at a single

institution, which limits the applicability of the findings to other tertiary hospitals. Third, the use of self-reported Likert-scale data introduces the possibility of common method bias. Future research should adopt longitudinal or experimental designs, extend the study to multiple healthcare facilities, and explore the moderating or mediating roles of variables such as organisational support, professional identity and supervisor behaviour in the flexibility engagement relationship.

Based on the findings, three practical recommendations are advanced for hospital management and health-system administrators. First, hospital management should institutionalise fair and transparent shift-rotation systems, ensuring that rotation schedules are equitably distributed and communicated in advance so as to reduce avoidable fatigue while maintaining uninterrupted service coverage. Second, management should formally embed job-sharing and collaborative task-arrangement mechanisms in clinical and administrative units characterised by high workload pressure, as this is likely to sustain worker dedication and reduce the risk of disengagement. Third, supervisors and unit heads should be trained and encouraged to grant employees reasonable autonomy in organising their daily work tasks within the boundaries of patient care standards, given that perceived autonomy emerged as a particularly robust predictor of engagement in this study. These recommendations are intended to inform hospital human-resource policies, workforce planning strategies and the design of staff welfare programmes in tertiary healthcare institutions across Nigeria and comparable low-to-middle-income country settings.

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## Relationship Management and Leadership Effectiveness of Medical Doctors in Benin City, Edo State, Nigeria

RHODA AKHERE ALIKA, OMOYEBAGBE ROSALINE DANIA  
University of Benin, Benin City, Edo State, Nigeria

**Abstract.** Relationship management is a critical interpersonal competency that enables individuals to establish, maintain, and sustain effective relationships within organisational settings. This study is focused on relationship management as a predictor of leadership effectiveness. Specifically, it empirically investigated the impact of relationship management on leadership effectiveness among medical doctors in selected hospitals in Benin City, Edo State. The study population consisted of one thousand four hundred and forty-nine (1449) medical doctors comprising of consultants, resident doctors, medical doctors, and house officers. While the sample size of this study was originally determined to be 313 based on the formula of Taro Yamane (1967), a final sample of 315 medical doctors successfully responded to the study questionnaire. Three hundred and fifteen (315) modified pre-validated structured questionnaires were utilised to draw data from medical doctors in the University of Benin Teaching Hospital (UBTH) and the Edo Specialist Hospital (ESH), Edo State. With the aid of Statistical Package for Social Sciences version 24, data retrieved was analysed using descriptive statistics and regression analysis. Findings revealed that relationship management had a positive and significant impact on leadership effectiveness among medical doctors, as indicated by a p-value of 0.001. Based on the findings, the study recommends that hospital directorates should design and deploy structured leadership development frameworks specifically tailored to cultivate interpersonal competencies. Also, relationship management competencies should be formally integrated into residency training and continuous professional development (CPD) modules.

**Keywords:** Leadership Effectiveness, Relationship Management, Medical Doctors, Healthcare Institution, Edo State.

### 1. Introduction

Relationship management represents the ability to inspire, influence, and develop others, while effectively navigating organisational conflicts (Goleman, 1995). It involves clear communication, teamwork, and the ability to build and maintain good relationships. In the high-stakes environment of healthcare, this competency is no longer optional but a core dimension of relational leadership required to manage complex, interdependent teams (Goleman, Boyatzis, & McKee, 2013; Northouse, 2025). Effective relationship management allows medical leaders to enhance communication, resolve disputes empathetically, and establish rapport with multidisciplinary staff (Dooshima, 2024). Leaders focusing on relationship management have greater employee engagement and satisfied teams (Wijaya & Zaini, 2022).

Leadership effectiveness refers to the extent to which a leader successfully influences individuals and groups to achieve desired outcomes, including goal attainment, employee satisfaction, and organisational sustainability (Northouse, 2025). Julina, Julina, and Sos (2023) asserts that leadership is one of the most important factors determining an organisation's success. According to Ciulla and Ciulla (2020) leadership is effective today when it is inspirational and motivational towards achieving set or emerging goals. In hospital settings, leadership effectiveness can significantly impact patient care, staff satisfaction, and overall organisational performance (Powell *et al.*, 2024). The role of leadership is therefore essential in shaping the direction of an organisation providing both vision and motivation to achieve sustained growth and progress.

The Nigerian healthcare sectors are faced with poor patient outcomes, low staff morale, and high turnover

rates, issues that are often indicative of ineffective leadership. The leadership challenges in these settings are worsened by systemic pressures such as inadequate funding and resource allocation, high patient-to-doctor ratios, corruption and mismanagement, and limited access to leadership development programmes (Umeha, 2015; Udeh, 2018; Ossai *et al.*, 2020; Okechukwu, 2023). These conditions make it difficult for doctors to thrive as leaders, thereby impacting team performance and the quality of care provided to patients.

Numerous studies have examined the general link between relationship management and leadership effectiveness (White *et al.*, 2019; Wijaya, Khoir, & Zaini, 2022; Okoro, Akpotu, & Asiyai, 2024; Sarimah, Fazrin, & Norman, 2024; Thompson, 2024). Notwithstanding the recognised importance of both constructs, empirical literature in the Nigerian context has tended to treat relationship management and leadership as isolated variables or within loosely defined frameworks. Specifically, there remains a notable scarcity of data regarding how relationship management serves as a precursor to effective leadership among medical practitioners. This scholarly oversight underscores the need for an empirical investigation into these interpersonal dynamics within specialised healthcare environments. Consequently, the present study evaluates relationship management as a predictor of leadership effectiveness among a sample of 315 medical doctors across selected hospitals in Benin City, Edo State.

### 1.1 Research Question

This study was guided by the following research question:

- What is the relationship between relationship management and leadership effectiveness among medical doctors in selected hospitals in Benin City, Edo State?

### 1.2 Hypothesis

This hypothesis was formulated and tested in this study:

H<sub>01</sub>: Relationship management does not significantly predict leadership effectiveness among medical doctors in selected hospitals in Benin City, Edo State.

## 2. Review of Literature

### 2.1 Leadership Effectiveness

Leadership effectiveness is essential for achieving organisational goals and improving overall performance. Leadership involves the ability to influence, motivate, and guide individuals toward the accomplishment of organisational objectives while promoting collaboration and shared commitment (Gomec & Bozkus, 2021). Julina, Julina, and Sos (2023) noted that leadership remains one of the most significant factors determining organisational success. Effective leaders not only focus on results but also build positive relationships and adapt to changing organisational demands. Research shows that effective leadership creates work environments where employees feel valued, motivated, and empowered to perform effectively (Rosenbloom & Clerkin, 2022).

In contemporary organisations, leadership effectiveness is increasingly demonstrated through a leader's ability to inspire followers, manage change, and achieve both short-term and long-term goals (Ciulla & Ciulla, 2020). However, modern leaders operate in rapidly changing environments characterised by technological advancement, workplace diversity, and complex decision-making challenges (Gallos & Bolman, 2021). Consequently, leaders are expected to foster teamwork, resolve conflicts, communicate effectively, and provide strategic direction within organisations (Abdulfatai, 2021).

Emotional intelligence has also been identified as a critical factor influencing leadership effectiveness. Leaders with high emotional intelligence possess self-awareness, resilience, empathy, communication skills, and the ability to regulate emotions effectively (Scott, 2013). In healthcare settings particularly, emotionally intelligent leaders are better equipped to manage complex situations, support employees, and improve organisational outcomes (Gkintoni, Halkiopoulou, & Antonopoulou, 2023a). Effective leadership therefore contributes significantly to organisational performance, employee commitment, innovation, and sustainable competitive advantage (Northouse, 2022).

### 2.2 Relationship Management

Relationship management refers to the ability of leaders and individuals to build, maintain, and strengthen positive interpersonal relationships within and outside the organisation (Goleman, 1998). In organisational settings, it involves effective communication, trust-building, collaboration, conflict

resolution, emotional intelligence, and employee engagement (Robbins & Judge, 2022). Trust and commitment are important elements of relationship management because they promote reliability, cooperation, and long-term workplace relationships (Krishna & Sebastian, 2023). Effective communication also plays a vital role by facilitating information sharing, resolving conflicts, and improving interactions among employees and leaders (Adham, 2023).

Leaders who maintain healthy relationships with employees are more likely to inspire trust, commitment, and teamwork within the organisation (Northouse, 2022). Relationship management is especially important in dynamic and diverse work environments where collaboration is necessary for achieving organisational goals (Robbins & Judge, 2022). The Leader-Member Exchange (LMX) theory explains that high-quality relationships between leaders and subordinates are characterised by mutual respect, trust, support, and open communication, while poor relationships may reduce employee satisfaction and performance (Graen & Uhl-Bien, 1995). Empirical studies further show that supportive and respectful leader-employee relationships create positive work environments that encourage creativity, productivity, and employee engagement (Wang *et al.*, 2024). Effective relationship management therefore helps individuals improve communication, manage conflicts effectively, and build strong professional relationships within organisations (Dooshima, 2024).

### **2.3 Relationship Management and Leadership Effectiveness**

Leadership effectiveness depends greatly on a leader's ability to build and maintain positive interpersonal relationships within the organisation. Relationship management involves the ability to develop, sustain, and improve interactions with colleagues, subordinates, peers, and stakeholders. Leaders with strong relationship management skills demonstrate greater awareness of employees' emotions and needs, thereby fostering collaboration, loyalty, and commitment within the workplace (Mysirlaki & Paraskeva, 2020). Similarly, Wijaya, and Zaini (2022) found that leaders who prioritise relationship management achieve higher employee engagement and team satisfaction, indicating that relationship management is an essential component of effective leadership.

Communication is a major aspect of relationship management because effective communication ensures that information is clearly conveyed, understood, and implemented. Leaders with good

communication skills promote teamwork, coordination, feedback, and employee development (Hashimy & HT, 2023). Empathy also plays an important role in relationship management, as empathetic leaders better understand the emotions and challenges of team members, enabling them to provide appropriate support and guidance. McGowan and Shipley (2023) noted that empathy contributes significantly to the development of resilient and high-performing teams.

Conflict management is another critical dimension of relationship management. Leaders who adopt constructive communication and problem-solving approaches are more capable of resolving workplace conflicts effectively while maintaining healthy professional relationships (Thompson, 2024). Effective relationship management has also been linked to improved organisational performance, customer satisfaction, and competitiveness because relationship-oriented leaders often create more productive and cooperative work environments (Siam & Heriyadi, 2022). In healthcare settings, relationship management is particularly important because leadership effectiveness is closely associated with teamwork, collaboration, patient care, and staff resilience. Medical leaders who maintain effective relationships with healthcare workers are more likely to improve team coordination, employee morale, and patient outcomes.

### **2.4 Theoretical Anchor**

This study is anchored on the Emotional Intelligence Theory developed by Daniel Goleman in 1995. Goleman defined emotional intelligence (EI) as the ability to recognise, understand, and manage one's own emotions while also identifying and appropriately responding to the emotions of others. According to Goleman (1995), emotional intelligence comprises five key dimensions: self-awareness, self-regulation, motivation, empathy, and relationship management. Among these components, relationship management refers to an individual's ability to establish and maintain positive interpersonal relationships, influence others, resolve conflicts effectively, and encourage collaboration within an organisation. Within leadership contexts, emotional intelligence contributes significantly to the development of strong interpersonal relationships, effective conflict management, and team cohesion. Leaders with high emotional intelligence are better positioned to create meaningful emotional connections with their team members, thereby fostering trust, loyalty, and cooperation within the workplace.

This theory is highly relevant to the present study because relationship management, as a core component of emotional intelligence, plays a significant role in enhancing leadership effectiveness. In healthcare settings, medical doctors are required to coordinate multidisciplinary teams, communicate effectively, and sustain professional relationships to achieve organisational objectives. Therefore, Goleman’s Emotional Intelligence Theory provides an appropriate theoretical framework for explaining how relationship management influences leadership effectiveness among medical doctors in selected hospitals in Benin City, Edo State.

**3. Research Methodology**

**Research Design:** This study adopted correlational research design to examine the relationship between the variables (Relationship management and Leadership effectiveness).

**Population and Sampling:** The population for this study consisted of one thousand four hundred and forty-nine (1,449) medical doctors comprising of consultants, resident doctors, medical doctors, and house officers. While the sample size of this study was originally determined to be 313 based on the formula of Yamane (1967), a final sample of 315 medical doctors successfully responded to the study questionnaire. The number of respondents from each healthcare institution included 266 from University of Benin Teaching Hospital (UBTH), and 49 from Edo Specialist Hospital (ESH). The selection of the above-mentioned healthcare institutions from which respondents were drawn was based on their large

population of medical doctors, their ownership structure representing a federal hospital in the case of UBTH and a state-owned hospital with ESH, as well as on convenience and accessibility to the researcher.

**Instrumentation:** Data were gathered using a two-section structured questionnaire. Section A addressed demographics, while Section B utilised a five-point Likert scale (5 = Strongly Agree to 1 = Strongly Disagree) to measure relationship management (RMT) and leadership effectiveness (LEF).

**Validity and Reliability:** To ensure instrument validity, the questionnaire was reviewed by senior academics in the Department of Human Resource Management at the University of Benin. A pilot study was conducted with 32 doctors outside the primary sample, yielding a Cronbach’s alpha coefficient above the 0.70 threshold for both constructs, indicating high internal consistency.

**Data Analysis:** Descriptive statistics (Mean, Standard Deviation, Skewness) and inferential statistics (Pearson Correlation and Simple Linear Regression) were applied using SPSS version 2024 to test the null hypothesis at a 0.05 level of significance.

**4. Results**

This section presents the results derived from the data collected from the structured questionnaire and analysed based on the research question and hypothesis in this study. The demographic data of the participants of this study were analysed using frequency and percentages.

**Table 1:** Demographic Profile of the Respondents

Demographics	Category	Frequency (n)	Percent (%)	Cumulative Percent
Gender	Male	182	57.8	57.8
	Female	133	42.2	100.0
	Total	315	100.0	
Age (years)	25 – 34	180	57.1	57.1
	35 – 44	101	32.1	89.2
	45 – 54	26	8.3	97.5
	55 & Above	8	2.5	100.0
	Total	315	100.0	
Marital Status	Single	164	52.1	52.1
	Married	151	47.9	100.0
	Total	315	100.0	
Highest Educational Qualification	MBSS	196	62.2	62.2
	Fellowship	35	11.1	73.3
	Membership	84	26.7	100.0
	Total	315	100.0	
Years of Medical Practice	1 – 5	158	50.2	50.2
	6 – 10	65	20.6	70.8
	11 – 15	62	19.7	90.5
	16 & Above	30	9.5	100.0
	Total	315	100.0	
Hospital Type	UBTH	266	84.4	84.4
	ESH	49	15.6	100.0

Demographics	Category	Frequency (n)	Percent (%)	Cumulative Percent
	Total	315	100.0	
Current Position	House Officer	117	37.1	89.5
	Medical Officer	27	8.6	52.4
	Resident Doctor	138	43.8	43.8
	Consultant	33	10.5	100.0
	Total	315	100.0	

Source: Field Survey (2025)

Table 1 presents the demographic profile of the respondents to provide important background information for understanding the composition of the study sample. Out of the 315 medical professionals surveyed, 57.8% were male (182 respondents) while 42.2% were female (133 respondents). This indicates a slightly higher representation of male participants in the study. With respect to age distribution, Table 1 shows that majority of respondents (57.1%) fell within the 25–34 years category, followed by 32.1% who were between 35–44 years. A smaller proportion (8.3%) were aged 45–54 years, while only 2.5% were 55 years and above. This pattern suggests that the sample was largely made up of younger medical professionals in their early and mid-career stages. In terms of marital status, the participants were almost evenly distributed, with 52.1% single and 47.9% married.

Table 1 also shows the educational qualifications of the respondents. It reveals that a significant proportion (62.2%) held an MBBS degree, while 26.7% had attained Membership, and 11.1% had advanced to the Fellowship level. This indicates that most respondents were still in the early or intermediate phases of professional qualification with relatively fewer at the advanced specialist level. The respondents’ years of medical practice shows that half of the participants (50.2%) had practiced for 1–5 years, while 20.6% reported 6–10 years of experience, and 19.7% had been in practice for 11–15 years. Only 9.5% had practiced for 16 years or more. These results also highlighted the dominance of younger, less experienced professionals in the sample. In terms of institutional distribution, Table 1 shows that majority of the respondents (84.4%) were drawn from the University of Benin Teaching Hospital (UBTH), while 15.6% were from the Edo Specialist Hospital (ESH). This shows the larger size and workforce capacity of UBTH compared to ESH.

Finally, the distribution of current positions shows that Resident Doctors constituted the largest group (43.8%), followed by House Officers (37.1%). Medical Officers made up 8.6%, while Consultants accounted for 10.5% of the sample. It can be deduced from the results that the respondents were predominantly early-career doctors with a smaller proportion occupying senior specialist positions.

**Table 2:** Mean and Standard Deviation of Relationship Management

S/N	Statement	Mean	Std Dev
1	I communicate effectively with medical colleagues.	4.44	0.596
2	I resolve conflicts among healthcare team members constructively and empathetically.	4.16	0.688
3	I maintain professional relationships with my healthcare team.	4.39	0.578
Overall mean & standard deviation		4.33	0.491

Source: Field Survey (2025)

From Table 2 above, the highest-rated statement was, “I communicate effectively with medical colleagues” with a mean score of 4.44 (SD = 0.596). This implies that most doctors consider effective communication and knowledge-sharing as central to teamwork and improved patient outcomes. The statement “I resolve conflicts among healthcare team members constructively and empathetically” while still rated positively, received a slightly lower mean score (M = 4.16, SD = 0.688) compared to the other statements or items. This suggests that although doctors generally view themselves as capable of handling conflicts constructively and empathetically, this may be relatively more challenging compared to communication and relationship-building. The higher standard deviation here also points to greater variability in respondents’ experiences or confidence in conflict management. Similarly, the statement on “maintaining professional relationships with my healthcare team” scored highly (M = 4.39, SD = 0.578) to show the importance of trust, respect, and open communication in enhancing team performance. The overall mean score of 4.33 (SD = 0.491) indicates a generally high level of competence among medical doctors in managing professional relationships in the healthcare setting. This suggests that, on average, respondents strongly agreed with the statements measuring this construct.

**Table 3:** Mean and standard deviation of leadership effectiveness

S/N	Statement	Mean	Std Dev
1	I provide clear and timely guidance to my healthcare team, enabling them to prioritise tasks and deliver high-quality patient care.	4.17	0.617
2	I create a motivating work environment by empowering team members, recognising their strengths, and offering constructive feedback to support their professional growth	4.03	0.713
3	I demonstrate confident decision-making by applying my clinical expertise, critical thinking, and emotional intelligence to solve problems and achieve optimal patient outcomes	4.22	0.611
4	I demonstrate leadership by building collaborative relationships among team members, promoting active listening, and empowering colleagues to share their knowledge and participate in collective decision-making	4.15	0.690
5	I provide timely and specific feedback to my healthcare team, offering actionable insights that support professional growth, improve clinical performance, and encourage continuous learning	4.08	0.740
Overall mean & standard deviation		4.13	0.523

Source: Field Survey (2025)

Table 3 shows that among the items, the highest-rated was confident decision-making based on clinical expertise and emotional intelligence (M = 4.22, SD = 0.611). This suggests strong problem-solving and judgment skills. Providing clear and timely guidance (M = 4.17, SD = 0.617) and fostering collaboration within the team (M = 4.15, SD = 0.690) were also rated highly to show effective communication and teamwork. While creating a motivating work environment (M = 4.03, SD = 0.713) and offering constructive feedback (M = 4.08, SD = 0.740) were slightly lower, they still indicate positive perceptions. The overall results in Table 3 show that respondents demonstrated a high level of leadership effectiveness with an overall mean score of 4.13 (SD = 0.523). The results therefore suggest that the doctors exhibit strong leadership abilities, particularly in decision-making and guiding teams, though continuous improvement in motivation and feedback delivery could further enhance leadership effectiveness.

**Table 4:** Summary of descriptive statistics of the research variables

Variable	N	Mean	Std. Deviation	Skewness		Kurtosis	
				Statistic	Std. Error	Statistic	Std. Error
RMT	315	4.33	0.491	-0.188	0.137	-0.493	0.274
LEF	315	4.13	0.523	-0.148	0.137	-0.360	0.274

Note: RMT = Relationship management; LEF = Leadership effectiveness

Source: Field Survey (2025)

The descriptive statistics in Table 4 show that the research variables were rated relatively high by respondents with mean scores ranging from 4.13 to 4.33 on a 5-point scale. Relationship management (M = 4.33, SD = 0.491) recorded the highest means, indicating that doctors perceived themselves as particularly strong in teamwork, collaboration, and professional drive. Leadership effectiveness (M = 4.13, SD = 0.523) was similarly rated positively to show doctors' confidence in guiding and supporting their teams. The skewness values (all close to zero), indicate that responses were fairly symmetrical, while the negative kurtosis values suggest a flatter distribution which implies moderate variability in perceptions across respondents.

**Model Estimation and Interpretation**

In this section, correlation and regression analysis are statistical approaches used to investigate the relationship between the variables of interests (relationship management and leadership effectiveness) in order to test the stated hypothesis.

**Table 5:** Pearson's correlations coefficient

		LEF	RMT
LEF	Pearson Correlation	1	.533
	Sig. (2-tailed)		.000
	N	315	315
RMT	Pearson Correlation	.533	1
	Sig. (2-tailed)	.000	
	N	315	315

Note: RMT = Relationship management; LEF = Leadership effectiveness  
 . Correlation is significant at the 0.01 level (2-tailed).

Table 5 shows that there is a positive and significant relationship between leadership effectiveness and relationship management (RMT) [ $r = 0.533, p = 0.000$ ]. The result imply that the model has no indication of multicollinearity.

**Table 6:**  
Model Summary<sup>b</sup>

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin-Watson
1	.533 <sup>a</sup>	.284	.282	.4429940	1.918

a. Predictors: (Constant), RMT  
b. Dependent Variable: LEF

Table 4.6 presents the results of a regression analysis of the independent variable relationship management (RMT) on leadership effectiveness in hospitals. The calculated coefficient of determination ( $R^2$ ) value of 0.284 indicates that the independent variable account for 28.4% of the variation in the dependent variable. The adjusted  $R^2$  value of 0.282 indicates that the independent variables explain 28.2% of the variation. Furthermore, the Durbin-Watson statistic of 1.918 reveals that there is no serial correlation in the dataset.

**Table 7:**  
ANOVA<sup>a</sup>

Model		Sum of Squares	Df	Mean Square	F	Sig.
1	Regression	24.343	1	24.343	124.044	.000 <sup>b</sup>
	Residual	61.424	313	.196		
	Total	85.767	314			

a. Dependent Variable: LEF  
b. Predictors: (Constant), RMT

The statistical significance of the study model is indicated by the accompanying analysis of variance (ANOVA) in Table 7. The F-statistic, with a value of 124.044, is significant at the  $p = 0.000$ . This indicates that the dependent variable leadership effectiveness (LEF) and the independent variable relationship management (RMT) have a statistically significant association.

**Table 8:**  
Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	T	Sig.
		B	Std. Error	Beta		
1	(Constant)	1.670	.222		7.519	.000
	RMT	.568	.051	.533	11.138	.000

a. Dependent Variable: LEF

Table 8 shows that relationship management has a positive and statistically significant impact on leadership effectiveness, which is indicated as: (RMT) [ $\beta = 0.568, p = 0.000$ ]. The researcher therefore concludes that we fail to accept the null hypothesis and accept the alternative hypothesis because the p-value of 0.000 was less than 0.05 ( $p.value = 0.000 < 0.05$  &  $T-stat = 11.138$ ).

### 5. Discussion of Findings

The statistical analysis revealed that relationship management is a robust predictor of leadership effectiveness ( $\beta = 0.568, p < 0.05$ ). This result confirms that doctors who prioritise interpersonal connections and open communication are perceived as more effective leaders. Interestingly, while doctors

rated themselves highly in collaborative communication ( $M=4.44$ ), conflict resolution received a lower mean score ( $M=4.16$ ), suggesting a specific area for skill development. These findings align with the work of White et al. (2019), who found that relationship management frameworks mitigate burnout and build team trust in medical training settings. Similarly, the positive correlation ( $r = 0.533$ ) supports the views of Sarimah, Fazrin, and Norman (2024), emphasising that effective communication is the cornerstone of organisational performance. In the Nigerian context, where resource constraints are high, the ability of a doctor to manage relationships serves as a soft power tool that compensates for systemic stressors by maintaining team cohesion.

## 6. Conclusion and Recommendations

This study concludes that relationship management is a significant predictor of leadership effectiveness among medical doctors. The ability to foster trust and resolve conflicts directly enhances a doctor's capacity to guide healthcare teams and make confident clinical decisions. Based on the findings of this study, the following recommendations are made:

**Targeted Leadership Initiatives:** Hospital directorates should design and deploy structured leadership development frameworks specifically tailored to cultivate interpersonal competencies such as emotional regulation and conflict resolution, which are essential for navigating complex clinical environments.

**Curriculum Integration:** Relationship management competencies should be formally integrated into residency training, and continuous professional development (CPD) modules

**Policy Reform:** Health sector policies should include interpersonal competency assessments as a criterion for promotion into clinical leadership roles.

## 7. Contribution to Knowledge

This study contributes to the existing body of knowledge by providing empirical evidence on relationship management and leadership effectiveness in Nigerian healthcare institutions in Benin City, Edo State.

It extends Emotional Intelligence Theory in healthcare leadership research by identifying relationship management as a significant predictor of leadership effectiveness.

The findings offer practical insights for healthcare management and policymakers by highlighting the importance of relationship management skills in enhancing leadership effectiveness, thereby informing leadership development programmes, management practices, and policy reforms in the healthcare sector.

## 8. Limitation of Study

While this study provides valuable empirical insights into the relationship between relationship management and leadership effectiveness among medical practitioners, certain limitations may affect the generalisability of the findings:

The sample was disproportionately drawn from a single federal tertiary institution and a state hospital. Specifically, 84.4% of respondents were from the University of Benin Teaching Hospital (UBTH), while only 15.6% were from Edo Specialist Hospital (ESH). As a result, the findings may primarily reflect the organisational structure, leadership expectations, and workplace culture typical of a large federal teaching hospital and a state-owned hospital. Therefore, caution should be exercised when extending the findings to private healthcare facilities, or primary healthcare centres, which operate under different administrative, financial, and resource conditions, professional categories, or regions of Nigeria.

This study focused exclusively on medical doctors, ranging from house officers to consultants. However, healthcare delivery is inherently multidisciplinary, involving professionals such as nurses, pharmacists, laboratory scientists, and hospital administrators. Given the differences in professional responsibilities, organisational interactions, and leadership structures across healthcare professions, the findings cannot be generalised to the broader healthcare workforce in Nigeria.

## 9. Suggestion for Future Studies

Future studies should employ broader cross-regional and multi-professional comparative research designs involving diverse healthcare professionals and institutions across Nigeria to enhance the generalisability and applicability of findings within the healthcare sector.

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